

LETTER FROM MR. TOLBERT

Pinson, N. C., July 3, 1915.

Dear Editor:—
Please allow me space in The Courier to again say a few words in reply to the Riley's Store "dood" that has again made war upon me through the columns of the Asheboro Bulletin. I consider it a waste of time to reply to the gentleman that has been slandering me through the columns of the county papers. Although it is my duty to defend my character and I assure the gentleman from Riley's Store that I will be with him until the end.

This is the second article this third grade professor has written to the Bulletin recently basing his subject principally upon me. I have asked the writer heretofore to sign his name to his letters, but he has absolutely refused to do so. A man that has the cheek to write such slanderous letters to a newspaper and then has not the nerve to have them published his name, is of very small caliber, in my estimation, and I am quite sure every citizen of this county that has read his letters have sized him up as very cheap material.

To refuse to publish your name is one way you have of sneaking out of your ignorance. If you had any man about you, you would come out in the open, and play fair with me. One of the greatest drawbacks this county has today, is to contend with this class of people. To make this a grand old country, we need men that will meet us face to face and not be a big coward to let the people know what kind of a citizen you are. I have very lit-sympathy for a man, that hasn't enough sand in his craw to come to the front and let the people know who he is.

I hate for the good people of Randolph county to know that we have such men in New Hope township, but we may search the country over and we find men of this type in any section.

He accuses me of being the regular correspondent to the various newspapers from this office, and further says I have went so far as to say through the columns of the papers that the Republican party was made up of illiterates. I ask this "dood" to come forward and prove his statements, or please mail me a copy of the paper that contains such statements. I want to assure you that I have written but very few times to any newspaper in the last few months, and ask you again to prove the above.

If it becomes necessary I can bring you a man that has been the one, that has been writing from this office. I admit he has said some very hard things about you bush-whackers, but he has written facts and got out of it if you can.

I am sorry that the good citizens of Riley's Store have a man of such a type within her borders. I am personally acquainted with a good many of the citizens of Riley's Store, and always found them to be upright citizens, and I am surprised why these good citizens have tolerated him so long.

In your next letter please come across with your name. If you have any man about you, you will publish your name or forever keep your fly-trap to yourself. I have been informed as to who you are, and if they have informed me correct, I am surprised at you, in expressing your ignorance in a way that you have.
M. F. TOLBERT.

Beauty More Than Skin Deep.

A beautiful woman always has good digestion. If your digestion is faulty, Chamberlain's Tablets will do you good. Obtainable everywhere.

PARALLEL OF CIVIL WAR

Officers at the front in the allies' armies are not discouraged by the German offensive in the East. They say the war must be won by the killing of Germans and that the further the Germans are drawn into the Russian quagmire the more wastage for them. This period of the war the entente allies is compared with that of the North in 1863, at the time of Lee's and Jackson's success in Virginia and the Confederate advance into Pennsylvania before Gettysburg was won.

Riding about the British front an expert overseer is unable to guess how many troops the British have in France, so easy of concealment is the thickly settled country. He passes bodies of infantry changing station without being any the wiser.

Constipation Cured Overnight

A small dose of Po-Do-Lax tonight and you enjoy a full, free, easy bowel movement in the morning. No gripping, for Po-Do-Lax is Podophyllin (May Apple) with the gripe. Po-Do-Lax corrects the cause of Constipation by arousing the liver, increasing the flow of bile. Bile is Nature's antiseptic in the bowels. With proper amount of bile, digestion in bowels is perfect. No gas, no fermentation, no Constipation. Don't be sick, nervous, irritable. Get a bottle of Po-Do-Lax from your druggist now and cure your Constipation overnight.

WOULD PAY STATE'S DEBT

Samuel G. Walker, a wealthy liquor dealer of Southern West Virginia, proposes to pay the State government \$12,393,929 with 3 per cent. interest in the next ten years for the purpose of paying the Virginia debt which the Supreme Court recently declared West Virginia would have to pay. Furthermore Mr. Walker offers to lay aside \$500,000 a year for the same period to be used in permanent improvements by the State. All he asks is that he be granted the sole privilege of selling liquor in West Virginia during that time. He has a bond for \$2,000,000 to show his good faith. Mr. Walker's proposal in all probability will receive consideration, as West Virginia is seriously embarrassed financially owing to the State-wide prohibition law which wiped out a large yearly revenue. The treasury has no money to pay teachers salaries or those of government officials. The State militia may be disbanded, and the increasing deficit makes it imperative to raise money quickly. Persons interested in the liquor problem are commenting on the new issue of one-man-saloon-ownership which Mr. Walker's proposal has introduced.

