



The tablet form of this old reliable remedy makes it possible for you to check any illness at the very onset. It is a safeguard against coughs, colds and other catarrhal conditions, no matter what symptoms are manifest. Catarrh is an inflammation of the mucous membrane that lines the breathing apparatus and the digestive apparatus. PERUNA relieves catarrh. In tablet form it is

EVER-READY-TO-TAKE

Its prompt action makes it invaluable for men and women exposed to sudden changes in the weather or compelled to be out in slush and rain.

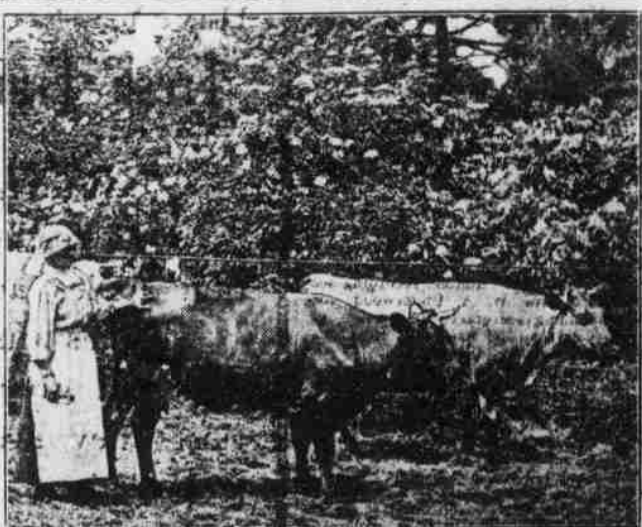
It will also be found most satisfactory as a tonic following an attack of illness.

CARRY A BOX

wherever you go. Travelers and others compelled to take long drives in the cold and anyone whose occupation subjects him to the danger of sudden colds may use it as a preventive with the assurance that the tablets made are from the same formula as the liquid medicine with its 44 years of success under the American Public.

The Peruna Company, Columbus, Ohio

FOOD FOR FAMILY COW DURING WINTER



Well-Fed Dairy Cow Gives Owner Good Profits.

By R. G. WEATHERSTONE.

To lay in a supply of winter food for the family, and neglect to cater to the family cow is an oversight which retards upon the owner straight way with unerring accuracy. For the milk cow measures to her owner in proportion as he meters out to her the materials from which she is to sustain her own strength and vitality and produce a good flow of milk.

The demands of her body for greater warmth during the winter months make it necessary that she be in first-class condition—fat and sleek.

An abundance of food which not only aids in maintaining her bodily warmth, but is of a nature to whet the appetite to its keenest is essential to keep the milk flow at its best.

Like other domestic animals, cattle enjoy variety. The available food should consist of a well-balanced ration of hay, corn, clover, timothy hay, oat hay, cornstarch, cowpeas, bean, a quantity of undried, unmarketable apples, potatoes, squashes, beets and carrots are a delight to the healthy cow.

Where one has not the facilities for supplying such a variety of vegetables and fruits mentioned above are a most excellent substitute.

Turnips, cabbage and strong flavored vegetables are also relished by the family cow and are very wholesome, but as they give an unpleasant flavor to the milk, cannot be admitted to her diet.

Decayed or moldy fruit or vegetables should, needless to state, be rejected. The seeds should be removed from squashes and pumpkins, as they tend to diminish the flow of milk.

It is a fact that the food be wholesome and nutritious it must be stored under approved conditions.

Peas hay, well cured, keeps in a snowdrift. Stalks are usually ricked out of doors. This is satisfactory if they are thoroughly dry when ricked and so tightly packed that those underneath are thoroughly protected by the sloping outside layers.

The carbon in the food we give to the carbon-burnt in the furnace or grate for the supply of heat. In both cases there is combustion, although it takes a different form.

A venture to believe that if such precautions were systematically adopted the milk supply would not fall off as it does and that these would be responsible for the burning disease.

In the first place, food may be warmed with advantage. The hay should be of the best and the sweetest food stopped never given under such conditions in large quantities quite cold, but allowed to heat in the

heap in which the rations are mixed together.

It should not be forgotten that a large quantity of water or cold mangels or cabbage means the loss of a certain proportion of the food supplied which is essentially used in the heating of these materials.

That such a saving would be effected during cold weather there cannot be the shadow of a doubt. It is for this reason that some farmers provide a mixing floor of concrete on which chaff, pulped roots, meal, grains, cotton cakes and the like are piled, mixed together and allowed to remain for 24 hours to ferment.

Fermentation makes heating and in this way the food is not only warmed and made certainly more tasty to the cattle, but positively more economical.

Now the question arises, what food may be employed at such times? It appears to me that judicious innovations may be made under special circumstances.

There may, for instance, be an addition of linsed cake, which is especially useful to stock on account of its richness in oil, or of the best form of cotton cake, for the same reason.

The best hay should be used in preference to that which is second rate, for while bulky food is essential, it is well that the food given as a rule of stress should be of the richest, affording more nutriment and consequently supplying greater heat to the body.

If succulent food is given it had better be supplied in a way suggested through the process of fermentation.

PRICKLY PEAR AS COW FEED

Announced by United States Department of Agriculture as "Fine for the Dairy Animals."

The prickly pear of Texas is announced by the United States department of agriculture to be fine food for dairy cows.

From 60 to 100 pounds of slabs, 30 pounds of sorghum hay and one pound of cottonseed meal is said to be a maintenance ration for a dry cow, but less of the pear and more hay is better.

