

MALE DRESS REFORM

IT IS HOPELESSLY HAMPERED BY THE STIFF WHITE SHIRT.

The Way This Garment Interferes With Both Health and Comfort. Some of the Absurdities of the Present Masculine Style of Attire.

The necessity by which men feel coerced of proving to the world that they wear white shirts lies at the basis of all the difficulties of the dress problem. Until the garment becomes extinct it is hopeless to attempt the reform of men's dress on the lines of health and comfort.

It will of course ultimately disappear, for it is but the mark of a stage in the evolution of dress, just as the vestigial appendix is a useless evolutionary remnant in the body. But the question is whether we ought to await the slow course of evolution or to use our common sense and abandon the ancient garment at once.

Why do we wear white shirts? Ages ago it was only the wealthy who could afford to clothe themselves in linen. The possession of linen underwear was then a mark of social position, and there was an obvious advantage in making public display of it.

We may put down three-fourths of the discomfort of the hot summer to the account of the starched shirt. It prevents the very process devised by nature to keep the body cool—the evaporation of sweat. In so far as it hinders this natural process in summer, the white shirt favors disease. But in winter it is a fruitful cause of illness.

In winter the mere wearing of a white shirt would no doubt leave a man no better and no worse if he were content to wear it for his own satisfaction. But the curious law of evolution comes in and compels him to wear it in such a way as to do himself physical injury.

Wherever evolution is at work it leaves vestiges—literally, footprints. Probably it is millions of years since the vermiform appendix became a useless organ, but it still survives. All evolutionary survivals appear to be harmful. The appendix is the seat of appendicitis. In the inner corner of the eye there is the remnant of a once useful third lid, which now only lodges dust and causes irritation.

The lord chancellor's wig was once a comfort in ancient drafty legislative chambers and now merely serves to make a sensible man look ridiculous and give him headaches.

People who drew up laws were long ago paid according to the number of words, but the multiplicity of words now only causes confusion. So the white shirt that was once a badge of wealth and culture, being no longer of value for that purpose, is only a cause of discomfort and disease.

It is necessary to cut a piece out of the vest and the coat, just over the most important organs of the body, in order to prove to our neighbors that we wear white shirts. Consequently in the winter time we expose the lungs and the air passages to the cold wind and the cold rain.

From the point of view of health nothing could be more stupid. Bronchitis is one of the most deadly of all diseases in this country. Bronchitis is simply inflammation of the bronchial tubes. This inflammation is excited by a chill, a chilling of that part of the body left exposed in order to show that we wear white shirts.

The white shirt, in fact, might appear in the tables of the registrar general as the cause of so many deaths, perhaps 100,000 a year.

And does it really improve a man's appearance? By virtue of the association of ideas it certainly does. Usually men who do not wear white shirts are not given to cleanliness. The man who wears a white shirt washes his face and hands and brushes his clothes; hence when we see a white front and white cuffs we experience that pleasant sensation produced by general neatness of the person and clothing. But that a few square inches of white cloth over the chest makes a man look better is an absurd conclusion.

The case for the white shirt has not a leg to stand upon. The garment is uncomfortable, unhealthy and unbecoming. And as it has lost the only useful function it ever possessed—that is, its symbolism of exceptional wealth—we ought to discard it altogether. The difficulties of this course are very great no doubt. What we want is an "antiwhite shirt society," which would agree to wear, from some prearranged date, a dress designed wholly with regard for comfort, health and beauty.—T. F. Manning in London Gossip.

Making Love Up a Tree.
Billing and cooing among the Fijians is a curious feature in their social customs. It is decidedly against the rule to do any courting within doors. The gardens or plantations are the spots held sacred to Cupid, and the generally approved trysting place of lovers is high up among the branches of a breadfruit tree. You may often walk around a plantation on a moonlight night and see couples perched forty feet from the ground in the breadfruit trees, one on each side of the trunk, a position which comes fairly within the limits of a Fijian maiden's ideas of modesty.

