

The Courier

PUBLISHED EVERY THURSDAY
WM. C. HAMMER, EDITOR

Asheboro, N. C., September 16, 1915.

If your farm demonstrator has not shown you how to sow an acre of grass write for him at once to come and show you how to prepare your land.

If your farm demonstrator has not shown you how to terrace your land, after he shows you how it will be easy. He can show you how to make a level you can secure the terraces yourself.

Never have there been finer crops of grass, and it is important that it be mown and sowed for hay. In the stubble fields everywhere are large crops of grass and bitter weeds all of which will make the best of rough feed for horses and cattle this winter.

Montgomery county has adopted a new method of building bridges. The county will furnish a certain number of steel beams and the oak flooring for each bridge.

The community or road trustees are to build the bridges. Stone piers are to be erected, the beams laid on and then the floor with railing. Bridges built in this way will be cheap and very strong and permanent.

In this issue of The Courier we publish statistics showing the result of a decade of education work in North Carolina, by A. S. Brower, Statistical Secretary, State Board of Education. Mr. Brower is a son of Mr. and Mrs. R. A. Brower, formerly of this county, but now of Concord, Cabarrus county, and is a grandson of the late Alfred Brower, of Brower's Mills, who for many years represented Randolph in the General Assembly.

The commerce of the United States is practically destroyed with European countries. To illustrate our total imports from Germany in June last amounted to but \$1,827,880, as compared with almost \$15,000,000 in June, 1914. Our exports to Germany in June last shrunk to the absurdly negligible amount of \$1,767, as compared with \$16,678,846 the June previous. Even from Mr. Roosevelt's point of view a commercial embargo could scarcely impress Germany as a severe form of reprisal.

No industry is so important as agriculture. In fact no other industry in North Carolina is half so important. The effort to systematically advertise the vast possibilities, agriculturally and otherwise, of the State, is most commendable. The newspapers, some more than others, have been doing much in urging the farmers not only to farm better, but to raise more cattle, sheep, hogs, horses and mules. This State is so well adapted to farming and stock raising that it is a grave mistake not to raise all our grain, cattle, hogs, and stock. We should let our wonderful advantage in producing grain, forage and grazing be known so that farmers and stock raisers from other States will locate here.

Mr. J. M. Luther of Union township, this county, in a conversation with a representative of The Courier a few days ago that there were ten colts raised in this county now to one twenty years ago. This statement we did not accept at the time as true, but upon investigation we believe the statement is correct. Farmers see the necessity for raising more horses and mules. The European war has created an unprecedented demand for horses and mules and prices are steadily rising in value. More attention will be given to raising colts in the future than in the past. It is not necessary to have a stock farm to raise colts. Every farmer should have one or more brood mares and raise colts every year. There is mule in it, and they can be raised and cared for on every farm.

A HEALTH OFFICER NECESSARY

Every one admits the great value of a county farm demonstrator who teaches farming by showing how.

We see the benefit resulting by improved farming on every hand. Two blades of grass are made to grow where one grew before. More grain is grown, more live stock are raised and country life is improving in every neighborhood.

Yet the preservation of the health and lives of the people is of much more importance than improved methods of farming.

Twelve counties in North Carolina have whole-time health officers, placing North Carolina at the head of all the States in this regard. Other counties have half-time health officers who are doing much for the public health and welfare.

With the advantage of free public

school and an even increasing interest in public education, there is neglect of proper observation of the laws of health and sanitation.

Proper knowledge and information would prevent the spread to a great extent.

In some places the simplest rules of sanitation are not observed. Lack of attention and treatment is endangering the health of many.

Preservation of the inception and spread of malignant diseases by proper care and observance of the laws of health is one of our greatest needs.

The Courier would be glad to have a short article for publication on this and other important matters of concern to our people.

MR. PLUMMER TO BE WASHINGTON CORRESPONDENT OF THE COURIER

Mr. Nixon Plummer, a Greensboro newspaper man goes to Washington as correspondent of a number of newspapers, among them being The Courier.

Mr. Plummer will write a special letter to The Courier each week. His letters will not be copies of bulletin boards, nor will they contain the usual gush and slush and fulsome praise of mediocre politicians and so called statesmen who make it a point to get into print in one way or another, and forever and eternally building fences to stay in or get in.

Mr. Plummer has served far beyond his apprenticeship. The Greensboro Daily Record aptly says, and has made a reputation for honesty in his work and for idealism in the profession.

