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**Bro-Aal-Gine**  
You'll be Glad in Ten Minutes  
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THE BROMALGINE COMPANY, Goldsboro, N. C.

**GOOD ROADS**

**FARM ANIMALS**

**INTERNATIONAL SUNDAY SCHOOL LESSON**  
LESSON FOR MARCH 15  
LAWFUL USE OF THE SABBATH.

**Dr. Koch Discovered Germs**  
Proclaimed Them to be the Cause of Consumption  
Bears' Emulsion Builds up Body—Keeps Germs From Getting in Action.

**Diversified Farming Is Making the South**  
Planters are finding that it pays to rotate crops. Corn, hay and cotton follow each other with a sure profit. Besides raising diversified crops, more planters use fertilizers containing  
**POTASH**  
enough to balance the phosphoric acid.  
Enough Potash means at least as much Potash as phosphoric acid.  
To get full value out of your fertilizer, insist on high-grade goods. If your dealer doesn't carry such grades, buy Potash separately. Potash Pays.  
We will sell you any amount from one 200-lb. bag at  
**GERMAN RALI WORKS, Inc.**  
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Chicago, Cincinnati, St. Louis, Kansas City & Trust Bldg.  
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San Francisco, 25 California St. Atlanta, Empire Bldg.

**FARM ROADS AND SPEEDWAYS**  
Government More Interested in Benefiting Farmer Than Improving Highways for Automobiles.  
Secretary Houston of the department of agriculture gave his hearers at the recent good roads convention in Detroit a sensible talk on road building in general and government aid in particular. He declared that the government, so far as he is its mouthpiece and connected with its operations, is more interested in improving the truly rural roads of the country (those over which farm produce is hauled to market) than it is in improving the transcontinental highways which are mainly used by automobile tourists. He also asserted that if government aid is forthcoming it will be on the basis of state apportionment, rather than congressional district or county or road district. Secretary Houston's speech is such a clear exposition of the intentions of the present administration that we take a considerable extract from it:  
The essential thing to be done is the providing of good roads which shall get products from the community farms to the nearest station and make rural life more profitable, comfortable and pleasurable.  
There are complex problems to be solved in many states before the most efficient expenditure of money by states and communities for roads can be secured, and there are many more

**LAMBS NEED SOME EXERCISE**  
Sunshine and Open Air Will Prove of Great Benefit to the Youngster, and Also to His Mother.  
The man who has a grassy lot on the southern slope of a hill should turn all his young lambs and their mothers into this inclosure during their first weeks. The lambs should have a chance to stretch their young limbs. They will do far better, and so

**LESSON FOR MARCH 15**  
LAWFUL USE OF THE SABBATH.  
LESSON TEXT—Luke 13:10-17; 14:1-4.  
GOLDEN TEXT—"The Sabbath was made for man and not man for the Sabbath."—Mark 2:27.  
These two sections of scripture have been chosen that we might emphasize the truth of the golden text which can correctly be translated, "The Sabbath was brought into being on account of man, and not man on account of the Sabbath."  
There are two extremes of thought and action as regards the Christian Sabbath. One is to make it a holiday, the other to make it a holy-day, to worship the day as though it possessed some secret sacredness thereby forgetting the author of the day. A study of what Jesus taught will check laxity on the one hand and correct fanatical error on the other.  
Contrast Shown.  
I. Jesus healing the woman, 13:10-17. This incident is a strong contrast between God's mercy and man's lack of mercy. Satan was to blame for the woman's illness (v. 16) and at the same time for the hardness of the hearts of these men. The incident occurred in a synagogue and displeased the leaders. As if to rebuke them Jesus not only spoke the word of relief but also touched her, causing an instantaneous and complete cure. Her response was to glorify God. The sight of this staid captive acted in contrast upon Jesus and the ruled of the synagogue. Compassion and an utter lack of sympathy. More care for legalism than for the relief of one created in God's image. Jesus seems to have acted speedily and is today calling the unfortunate to him to be healed and comforted. Matt. 11:28-30. Jesus could have healed by a word only, John 5:40-43, but there is power also in the loving touch, which in this case quickened her faith (v. 13). The record does not suggest that her cure was in response to her faith as was the case in other cures. Matt. 8:10; 15:28. If the ruler had had a heart of compassion he too would have rejoiced at the cure, but he cared more for ceremonial ecclesiasticism than for the good of the worshippers and his emotion was that of indignation rather than that of joy. A religion that is more concerned with bondage to the beggary elements, the observance of days (Gal. 4:9-11) is here denounced as hypocrisy (v. 15, 16). It is to have more interest in property than in human souls. Ofttimes hatred for those who do not agree with us is covered up by a false fanatical pretended jealousy for the law of God.  
Lov's Attributes.  
II. Jesus healing the man, 4:1-6. In this incident the question of the Sabbath is raised by Jesus himself, evidently in answer to their mental attitude, for "they watched him" (v. 1). Receiving no reply, Jesus first healed the man and then again reminded them of the care they have their cattle. Jesus plainly implies that if they give care to an ox or an ass on the Sabbath, how can it possibly be wrong to relieve humanity on the Sabbath? Mercy and love are superior to ceremonies though these be of divine appointment. The reasoning is clear. Love is an attribute of God's character, 1 John 4:8, and therefore his own ceremonies must give way before the activities and energies of his being. Thus to act upon the principles that concern the value of an "ox or an ass" is to allow the lower to control the higher, for a man is of more value than the ox. These Pharisees were exceedingly religious, great for the "letter of the law," but they were dried up at heart, and consequently far worse off than the man with the dropsy. It is small wonder then that the master's reply should silence them so "they could not answer him."  
The Teaching.—It is true that fundamentally the Sabbath idea is one of worship and rest, but the reason for its existence is because of man's need of that rest. That true rest can be found only in a true and intelligent spiritual fellowship with God. Anything, therefore, that interferes with or hinders rest breaks the Sabbath and should be removed in order that the Sabbath intention may be observed. These men were justified in leading an ox or an ass to water on the Sabbath or to rescue one in peril. On the same principle any work which enables men to enter into a Sabbath rest is not only justifiable but necessary in the interest of the Sabbath itself. They cared for cattle only as cattle, their property; we must care for men for their own sakes and in his interest and behalf.  
The Sabbath must never be decried by being made an instrument of harm to men. It is always decried when, in the presence of human need, we decline to render service on the plea of the sanctity of the day. A false ceremonial sanctity of any particular day must never be permitted to destroy the underlying, the truly essential, sanction and authority for a Sabbath rest. Physically we do not each night fully regain our lost energy and need the seventh day to balance the account. Spiritually we need the strength that comes from the Sabbath day's rest, Isa. 30:15.

