

How To Make the Quickest, Simplest Cough Remedy

Much Better than the Ready-Made Kind and You Save \$2. Fully Guaranteed.

This home-made cough syrup is now used in more homes than any other cough remedy. Its promptness, ease and certainty in conquering distressing coughs, chest and throat colds, is really remarkable. You can actually feel it take hold. A day's use will usually overcome the ordinary cough—relieves even whooping cough quickly. Splendid, too, for bronchitis, spasmodic croup, bronchial asthma and winter coughs.

Get from any druggist 2½ ounces of Pinex (50 cents worth), pour it in a pint bottle and fill the bottle with plain granulated sugar syrup. This gives you—at a cost of only 24 cents—a full pint of better cough syrup than you could buy for \$2.50. Takes but a few minutes to prepare. Full directions with Pinex. Tastes good and never spoils.

You will be pleasantly surprised how quickly it loosens dry, hoarse or tight coughs, and heats the inflamed membranes in a painful cough. It also stops the formation of phlegm in the throat and bronchial tubes, thus ending the persistent loose cough.

Pinex is most valuable concentrated compound of genuine Norway pine extract, rich in guaiacol, which is so healing to the membranes.

To avoid disappointment, be sure and ask your druggist for "2½ ounces Pinex," and don't accept anything else.

A guarantee of absolute satisfaction, or money promptly refunded, goes with this preparation. The Pinex Co., Ft. Wayne, Ind.

ON ADVERTISING

Once in a while, when we feel strong and patient to go out soliciting advertising from some of our friends and neighbors who seldom break into print, we are handed something like this: "Now tell me, what is the use of my spending money for advertising? I have been here for years and everybody in the county knows what I do. Yes, brethren, there still exist a few isolated specimens of the old-fashioned merchant who ask that question and really believe that there is no answer to it. It is hard to answer. The fact is it is hard to speak at all. A fellow feels like bringing up a 42-centimeter gun and shooting a little twentieth-century ringer into the man who asks it. Yes, Mr. Merchant, you have been here 20 years, but everybody in the county does NOT know what you sell. They know that you are here, just as they know that there is a big tree at the side of the road a mile out of town, or the same as they know that somewhere in town there is a lock-up. And when they come into town they drive right past your place—just as they drive past the big tree or the calaboose—and they pull up in front of the store of the fellow who has NOT been here 20 years but who is doing a bigger business than you are, just because he advertises and makes good what he says in his ads. You can do the big business, too, Mr. Old Timer, any day you get the idea that because you have been here a long time everybody is thinking about you. This does not refer to any particular merchant but to one and all the non-advertising kind.

ROBERT EDWARD LEE

When the future historian shall come to survey the character of Lee, he will find it rising like a huge mountain above the undulating plain of humanity, and must lift his eyes high toward heaven to catch its summit. He possessed every virtue of other great comrades without their vices. He was a foe without hate, friend without treachery, a soldier without oppression, and a victim without murmuring.

He was a public officer without vices, a private citizen without wrong, a neighbor without reproach, a Christian without hypocrisy, and a man without guile.

He was a Caesar without his ambition, Frederick without his tyranny, Napoleon without his selfishness, and Washington without his reward.

He was obedient to authority as a servant, and royal in authority as a true king.

He was gentle as a woman in life, modest and pure as a virgin in thought, watchful as a Roman vestal in duty, submissive to law as Socrates, and grand in battle as Achilles.

—Benjamin Harvey Hill.

SAVES DAUGHTER

Advice of Mother no Doubt Prevents Daughter's Untimely End.

Ready, My—"I was not able to do anything for nearly six months," writes Mrs. Laura Bratcher, of this place, "and was down in bed for three months."

I cannot tell you how I suffered with my head, and with nervousness and womanly troubles.

Our family doctor told my husband he could not do me any good, and he had to give it up. We tried another doctor, but he did not help me.

At last, my mother advised me to take Cardui, the woman's tonic. I thought it was no use for I was nearly dead and nothing seemed to do me any good. But I took eleven bottles, and now I am able to do all of my work and my own washing.