Mr. Plummer was born and reared in Randolph and most of his young manhood was spent in Asheboro where he obtained his early education. His father was Mr. W. A. Plummer, who was for some years superintendent of the Asheboro Furniture Company. Mr. W. F. Plummer who used to clerk for Mr. W. J. Scarborough, now a Salisbury banker, is a brother of the young newspaper man.

SEND THE CHILDREN TO SCHOOL

The time is at hand for the beginning of the schools and every effort should be made to place every child possible in school and keep them there every day during the term.

Our public school terms are short and the equipment in buildings, apparatus and teachers inadequate for the needs of the pupils. This makes it imperative that we make use of the facilities with a view of giving the children the best possible advantages for an education.

It has been wisely suggested that it would be well to call meetings so that plans may be made to get as much benefit as possible from every school.

Not only should the building and grounds be devoted to the training of the pupils, but something should be done to entertain, instruct and enlighten the adults of the community. Meetings should be held and the people given a chance to understand each other: educational, social and moral programs could be rendered and the people inspired and entertained. These meetings would benefit the school as well as the people of the community. In this way the influence of the school will help build the community as it trains the young people and serves adults of the neighborhood.

ROADS NEEDED

A gentleman who lives much over the county suggests the building of two important improved roads. One leading off to the left from the Franklinville road at the Simmons place four miles from Asheboro and running by Free's school house and through Cedar Falls and on to Gray's Chapel and thence to Linberry station and by Red Cross to the county line at Julian, and connecting at Julian with the new road from Greensboro via Liberty, Staley to the road at Brown's Cross Roads from Asheboro via through Franklinville and Ramseur to the Chatham line.

This proposed road would not have more than four per cent. grade anywhere except at Cedar Falls, and that can be made four per cent. grade by going around the hill.

Little grading would be necessary except to round up the old road, and the surfacing material is at hand. No road in the county can be built at so small a cost.

Another road needed is a good hard surfaced road from the Moore county line one mile below Brower's Mills to Asheboro via Erect and direct to Asheboro by way of Flower Hill and J. M. Allen's and A. C. Cox's and thence to Asheboro either the old Cox road or by the Col. Jesse D. Cox place, now owned by K. L. Wittingham and up Richland Creek to the Wm. Henly place and thence to the county seat. This road would cost more than the Cedar Falls-Gray's Chapel road. The present road could not be followed

where the large hills are, but good location with light grades could be obtained at reasonable expense.

This road would afford an opportunity for many large farmers to market their crops.

A sufficient amount of money can no doubt be raised by the citizens living along these two proposed roads to supplement an amount appropriated by the county to complete these two important highways.

THOUGHTLESS REPUBLICANS

The Wilmington Star calls attention to how thoughtless Republicans were when in power as compared with their wonderful capacity to think since they were relegated to back seats.

The Star says that it is strange how many things thoughtless Republicans did not think about and do when they were in power and had a chance to think. When they were in power they made washerwomen of our noble tars and humiliated the men on our warships by making them go to the wash-tub and do their own laundry work. They asked us to respect the uniform of our boys who were serving in the army and the navy, but they did not have to ask us to do it. We think the uniform is a badge of honor, with us, in this case, the clothes proclaim the man.

However, the Republicans never thought of installing laundries on our warships so they could do in a hurry and it much less cost what the men on the ships had to do for themselves. Republicans neglected a duty and had no idea of efficiency. They have let Secretary Daniels put it all over them. The Democratic Secretary has decided that the bluejackets can be employed to greater advantage than to be required to do drudgery and mess around like a lot of women. He is going to have laundries installed on the battleships and other vessels of the navy.

This will be the blow that will almost kill the lantern-jawed libellants who have been putting mouth on Secretary Daniels and putting dirt on him in print. They will have to crawl down and ask to be kicked.

EAT CORN BREAD AND GRAHAM BREAD

Most people eat too much, and especially too much meat. No wonder meats are high, for they constitute the principal article of diet especially at the hotels and eating houses everywhere you go.

Few vegetables are served and when served, it is so sparingly that they amount to little in the make up of the meal.

We heard little when we were children of graham bread for the reason that the flour in those days was ground in buhr mills and was more wholesome than the white flour we have in these "degenerate" days. And again most families had corn bread twice a day, and some of them in the days that followed the Civil War at corn bread three times daily, sometimes having biscuit for breakfast.