**A Wife's Belief in Her Husband.**  
Ida M. Tarbell gives a thrilling description of the work of the Court of Domestic Relations in Chicago—a court which settles disputes between husbands and wives. Following is a story of a wife beating case that Miss Tarbell saw settled:  
"It is a touching case a woman of 30 gentle, hard-working and respectable, had served a warrant on her husband for beating her. They had no children; he never drank. He worked regularly, and regularly 'beat her up.' She wasn't strong as she used to be," she said apologetically, and "she couldn't stand it." The judge looked at the big, bent, sultry-faced fellow, and broke out in wrath. "You've got to go to the Bridewell, that's the place for you, a man who will beat a woman like that—all worn out, and a good wife, anybody can see that. You'll go to the Bridewell for a year."  
"The man looked up in real alarm—"But what will she do, judge? We ain't got much ahead. She ain't got anybody but me. How'll she live? His concern for her was perfectly sincere. "She's nobody but you and you beat her," exploded the judge. The man seemed like one awakened from a stupor. "I'll never do it again, on my honor I won't. I didn't know she was sick; I didn't realize. Things got so hard—nothing but a slave, and I just got into the habit, guess I took it out on her. I'll never strike her again in this world."  
"The woman behind him, with the tears streaming down her face, said: 'He won't judge. Don't send him away. He won't beat me if he says he won't. He has had it hard.'"  
"Well, they went off happy and I, for one, do not doubt his keeping his word."

**JUST RECEIVED** Car load of Oliver Chilled plows. Now is the time to make your purchases of all kinds farming implements. If you are not already a customer, come to see us. Start right, as we are in position to give you the very best class of hardware.  
**McCrary-Redding Hardware Co.**  
Asheboro, N. Carolina

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**"GEE BUT THAT'S GREAT SOAP"**  
7 LBS.  
Oh, I'm a Soapmaker all right. And it's so EASY--so QUICK!  
Just dissolve a can of me in a quart of water. Now pour this water into four pounds of melted Grease, no BOILING at all.  
And you will have seven pounds of fine, hard soap, 50c worth, and I only cost 5c., a nickel, a half dime.  
**I am RED DEVIL LYE**  
GET ME AT ANY GOOD STORE  
5c. ONLY SAVE MY LABELS 5c. ONLY