I think Cardui is the best medicine in the world. My weight has increased, and I took the picture of health.

If you suffer from any of the ailments peculiar to women, get a bottle of Cardui today. Delay is dangerous. We know it will help you, for it has helped so many thousands of other weak women in the past 50 years.

At all druggists.

Write to: Chattanooga Medicine Co., Ladies' Sanitary Dept., Chattanooga, Tenn., for Special Instructions on your case and 24-page book, "Home Treatment for Women," in plain wrapper. N.C. 198

INTERNATIONAL SUNDAY SCHOOL LESSON

(By E. O. HILLIERS, Acting Director of Sunday School Course Moody Bible Institute, Chicago.)

LESSON FOR JANUARY 31

THE BIRTH OF SAMSON.

LESSON TEXT—Judges 13:1-16, 24-25. GOLDEN TEXT—Beware, I pray thee, and drink no wine nor strong drink.—Judges 13:4.

The story of Samson bulks large in the book of Judges and in the interest and imagination of all men ever since his day. This being the only lesson in a seven years' course we suggest, in outline, Samson's entire life.

I. Samson's Parents. God chooses a humble man and woman, folk of piety and prayer, to bring forth and rear this great deliverer. The angel's most improbable promise (13:3) is accepted by Manoah and his wife (13:6, 7). They express a desire to be able to measure up to the responsibility—a suggestion to parents. There is also a hint of the dual responsibility of parents in the words, "teach us." (See Eph. 6:4; Jas. 1:5-7.) It was reasonable to believe that the one who brought the promise could also tell them how to train and nurture the child. God honored the mother's prayer and she shares her experience with the father (v. 9). As the mother of a Nazirite she must keep herself from all things unclean (v. 14; 1 Cor. 6:17), even as Mary, the mother of Jesus (Luke 1:38). The experience of the sacrifice, the worship of Manoah and his wife and the fact of Samson's birth completes the record of chapter 13. Manoah could not worship the angel, but could show him hospitality. Verse 18 (R.V.) seems to indicate that this was another premanifestation of our Lord Jesus.

II. Samuel's Power. Every race has its upman, and usually it is one of physical strength. That Samson had no physical evidence of his superior strength is evident from the fact that Delilah asked to know his secret. Nor was his strength in his hair, else there was no need that the "Spirit of Jehovah" should come upon him. The secret of his power is indicated in 13:25. The word "move" suggests to play upon a harp, as if Samson's heart was open to God as a harp is open to human touch. "Samson's power was the result of a faith that was open to the infinite storehouse of the divine dynamic." Such spiritual power is within the reach of every man. Samson ("sunny") was full of laughter; not the comic, but the joyous. He did the big things God gave him to do and was filled with gladness. But Samson came under the spell of an evil woman and all of this true laughter and glad joyousness left his soul.

III. Samson's Impurity. A woman can make or mar the man with whom she associates. As a Nazirite, Samson was dedicated unto God, must not allow a razor to touch his head, was not to touch anything unclean, nor drink intoxicating liquor. This vow was usually for a short period. Samuel and John the Baptist are other Nazirites recorded in Scripture, and are said to have been such from birth (2:14; 16:17; Luke 1:15). Samson's strength burned out when he lay his head in a harlot's lap and the laughter went out of his soul. It was that which broke the contact between him and God. Samson's birth in a godly home, his knowledge of his relation to God and the experience of God's power did not keep him from an ignoble fallure.

IV. Samson's Imprisonment. We find him after his excesses grinding in the Philistine prison, where he perhaps overheard praises being sung to Dagon who had overthrown Jehovah's Judge. It is never safe to play with temptation though conscious of our own strength; then it is we are most apt to fall (1 Cor. 10:12). One act and the gay hero is grinding in a prison house. Directly a man goes into impurity, whether in act or thought, he loses the power that formerly moved men or worked wonders. Year after year Samson plodded his round of enforced toil, a type of the force and power of intemperance and other impure habits.