NORTH CAROLINA TO BE A LIVESTOCK AND DAIRY STATE

The increasing interest in livestock and dairying is one of the finest indications of progress in North Carolina today. Look at these signs of the new day:

1. The willingness of farmers to pay higher prices to get good sires, as indicated by recent sales in this State, and by the increasing business done by leading breeders;
2. The growth of livestock and dairy associations, as illustrated by the increasing support given the State organizations, the formation of county branches, and especially the organization of neighborhood sire-owning associations;
3. Getting boys interested through pig clubs;
4. The increasing tendency to substitute brood mares for mules as work stock;
5. A recognition of the fact that cheap and abundant feed must be the basis of success, hence the increasing use of forage and grazing crops, the building of silos, and especially the planting of various new crops for making cheap pork instead of depending on high-priced corn;
6. The starting of new creameries under the direction not of fake promoters but along the safe lines mapped out by Agricultural Department experts;
7. The inauguration of numerous cream routes to serve these new creameries;
8. The revival of interest in county fairs, the exhibits of pure-bred livestock being a chief feature in nearly every case.

And all these are signs to make us rejoice. A cheese factory in Watauga is the latest enterprise. As the Winston-Salem Journal well says:

"Of old it was said that the greatest benefactor of his race was the man who could make two blades of grass grow where one blade grew before. Not long ago we changed it to apply to conditions existing right now in North Carolina, and said that the man worth while in this State is the man who makes two pigs squeal where only one pig squealed before. Or it might just as well be stated that the greatest benefactor of North Carolina right now is the man who will make two heads of cattle grow where only one head grew before."—Progressive Farmer.

TRY IT! SUBSTITUTE FOR NASTY CALOMEL

Starts Your Liver Without Making You Sick and Can Not Salivate

Every druggist in town—your druggist and everybody's druggist has noticed a great falling-off in the sale of calomel. They all give the same reason. Dodson's Liver Tone is taking its place. "Calomel is dangerous and people know it, while Dodson's Liver Tone is perfectly safe and gives better results," said a prominent local druggist. "Dodson's Liver Tone is personally guaranteed by every druggist who sells it. A large bottle costs 50 cents, and if it fails to give easy relief in every case of liver sluggishness and constipation, you have only to ask for your money back." Dodson's Liver Tone is a pleasant-tasting, purely vegetable remedy, harmless to both children and adults. Take a spoonful at night and wake up feeling fine; no biliousness, sick headache, acid stomach, or constipated bowels. It doesn't gripe or cause inconvenience all the next day like violent calomel. Take a dose of calomel today and tomorrow you will feel weak, sick and nauseated. Don't lose a day's work! Take Dodson's Liver Tone instead and feel fine, full of vigor and ambition.

STATE PUBLICITY BUREAU ORGANIZED

The North Carolina State Publicity Bureau, temporary organization of which was organized at a meeting of some 70 of the State's most progressive men June 29, is receiving the en-

HEALTH NOTES

Seventeen Thousand People Vaccinated
The first two weeks, ending July 4th, of the anti-typhoid campaign in the State show that 17,383 people were taking the treatment. Campaigns have been going on in five counties and plans are being perfected to start the campaign rolling in five other counties, beginning August 1.

Old Age Reduces Length of Life
During the nineteenth century the expectation of life rose to eight years or twice that of the two preceding years. But for some reason the rate at present seems to be at a standstill and a close study of conditions show that the degenerate diseases after middle life the nervous, heart and kidney diseases are to blame.

The last census shows that the number of people in the United States dying from diseases of the blood vessels is nearly four times as great as it was ten years ago. The fact seems to be that while we are freer from germs than our ancestors our vital organs wear out sooner. We don't know the value of personal hygiene. We don't know our bodies. We haven't yet become interested in warding off disease and living efficiently to ripe old age.

Nurses Wanted for Tubercular Patients

The State Sanatorium is having numerous calls for nurses to nurse cases of tuberculosis in various parts of the State. They are unable to supply these demands from their own nursing staff, and, therefore, have decided to establish a registry for all nurses who will nurse tuberculosis. Every nurse who is willing to do this is requested to send her name with such information as regards her graduation, experience in nursing, to the State Sanatorium, Sanatorium, N. C.

Counties Advised to Go Slow About Anti-Typhoid Campaigns

The State Board of Health wishes it understood that counties voting the expense of a campaign without first arranging with the State Board of Health is not in compliance with any proposition which the board has made and consequently any co-operation on the part of the Board with these counties must be declined at this time.

While the Board says wait, it does not say wait indefinitely—only till September 1st. After getting well under way its previous plans the board finds that it will be able to cooperate with four or five more counties about September 1st.

