Old People Need a Bowel Stimulant

The Ideal One is a Mild Laxative-Tonic that Will Keep the Bowels Gently Active.

Healthy old age is so absolutely de-pendent upon the condition of the lowels that great care should be tak-en to see that they act regularly. The fact is that age advances the stomach muscles become weak and in-active and the liver does not store up the juices that are necessary to prompt digestion."

Some help can be obtained by est-ing easily digestion." Some help can be obtained by est-ing easily digested foods and by plen-ty of exercise, but this latter is irk-some to most elderly people. One thing is certain, that a state of con-stipation should always be avoided, as it is dangerous to life and health. The best plan is to take a mild laxa-tive as often as is deemed necessary. But with equal certainty it is sugges-ted that carthartics, purgatives, phy-sics, salt and pills be avoided, as they do but temporary good and are so harsh as to be a shock to a delicate system.



MRS. MARY A. P. DAVIDSON

her sedentary habits had continual bowel trouble. From the day she be-

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APPORTIONMENT.

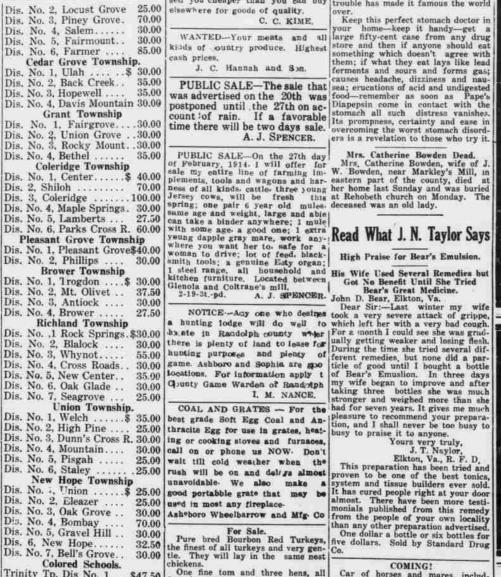
For Fifth Month of Public Schools.

Following the move on foot for six months school term for

Trinity Township.	
Dis. No. 1, Trinity\$1	15.00
Dis. No. 2, Archdale	40.00
Dis. No. 1, Trinity\$ Dis. No. 2, Archdale Dis. No. 3, Caraway	65.00
Dis. No. 4, Millers	32.50
Dis. No. 5, Whatmore	30.00
Dis. No. 6, Prospect	30.00
Level Cross Township	2
Dis. No. 1, Level Cross	35.00
Level Cross Township Dis, No. 1, Level Cross New Market Townshi	p
Dis. No. 1, Glenola Dis. No. 2, Cedar Square	45.00
Dis. No. 2, Cedar Square	27.50
Dis. No. 3, Marlboro Dis. No. 4, Piney Grove .	65.00
Dis. No. 4, Piney Grove .	30.00
Dis. No. 5, Sophia	40.00
Dis. No. 5. Sophia 40.00 Providence Township	
Dis. No. 1, Providence\$	72.50
Dis. No. 2, Red Cross	35.00
Dis. No. 3, Julian Grove.	32.50
Dis. No. 4, Lineberry Dis. No. 5, Three Forks	30.00
Dis. No. 5, Three Forks.	25.00
Liberty Township	
Dis. No. 1, Liberty\$1	25.00
Dis. No. 2, Walnut Grove	35.00
Dis. No. 3. Payne's	30.00
This Mrs. A. Tulliou	27 50
Dis, No. 4, Julian	
Dis. No. 5, Melanchanton	32.50
Dis. No. 5, Melanchanton Dis. No. 6, Cedar Grove	32.50 32.50
Dis, No. 4, Julian Dis, No. 5, Melanchanton Dis, No. 6, Cedar Grove. Randleman Township.	32.50 32.50
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Randleman Township. Dis. No. 1, Randleman	6
Randleman Township. Dis. No. 1, Randleman	356.25
Randleman Township. Dis. No. 1, Randleman . \$ Dis. No. 2, Worthville Dis. No. 3, New Salem . Columbia Township.	356.25 75.00 30.00
Randleman Township. Dis. No. 1, Randleman	356.25 75.00 30.00
Randleman Township. Dis. No. 1, Randleman\$ Dis. No. 2, Worthville Dis. No. 3, New Salem Columbia Township. Dis. No. 1, Ramseur\$2 Dis. No. 2, Hickory Grove	356.25 75.00 30.00
Randleman Township. Dis. No. 1, Randleman\$ Dis. No. 2, Worthville Dis. No. 3, New Salem Columbia Township. Dis. No. 1, Ramseur\$ Dis. No. 2, Hickory Grove Dis. No. 3, Pine Hill	356.25 75.00 30.00
Randleman Township. Dis. No. 1, Randleman	356.25 75.00 30.00 200.00 35.00
Randleman Township. Dis. No. 1, Randleman	356.25 75.00 30.00 200.00 35.00 30.00
Randleman Township. Dis. No. 1, Randleman	356.25 75.00 30.00 200.00 35.00 30.00 30.00 30.00 60.00
Randleman Township. Dis. No. 1, Randleman\$ Dis. No. 2, Worthville Dis. No. 3, New Salem Columbia Township. Dis. No. 1, Ramseur\$ Dis. No. 2, Hickory Grove Dis. No. 2, Hickory Grove Dis. No. 4, Kildee Dis. No. 5, Marley's Dis. No. 6, Staley's Dis. No. 7, Shady Grove.	356.25 75.00 30.00 200.00 35.00 30.00 30.00 30.00

