

FROM WITHIN THE STATE EAT CABBAGE, FISH, SAUSAGE, NEW BREAD

ITEMS OF LIVE NEWS GATHERED FROM EXCHANGES AND CONDENSED IN BRIEF FOR BUSY READERS.—A COLUMN IN ONE PARAGRAPH.

The University of North Carolina now has one thousand pupils, the largest number in its history.

Lee county has joined the "League of Progress." Saturday by an overwhelming majority the voters authorized the issuance of another \$100,000 in bonds to build good roads. This is the second hundred thousand to be voted within two years.

Saturday night at 11:30 the legislature of N. H. Kress & Co. of Charlotte, together with their entire staff of goods and people, the store of J. H. Lee and The Little League were destroyed by a fire which was due to a gas stove. The loss is between \$200,000 and \$300,000.

President Wilson, with a large crowd of friends, who is still a favorite of the people, will be in the State on his return from Europe. He is expected to arrive in Raleigh on Saturday, January 26, and will address the Social Service Congress which will be held in Raleigh Jan. 28, 29 and 30.

Gov. W. W. Wood has received a telegram from the Secretary of the Navy conveying the information that the Secretary of State William Jennings Bryan had accepted the invitation of the North Carolina General Assembly to address them on Saturday, January 26. Mr. Bryan will also address the Social Service Congress which will be held in Raleigh Jan. 28, 29 and 30.

The elegantly furnished home of Fred H. Conner, of Statesville, was completely destroyed by fire Saturday night about 9 o'clock. The fire originated in the second room on the second floor. Mrs. J. N. McKee, and Mr. and Mrs. Frank L. Lewis, of Statesville, were in the house at the time. In their efforts to save the house and their own lives, they were nearly asphyxiated by the smoke and escaped by the front door. The loss is several thousand dollars.

Statesville has engaged the services of a visiting nurse, Mrs. Vera H. Jones, of Asheville. Mrs. Jones will work among the more unfortunate families of the town who cannot afford to employ a nurse, giving advice as to the care of the sick, instructing the housewives along the lines of domestic science, sanitation, etc., and teaching them how to prevent diseases. Her salary of \$300 has been pledged by the people of the town and she will operate under the auspices of the Civic League.

Mr. M. T. Norris, a merchant of Raleigh and a member of a well-known family, was killed in his house Saturday morning in a mysterious manner. Mr. Norris arose early after the midnight hour and went down stairs to investigate a noise. He could find nothing and returned to bed. After sunrise, a hired man came up and reported to Mrs. Norris that her husband was dead with a bullet wound. A pistol was found near him, but that circumstance leads the coroner to the belief that another man shot him. It is known, the coroner declares, that the weapon did not belong to the dead man and it is believed by the officer that the bullet placed it there to give the "beneficial" appearance of suicide. The kitchen window was found raised.

Five persons lost their lives when the gasoline yacht Julia, en route from Norfolk to Beaufort, went down on Friday morning. The dead are J. V. Murray, Burlington; Gustavus D. Denson, Norfolk; Mrs. W. E. Forch, Beaufort and the two men that operated the boat. Mrs. Murray, the only survivor, swam two miles to the shore. Mrs. Murray has been unable to give a corroborative account of the explosion further than to say that it occurred a short time before 1 o'clock and that it was caused by the striking of a match, which ignited vaporized gasoline which had leaked from the tank. Mrs. Murray says that she remembers seeing a man strike a match and then a great flash and the next thing that she remembers was being in the water and grasping a floating plank.

An envelope containing \$1,000 in cash was discovered by the postmaster of Cape Fear, N. C., a veteran conductor on the Tarboro-Phoenix branch of the Atlantic Coast Line Railroad last week. He was carrying the money as a contribution for a resident of Jacksonville, who had been killed by a train. The money was taken by the conductor, as he often has done before, as an accommodation to friends as there is no coroner in Jacksonville, through which money might be transmitted. The money which was placed in his inside pocket was not missed until he was met by a representative of one of the banks of Wilmington. A search was made and possession volunteered to him and money asked to be searched, but no trace of the money has yet been found.



Strength for Motherhood

MOTHERHOOD is not a time for experiment, but for proven qualities, and nothing exceeds the value of good cheer, needful exercise and SCOTT'S EMULSION.

SCOTT'S EMULSION charges the blood with life-sustaining richness, suppresses nervous conditions, aids the quality and quantity of milk and insures sufficient fat.