Lord Rosebery's Definition.
It is to Lord Rosebery that we are indebted for the most modern definition of memory. "What is memory?" said a friend one day to him. "Memory," replied his lordship, "is the feeling that steals over us when we listen to our friends' original stories."—London Bystander.

Friendship is a good deal like your credit. The less used the better it is.—Hiloban Springs (Ark.) Herald and Democrat.

Education by Absorption.

(Orison S. Marden in "Success Magazine.")

John Wanamaker was once asked to invest in an expedition to recover doubloons from the Spanish Main, which, for half a century, had lain in the bottom of the sea in sunken frigates.

"Young men," he replied, "I know of a better expedition than this, right here. Near your own feet lie treasures untold; you can have them all by faithful study.

"Let us not be content to mine the most coal, to make the largest locomotives, to weave the largest quantities of carpets; but, amid the sounds of the pick, the blows of the hammer, the rattle of the looms, the roar of the machinery, take care that the mortal mechanism of God's own hand—the mind—is still full trained for the highest and noblest service."

The ignorant man is always placed at a great disadvantage. No matter how much natural ability, it must be made available by mental discipline. We ought to be ashamed to remain in ignorance in a land where the blind, the deaf and dumb, where even cripples and invalids manage to get a good education. The trouble is that many youths throw away little opportunities for self-culture, because they cannot see great ones; and they let the years slip by without any special effort at self-improvement, until they are shocked in middle life, or later, by waking up to the fact that they are still ignorant of what they ought to know.

It is not absolutely necessary that an education should be crowded into a few years of school life. The best educated people are those who are always learning, always absorbing knowledge from every possible source—and at every opportunity. I have known young people who have acquired a better education, a finer culture through the habit of observation, or carrying a book or article in the pocket to read at odd times, or by taking courses at correspondence schools than many who have gone through college. Youths who are quick to catch new ideas, and who are in frequent contact with superior minds, not only acquire a personal charm, but, even to a remarkable degree, develop mental power.

The world is a great university. From the cradle to the grave we are always in God's great kindergarten, where everything is trying to teach us its lesson, to give us its great secret. Some people are always at school, always storing up precious bits of knowledge. Everything has a lesson for them. It all depends upon the eye that can see, the mind that can appropriate. Very few people ever learn how to use their eyes. They go through the world with a superficial glance at things; their eye pictures are so faint that details are lost, and no impression is made.

The man who has learned the art of seeing things looks with his brain.

Charters Issued.

The following charters have been issued by the Secretary of State:
Stout-Bankin Company, High Point; authorized capital stock \$15,000, with privilege of beginning business when \$5,000 is paid. Incorporators are, H. A. Moffitt, 20 shares, M. D. Stout, 20, E. E. Meudenhall, 20, A. M. Rankin, 20. Object is to conduct a wholesale and retail grocery business. All the incorporators formerly lived in Randolph county.

The Commercial and Savings Bank, of Lexington; authorized capital stock \$25,000, which sum has been subscribed by the following: being \$100 each: J. T. Hedrick 50 shares; J. R. McCrary, 40; E. B. Craven, 40; and W. H. Walker, 40. Object is to conduct a commercial savings bank.

The Dry Hollow Mining Company, Moore County; authorized capital stock \$100,000, with power to begin business with \$400,000, shares being \$1.00 each. Incorporators are: Columbus N. Steigelman, Baltimore, 50,000 shares; George V. Cobb, Hemp, \$100,000; Robert L. Burns, Carthage, \$1,000, and Bernard L. Johnson, Baltimore, 150,000. Object is to buy and sell mines, operate and develop mines, conduct general merchandise business etc.

Open the bowels and get the cold out of your system. Kennedy's Laxative Cough Syrup opens the bowels and at the same time allays the inflammation of the mucous membranes. Contains Honey and Tar. Drives out the cold and stops the cough. Absolutely free from any opiates. Conforms to the National Pure Food and Drug Law. Pleasant to take. Sold by Standard Drug Company and Asheville Drug Company.

Miss Maggie Stafford, of Oak Ridge, fell into the fire at her home one day last week, and was seriously injured, not fatally burned.