Dis. No. 9, Harden's Franklinville Township

Dis, No. 6, Farmer 8 Cedar Grove Township. 85.00 35.00for six months school term for all public free schoools, the State Board of Education has made the following apportionment for Randolph county, for the fifth month of the public schools: Trinity Township. Pleasant Grove Township Dis. No. 1, Pleasant Grove\$40.00 Dis. No. 2, Phillips 30.00 Brower Township 4. Brower Dis. No 27.50 Richland Township No. .1 Rock Springs.\$30.00 Dis. Dis. No. 2, Blalock Dis. No. 3, Whynot..... Dis. No. 4, Cross Roads... 30.00 55.00 30.00 Dis. No. 5, New Center. . Dis. No. 6, Oak Glade . . 35.00 30.00 Dis. No. 7, Seagrove 25.00 Union Township. Dis. No. 1, Welch\$ 35.00 Dis. No. 2, High Pine 25.00 Dis. No. 3, Dunn's Cross R. 30.00 Dis. No. 4, Mountain 30.00 Dis. No. 5, Pisgah Dis. No. 6, Staley 25.00 .25.00 New Hope Township Dis. No. 4, Union\$ 25.00 Dis. No. 2, Eleazer 25.00 Dis. No. 3, Oak Grove ... Dis. No. 4, Bombay 30.00 70.00 Dis. No. 5, Gravel Hill ... 30.00 Dis. 6, New Hope.... Dis. No. 7, Bell's Grove. 32.50 30.00 Colored Schools. Trinity Tp. Dis No. 1 . . \$47.50 Trinity Tp., Dis. No. 2, . 20.00 New Market Tp., Dis. No. 1, . 16.50 New Market Tp., Dis. No. 2 24.00 Providence Tp., Dis. No. 17.5027.50 Liberty Tp., Dis. No. 1 25.00



Watch Repair Shop-See N. P. Cox Asheboro

 Come around to see the New Ford Cars. Asheboro Motor Car Co.
 Missees Clars Davis and Virginia Red-ding

 FOR SALE--Cabbase plants by mail. Fine Jersey Wakefield, 1,000 for \$1.00; 100 for 15c, postpaid.
 Quite a large crowd attended the funeral of Mrs Rhoda Goins who died Feb 21, and was buried at this place and Miss Bertha White of this place and Miss Bertha White of Fairview, were married Feb 21st at the home of the brides parents, Mr. and Mrs, W. W. Meridith, Rev. O. S. Raper officiating.

 WANTED Thirty or forty teams to haul lumber. Good prices and prompt payments. Guilford Lumber Mig. Co..
 Miss Bertha White of Fairview, were married Feb 21st at the home of the brides parents, Mr. and Mrs, W. W. Meridith, Rev. O. S. Raper officiating. We wish the young couple a long and happy life. Mrs. Sallie Peace, wife of Jerome Peace, died at her home near Prog-ress, Feb. 19th, and was buried at this place the 21st. She leaves a hu and mother, five brothers and three and mother, five brothers and three sisters, and a host of friends to mourn thier loss