THE GOOD LIVER OIL feeds the very life cells. The LIVER and BLOOD are the vital organs and make healthy men.

25-Cent Bottles. No. 100-1000

LAWS TO ENFORCE HORSE SENSE

Wilmington Star.

If anyone should ask you what the matter with cotton, you are answering right off the reel that it is amazingly large curtailment of demands and extraordinary amplitude of production. Arbitrary curtailment of demand is due to the unanticipated world tragedy over which we have no control whatsoever.

It is quite possible for us to control production, but we don't do so because we always have been heedless of all the big crop seasons of the past. We persistently increase our acreage and pay the penalty for flagrant violation of the law of supply and demand. We have "bull" ideas about cotton prices and positively display a lack of judgment when we plant the kind of crop that enables the "beast" to put the bulls on its legs.

This is the briefest possible way of leading logically on to reduction of acreage as a remedy for cotton, and an increase of food crops acreage as a cure for our agricultural ills. It is almost a tacit prescription for a patient who professes to take a dose of his own prescription.

Big crops of cotton and low prices for the staple have made all the agricultural interests of the South in financial straits of a disastrous character. We are all in the same boat, and so when it is needed the whole push gets into deep water together.

We haven't got a word of advice to give, but unless we can repeal the law of supply and demand we had better have a commission appointed to regulate our judgment. Why, they are even talking about legislative acts to compel us to curtail our acreage, and before this court loses its jurisdiction it will rule that such enactments would not mean anything in the world but making us legally responsible for letting our horse sense run at large without a bridle.

We may as well burden here the presumption that statute lawyers already are raking over the State and National Constitutions in order to ascertain if they contain any limitations on lawmaking bodies in passing inhibitory or punitive statutes, making individuals liable for pernicious activity in planting cotton, tobacco or peanuts.

"Whither are drifting" on a sea of trouble which war has made hard to navigate without a rudder?

AN ACTIVE LIVER MEANS HEALTH

If you want good health, a clear complexion and freedom from dizziness, constipation, biliousness, headaches and indigestion, take Dr. King's New Life Pills. They drive out fermenting and undigested foods, clear the blood and cure constipation. Only 25c. at your druggist.

RURAL ECONOMY

Many of our farmers who have heretofore depended wholly on cotton or tobacco or on both of these staples, for a living will from the year 1914 change their tactics and diversify. The failure of the cotton this season will teach a much needed lesson that some farmers would learn in no other way than through sorrowful experience.

The farmers of the South more than those of any other section are guilty of making one crop or two crops their sole stake, failing even to cultivate, in some cases, vegetables and useful truck patches, while a large proportion of them do not raise their bread and sufficient food for their stock. Farmers of the North and West have been more prosperous because they grow first of all those things which they consume. The failure of a market or the close circulation of money does not cause him to fall because he has in his store houses the things that are essential.

Whenever a farmer of this class settles in a section of the South his thrift and independence always excite comment. Here is a case in point related by an exchange: a landowner in North Carolina sold an Indiana man a farm at what he considered a high price. The Indiana man paid for the place with the proceeds of his first year's crops and did not plant a bit of cotton; but raised crops that sold readily in early spring, marketed money-getting products all summer, raised more for sale in the autumn and made his meat from hogs which grew fat on what would otherwise have been thrown away. Thus he followed a system which illustrates the best type of rural economy. And a tiller of the soil who farms something like this will fare well when the one-man is experiencing the pangs of hard times.—Exchange.

HAPPY WOMEN

Plenty of Them in Ashboro, and Good Reason for It

Wouldn't you women be happy, after years of headache suffering, days of misery, hours of trouble, the distress of family troubles, when she finds freedom?

Many readers will profit by the following:

Mrs. D. A. Dorsett, R. R. No. 2, Searsville, N. C., says: "I spent a great deal of money in an effort to rid myself of kidney complaint, but I did not seem to improve. I lost greatly in health and strength and could scarcely walk a hundred yards. The kidney secretions gave me great annoyance and I became despondent and nervous. I regained my strength and weight since I used Doan's Kidney Pills and I have not suffered from the least symptom of kidney complaint. I am glad to give Doan's Kidney Pills the entire credit for this cure."

Wood's Seeds

Wood's Descriptive Catalog for 1915 has been carefully prepared so as to enable our farmers and market growers to determine intelligently as to the best and most profitable crops which they can undertake to grow.

The present agricultural conditions make it very necessary to consider the question of diversified crops, and our catalog gives full information, both in regard to

Farm and Garden Seeds

that can be planted to profit and advantage.