For chapped and cracked hands nothing is as good as an application of DeWitt's Witch Hazel Salve. Put it on before going to bed, use an old pair of gloves and see what a difference the morning will bring. Sold by Standard Drug Co. and Asheville Drug Co.

PROFITABLE MANAGEMENT.

Properly Housing Machinery Prevents Rusting Out.

In the matter of profitable management the care of farm machinery is of importance. Writing on this subject in the Kansas Farmer, A. M. Ten Eyck gives some sound advice as follows:

Although it is essential to have enough good machinery to do the work well at the right time, yet the purchase of more machinery than is actually needed is often an element of unnecessary expense which may greatly reduce the net profits of the farmer who are improvident in this way. Buy the best standard machinery, even at the higher prices. The best is usually the cheapest. Make good use of the machinery and take care of it, both in the field and after the work is finished. Keep the bearings clean and well oiled, burr tight and the machinery in good running condition when at work.

When Not In Use.

Shed the machinery when not in use. More machinery is rusted out than is worn out. In the western United States probably less than one-fourth of the farms are provided with machinery sheds. A farmer can make no better investment in adding improvements to the farm than by building a good machinery shed.

Cleaning and Repairing.

When machinery is brought from the field and put in the shed it should be overhauled and cleaned and notes made as to what repairs are necessary. These repairs should be secured, and on some rainy day the machine should be put into proper running condition for next season's work.

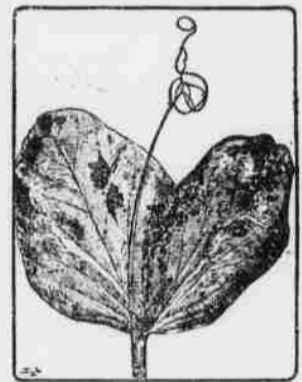
BLIGHT OF PEAS.

The Green Varieties Are Most Strikingly Affected.

In 1904 the damage in Ohio from this blight was apparently greater than in previous years. It was first noticed on French June field peas which had been sown with oats as a forage crop on the experiment station farm. A close examination of the diseased plants showed that the stems had been attacked at many points, frequently as high as one and one-half feet from the ground, though most severely near the ground, where the disease starts.

On the leaves were orbicular or oval dead spots one-eighth to one-half inch in diameter.

Perhaps the most important thing in connection with the life history of the



BLIGHT FUNGUS ON LEAVES.

fungus is that the vegetative part, or mycelium, infecting these spots of the pods grows through the husk into the seed. Frequently it grows entirely through the pod, forming similar spots on both sides. When the fungus grows into the seed, brown spots may be formed on the surface. In the worst cases half the surface is frequently discolored and the seed adheres to the pod. These areas are much more striking on green colored peas, such as the Market Garden variety, than on the yellowish varieties, such as the Admiral.

Horse Talk.

Many colts are given ugly tempers by cruel and careless currying.

To scratch and hurt a colt or horse will cause him to hate the operation and the operator.

Many currysoms are knocked all out of shape, and some of the teeth cut like knives.

Look at your currysomb. It is often an instrument of torture.

Teach the boys to use it gently and keep it in order.

Be generous in the use of the brushes, but sparing in the use of the comb.

Good grooming should be done every day to keep the pores open, the skin healthy and the hair silky. Soft hair is very warm and is a nonconductor of heat.

Never leave a reeking mess of wet straw and manure under the horses. It ruins the health and eyes and is a disgrace to any horse owner.—Farm Journal.

Failures in Sheep Breeding.

A large number of failures in sheep husbandry are traceable to lack of knowledge of how to handle domestic animals. Some will give too much attention and others insufficient. One is productive of an evil result as the other. No animal loves natural conditions more than sheep, and the closer they can be maintained under such the better. I know of a man who went into the sheep business by purchasing a few very high priced sheep. He had no knowledge of how to handle the animals; consequently after they had been in his possession a few months he was disappointed because he was unable to produce as good results as the breeder from whom he had purchased the stock. Instances of this nature are very common. It is not the fault of the sheep, but of the man, is the larger majority of instances.—National Stockman and Farmer.