GAT, DYSPEPSIA

AND INDIGESTION

Time "Pape's Diapepsin"—In five minutes your sour, bloated, gassy stomach feels fine,

grown in Asheboro are on sale at N. P. Cox's jewelry store. Hemember, the Miller Store is only asking for cost. For good qual ity. cheap, call on there. Cameos, La Valllieres For all kinds of up to date jewelry, see N. P. Cox, the Jeweler, Asheboro, N. C. We want your bushcess and will sell you cheaper than you can buy elsewhere for good of quality. State of the state

elsewhere for goods of quality. C. C. KIME, WANTED--Your meats and all kilds of ountry produce. Highest cash prices. J. C. Hannah and S.m. PUBLIC SALE—The sale that was advertised on the 20th was postponed until the 27th on ac-count of rain. If a favorable time there will be two days sale. A. J. SPENCER. I the sale that the same the same that the same the same that the same that the same that the same the same that the ers is a revelation to those who try it.

book

Mr. vernen News. Mr. and Mrs. Will Elder, spent last Sunday of the home of Mr. and Mrs. Occar Gray. Trancis Ferne, little daughter of Mr. and Mrs. Earl White, of Glenola did February 13th, and was buried at this place Feb. 13th. The school at Caraway is progress-ing nicely under the management of Misses Clara Davis and Virginia Red URE Feb. 104 Suite Dubt to the full of the full of the full Sufferers Find Suite Dubt to the full of the full of the full of the full Sufferers Find Suite Dubt to the full of Effects of Mayr's Stomach Remedy

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Sufferers Find Swift Relief by Use of This Remarkable Treatment. Stomach sufferers in the Southeast and, in fact, all over the country have found remarkable and efficient results from the use of Mayr's Wonderful Stomach Remedy Stomach Remedy. Many have taken this remedy and tell today of the benefits they receiv-ed. Its effects come quickly—the first dose convinces. Here is what two Carolina folks have written: W. R. DAVENPORT, Parker, No.

dome convinces. Here is what two Carolina folks have written: W. R. DAVENPORT, Parker, No. C.-...'For years I have suffered from a disease which puzzled doctors. I heard of your remedy and one bottle gave me relief. Your full treatment about cured me." J. E. ERWIN, Winston-Salem, N. C. Geo, H. Mayr, Mig. Chemist, 154-156 ---'I am satisfied through personal use of the powers of your remedy. You have saved my life." These statements come from letters among thousands. This remedy is

Just a few Specials The Dixie Dry Goods Co., for this week and next One yard wide Genuine Ladies Tan Button shoes Sea Island Sheeting 10c low heels, genuine Russian value Calf. \$3.00 value. 7 1-2c per yd \$1.98 Calicos all colors Excellent Ladies 15c childrens hose corsets worth 75c good 6c value all sizes 4 1-2c yd 47c for limited time Special 11c Come get our prices on seasonable goods it will SURPRISE YOU If there is anything that you cannot get elsewhere come and try us. Any-thing we haven't in stock we can get for you on short notice. Always pleasand waiting to serve you. Satisfatcion Guaranteed is Our Motto Dixie Dry Goods Company, MILLER BUILDING. ASHEBORO, N. C. Ford

We Have Received Another Car Load of Ford Cars Model "T" Touring Car \$550 Model "T" Roadster \$500 F. O. B. DETROIT Asheboro Motor Car Company, Inc.

Stop and Listen!

Well they've arrived. Those totally different Oxfords fitted with the "Snow" arch supporting insole, fits your foot and pocket

book. Those New "Shield Brand" Clothes for spring are here, and say, they are beauties. The "Shield Brand" \$12.50 suit, the best in the world for the money. Come in and see it. Our "King Bee" pants are the best \$3, \$4 and \$5 pants on the market. Evere pair guaranteed.

thier Dress goods, several hundred yds yet to go at below cost, at the Mill-er Store. For Sale. Fine jack, three years old, was broke last season. One mule two years old. J. G. JULIAN, 2-12-5t. Millboro, N. C. Rose beads made from rose leaves grown in Asheboro are on sale at

BUSINESS LOCALS

ad. for less than 25c.

Ten cents per line each insertion in this column. Six words to a line. No

A. J. SPENCER.

 For Sale.

 For Sale.

 The bred Bourbon Red Turkeys, the finest of all turkeys and very gentile.

 the finest of all turkeys and very gentile.
 One dollar a bottle or six bottles for five dollars. Sold by Standard Drug Co.

 One fine tom and three hens, all four for \$18.00.
 Car of horses and mares, including several head of Percheon and Clydsdale stock. This lot is well broke and includes several match broke and see, don't write, Hills Store, N. C.

 Miss Betty B. Shamburger, Hills Store, M. Hills Store, M. FREE.
 Watch Repair Shop—See N. P. Cox, achebore.

elsewhere for goods of quality; C. C. KIME,