Vital Statistics for 1914 Just Issued

The first annual report which is for the year 1914 of the Vital Statistics Department of the State Board of Health has just been issued. The mortality statistics for the towns having a population of 5,000 or more are very interesting. For instance Fayetteville is found to have had last year the highest rate from both typhoid fever and tuberculosis and she is only fourth from the top in the number of baby deaths from diarrhoeal diseases. Her rates per 100,000 population are: Typhoid, 143; Tuberculosis, 847.7; Diarrhoeal diseases, 244.5. Goldsboro, Elizabeth City and Winston-Salem come along right behind Fayetteville. These three diseases cause a very large per cent. of all the deaths in North Carolina every year, and yet they are preventable.

Young Man Sees Need of Vaccination

"Somehow it never occurred to me to be vaccinated against typhoid until yesterday," admitted a young man seriously. He went on to say that he had had confidence in it, but that he had never thought it necessary for a strong man. A few days before he had heard that one of his friends who only a few days before, had been apparently in the best of health had been taken with typhoid fever. When he went to see this friend he was warned by him to be vaccinated at once and escape the suffering which he had. After taking his pick friend's advice, someone asked him how it was serving him and if it had made him sick. He said: "The idea of such a thing! But I might have said it made me a little sick if I hadn't seen John suffering with the real thing. But really, it is nothing to mind, and think what it prevents!"

dorsement of thinking men in every part of North Carolina. The general plan of the organization is to set on foot a campaign of publicity that will place before the people of the outside world a true representation of this State's advantages, agricultural and industrial, to the settler and investor.

The officers elected to serve until the first annual meeting in October are: Henry A. Page, Aberdeen, president; E. C. Branson, Chapel Hill, A. E. Tate, High Point, F. R. Hewitt, Asheville, Clarence Poe, Raleigh, A. W. McLean, Lumberton, and O. L. Joyner, Greenville, vice presidents; Alf A. Thompson, Raleigh, treasurer; and J. C. Forrester, Greensboro, secretary.

FARMERS' COLUMN

An article in the High Point Enterprise of last week says: "The cost of living is higher than ever before, government statistics show, and it is increasing." Some estimates were given as to the increase in the cost of filling the market basket since 1907. There is no necessity for this being the case next year. We can raise practically anything in this section of the State. There is money in trucking. Let's put in fall and winter vegetables. It is still not too late for carrots, parsnips and salsify. If you don't like carrots, your horse will, and they make smooth sleek hair.

WINTER VEGETABLES

This is the month to plant your winter vegetables. About the middle of July, beets should be sown for a late crop. If you want large heads of collards, now is the time to get them started. August is too late for large heads to mature. It is not so easy to raise cabbage in hot weather as the larger seeds, such as beets, corn or melons. It has been found in this connection to prepare the soil several weeks in advance of planting time pays. And then harrow it over after each rain to kill the grass seeds and retain the moisture. Early varieties of cabbage, such as "Early Flat Dutch" and "Early Summer", may be sown with good chance during this month.

Now is a good time to sow turnips for salad, and nothing is healthier than turnip salad, but it is yet too warm for them to make good roots.

Repeated plantings of snap beans should be continued every two weeks.

And have you put in your carrots, parsnips and salsify yet? These vegetables may be prepared in so many different ways that are nourishing, boiled, creamed, in soup, salads, etc. And if you don't care for carrots yourself, feed some to your horse and note the improvement in his hair.

Now is the time to plant Irish potatoes for late crop. This is one of the most profitable vegetable crops to grow in the fall if handled properly.

Either the Lookout Mountain or the Green Mountain is the best variety of potatoes to plant for a late crop, but if you wish you can plant other varieties, such as the Bliss Triumph, or the Irish Cobbler, using seed carried over in cold storage.

Benefitted by Chamberlain's Liniment

"Last winter I used Chamberlain's Liniment for rheumatic pains, stiffness and soreness of the knees, and can conscientiously say that I never used anything that did me so much good."—Edward Craft, Elba, N. Y. Obtainable everywhere.

A WIDER MARKET FOR BERRY GROWERS

Washington, D. C., July 10—If raspberries were carefully handled they could be satisfactorily shipped much farther than the distance which is now regarded as the limit for successful marketing, according to recent investigation of the United States Department of Agriculture. In the important raspberry districts in the Puget Sound country 2,000 miles has hitherto been regarded as the most distant market to which berries could be shipped. In practice this means that fresh Washington raspberries do not come farther east than Minneapolis and that the surplus, if utilized at all, must be canned. Government experiments, the results of which are published in Bulletin 274 indicate that with more careful methods of handling and shipping the Washington crop of fresh berries could be sold over a wider range of territory.

Carefully handled berries keep much better than commercially handled. The difference between the commercially handled and the carefully handled consists chiefly in extra care in picking and the scrupulous exclusion any soft, overripe berries. The most common injuries to berries are due to their being broken and bruised while being removed from bushes, or being mashed in the hand while picking.

