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THE COURIER JOB OFFICE

Phone No. 5. — — — Asheboro, N. C.

## Fill In Picture Puzzle No. 18



Of course, children, you suspected what you'd get in your last picture when we told you that the bird made a great feast and that it was the name of a country at war. Turkey. Sure! Sharpen your soft pencil, begin at No. 1 and you'll get a bird that is noted for its wisdom. It is sacred in history and legend, is found in many places and has funny looking eyes. It lives on wild mice and reptiles. Finish out the picture and see what you have.

### HOW TO USE EGGS IN THE LENTEN SEASON

They Are Rich in Protein, Says Biddy Hye; Gives Recipes

Eggs are rich in protein, the material required to build and repair the body. Children require this building material, therefore mothers who give careful attention to child feeding are careful to provide eggs several times a week, even when their price is high.

How to get uniform results in cooking eggs, how to tell when an egg is "soft" or "medium" is often a difficult matter. The following method, suggested by experts belonging to the University of Illinois, is considered reliable.

Use a graniteware stewpan of one-quart capacity, put in one pint of water and heat over a gas flame. When the water boils hard, turn off the gas and put in one egg taken from the refrigerator. Cover the pan and let the egg remain undisturbed for 6 minutes. It will be what is known as soft boiled. For a "medium" boiled egg, let it remain in the water 8 minutes.

**Eggs Spanish Style**  
Mix a little melted butter with boiled rice and spread on a well buttered baking dish. Arrange slices of hard boiled eggs on top of the rice, cover with tomato sauce, and bake 10 minutes.

**Cupped Eggs**  
Butter individual baking dishes or custard cups. Put 2 tablespoonfuls of cream into each, then the yolk and white of a fresh egg. Season with pepper and salt. Set the cups in a pan of boiling water, place in a very hot oven, and steam until the eggs are set.

**Baked Omelet**  
Soak 1 cupful bread crumbs in 1 cupful milk. Beat up the yolks of 3 eggs, and stir into the bread and milk. Season with salt, add the well-beaten whites of the eggs, turn into a well-buttered baking dish and bake 20 minutes.

**Potato Omelet**  
Use cold mashed potatoes for this dish. Mix 1 cupful of the potato with 1 cupful milk, and 1 tablespoonful flour. Beat until smooth, add the beaten yolks of 3 eggs, with seasonings of salt, pepper and butter, then add the beaten whites of the eggs. Have a frying pan hot and well buttered, turn in the egg mixture, brown on one side, then turn and brown on the other. Garnish with parsley and serve with triangles of toast.

**In Memory of Miss Norweije Trogdon**  
On Tuesday March 20 the God in his all wise providence sent the death angel to take from her home on earth to her home in heaven Miss Norweije Trogdon, the daughter of Mr. and Mrs. Samuel Trogdon, of Worthville, aged 21 years and 6 months. She was truly a splendid christian girl manifesting her patience, uprightness, honesty and integrity in the daily walks of life. She professed faith and joined the Presbyterian church about six years ago.

Miss Trogdon has been teaching at Cedar Falls this year and about ten days ago developed mumps and later tonsillitis, both of which combined caused her death. During the few days preceding her death she suffered intensely. With all the medical aid, all that father and mother, brother or sister, friends or neighbors could do to relieve her sufferings was in vain.

Funeral services were conducted at the home the following day by Rev. W. A. Way after which interment followed in the Holiness cemetery between Worthville and Randleman.

Dearest Norweije thou has left us  
In the morning of the day  
Ere thy sun had reached its glory,  
Early thou has passed away.

Every place we do miss thee  
Where thy footsteps often led,  
And the voice so sweet and cheerful,  
Can it be that thou art dead.

Yes, the form is sweetly sleeping,  
In the silence of the tomb,  
But the spirit is immortal  
Clotted bright in deathless bloom.

Separation now is painful,  
And our lot so hard to bear,  
With tears we'll go to Jesus,  
He will all our sorrows share.

While we mourn we cannot murmur,  
Tis not wisdom to complain,  
For we know that our bereavement,  
Tis to her eternal gain.

Good-bye, loved one,  
Tis so hard to say farewell,  
Yet again we know we'll meet  
In that land where angels dwell.  
—A friend.

**Sale of County Court House Property**  
By virtue of authority vested in them the Board of Commissioners of Guilford county will sell at public auction to the highest bidder at the court house door in the city of Greensboro,

## Children Cry FOR FLETCHER'S CASTORIA

North Carolina, Randolph county. To David Butler:  
You will take notice that the undersigned on the first Monday in July, 1916, at a sale of land for taxes by the sheriff of Randolph county, purchased a tract of land containing 1 1/2 acres in Randleman township, Randolph county, listed in the name of David Butler for the year 1915; that the amount due thereon is two dollars and thirty-eight cents; that the time for redemption will expire on the 3rd day of July, 1917. The said David Butler will further take notice that if he fails to pay said amount and interest thereon on or before the said 3rd day of July, 1917 the undersigned will apply to the sheriff of Randolph county for a deed for said tract of land.  
This 31st day of March, 1917.  
J. C. SPENCER.

