

There are thousands of children who are bright but frail—not sick but underdeveloped—they play with their food—they catch colds easily and do not thrive—they only need the pure, rich liquid food in

SCOTT'S EMULSION

to start them growing and keep them going. Children relish SCOTT'S and it carries rare nutritive qualities to their blood streams and gives them flesh- food, bone-food and strength-food. Nothing harmful in SCOTT'S.

Scott's Emulsion, Greenboro, N. C.

growing Irish potatoes. The Irish potato requires a deep, rich, sandy soil. These only result in a small crop of potatoes to develop and mature, while soils which contain a large amount of clay run against the yield.

The method used by most of the farmers in growing the crop are to plow and harrow several times in late winter, so as to destroy all partially decomposed vegetable matter, and to get them in a fairly acid state, then before planting time, which should not be later than the 15th of February, the rows should be laid off 3 feet apart and from 80 to 1,000 pounds of commercial fertilizer should be applied per acre. This fertilizer should analyze about 8-4-5. It should be applied in the row, and thoroughly incorporated with the soil, this can be done by running a ball tongue in the furrows behind the distributor.

If the seed are planted in direct contact with the fertilizer, a bad stand will often result. Course manures are not recommended, as they tend to produce rough potatoes, and are thought by some to increase damage done by scab. Potato land does not require lime, as the potato rather like a soil slightly acid. Good, clean seed should be selected for planting. It requires about 2 to 10 bushels to plant an acre, this depending upon the number of pieces cut from each potato. It is a general rule with experienced growers, to cut their seed so as to have about two eyes upon each piece. Drop the pieces from 12 to 15 inches apart in the drill, and cover about 2 inches deep. When the young plants are almost ready to come through, a peg-tooth harrow should be dragged across the rows to level down the ridges. This does a better stand, and at the same time destroys a crop of young weeds, which may be starting at this time.

Irish potatoes require frequent shallow cultivation, using harrows or scrapes. They should be laid by about the time they begin to bloom. Sometime seed are infected with scab; seed in this condition should be soaked for at least two hours in formalin (40%) using 8 oz. to 15 gallons of water. If diseased seed are planted, untreated, their yield will be considerably lower and the crop will not look as well as quite a number of potatoes will have a rough scabby appearance.

The Colorado beetle can be controlled by the use of Paris green. Lay down a spray this poison is more effective. Use 1/2 pound of Paris green, 4 pounds of Quick Lime, and 50 gallons of water. Mix Paris green and lime, using enough water to make paste, then add remainder of water. Apply with a good spray pump, fitted with a nozzle which will throw a very fine mist. The crop is ready to be harvested about the 25th of May, and is shipped in standard barrels, covered with Burlap. Particular attention is paid to the grading and packing, as good grading and packing will enable the grower to put a better product upon the market, which demands higher prices.

Irish Cobbler is the variety preferred by experienced growers. Yields in the North Carolina section average from 80 to 125 barrels per acre, costing the farmer, loaded on cars, about 75 to \$100 per barrel. Last season the crop of over 3,000 cars of No. 1 potatoes sold at prices ranging from \$3.00 to \$6.75 per barrel, netting the grower from \$100 to over \$400 per acre.

After a crop of Irish potatoes, one can grow a crop of corn and soy beans on the same land, without additional fertilizer. The potatoes come off by the 15th of June and corn planted immediately will have ample time to mature, due to the unusually long growing season. Yields of 50 to 75 bushels of corn and 15 to 25 bushels of soy beans have been grown on the same land, which produced a 100 barrel crop of Irish potatoes in the early spring. Corn sells at 90c per bushel, and soy beans at \$1.00, besides increasing the nitrogen content of the soil.

In some cases, corn or cotton is planted between the potato rows before the potato crop is harvested. The corn and cotton is planted thick in such cases, to insure a good stand after digging, as there will be some of the inter-cultural crop destroyed in harvesting the potato crop.

Growing Irish Potatoes

Three things are necessary to produce a high number of eggs in any flock, no matter what their breeding. These are: first, exercise; second, green feed; third, animal food of some sort.

The best grain feed is corn, wheat and oats, equal parts. The best dry mash is, perhaps, wheat middlings, 25 pounds; wheat bran, 25 pounds; ground oats; 20 pounds; corn meal, 20 pounds; and meat scrap, 10 pounds. This dry mash is fed from dry-mash hoppers.

If plenty of eggs are wanted from the pullets, and they are properly housed, properly fed, and are not giving proper returns, give them a hot mash just about sundown.

RUB-MY-TISM

Will cure your Rheumatism, Neuralgia, Headaches, Cramps, Colic, Sprains, Bruises, Cuts and Burns, Old Sores, Stings of Insects Etc. Antiseptic Anodyne, used internally and externally. Price 25c.

Henry Page is Riled and Yet the Little Birds Sing Sweetly

Very much displeased with the News and Observer is Representative Henry A. Page of Moore. Likewise Mr. Page is displeased with Superintendent of Public Instruction Joyner and a big bunch of county superintendents of school if we can judge by the expressions of Mr. Page in addressing the House committee. Some folks would say that Mr. Page was mad, but we rather prefer to think of him as simply being riled, and of being driven to inopportune speech by the heat of his own words.

To Prevent Blindness in Infancy

The bill entitled an act to prevent blindness in infancy went before the appropriations committee of the General Assembly Friday and met favorable consideration. The bill calls for a law requiring all physicians and midwives in the state to install or have installed, immediately after birth, in the eyes of the new-born babe, two drops of a solution of silver nitrate, to be furnished by the State Board of Health.