COMMUNITY BUILDING IN STANLY COUNTY

On Wednesday of last week, the Stanly county community building was dedicated—the first building in the State erected for the purpose of supplying a place of comfort and pleasure of the people of a whole county. It is situated in the business section of Albemarle where it will be of most convenience to out-of-town shoppers. On the first floor is a rest room furnished with tables, wall benches and rockers, private rooms with seats, cribs, dressers and lounges. On the second floor is a large assembly hall and committee room. This hall is intended principally for the use of the woman's clubs of the county, girl's tomato clubs and similar organizations. This is a building of which Stanly county may justly feel proud.

NORTH CAROLINA OFFERS MORE ADVANTAGES

COL. FRED A. OLDS WRITES IN MANUFACTURERS' RECORD OF SOME OF THE MULTITUDINOUS ADVANTAGES AND OPPORTUNITIES TO BE FOUND IN THIS STATE

In the July issue of the Manufacturers' Record, published in Baltimore, Col. Fred A. Olds, of Raleigh, writes of the movement begun in North Carolina for the purpose of exploiting to the world at large the great undeveloped opportunities offered by this State to both capital and labor. We quote a part of it:

"Long before the war between the States there were great movements of North Carolinians to States farther South, then across the Mississippi into Texas and the west and northwest. Probably more than half a million people left North Carolina between 1781 and 1861. The movement was resumed as soon as the war ended, and it is estimated that at least a quarter of a million able-bodied men left the State between 1865 and 1900, for not until the latter year was the movement checked. Now more are coming into the State than are going out; many who went far afield have returned, and others are moving in because of the many advantages the State is found to possess.

"Not until now has there been an organized movement for the systematic exploitation of North Carolina. A new leaf has been turned and people from every part of the State are behind the plan to lay the foundation for a most comprehensive home development campaign. It is proposed that the world shall know of the richness of North Carolina's resources in lands, minerals, timber and seacoast; of her agricultural, horticultural and industrial opportunities; of her varied attractions of climate and of the high standard of living to which the people have attained.

"And what an appeal the old North States makes! In no State in the Union is there so wide a diversification of crops as in North Carolina. Between the truck farms of the east and the apple orchards of the west there are lands adapted to crops of every clime. Whatever a man prefers to raise he will find soil and climate to meet his desires. From the sub-tropical lower coast to the exalted heights of the mountains on the west, the climate ranges from that of North Florida to that of Maine, and here can be raised all the products of the country that lies between Florida and Maine.

"According to the altitude and the soil, there may be raised berries, truck apples, cherries and other fruit; cotton, flax, millet, alfalfa, corn, wheat, oats, rye, barley, buckwheat, tobacco,

peanuts, sweet potatoes, Irish potatoes and scores of other crops. Live stock thrives in every part and especially in the Piedmont section and on the table lands.

More than three-fifths of North Carolina may be termed two-crop territory. Here the open winters permit of out-door work throughout a large portion of the entire year. With two crops a year, the product per acre can be made to much more than double that in less favored sections.

"North Carolina is a well-ordered State, and it is pushing vigorously for the improvement of physical, mental and moral conditions by building more than one public school house every day in the year; by constructing public roads of the best type and by looking broadly after the public health. Its technical training for the factory of every sort, public engineering and agriculture, is among the best in the country; its industries have been pushed to such an extent that it has more textile mills than any other State in the union and ranks next to Massachusetts in total production.

"In the matter of good roads it will be found that 60 of the 100 counties spent somewhat over \$5,000,000 of which nearly half was from bond issues and a little less than a third from special taxes. The total value of convict labor, which is so largely used in road construction, was \$360,000, and that of free labor \$800,000.

"The public school fund this year is \$7,000,000, showing an increase of more than \$3,000,000 as compared with two years ago, and during the past two years 810 new rural school houses have been built according to modern designs. The value of public school property is \$10,000,000 of which nearly three-fifths is of rural schools. There are 212 high schools and there are great training colleges for women maintained by the State, and for men the University of North Carolina and Agricultural and Mechanical Colleges, which afford training for the industries of the factory and the farm.

"The railways are playing a large part in the development of North Carolina, and they are being pushed into undeveloped regions now. In a few months two important roads both State aided and built by the State convicts, will climb over the Blue Ridge, and into some of the finest fruit and cattle country, not to speak of grain, there is in all the United States."

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Standard Drug Co.

CAMPAIGN FOR RELIGIOUS DIRECTOR IN GUILFORD

The campaign for a director of religious education in Guilford has reached a very interesting stage. Already the plan has been presented at more than a dozen places and has met a hearty response on the part of the people. Mr. E. J. Coletrane, formerly of Asheboro, is taking a prominent

part in the campaign.
Dr. W. F. Hargrove, of Kinston, who is traveling in the West, writes back that he has discovered a giant tree in the Yosemite National Park, California, named North Carolina. The park is filled with big redwoods, all of them more than 25 feet in circumference are named at the base.