Finally, "when their hearts were merry" (16:25), he is brought out to make sport. During one of his resting periods he said to a boy near by, "Let me feel of the two pillars," those upon which the main walls rested and which were within a man's reach. Then it was that he was able to grip the mysterious power of the unseen (16:30). Was Samson a suicide? No! He accepted death as the inevitable consequence of his act of duty (See Heb. 11:33).

The growth of his hair was only a token of that consecration which he had surrendered when he failed to withstand the wiles of Delilah.

The Temperance Teaching of this lesson is all too plain. It must begin in the home and continue throughout all of life. As we have scattered information throughout our land we have seen the work of temperance advancing mightily. Samson's exploit with the lion is a temperance sermon in parable (14:6, 8; Prov. 20:1). The business of the temperance forces is to slay the lion. We are also to eat "honey out of the rock," to gain victories, within and without, and like Samson, we can give honey to others. To have a part in helping to redeem a lost world requires that we keep clean.

INDIGESTION, GAS OR SICK, SOUR STOMACH

Time "Pape's Diapepsin" In Five Minutes All Stomach Misery Is Gone

"Really does" put bad stomachs in order—"really does" overcome indigestion, dyspepsia, gas, heartburn and sourness in five minutes—that's just that—makes Pape's Diapepsin the largest selling stomach regulator in the world. If what you eat ferments into stubborn lumps, you belch gas and eructate sour, undigested food and acid; head is dizzy and aches; breath foul; tongue coated; your insides filled with bile and indigestible waste, remember the moment "Pape's Diapepsin" comes in contact with the stomach all such distress vanishes. It's truly astonishing—almost marvelous, and the joy is its harmlessness.

A large fifty-cent case of Pape's Diapepsin will give you a hundred dollars' worth of satisfaction or your druggist hands you your money back.

It's worth its weight in gold to me and women who can't get their stomachs regulated. It belongs in your home—should always be kept handy in case of a sick, sour, upset stomach during the day or at night. It's the quickest, surest and most harmless stomach doctor in the world.

GENERAL FARM NOTES

Clean up. Burn the rubbish. Paint all the ladders.

Try feeding the cows for milk production and see if the cream checks will not grow larger.

Eggs at this season mean a good price. Are you getting any?

Timothy hay is not good for sheep. Clover or alfalfa hay is ideal.

Don't forget a box of fine, dry dust for winter use in the hen house.

If a farmer crosses a heavy and a light horse he will only get a plug.

Every horse, young or old, should exercise in harness or yard every day.

More farms fail because of poor management than because of poor soil.

Live stock raising tends to encourage boys and girls to remain on the farm.

If the ram is weak and in poor condition, the crop of lambs will be the same.

Clean up the barn and corral and spread the manure where it is most needed.

If you don't grade your eggs someone else will and you will pay him for doing it.

Better to have freedom, health and productive thrift than pampered showiness.

After molting, a little linseed meal is a fine thing to round out a good poultry ration.

With proper care and feed a sow can probably produce two litters of pigs a year.

No man can make money feeding 80-cent corn and 20-dollar mill feed to mongrel hogs.

Partly decayed feeds, such as spoiled meats, are a menace to the health of the flock.

Well bred live stock furnishes the best possible market for the farmer's roughage and grain.

For seed potatoes next year select the best hills entire, discarding later on all the small ones.

USE THE NEWSPAPER

If a member of your family died, would you print the obituary on a billboard? If your wife entertained, would you send an account of it to the theater program man? If you were to enlarge your business, would you advertise in a hotel register? If you were going to have a wedding in your family would you get out a handbill? You would send such items to a newspaper, wouldn't you? Then why don't you put your advertisement in a newspaper? Every man who uses a billboard is adding to nature's work. The newspapers build your town.

GIRLS! THICKEN AND BEAUTIFY YOUR HAIR

Brings Back its Gloss, Luster, Charm And Get Rid of Dandruff—Try The Moist Cloth

To be possessed of a head of heavy beautiful hair; soft, lustrous, fluffy, wavy and free from dandruff is merely a matter of using a little Danderine.