Why We are Poor Conversationalists.

(Orison S. Marden in Success Magazine.)

In olden times the art of conversation reached a much higher standard than today, because of the complete revolution that has taken place in the conditions of civilization. Formerly people had almost no other way of communicating their thoughts. Knowledge of all kinds passed almost wholly through the spoken word. There were no great daily newspapers, no magazines, or periodicals of any kind. People were not in so much of a hurry as they are today.

The great discoveries of vast wealth in the precious minerals, the new world opened up by inventions and discoveries, and the great impetus to ambition have all changed this. In this lightning-express age, in these strenuous times, when everybody has the mania to attain wealth and position, we no longer have time to reflect with deliberation and to develop our powers of conversation. In these great newspaper and periodical days, when everybody can get for one or a few cents the news and information which it has cost thousands of dollars to collect, everybody sits behind the morning sheet or is buried in a book or magazine. There is no longer the same need of communicating thought by the spoken word.

It is a rare thing to find a polished conversationalist today. So rare is it to hear one speaking exquisite English, and using a superb diction, that it is indeed a luxury.

We are not only poor conversationalists, but we are poor listeners as well. We are too impatient to listen. Instead of being attentive and eager to drink in the story or the information, we have not enough respect for the talker to keep quiet. We look about impatiently, perhaps, snap our watches, play a tattoo with our fingers on a chair or table, hitch about as if we were bored and were anxious to get away, and interrupt the speaker before he reaches his conclusion. In fact, we are such an impatient people that we have no time for anything excepting to push ahead, to elbow our way through the crowd to get the position or the money we desire. Our life is feverish and unnatural. We have no time to develop charm of manner, or elegance of diction. "We are too intense for epigram or repartee. We lack time."

Life is becoming so artificial, so forced, so diverse from naturalness, we drive our human engines at such a fearful speed, that our life is crushed out. Spontaneity and humor, and the possibility of a fine culture and a superb charm of personality in us are almost impossible and extremely rare.

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How to Conduct a Recitation.

Dr. H. L. Smith, of Guilford College, recently delivered an address to a Teachers' Association in which he gave the following rules of how a teacher should conduct a recitation:

He classed his suggestions as follows: (a) Place the children in their seats as you wish them to sit, and not as they wish to be placed. (b) Learn it with a thoroughness that will enable you to teach it without the aid of the text. (c) Try to make the lesson interesting. (d) Never call on your class in rotation. Get the end man, the middle ones, and the others at any time you may wish. Uncertainty will prohibit slumbers. (e) Don't call on a boy, and then ask him a question. Ask the question first, and just designate your pupil. (f) Use written work very freely. (g) Vary the mode of conducting recitations.

Judge Funnell, of the Federal Court of the Eastern District, recently charged a Grand jury that the Landlord and Tenant Act passed by the Legislature was another violation of the 13th Amendment of the Constitution, wherein it empowers magistrates to compel tenants who have been furnished supplies and leave their crops, to work out claims of their land lords.

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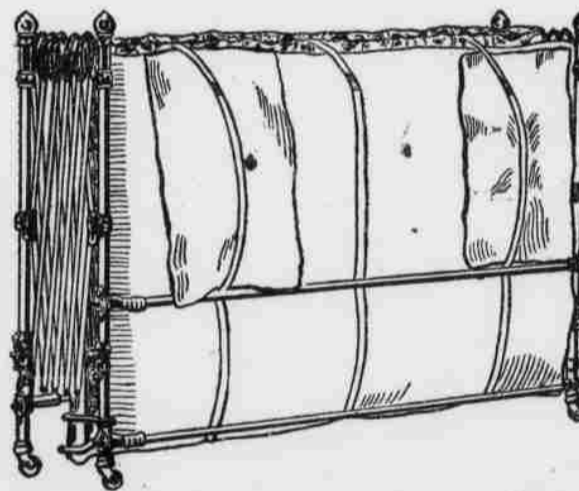
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