

## Respect Stomach

GQIVE it food that will not irritate or retard the performance of its natural functions, and it will reciprocate in a way agreeable and comforting.

No single ingredient contributes so largely toward wholesome, nourishing, agreeable food as Royal Baking Powder.
Rojal Baking Powder's active ingrelient, Grape Cream of Tartar, is the nost healthful of the fruit products.

This is why Royal Baking Powder makes the food finer, lighter, more appetizing and anti-dyspeptic, a friend to the tomach and good health.

## Imilation Baking Powders Contain Alum

"The use of alum and salts of alumina in food should be PRUHIBITED. The condeleterious effect upon the digestive organs and an irritation of the internal orkans after absorption.

EDWARD S. Wood, M.D. "Harvard Medical School, Boston."


Pure Food, Good Health.

I have a complete line of
groberies and general merFuandise. Furnish your table from urest and beot you get the I pay top market price W. W. JONES

Look Out for Cold Winds least you will what or a least you will when you fall and winter wear. The shapes are varied in style and color to suit all.
Greatest Greatest care taken
you a becoming fit.

## ATTENTION!

people know let they should plant rees that grow and We make a spec-
alty of fruits of all kinds suited to this limate, Catalogue tion, as to plant ating and gather ing sent
quest.

## WAVERIY NURSERIES,

Waverly, Ala.

Rocky Mounta

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GOLDEM NUGEETS EOR SALLOW PEOPLE

ECZEMA and PILE CURE FREE Knowing what it was to suffer, 1 will give free of charge, to
any afflicted a positive cure for Ee zema, Salt Rheum, Erysipela Pilks and Skin Discases. Instan
-elief. Don't saffer lonser, Writ E.W. Williams, 400 Manhattan