It is easy and inexpensive to have nice, soft hair and lots of it. Just get a 25 cent bottle of Knowlton's Danderine now—all drug stores recommend it—apply a little as directed and within ten minutes there will be an appearance of abundance; freshness, fluffiness and an incomparable gloss and luster, and try as you will you cannot find a trace of dandruff or falling hair; but your real surprise will be after about two weeks' use, when you will see new hair—fine and downy at first—yes—but really new hair—sprouting out all over your scalp—Danderine is, we believe, the only sure hair grower; destroyer of dandruff and cure for itchy scalp and never fails to stop falling hair at once.

If you want to prove how pretty and soft your hair really is, moisten a cloth with a little Danderine and carefully draw it through your hair—taking one small strand at a time. Your hair will be soft, glossy, and beautiful in just a few moments—a delightful surprise awaits everyone who tries this.

THOUGHTS OF AN IDLE HOUR

(By Major F. W. Barber.)

Chicago's oldest book shop has sought refuge in bankruptcy because its rich patrons did not pay their bills.

But Chicago is no different from other parts of the country in that respect.

It is the way of a queer world. The poor man pays, because he must.

The rich man owes, because his wealth grants him immunity from "vulgar dun."

The poor man pays his taxes, because he must pay or lose his few possessions.

The rich man hides most of his wealth and dodges the majority of his taxes, because under our political system his millions place him practically above the law.

Of course officials whose business it is to enforce the law will take issue with this statement.

But it is true—and they know it, and you know it.

And the common people, who are vastly in the majority, are becoming weary of such practices, and the murmurings and mutterings are becoming louder day by day.

Some day the explosion will come. I stopped on a street corner a few days ago and listened to a speaker harangue a crowd. We were rallying at Big Business, and made a magnificent ass of himself.

His insistent demand was for an equal division of the wealth of the country. In other words, he would have the man who worked and accumulated a competence divide his gains with others who are too lazy to work.

Judging from his personal appearance (he was well dressed and wore a big diamond) he was one of those who do not practice what they preach. Of course he never thinks of setting a "noble example" by first dividing his own pile.

He prefers that the flow of gold be always in his direction, and diverts public attention by raging at Big Business. His own imperfections are kept in the back ground.

But Big Business has made this country what it is today—the richest on the globe.

The fault of our system is not with Big Business.

It is in the manner in which Big Business is handled and controlled.

When we send men to Congress who think more of country than they do of self, and who have the nerve to enact just laws for the regulation of Big Business, we will then have progressed far toward the solution of the problem.

And when we elect State's attorneys and assessors, and Sheriffs and other officials who will enforce those laws, irrespectively of person or wealth or political affiliations, we will have solved the problem and will cease to have any just cause for complaint regarding Big Business.

And we will send such men to Congress and elect such others to office only when we begin to do our own thinking and free our noses from the strangle hold of the political bosses.

Don't worry about your rival's little jabs at you. You have him going, and he knows it.

A wise man is a fellow who has horse sense and doesn't know it. When in doubt, look it up before the other fellow shows you up.

Some men are men, while others merely wear pants.

Boost! A little word with big results. Many a fool coughs up wisdom unawares.



MINERS' ASTHMA

is caused by inhaling tiny particles of dust; they choke the bronchial tubes and bronchitis or pneumonia easily follows.

The cod liver oil in Scott's Emulsion corrects asthma by building healthy tissue; it soothes and heals the irritated membranes, and strengthens the lungs, throat and nerves.

Always take Scott's Emulsion for Miners' Asthma. EVERY DRUGGIST HAS IT.

Did you see a mangy little cur dog snapping at a sleeping bulldog? Mexico and Uncle Sam.

Mr. Roosevelt urges a law to save the moose from extinction. Huh! Still harping on my daughter," as the bard put it. Maybe it's remorse.—New York Evening Telegram.

Wood's Seeds

Wood's Descriptive Catalog for 1915 has been carefully prepared so as to enable our farmers and market growers to determine intelligently as to the best and most profitable crops which they can undertake to grow.

The present agricultural conditions make it very necessary to consider the question of diversified crops, and our catalog gives full information, both in regard to

Farm and Garden Seeds

that can be planted to profit and advantage.