The salt rising "loaf bread" in those days was a rarity, and the corn-pone when cooked in the old way in an oven by the fire place was superior bread, but nothing was better than corn bread baked in the skillet or oven, cooked crisp and brown, with prints of the fingers on it; and crackling bread cooked in this way was par excellence, to use an expression of the day, aptly expressing its superiority.

Corn bread has not been so popular of late years, because it has been claimed that it produced pellagra, but that theory has been exploded for now it is pretty generally conceded that the eating of corn bread has nothing to do with producing pellagra. Some of the best medical authorities claim that pellagra is due to the bite of bed bugs. Others claim that lack of nutritious diet is the cause, but no one now claims that hot biscuit made from white flour is a popular diet for any one to eat.

When wheat bread is eaten it should be made from graham flour, otherwise whole wheat flour. Another article some other time will be written for this paper giving reasons for the use of corn bread.

From time to time The Courier will publish simple household recipes for preparing simple plain foods. These recipes will be gathered from the best obtainable sources for the benefit of housewives.

The series of services will begin at the Baptist church Sunday 21. The public is cordially invited. Rev. L. R. Priette, of Charlotte will do the preaching. Come one, come all.

Yours to serve,
R. E. POWELL, Pastor.

I will open a Meat Market on Main Street at the Winslow Market Place, Saturday, September 18th and would appreciate your trade.
SAM PHILLIPS.

THE DEATH ROLL

Death of Little Fred Lackey
Last Wednesday, the little son of Mr. and Mrs. Dolph Lackey, of Staley, unfortunately fell into a bucket of boiling water and was burned so seriously that he died Thursday.

ISAAC E. SHEFFIELD DEAD

Mr. Isaac E. Sheffield, of near Spies, Moore county, died Sunday the 12th inst. and was buried at his home place on Sunday afternoon.

The funeral services were conducted by Rev. Midget, of Hemp, pastor of Elise circuit, M. E. church.

Mr. Sheffield was never married. His age was 79 years. He learned early in life how to make money and save it. His estate is estimated to be worth thirty thousand dollars. He was a miller, having owned and operated four grist mills. He also owned much land was a successful farmer. As age advanced he sold three of his mills and with other accumulations invested largely in interest bearing bonds. It is believed he was a large depositor in a Greensboro bank. For many years he has lived by himself, prepared his own meals and felt perfectly at home, not caring for any of the luxuries of the day. He preferred friends call to see him and showed his hospitality to them in his simple life. No will has been found. He is survived by three brothers and two sisters: Mr. H. C. Sheffield, of Spies, Mr. Elijah Sheffield, of Eagle Springs, and Mr. Nathan Sheffield, of near Randleman. Mrs. Jane Brewer and Sarah Sheffield, of Spies, all of whom were present at the funeral.

TRINITY MAN AT CITY POINT, VA

Mr. George F. Foutz, of Trinity, who went to City Point, Va., several months ago to work as a carpenter, is not much pleased with the "Point" and is to return home in the next few days. Mr. Foutz, who is a well known young man, member of the Trinity Council of the Junior Order and an experienced carpenter, writes to a friend in Trinity as follows:

"I got \$5.00 a day for my work at the DuPont docks and the money would look good and big in Trinity, but it is not enough to pay a man to live in the bad place when he could be in Trinity. There are about 25,000 men at work here, all making the explosive known as gun powder, and it is said that one bale of cotton a minute is used, which would just about use up in a year all the cotton raised in North Carolina. It might be all right except that the evil influences are enough to drown out everything else, saloon and all kinds of dens of vice thick as they can stand, and every known influence of evil to drag men down to hell. It is no decent place for any man who thinks anything of himself and of his family, and any other Randolph citizens who are thinking of coming here, had better get the notion out of their heads."

TO WORK ROADS

The roads of Randolph should be placed in tip top condition. A call should be issued for all able bodied citizens to get to work the roads for two days this fall.

These two days should be devoted to working the public highways in the county and in placing them in better condition.

NOTICE OF LAND SALE UNDER MORTGAGE

By virtue of the powers vested in the undersigned by that certain mortgage deed made by G. L. Briles and wife to W. J. Miller recorded in Book No. 141 page 40 in the office of Register of Deeds of Randolph county to secure the payment of \$715.00 with interest from May 3, 1910, due May 3, 1911, I will sell at public auction for cash at the court house door in Asheboro, N. C., on

SATURDAY, 16TH OF OCTOBER, 1915, at 12 o'clock, M. the following lands, situate in New Hope township, Randolph county, North Carolina, bounded as follows, to-wit: Beginning at a post oak, Geo. Harrison's S. W. corner, thence E. crossing Silver Creek 11 chains to N. B. Hill's pine corner, thence south 40 chains to a black oak, thence W. 17 chains and 50 links to a pine stump, thence N. 6 chains and 50 links to a pine stump on N. side of Silver Creek, N. B. Hill's corner, thence N. 12 degrees W. 15 chains to N. B. Hill's pine corner; thence N. 78 degrees W. on said Hill's line about 15 chains to a stone on E. side of road leading from old Uwharrie church to Geo. Harrison's; thence the various courses of said road to the beginning, containing about 75 acres, more or less.