Keeping Yourself Well

Sometimes you overload your stomach with rich foods. Your life may be an active one, and thus you may care for all you eat. But a few days of inactivity show your system does not call for so much. You are awake in the morning tired. Your body feels heavy; you know you are not up to the mark. Your digestion has not cared for the overload. Part of it remains. It generates gas that inflames the delicate linings. They fail to pour out the digestive fluids and neglect to absorb the life-giving elements. You know something is wrong. Your body gets weak, and soon opportunity is offered for some serious illness.

Snowy Afternoon in February

The day is ending, The night descending; The marsh is frozen, The river dead. Through clouds like ashes The red sun glances On village windows That glimmer red. The snow recommences; The buried fences Mark no longer The road o'er the plain. —H. W. Longfellow.

Reading Pointers for Winter Eggs. Eggs should be set in a warm, dry place, and should be turned frequently. The incubator should be kept at a temperature of 99 degrees. The eggs should be kept on the farm until the third laying year. The use of the male bird is about the same.

Remember, that it is the pullets that lay the most of the eggs when eggs are being a high price. The two and three year old hens if they are of good constitutional vigor, produce the strongest chicks and are the birds from which to breed.

It is the wisest person who has kept all his early-hatched pullets, for now, with proper housing and care, they will produce many eggs while the old ladies are shedding their coats and making new gowns for next season.

See that the poultry house is of modern type. All the ventilation from now on till next summer, should be taken from the front. A litter of straw, shredded stover, or leaves should be used in the hen-house in the grain feed thrown in this to make the birds scratch and get the proper exercise.

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According to Representative Page, who is making a fight to have a law made to put the election of school boards to the ballot box—a measure which the Republicans have endorsed in their platform—State Superintendent Joyner is a "glutton for power," various county school superintendents are "bums on a log," while his openly expressed and loudly proclaimed desire is to find himself rising in the House to introduce a bill or resolution to "consign the editorial page of The News and Observer to the State School for the Feeble-Minded at Kinston."

Riled? Certainly the highly esteemed Mr. Page is riled! He did not like what the News and Observer had to say about schools in its issue of Tuesday. He did not like it because it did not agree with his bill, and so he lost that sweet poise of character and placid smile for which he is renowned, and said things about folks who do not agree with him. Somehow we have an idea that the editorial that he talked about must have hit something in his neighborhood from the way he "holers" about it.

Government Offers Reading Course in American History

The bureau of education, department of the interior, has added to its list of reading courses a reading course in American history. Dr. P. P. Claxton, commissioner of education, in announcing the new course, says: "All American citizens should know more of the history of their country than can be learned from the meagre outlines of the textbooks used in our elementary and high schools. "No country has a more interesting history than the United States, from its beginning in the scattered settlements of immigrants from European shores, have grown through colonial and national life until has become the greatest, wealthiest and most powerful and most prosperous, the freest and the most self-controlled and the most firmly united nation the world has ever known. The story of the United States is the story of the people, their life, their industries, their aspirations and the democratic institutions through which they have sought to attain these aspirations, the story throbs with present interest and future meaning. The books in the course were selected with a view to presenting a complete record of the United States, including the European background, exploration and settlement, the war of independence, the division over sectional issues, economic development, the civil war and reconstruction, and the concentration and expansion of the United States as a nation. This course was designed primarily for those who have left school, but any one is eligible who can find time to read. For particulars address the Home Education Division, United States Bureau of Education, Washington, D. C.

Children Cry FOR FLETCHER'S CASTORIA

Fletcher's Castoria is a safe and reliable remedy for children. It is a cathartic and a laxative, and is used for the relief of constipation, indigestion, and other ailments of the digestive system. It is a pleasant-tasting and non-toxic preparation, and is suitable for use in all climates.

One-Room School. The one-room school is a common feature in rural areas. It provides a complete education for children of all ages, from young children to young adults. The teacher is responsible for all subjects, and the students are often required to help with the housework and other tasks.

Shoe Polishes. There are many shoe polishes on the market, but only a few are truly effective. A good shoe polish should be able to clean, shine, and protect the shoes. It should also be easy to use and long-lasting.

Lindeeman & Sons Piano. The Lindeeman & Sons Piano is a well-known brand of pianos. It is known for its quality, durability, and beautiful sound. The piano is a popular choice for families and individuals alike.

Carries the guarantee it has for the past seventy-five years—the same in substance as the warranty given by pianos of highest rank and greatest cost. If the Lindeman & Sons Piano was not really a very remarkable piano in all those qualities that go to make for excellence, it would hardly be reasonable to suppose that it would carry the same guarantee as that of pianos retailing for twice as much.

And it is on that basis that we ask you to try the Lindeman & Sons Piano, which is sold at the right price and on reasonable terms. Let us give you a personal demonstration.

Frazier Piano Company

Greensboro, N. C.

Cleanliness. According to the old proverb, is next to Godliness. Cleanliness does not mean merely a clean face and hands. It includes neatness of dress. If your clothes are cleaned and pressed here, you are eligible for membership in the Cleanliness Club. Clothes sent for and delivered anywhere in town.

W. P. ROYSTER

C. C. Kime Wants Your Patronage. He has a full line of canned goods, groceries, fruits and candies. He will pay highest market prices for country produce.

TWICE IT HAPPENED

A grocer kept no Bank Account. He paid his bills in cash. Twice in one year he was obliged to pay the same bill twice. He had lost the receipts. He had no other record to show. Thereupon he opened a Bank Account and paid all his bills by check. Since then he has never been obliged to pay a bill twice because his checks are receipts and the Bank has a record of all payments made.

BANK OF RAMSEUR

RAMSEUR, N. C.

Valentine's Auto Paint

Think of it, two coats will give a good finish over your old paint, and give you a first class job. Cost is only \$2.50. Call to See Us. McCrary-Redding Hardware Company.

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