Write for Descriptive Catalog and prices of any Grass and Clover Seeds, Seed Grain or Seed Potatoes required. Catalog mailed on request.

T. W. WOOD & SONS, Seedsmen, - Richmond, Va.

UNIVERSITY SCHOOL OF EDUCATION LETTERS SERIES NO. 11

Country-Life Clubs in Granville. The work of Miss Mary G. Shotwell, rural supervisor in Granville county, in organizing Country Life Clubs, should be known by every rural teacher in the State. A copy of the Constitution and By-laws of this organization has just been received by the UNIVERSITY NEWS LETTER. Write for a copy and read for yourself.

Says Miss Shotwell: "This bulletin is offered to the teachers in the hope that it may promote the progress and interests of the school and community. Let us do more for the country boys and girls than 'keep order' and 'recitations.'"

Objects of Organization

"Sec. 1. To arouse interest in education and to insist upon the importance of every child's being in school every day of the term.

"Sec. 2. To encourage the study of agriculture and to cultivate among the boys and girls a love for the country home.

"Sec. 3. To make the school the center of the community by furnishing wholesome and instructive amusements—to improve the physical, intellectual environments of our future citizens."

Activities

"Sec. 1. All local and county agricultural contests, such as corn and tomato-growing, cooking, sewing, poultry raising, etc., shall engage the active interest of the club.

"Sec. 2. The society shall arrange for public meetings some time during the year, which all the people of the community shall be invited."

Special Day Programs

Miss Shotwell has included in the bulletin several very valuable programs for special days, for example: Centennial of Star-Spangled Banner:

1. Occasion of writing song.
2. "Old Glory"—Origin of tune.
3. Brief account of celebration in Baltimore.

Health

1. Song—Star-Spangled Banner.
2. The house fly as a spreader of diseases.
3. Ventilation of bedroom.
4. Why we have colds.
5. The greatest source of disease in this community. (Address by a physician.)

Agricultural and Rural Life Day.

(Write U. S. Bureau of Education for Educational Bulletin No. 43 for material for program.)

- 1-1. Song—America.
2. Repeat in concert, "The Country Boys' Creed."
3. Ancient knowledge of cooking.
4. Origin of food plants.
5. Effect of invention on agriculture.

Helpful Hints

This is suggested in order to give the people of the community an opportunity of helping each other. Let each member tell some one thing that he or she can do for instance: make cake, soap, beaten biscuit, what to do with sick cattle, etc.

Travel

The aim here should be to utilize the traveling experiences of the community. If none of the children have traveled let them tell where they would like to go. By use of maps the program may be made a valuable geography lesson.

1. Song.
2. Where I spent my vacation.
3. My first visit to a great city.
4. My trip to the west.
5. An ocean voyage.

A number of other very valuable programs were outlined.

Miss Shotwell states that there are now fifteen Clubs in the county, and gives an interesting account of the work of two of them.

PO' LIL' BRACK SHEEP

(Ethel Maud Colson.)
Po' lil' brack sheep that strayed away,
Done los' in the wind an' de rain,
An' de Shepherd he say, "O hirelin,
Go fin' my sheep again."

An' de hirelin' say, "O Shepherd,
Dat sheep is brack and bad."
But de Shepherd he smile, like dat
lil' brack sheep
Wuz the onliest lamb he had

An' he say, "O hirelin', hasten,
For de win' an' de rain am co',
An' dat lil' brack sheep am lonesome
Out dere, so far 'um de fol'."
But de hirelin' frown, "O Shepher,
Dat sheep am ol' and gray!"
But de Shepherd he smile, like dat
lil' brack sheep
Wuz fair as de break ob day.

An' he say, "O hirelin', hasten,
Lo, here is de ninety an' nine,
But here away off 'um de sheep fol'
is dat lil' brack sheep of mine!"
An' de hirelin' frown, "O Shepherd,
De res' of de sheep am here!"
But de Shepherd he smile, like dat
lil' brack sheep
He hol' it mostes' dear.