This sale is made under the power contained in said mortgage deed authorizing said lands to be sold in the event of default being made in the payment of the debt secured by said mortgage deed and said default having been made, this sale is accordingly made under said power.

This September 13, 1915.
W. J. MILLER, Mortgagee, by Wm. C. Hammer, Administrator W. J. Miller, deceased.

LIST OF CONTESTANTS

Continued from first page.

List of Contestants, District No. 1

District No. 1 comprises all the territory west of the Norfolk-Southern, and Southern railroads, including all of Asheboro.

Asheboro.	
Mrs. J. Bart Robbins	64,300
Miss Clarice Pressnell	17,200
Miss Nancy White	6,300
Miss Ulnah Rush	6,000
Miss Ivey Miller	5,200
Asheboro Route 2	
R. J. Pierce	61,200
Randleman	
Miss Nina Ingle	9,000
Trinity	
Miss Maude Phillips	58,800
Miss Daisy Jordan	25,000
Caraway Route 2	
Mrs. Clarence C. Ridge	26,000
Seagrave Route 2	
Miss Ethel King	9,100
Mechanic	
Miss Ina Ellington	8,200
Trinity Route 1	
Miss Letha Royals	60,500
Salem Church	
Mrs. Lee Kearns	50,000
Martha	
Miss Ella Morris	9,300
Mr. J. P. Tucker	8,200
Eleanzer	
Mrs. G. E. Carter	11,200
New Hope Academy	
Mrs. Jesse Luther	8,500
Miss Lydia Lassiter	11,600
Fullers	
Miss Pearl Snyder	13,200
Jackson's Creek	
Miss Bessie Cody	7,200
Pipe	
Miss Jennie Lassiter	10,000
Glenola	
Mr. J. M. Richardson	10,500
Pinson	
Miss Nannie Davis	18,900
Randleman Route 3	
Miss Angie Spencer	16,200
District No. 2	
District No. 2 comprises all of Randolph county east of the Norfolk-Southern, and Southern railroads with the exception of Asheboro.	
Randleman	
Miss Hannah Johnson	63,800
Ramseur	
Miss Elise Grimes	62,100
Kanoy	
Miss Rosa Owen	56,000
Seagrave Route 1	
Miss Hester Stuart	54,600
Franklinville	
Mr. H. B. Buie	55,100
Erect	
Miss Alma Leach	51,300
Climax Route 1	
Mr. Boyd Barker	48,600
Liberty	
Miss Elva Moore	9,300
Miss Irene Patterson	6,000
Liberty Route 1	
Miss Minnie York	15,600
Staley	
Mr. W. L. Scowen	21,500
Seagrave	
Miss Bertha M. Luck	12,000
Worthville	
Miss Ollie Hinshaw	6,000
Miss Jennie Winslow	6,500
Cedar Falls	
Miss Eunice Wrenn	18,800
Asheboro Route 1	
Miss Essie Cox	26,000
Miss Sadie Brown	9,000
Randleman Route 1	
Miss Claudin Frazier	15,200
Staley Route 1	
Miss Hattie McMasters	15,600
Miss Lura Teague	9,500
Coles Store	
Miss Sue Lambert	22,900
High Point Route 3	
Miss Lola Shelly	21,000
Climax	
Miss Winnie Julian	9,100
Miss Sarah Wood	15,000
Brown	
Miss Grace Brown	21,300
Kemps Mills	
Miss Fieta Brown	13,000
Miss Ellen Smith	15,100
Julian	
Miss Hester Patterson	19,600
Randleman Route 2	
Mrs. A. Lamonds	7,000
District No. 3	
District No. 3 comprises all the territory outside of Randolph county.	
High Point	
Mrs. W. H. Dowdy	70,100
Miss Della Alfred	16,500
Miss Carrie Lowe	14,100
Mr. Jerry Thurber	4,500
Denton	
Mr. Joe Beaz	22,500
Siler City	
Miss Hazel McAdams	24,800
Mt. Gilead	
Mr. J. A. Lisk	22,800
Thomasville	
Mr. W. F. Kirkman	6,000
Abner	
Miss Louella Cox	21,600
Nerman	
Miss Docia Stout	20,000
Capeleo	
Miss Mabel Chisholm	21,200
Ether	
Mrs. Eli Freeman	8,500
Spies	
Miss Nora Baldwin	23,900
Biscoe	
Miss Nannie Asben	10,000