**Earth Road Showing Imperfect Drainage.**  
to be worked out before one can rationally expect the federal government largely to participate.  
That the suggestion of federal aid to road building raises grave questions and involves possible dangers go thoughtful citizen doubts. There are proposals before the public mind which would bankrupt the federal treasury and suggest possible abuses before which those of the worst pork-barrel bills of the past would pale into insignificance.  
It would be especially pernicious if such aid should result in stifling the spirit of local self-help.  
The first practical essentials in the planning of road legislation would seem to be to recognize the states as the smallest unit with which the federal government might deal. This would give relief in a measure from the insistent demand that would come from every township and every district in the Union for its share of state or federal assistance, without reference to the merits of the case or the practicability of the undertaking.  
In the case of roads on which federal money is to be expended it would seem essential and wise that the federal agency should have the requisite power of the approval of the selection, supervision of the construction and maintenance, and the right of inspection.  
It is reasonably clear that for every reason there must be some automatic check upon the demands to be made upon congress and that this should be afforded through the requirement that the states and the localities should contribute an amount both for construction and maintenance at least equal to and possibly double that contributed by the federal government; and that, in the apportionment of any possible federal funds a number of basic factors such as population, area, wealth, or minimum cost of construction, should control, I have not the least doubt.  
In short, as a practical program, I believe that this matter is one in which haste can best be slowly made.

**FEED MAKES PIG PROFITABLE**  
Good Feeder Keeps Improving His Herd in Quality and Individuality—Good Ration Counts.  
There are too many farmers and even breeders who seem to hold the idea that a pig can feed himself and that their whole duty ends when they have supplied the food. A good feeder can keep improving his herd in quality and individuality and is therefore progressive and successful, while the poor feeder may take the best to be had, and in five generations be back to scrub. This is the difference between good feeding and poor feeding. This is where the feeder has more influence than the feed.  
It is a clean waste to give the pig 80 or 90 per cent. of his feed in corn or meal when perhaps not more than one-half that amount is needed in building the various structures of his body. The balanced ration is what counts. That is intended to be composed of such materials as are needed by the pig to build all of his growth, to furnish the bone and the muscle, and all parts in proper proportion. It is shown time and again that two valuable feeds, when combined, make a better feed than either one separately, because it comes nearer balancing the ration.  
It is only of late that the opinion is spreading among farmers in general that the feeder is one of the important factors, both in the success of a breeder and also that of a pork raiser. The modern hog is an artificial product, and is more readily responsive to good treatment, or the reverse, than any other farm animal. No matter how much you may pay for pedigree or individuality, if you do not know how to feed your hogs will be but little better than scrubs.

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**Figs**  
By Mrs. William Cox Redfield, Wife of the Secretary of Commerce.  
Figs, like dates and raisins, are becoming more generally used and appreciated in this country of recent years, since their value as a food stuff becomes better known.  
For years all of our figs came from the Mediterranean country where the great dried fig district of the world is a strip of land near Smyrna. Now California has learned the secrets of successful fig raising and drying and the industry has grown rapidly.  
There are a number of ways in which figs may be used in cookery besides cake making. They have several properties which make them a most healthful fruit and they are delicious whether they be eaten fresh with cream, preserved, dried or canned, and in all these ways they are adapted to cooking.  
**Fig Pudding.**  
For fig pudding use:  
One half pound of figs,  
Six ounces of suet,  
Six ounces bread crumbs,  
One cup brown sugar,  
One nutmeg, grated,  
Three eggs,  
One salt spoon of salt.  
Mince the suet and figs, add grated bread crumbs, sugar, nutmeg and salt, adding well-beaten eggs last. Work together with the hand. Put in buttered mold with tight top, set in boiling water with weight on cover to prevent mold from upsetting, boil four hours. Serve hot with either hard or foaming sauce.  
**Young Lady Found Frozen to Death in the Blizzard.**  
Ella Sweeney, aged 22 was found frozen to death at Hazletown, Pa., in a sleigh, in which her companion James Bertholdi, had left her Sunday night in a blizzard while he went for help.

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**How to Make the Best Cough Remedy at Home**  
A Family Supply at Small Cost, and Fully Guaranteed.  
Make a plain syrup by mixing one pint of granulated sugar and  $\frac{1}{2}$  pint of warm water and stir for 2 minutes. Put  $\frac{2}{3}$  ounce of pure Pinex (fifty cents worth) in a pint bottle, and fill it up with the Sugar Syrup. This gives you a family supply of the best cough syrup at a saving of \$2. It never spoils. Take a teaspoonful every one, two or three hours.  
The effectiveness of this simple remedy is surprising. It seems to take hold almost instantly, and will usually conquer an ordinary cough in 24 hours. It tones up the indolent appetite and is just laxative enough to be helpful in a cough, and has a pleasing taste. Also excellent for bronchial trouble, bronchial asthma, whooping cough and spasmodic croup.  
This method of making cough remedy with Pinex and Sugar Syrup (or strained honey) is now used in more homes than any other cough syrup. This explains why it is often imitated, though never successfully. If you try it, use only genuine Pinex, which is a most valuable concentrated compound of Norway white pine extract, and is rich in gualic acid and other natural healing pine elements. Other preparations will not work in this combination. A guaranty of absolute satisfaction, or money promptly refunded, goes with this preparation. Your druggist has Pinex, or will get it for you. If not, send to The Pinex Co., Ft. Wayne, Ind.

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