An' de Shepherd go out in de darkness
Where de night was col' an' bleak,
An' dat lil' brack sheep he fin' it.
An' he lay it agains' his cheek.
An' de hirelin' frown, "O Shepherd,
Don't bring dat sheep to me!"
But de Shepherd he smile an' hol' it
close.
An' dat lil' brack sheep—wuz me!

Who would have thought, while the six-power loan controversy was raging, that the first gold to reach America since the war broke out would come from China?—Springfield Republican.

OUTLINE FOR DEBATE ON CHILD LABOR

The development of North Carolina, as well as that of any other state, depends upon the health and intelligence of its people; and the foundations of health and intelligence must be laid during childhood.

A question always worth the consideration of those interested in educating or getting educated is, how is North Carolina providing opportunity for her children to become healthy and intelligent men and women? Does she open a free way for their development, or does she stunt the growth of body and mind by allowing them to work in mills and factories?

Brought into the form of a debate query, the question is: "Resolved, That North Carolina should enact a law prohibiting all children under 14 years of age from working in a mill, factory or manufacturing plant."

Affirmative Arguments

I. Child labor results in mental and physical retardation and incomplete development, for

A. No time for play, one of the chief agents of development is given.

B. Very little, if any, time is given for school.

C. The work is frequently carried on in badly lighted unsanitary buildings.

II. Child labor defeats the very object for its employment, for

A. It tends to industrial deterioration, for in retarding the physical and mental growth of the child, it prevents him from becoming a skilled laborer.

III. Child labor is cheap labor, and cheap labor tends to poverty, for

A. The total income of a family working in an industry that regularly employs child labor is almost always less than that of a family working in an industry that employs only adults.

IV. Child labor is detrimental to society in general, for

A. It promotes crime, for working children contribute a much larger proportion of delinquents than do non-working children.

B. It embitters the spirit of the child, for as it hinders his highest development as a citizen, it fills him with hatred of those whom he considers responsible.

V. It is contended that some forms of manufacture are dependent upon child labor; but though child labor may be an economy and a convenience it cannot be a necessity to any form of legitimate manufacture.

VI. It is contended that the child of the widow or the needy child should be allowed to work; but on the contrary, such children should be given special protection so that their possibilities for future maintenance may not be limited.

Negative Arguments.

I. Society absolutely needs child labor in some forms of legitimate manufacture, for

A. Children are better fitted for some occupations than adults.

II. Many parents who are unable to work or who cannot earn enough to support their families, need the help of their children.

III. Under present educational conditions, North Carolina is better with child labor than without it, for

A. At present the compulsory school law does not apply to children between the ages of twelve and fourteen years of age, and even if it did, it would affect them only four months in the year; and the children are much better off employed in the factories than idle and out of school.

IV. The proposal law does not do more touch the edge of the child labor question, for

A. It prohibits child labor "in any mill, factory, or manufacturing plant," and thus does not extend its so-called protection over the thousands of child labor workers on the farms.

B. The number of children employed in mills, factories and manufacturing plants is small compared with those employed on farms, for out of a total of 84,279 engaged in gainful pursuits, 74,080 are engaged in agriculture.

V. Children in mill communities are much better off than those who are employed in agricultural work, for

A. North Carolina mill owners have adopted the practice of providing sanitary homes, and thus the proportion of those adversely affected through work must be small.

CHAMBERLAIN'S COUGH REMEDY—THE MOTHER'S FAVORITE.

"I give Chamberlain's Cough Remedy to my children when they have colds or coughs," writes Mrs. Verne Shaffer, Vandergrift, Pa. "It always helps them and is far superior to any other cough medicine I have used. I advise any one in need of such a medicine to give it a trial." For sale by all dealers.

'CA

STRAIGHTEN YOU UP

Tonight! Clean Your Bowels And End Headaches, Colds, Sour Stomach

Get a 10-cent box now. You men and women who can't get feeling right—who have headache, coated tongue, foul taste and foul breath, dizziness, can't sleep, are bilious, nervous and upset, bothered with a sick, gassy, disordered stomach, or have