Write for Descriptive Catalog and prices of any

Grass and Clover Seeds, Seed Grain or Seed Potatoes

required. Catalog mailed on request.

T. W. WOOD & SONS,

Seedsman, - Richmond, Va.

Don't Merely "Stop" a Cough

Stop the Thing that Causes It and the Cough will Stop Itself

A cough is really one of our best friends. It warns us that there is inflammation or obstruction in a dangerous place. Therefore, when you get a bad cough don't proceed to dose yourself with a lot of drugs that merely "stop" the cough temporarily by deadening the throat nerves. Treat the cause—beal the inflamed membrane. Here is a home-made remedy that gets right at the cause and will make an obstinate cough vanish more quickly than you ever thought possible.

Put 2½ ounces of Pinex (50 cents worth) in a pint bottle and fill the bottle with plain granulated sugar syrup. This gives you a full pint of the most pleasant and effective cough remedy ever used, at a cost of only 54 cents. No bother to prepare. Full directions with Pinex.

It heals the inflamed membrane so gently and promptly that you wonder how it does it. Also loosens a dry, hoarse or tight cough and stops the formation of phlegm in the throat and bronchial tubes, thus ending the persistent hoarse cough.

Pinex is a highly concentrated compound of Norway pine extract, rich in vitamin, and is famous the world over for its healing effect on the membrane.

To avoid disappointment, ask your druggist for 2½ ounces of Pinex, and don't accept anything else. A guarantee of absolute satisfaction, or money promptly refunded, goes with this preparation. The Pinex Co., Ft. Wayne, Ind.

ALCOHOL "FOOD OF FOLLY"

Professor Finds Apparent Increase of Energy Through Its Use a Deceit

Alcohol and all the other deleterious drugs must be put among the liars who appeal to the fool or the self-indulgent, who cannot otherwise be accounted of folly. As the most popular of these inducers of waste alcohol has been put to recent thorough test in systematic Germany, where the Emperor has convinced himself that it is a foe of his people's efficiency in war and trade.

A professor in the University of Munich said that alcohol, even in small doses is an inevitable limiter of human capacity for work and of human capacity to endure fatigue. The experiments have been tried hundreds of times by scientists in different places. "In every instance a definite measurable loss in muscular efficiency was demonstrated."

What happens under the investment of money in alcoholic drinks is merely self-deceit. The drinker is persuaded by the drug that he is doing more, but the test of fact demonstrates that he is slowing down and losing less. The tests showed that this is quite as true of mental as of muscular action.

These carefully studied results confirm all long-continued experience in putting the promises of stimulus which alcohol presents (and sometimes pictures for use on the billboards) in the same category as the mining prospectuses and other get-rich-quick projects that flood the mails and fill the waste baskets of the wise.

Money spent in drink is money spent in lessening mental and muscular energy. It is not really investment, as the spending of money in wholesome food and drink must always be. It is dissipation, scattering, diminution. It is spending money to go backward.

TWO NEEDED LAWS

Representative-elect Hutchinson of Mecklenburg has heard that there will be a demand on the Legislature for a more stringent bird law. He will also hear that there will be a demand for a dog law, and Mecklenburg farmers will be among the foremost in advocacy of the latter. The farmers who have gone into the live-stock industry are tired of the depredations by dogs and are going to head a movement to secure a law giving some relief. As to birds—what is needed is an absolutely closed season for a term of not less than five years. The decimation of the partridge the past few seasons is a matter that is giving the farmers serious concern. The situation is one which calls for drastic action by the Legislature.—Charlotte Observer.

FAMILY AVOIDS SERIOUS SICKNESS

By Being Constantly Supplied With Theford's Black-Draught.

McDuff, Va.—"I suffered for several years," says Mrs. J. B. Whitaker, of this place, "with sick headache, and stomach trouble."

Ten years ago a friend told me to try Theford's Black-Draught, which I did, and I found it to be the best family medicine for young and old.

I keep Black-Draught on hand all the time now, and when my children feel a little bad, they ask me for a dose, and it does them more good than any medicine they ever tried.

We never have a long spell of sickness in our family, since we commenced using Black-Draught.

Theford's Black-Draught is purely vegetable, and has been found to regulate weak stomachs, aid digestion, relieve indigestion, colic, wind, nausea, headache, sick stomach, and similar symptoms.

It has been in constant use for more than 70 years, and has benefited more than a million people.

