A MIRACLE OF NATURE

The Wonderful Growth of the Anti-

Wapiti notice growth is one of the miracles of nature that we never coase to consider a miracle. About the end of winter—that is in mid-March—the ant-

At first the place of each antier is a broad raw spot. In a few days it shows a thick rounded pad or blood gorged skin. This swells rapidly, and in a fortnight the great bulbous fuxly sorn beginning has shot up to a height of several inches. At exactly the right time, place and in just the right direction a bump comes forth to be the foundation of the brow tine. In a few more days the bez time is projected by the invisible architect. In a month the structure is nearly a foot high and all with astounding speed, and in four onths this skyscraper is finished, a milerful structure indeed, for a score pature's forces have tolled, a myriad Invisible workmen have done their

august sees the building done but it still cluttered with scaffolding. The pplies of blood at the base are reseed and finally discontinued. The titler is no longer in vital touch with transportation must be disposed of animal. It begins to die. The sentireness leaves each part, the velvet

Experience has shown that loose ring soon dies, cracks and peels, the stag assists the process of ing off the skin by scraping his s on the brushwood. September him fully armed in his spears of bone, strong in body, glorying in eapons and his strength and ready battle with all comers.—Ernest mpson Seton in Scribner's

## HONEY AS A FOOD.

na

Nourishing and Saves Work For

report by the Ontario department or surficients. In this it is pointed out that it is only within the past few centuries that sugar has become known and only within the last generation range in the order of their afficiency.

saimilated until first changed by direstion into grape sugar. Only too
from the overtaxed stomach falls propcrity to perform this digestion, and then
come sour stomach and various phases
of indigestion and dearticle of diet."
Excessive use of sugar brings in its train a long list of ills. When sugar is taken into the stomach it cannot be of indigestion and dyspepsia. In the laboratory of the hive the honey has been fully prepared by the bees for prompt assimilation without taxing elther stomach or the kidneys, so that in eating honey the digestive machin-ery is saved work and health is main-

Moreover, the same report says that "in many cases it will be a real econo-my to lessen the butter bill by letting boney in part take its place. One pound of honey will go as far as a pound of butter, and if both srticles be of the same quality the honey will cost the less. Honey is strongly recommended for children, while for persons of all ages a pleasant and wholesome drink

Onrious Wedding Customs In Turkey. The dowry of a Turkish bride is fixed both by law and custom and must not exceed a sum equal to \$1.70 in Unitd States currency. On no pretext can is not only amount be made greater or less, is generally positively harmful, as even though the parents be extremely poor or immensely wealthy. The wedding is invariably set for Thursday, the festivities beginning on the previous Monday and lasting four days. The merrymaking is carried on by the men

Dr. Alfred Russel Wallace told Herbert Spencer's reason for living in a London boarding house with "rather a commonplace set of people—retired In-dian officers and others." "He said that ne had purposely chosen such a home n or\* r to avoid the mental excitement too much interesting conversation. but he unffered greatly from insomnia

nured, recovering his senses. The listeners, being of delicate per-eption, knew then that the book had

allen dend from the press .- Philadelda Public Ledger.

Men spend their lives in the service f their passions instead of employing heir passions in the service of thair fe.—Steele.

### HOT-WEATHER HINTS

Some Of The Things It Is Well To Remember At This Time Of Year New York Herald.

miracles of nature that we never coass to consider a miracle. About the end of winter-that is in mid-March-the anters of the year before break off flush with their base an inch or more above the skull. Usually they are found close logether, showing that they fell nearly at the same time.

At first the place of each antier is a broad raw spot. In a few days it the place of each antier is a broad raw spot. In a few days it the place of each antier is a broad raw spot. In a few days it the place of each antier is a broad raw spot. In a few days it they are could not be some store of the same time. ternal and external ventilation and some hope for cooling baked tissues which so oppressively consume us by

their internal fires.

With heat inside us and outside us, deferred hope of relief maketh the man sick, heartbroken and desperats. dation of the brow tine. In a few more days the best time is projected by the invisible architect. In a month the est though they be, we may well enstructure is nearly a foot high and all enveloped in a turgid mass of feverish, throbbing blood vessels—the scanfolding and workmen of this surprising structure. Night and day the work is pushed with astounding speed, and in four months this skyscraper is finished, a sensible in adapting ourselves to necessarily an adapting ourselves to necessarily and the control of the supposed in the suppose sensible in adapting ourselves to nature's needs.

As to the clothes question, let us t, and an edifice that, according to mary rules, should have taken a filled. Our summer coverings must stime is here rushed through in a not only protect our b dies against the should be absolute slience. the caloric and chemical rays of the sun, but also faver transpiration, the underwear and overwear must accord with each other in this respect.

meshed woolens next the skin armost servicable to such ends. Next in order are thin cotton stuffs of similar makes.

Pers, tration, far from being an evil, is an element of safety, as ex-periments have proven that the body parts with three times as much heat under such conditions as when toskin is corparatively dry. To give it a proper vent is a matter of safety the Digestive Organs.