BUSINESS BUILDERS

1 lb. boxes whole Brazil nuts dipped in cream 80 cents value, special price 50 cents. Standard Drug Co.

No matter what magazine you read we have it—call and see—Standard Drug Co.

Box Letter Files for offices 25 cents Standard Drug Co.

If you want a pair of odd pants see the Wood Cash Clothing Co.

FOR SALE—One horse, one one horse wagon and harness. All in good shape. See C. W. STEED, Asheboro, N. C.

FOR SALE—Two-story brick store building and complete bottling plant. Apply to W. D. SPOON, Asheboro, N. C.

Raincoats! Raincoats! A big lot of Raincoats just received \$5.00 values going while they last at \$3.85. Wood Cash Clothing Co.

Symphony Lawn Stationery finest quality boxes and pound packages with envelopes to match, white and blue—Standard Drug Co.

LOST—Between Greensboro and Farmer Automobile Number and tail light, Number 7555. If found return S. W. KEARNS, Farmer, N. C. It

FOR SALE AT A BARGAIN—Saxon Roadster, 1914 model, in good condition. Can be seen at J. S. Ridge's store, or write J. S. White, Asheboro, N. C.

FOR SALE—In Tabernacle township, a small farm consisting of 30 to 40 acres, one mile west of Caraway bridge on gravel road known as the Geo. Goin's place, fairly good buildings, good orchard, handy to church and school. Will sell on terms to suit the purchaser, for further information apply to E. M. KEARNS, 31, Asheboro, N. C., R. 2.

Full line of shirts latest patterns just arrived. 50c to \$1.50. Wood Cash Clothing Store.

You will find the shirt you want at Wood Cash Clothing Store.

Whether you are large or small, lean or fat you can get a fit at the Wood Cash Clothing Store.

NOTICE

J. B. Slack has this day entered 3 acres of land, more or less, in Richland township, adjoining the lands of Henry Yow, Carson McNeill, W. L. Stutte, Harper heirs and others, in the shape of a right angle triangle, South of the barrel shop place and east of Railroad depot and west of D. A. Cornelison's store and house at Seagrave, N. C.; also strip of land adjoining the aforesaid, and east of the northern portion of aforesaid tract and lying between Henry Yow's and W. L. Stutte's line, extending to the old Plank Road, there being excepted from this entry the lands of D. A. Cornelison and Frank Auman. September 6, 1915.

GEORGE T. MURDOCK, Entry Taker, Randolph County, N. C.

INSPIRATION IN MUSIC

Real music comes from an inspiration but musical inspiration can hardly come from an inferior piano. Discriminating buyers prefer to buy pianos that are artistically made. It is this capacity in the York Piano to interpret the mind of the genius in music that has made the York Piano famous. Come to the factory demonstration and see these masterpieces of the piano craft at the warehouses of A. N. and E. M. CULLOM, Asheboro, N. C.

Constipation Cured Overnight

A small dose of Po-Do-Lax tonight and you enjoy a full, free, easy bowel movement in the morning. No griping, for Po-Do-Lax is Podophyllin (May Apple) with the gripe. Po-Do-Lax corrects the cause of Constipation by arousing the liver, increasing the flow of bile. Bile is Nature's antiseptic in the bowels. With proper amount of bile, digestion in bowels is perfect. No gas, no fermentation, no Constipation. Don't be sick, nervous, irritable. Get a bottle of Po-Do-Lax from your druggist now and cure your Constipation overnight.

Miss Ethel Monroe 6,000

Biscoe Route 1 10,500

Miss Lillie Maness 16,000

Miss Annie Stutta 18,100

Miss Emily Dowd

Candor 12,000

Mrs. Emma McCaskell 4,500

Miss Myrtle Scawell 15,000

Mr. E. B. Cole 6,400

Mr. Coy Bell 6,400

Miss Ulnah Glasgow 20,800

Pleasant Garden 6,500

Mrs. A. M. Feuzias 6,500