This is about the same as spine-leaf cactus, except for the thorns which have to be burned off.

The recommendations would apply even more to the spineless cactus, which is more highly developed and also has no thorns of any kind.

To Prevent Burnings

See that horses, sometimes on the screens, are placed on the south side of apple, hawthorn, mountain ash, etc., to prevent burnings during the winter.

SCHEMERS OF THESE SWAMPY AREAS

Age of these areas will be discussed at the convention. Prices are being offered by the Association at this point.

Best report of benefits actually received through the drainage, and to a member of the boys agricultural club for the most approved plan for the under drainage of a field or a portion of a field.

The delegates to the convention will have the privilege of inspecting the plant of the Pomona Terra Cotta Company where the drain is being manufactured.

JAS. H. HYDE PRATT, Sec. N. C. Drainage Association.

Bad Colds From Little Sneezes Great

Many colds that hang on all winter start with a sneeze, a sniff, a sore throat, a tickle, or a cough. Know the symptoms of colds, and you know prompt treatment will break them up.

Dr. King's New Discovery, with its soothing, antiseptic balsams, has been breaking up colds and healing coughs of young and old for years.

Dr. King's New Discovery, look for the blue cross on the wrapper, and the name of Dr. J. C. King, Jr., on the wrapper.

Problems connected with the drainage of swampy areas will be discussed at the convention. Prices are being offered by the Association at this point.

Bargains In Winter Clothing.



We have a few tailored suits for men left that we are selling at greatly reduced prices. Do not fail to call and see us when in town, we will save you money on anything in our line. We are receiving every few days special bargains in men's and boy's clothing.

We also have some special bargains in overcoats that we will be glad to furnish you while they last. Do not forget our famous brand of Autocrat pants for men and young men. We have just received an elegant assortment both in price and style.

We have an elegant assortment of men's and boy's caps which we are selling at greatly reduced prices while they last. We have one lot of caps formerly sold for \$1.00 that we are closing out at 75cts. We also have one lot that we formerly sold at 75cts. now 50cts. Do not fail to see us when in need of a cap.

Just received a big line of neckwear, all colors and styles. Make our store headquarters when in Asheboro.

The Wood Cash Clothing Company.

Robinson Pledges Service to District

Hon. L. D. Robinson, new Congressman from this the Seventh Congressional district, has sent the following letter to his friends in Randolph County:

To the Voters of Randolph County:

It would be impracticable for me to write each of the voters of Randolph County who were kind enough to support me in my candidacy for Congress from the Seventh Congressional District.

On the 7th of November, 1916, and I take this method of thanking each and every one of my friends for the loyal support which they gave me in said election.

No candidate for office ever received more appreciation than I have ordered me in the district. I desire to state to each and every one of my supporters that if I can serve them in any way I want them to call upon me. In matters political, I, of course, will act with my party, but in matters non-political, I will be the representative of the entire people of the district, regardless of party, and I want my friends of opposite political faith from myself to feel that I am their representative and want them to call upon me at any time.

Again thanking my supporters for the handsome vote which I received in the late election and assuring them of my appreciation,

Yours very truly,
L. D. ROBINSON

The Story of Pimples

The story of pimples and how not to have them is a short one to relate, but to put into practice and accomplish results is quite another story. It is difficult, first, because people do not have pimples and get rid of them without paying the price of removing the cause. They want to get something for nothing and would rather spend sums of money to have them removed with nasty medicine if it were possible rather than go about it in the only natural and possible way.

Another reason why it is difficult for most people to remove pimples is that it demands a change of not only of their living habits—the eating of candies, meats and heavy foods without drinking sufficient water and taking plenty of exercise—but also of the way they had their hair washed and their skin around with simple than work hard, get sweaty, and had been taking rubber stamps and other things which have been called infection bumps.

They follow the eating of rich, heavy foods and sweets and are an indication of an inactive life plus an indolent appetite.

There are thousands of children who are bright but frail—not sick but underdeveloped—they play with their food—they catch colds easily and do not thrive—they only need the pure, rich liquid food in

SCOTT'S EMULSION

SCOTT'S and it carries rare nutrients to their blood streams and gives them health.

Nothing harmful in SCOTT'S

DR. H. B. FOSTER
Dental Surgeon
RANDELMAN, N. C.
Office Second Floor Drug Store, etc.

DR. JOHN SWAIN
Dentist
Office over First National Bank.
Asheboro, N. C.

THE BANK OF RABBITRY
Capital and Surplus \$250,000.00
Total Assets over \$500,000.00
With ample assets, experience and protection, we solicit the business of the banking public and are prepared to extend to our customers every facility and accommodation consistent with safe banking.

EXECUTOR'S NOTICE
The estate of James G. Miller, deceased, Son of J. H. Wright, Clerk of the Superior Court, late Randolph County, this notice calls attention to the fact that the said estate is being administered by the undersigned and that all persons having claims against the said estate are expected to make immediate payment and settlement.

J. E. Hardin
Valentine's Auto Paint.

RABBITS RABBITS

Bang! Bang! The Rabbit season opens November 1st and I will be on the job again this year to buy all you can bring.

Rainy weather, Snowy weather or any other weather, and Saturdays too, I will be ready for them, bring them in—starting October 31.

J. E. Hardin

Think of it! Buy coats with even quality than over your old paint and give your first class job. Coat is only \$2.50. Call to See Us.

MCCRARY-REDDING HARDWARE COMPANY