Honey, which is described as "one of sture's best foods," is the subject of a report by the Ontario department of ful.

that refined sugars have become so low in price that they may be commonly used in the poorest familles. Former, the latter being a notorious absorbed to the poorest familles. the latter being a notorious absorbed to the principal sweet, and it was highly valued 3,000 years before the first sugar reducery was built. "It present generation," It is declared, "If boney could be at least partially restored to its former place as a common article of diet."

the latter being a notorious absorbent of both caloric and chemical rays. Armies in the tropics, for instance, have discovered that helmets with real or yellow limings are the best present generation," It is declared, "If boney could be at least partially restored to its former place as a common article of diet." and sensibly, too—the common straw hat, which combines lightness, shade

the summer girl.

Yes, but what shall we cat and drink? Let us understand in the first place that we do not need much fuel for our internal furnaces with an outside temperature of 90 degrees fahr., but only enough energy to keep rahr, but only enough energy to keep us going at a very moderate puce. Plain and cooling viands answer both purposes. Ments once a day should be sufficient for ordinary needs, while fish, milk, eggs, cereals and fresh fruits should constitute the main

ages a pleasant and wholesome drink be kept within bounds. With rapid is called 'German boney tea.' This is evaporation of fluids thirst keeps made by pouring a teacupful of bot apace; and the equilibrium must be of honey." As to drinks, we are not so apt to safely by plain water, and in plenty, which is nature's only real need. While soft drinks and malt liquormay be taken on special occasions, atruction under the pea of changed alcohol in any of its forms is not on conditions, is the most insidious and

## Card of Thanks.

We desire to express our sincere we desire to express our sincere thanks to the friends and neighbors of the table when celebrating a wedding.

We desire to express our sincere thanks to the friends and neighbors who so thoughtfully remembered as during the illness and after the death of our son Carl.

MR. AND MRS. I. W. PARK Ramseur, N. C., July 24, 1907.

GRADING R. & C. RAILROAD.

Randolph and Comberland Rattroad

Will Not Be a Make-Shift Road,

It was our pleasure to mee and that he found that when his even President McCormick, of the har-lags were spent in commonplace con-dolph & Cumberland Railway on were ation, learning the news of the day of taking part in a little music, he had a better chance of sleeping."

Datatity Expressed.
The author had been dragged fainting from a crowd of shoppers.

"Almost like my last book," he muranteed recognition in the point is senses. President Accordinct will visit many that point a pushing forward to Jackson, and is pushing forward to Jackson. President Accordinct will visit many that point about the proper proper property. and is pushing forward to Jackson, President McCormick will visit High Point shortly. He says that he expects to build a first class road if the people who occupy the terri-tory through which it runs desire it bad enough. He is not a believer in make-shift roads. Mr. McCor-mick is a comparatively young man and is cast in a large mould physi-cally. He appears to be up-to-date in every respect.—Enterprise.

### SOME DEMOCRATIC THOUGHTS.

President Roosevelt and the other Republican leaders who agree with him, that the states have been derelict in their duty of protecting themselves against trusts and other cerporations, should keep their eve Ohio. Judge Morris of the C Ohio. Judge Morris of the Com-mon Pleas Court of that state has sentenced thirty trust magnates to jail, for he declares fines are no check against violations of the antitrust law. So far President Roose-velt has not succeeded in securing one such conviction by the Adminis tration under the national anti-trust

The "Northwestern Miller" says it is conceded that the Government crop reports are worthless. Then why do not the Republican congress-man representing the wheat regions vote to abolish the worthless reports or arrange for their betterment, the Democratic congressmen of the cotton states are trying to reform the cotton statistics?

Judge Parker endorses the idea of a candidate from a Southern State, but declines to intimate who he

All Republicans are not grafters, but shout all the grafters are Republicares, who have doubtless been induced to become such by the corfunting systems of projective tariffs and sucal tres.

"The times are too good for my purse", writes a tevel haded poet, it is and he will baunch out into an to the average trace, here is truth explanation of the "science" of ra and po try out to-1. The times making, which does not explain. are indeed as good that a man of are indeed so good that a man of moderate means can scarcely get a quare meal, without paying half his rate to Virginia cities is about 14

we hear a great deal of Mr. Rose velt's "policies"; but unfortunately worth "policies"; fur unfortunately Asheville, and Greensboro. Order molocity ever says saything of his the go 's to Greensboro and you are 'policy's. Has been principles worth mentioning? Has be nother deal, paurly three times as much as is charged to carry it two hundred miles farther.

Order sugar or molasses from New

He declares the people of this counry could carry on a big war and get rich fas er han ever. As a get-rich-quick scheme this Hull proposition neats the Republican postoffice and land fraud out of sight.

land fined out of sight.