Your druggist sells and recommends Theford's Black-Draught. Price only 25c. Get a package to-day.

N. C. 22

DRUMMER WRITES OF WILSON'S GREATNESS AND OTHER MATTERS

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SOMETHING SHOULD BE DONE FOR THE FARMER GIRL

There are some few things that ought to be done for the farmer girl of the present time. Think of them a moment. We ought to give her just as fair a show as we do the farmer boy. That is, if we give the boy a chance to grow a calf or a colt, why not the girl? If the boy has his bit of ground set apart for a garden spot with assurance that whatever he grows on that plot of earth shall be his, why not place the girl on an equal footing? If it is good for the boy to be out of doors, to dig in the ground and do some things for himself, why should the farmer girl be shut away from the privilege? If we love the farmer girl, ought to give her a chance to learn how to do all kinds of farm work and to have a share in the returns. Why not? The exercise she would thus get would make her stronger and more long-lived. We hear it said that the women of our day are deteriorating physically. That they do not endure as much as their mothers used to and that the coming generation will be an inferior race of people. How much truth there may be in that is not now under discussion; just let us say that one way to make it sure that no such thing ever will happen to the American woman is to give her a chance to walk side by side with her brother everywhere and to build up a physique that shall be equal to his in every respect.

And then, it sometimes seems as if the boy is favored above his sister in his opportunity to master tools and books and in the acquirement of knowledge as to the woods and the fields, the flowers and the birds and the other little creatures of the country. How often we hear it said, "Take the boys with you out into the fields and talk with them as you go about, all things in nature." But why let the girls go along, too? Why leave them in the house to bend over some bit of sewing or to pound away by the hour on the piano, while the boys are out enjoying the life of the outdoors. Mind, it is right and proper to learn to do all kinds of work in the home and yet, is there any reason why the privilege of the out-of-doors should be denied them?

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SYSTEM OF RURAL CREDITS NEEDED

Mr. S. H. Hobbs, of Clinton, who was here last week, believes that one of the pressing needs in this State is a system of rural credits for the farmer.

"The crop-lien system," said Mr. Hobbs, "is a system of rural credits but such a system it is! It means that farmers pay interest anywhere from fifteen to two hundred per cent. Is it any wonder that the farmers can not get ahead under such a handicap as that?"

"We must devise some such arrangement as that which obtains in Europe whereby co-operative credits for the farmers something on the order of the building and loan plan can be had in the country. The plan works in Europe and has worked there for years and it will work here."

"And a system of land credits is also needed. In this country you can borrow money if you are a land-owner and have a reputation for honesty. But you can borrow it for only three months at a time. At the end of three months you may be able to get the note renewed or you may not. Long time loans at a reasonable rate of interest are the sort of land credits that the farmer can reasonably expect."—News & Observer.

IF HEADACHY, DIZZY BILIOUS, "CASCARETS"

Tonight! Clean Your Bowels and Stop Headache, Colds, Sour Stomach

Get a 10-cent box now. You're bilious! You have a throbbing sensation in your head, a bad taste in your mouth, your eyes burn, your skin is yellow, with dark rings under your eyes; your lips are parched. No wonder you feel ugly, mean and ill-tempered. Your system is full of bile not properly passed off, and what you need is a cleansing on inside. Don't continue being a bilious nuisance to yourself and those who love you, and don't resort to toxic physics that irritate and injure. Remember that most disorders of the stomach, liver and bowels are cured by moving with gentleness, through Cascarets—they work while you sleep. A 10-cent box from your druggist will keep your liver and bowels clean, stomach sweet, and your head clear for months. Children love to take Cascarets because they taste good and never gripe or sicken.

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"The crop-lien system," said Mr. Hobbs, "is a system of rural credits but such a system it is! It means that farmers pay interest anywhere from fifteen to two hundred per cent. Is it any wonder that the farmers can not get ahead under such a handicap as that?"

"We must devise some such arrangement as that which obtains in Europe whereby co-operative credits for the farmers something on the order of the building and loan plan can be had in the country. The plan works in Europe and has worked there for years and it will work here."

"And a system of land credits is also needed. In this country you can borrow money if you are a land-owner and have a reputation for honesty. But you can borrow it for only three months at a time. At the end of three months you may be able to get the note renewed or you may not. Long time loans at a reasonable rate of interest are the sort of land credits that the farmer can reasonably expect."—News & Observer.

IF HEADACHY, DIZZY BILIOUS, "CASCARETS"

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