Booker T. Washington says that steamships and delivered in New withe President likes his job". No donbt, B oker would like to see his old chum and new weighbor (eep it, and would even promise him the solid voice of Alabama in order to induce him to accept a third term. given Do you call that a square Booker is a very polite man, and a deal for North Carolina. Besides

very "promising" man.

i be proposed cruise of our battleship fleet has been generally acceptship fleet has been generally accepted in the world over as a threat to the distance, hardly to be justified by existing conditions. "We could a hardly have a better example", says the New York Evening Post, "of the way a navy, so far from being a reference on the carolina Retail Merchant's argument on become a great mensafeguard, can become a great menace to the peace of the nation.'

REPUBLICAN DEFEAT PREDICTED.

Jonn S. Wise, one of the most eminent Southern Republicans but now residing in New York, made an address I tely notors the Maryland bar Association on "Centralization by Construction". He said Presi-dent Ro explis attempt to broaden Federal and the reterpretation to make in "immarrancer Constitu-tion" and declared that the doctrine of Federal prover, increased by condangerous heresy brought before the pero c of America. But then John S. Wise belongs to the old Lincoln S. Wise belongs to the old Lincal, school of politics that is entirely outrun by the strenuous type of Republicans of the strenuous type of President Research, said Mr. Wise, indicate a singular ignorance of the boundary line between February and St. Wise, indicate a singular ignorance of the home are line between Federial and State cowers, and he predicts ed that the proper would not upbold a party which adventes Federial or The Merchant's Associations are a party water severates. Federal or

Republicans who think as Mr.
Where the stress is come over to the Democracy and will undenoted by doze it were used to small the penditure of \$5.000 to be spenditure of \$6.000 to be spenditured for the contesting these excessive spenditure.

We have multiplicated for the spenditure of \$6.000 to be spenditured for the contesting these excessive spenditures. and selection of form a

## A"Bilious Attack."

Symptoms. Sour stomach, nasty taste in mouth, sick headache, sallow complexion, the world your enemy. Cause. Constipation, inact-

ive liver, overflow of bile into the system.

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Made by J. C. Ayer Co., Lowell, Mad yer's PILLS.

tay rs. He says the South is initial men of presidential caliber.

It's of right now, Vice-President The Newbern Sun in a recent editorial received himself on right has this to say of the injurious offects of freight rates and the discrementation against North Carolina actions and towns.

"Just why Virginia should have a half dozen cities that have a "gate city" rate and North Carolina has not a single one, is something we cann it understand. Ask an official of the transportation companies was explanation of the "science" of rate

cents per hundred, when the stuff is hadled around through Tenneses Asheville, and Greenshoro, Order

Order sugar or molasses from New oportunist?
And now Mr. Hall, chairman of North Carolina to Virginia cities the House Composition on Military and reship it back to this state at a lo-Affirms, has justed the war-criers, eal rate cheaper than you can ship it cal rate cheaper than you can ship it

You may go to St. Louis and ship goods to New York via Asheville, Greensboro and Pinner's Point. where the goods will be unleaded from the cars and loaded aboard

Many other comparisons can be this, gentlemen, your little passenger rate racket is a more matter of noth ing in importance. The difference in freight rates between North Car-

Association, quoted in vesterday's News and Observer, is reprinted here, Mr. John on said:

'It is generally recognized that the rates now in force are unjust and are arbitrarily imposed. The effect of these rates render it impossible for distributing or shipping centres to be nauntained, this condition is responsible for the fact that we have no large cities as the unjust rates make commercial growth an impossibility. The rates not only prevent the growth of any community but also have the effect of making the necessities of life higher to every individual.

This question is one that concerns every community and every individual in North Carolina.

The Merchant's Association does not intend to let up until these rates are adjusted. We are not asking either for favors or for advan-

going to give this movement their

"We have maintained for four sion spould investigate these and prosecute them before the inter state commerce commission and I know that every individual in the state will appreciate the action to be begun by the commission. I for confident now that these cases will adjust the differences. Governor Green will I ma assured, spend four thousand ,dollars by employing or p er parties to collect data and argue the case. The Merchant's Associa tion will spend four thousand dol-lars and the corporation commission will have the state treasury hind them. The tight has now begun on the right lines. Every town in North Carolina will be visited and the rates examined. No stone will be contarned to get the test possible cases."

(Prickly Ask, Poke Root and Potassium.) -MAKES POSITIVE OURES OF ALL FORMS AND STAGES OF

Physicians enders P. P. P. as a selec-dia combination, and prescribe it with great assistantian for the cure of all forms and stage of Primary, inconduc-ant Tentary Explicits. Syncholo: there-scaless, Appellians there and Sansa, Chaulther Newthings Riceatistics. Kal-ney Compilairs. U.S. Chemis Ulives Day

# YPHILIS

modisons, Remark Polem, Tette

P. P. D. ha a converted tonic and an excellent expetitive, tolliding up the cretem rapidly. If you are week and feeble, and feel bidly try P. P. P., and

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F. V. LIPPMAN, Proprieter Savannah, Ga.

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