## ASHEBORO HOSPITAL

Open to Receive Patients, Either Medical or Surgical  
The Asheboro hospital is open to the people and physicians of the county and vicinity, both medical and surgical cases received.  
New X-ray and laboratory

### GENERAL NEWS ITEMS

The home demonstration and canning clubs of Orange county, under the leadership of Miss Lula Cassiday, county agent, are planning to combine for the purpose of establishing a county co-operative marketing association at Hillsboro. This association will have for its purpose the adoption of commercial standards in canned goods, preserves, pickles, vegetables, cured hams, etc., and the more intelligent marketing of these commodities.

During the past 15 years North Carolina has increased in average corn yield from 12 bushels per acre to 21, in value per bushel from 57 cents to 77 cents, according to figures supplied by Major W. A. Graham, Commissioner of Agriculture. He compares these figures to Iowa, where the corn yield has dropped from an average of 38 to 30 bushels in 1915 and an increase in value of from 27 cents per bushel to 51.

J. R. Donnell, the owner of Hennessee's cafe, in Greensboro, has purchased a controlling interest in the Hufine Hotel at Greensboro.

Brooks Rightall, of High Point, has recovered from an operation for appendicitis.

C. C. Fritchard, a Southern Railway engineer, of Thomasville, who underwent an operation for appendicitis at a High Point hospital recently, is recovering rapidly.

April 9th has been set apart as "Library Day" by Buies' Creek Academy. During its thirty years of wonderful history the school has helped thousands. It is asking all former students and friends to send at least one good volume or fifty cents for increasing its library fund.

**Uncle Sam Loans Books to People**  
Few persons know that they can take advantage of the great Congressional library maintained by Uncle Sam at Washington without going to the National capital.

Uncle Sam also lends music on the same condition as books, but he will not allow musical scores so lent to be used for public performances.

The Western Union Telegraph Co. is to recognize the eight-hour day as the basis for pay to practically all of its employees effective on and after May 1.

Paul Brown, 18 year old son of Mitchell Brown, of near Aquadale, shot and killed John Murray, Friday. The cause of this trouble has not been learned. Young Brown is still making his escape.

New freight yard and engine terminals at Selma have been authorized by the Southern Railway system and construction will begin as soon as contracts can be let and material assembled.

Elon won from LibertyPiedmont Friday four to three in what should have been a shut-out game.

Lee Wood, a 16 year old boy of the Hamptonville section was shot Friday by his younger brother, accidentally while out hunting. The discharge from the gun entered the boy's arm about the elbow. The boys father gave a quantity of blood to his son and he will recover.

**Sergeant James R. McConnell, of Carthage, N. C., killed in France last week, hoped to lead a United States army of air corps on the French front.**

Mrs. Parnelia A. Peelle, of Mechanicville, died Friday after an illness of several months duration. Mrs. Peelle is survived by her husband, three sons and four daughters.

J. O. Burnett and L. A. Woodleaf, both of Franklinton, killed each other Friday. The two men ran a barber shop together and early Friday morning in a room near their barber shop, Burnett fired and Woodleaf fired, with the same revolver. A passerby heard a fusillade of shots and ran into the little room and found both men lying on the floor gasping their last breaths. Six shots were fired. Neither of the wounded men were to make a statement, and both died in a few minutes.

Every town, no matter how small or how large, should have a "City Beautiful Club." This is an organization that is almost indispensable if a town is to be made attractive and kept so.

The good which the Federal Farm Loan Act is to accomplish for the North Carolina farmers is evident from a report just received from the superintendent of the Credit Unions. The North Carolina farmers apply for two million dollars of loans.

The decrease in the number of sheep is said to be caused by the action of owners who are disposing of their flocks in order to buy cattle. In most cases the reason is not because of greater profits in handling cattle, but because the rapidly changing conditions on the open ranges, where sheep have been handled in the past, make it increasingly difficult to find feed for this class of stock during the months when deep snow prohibits grazing on the national forests.

Acting on the recommendation of the Secretary of Agriculture, based on a field classification by the forest service, the President has issued a proclamation by which 40,160 acres are eliminated from the Crook National Forest, Arizona. The largest single area involved is a tract of over 15,000 acres in the vicinity of Globe, Niami and Arizona.

There are thousands of people all over the country who constantly make use of the library of Congress and yet have never been within gunshot of the District of Columbia.

**Mr. Murrow Was Mail Clerk For Forty Years**

Mr. J. S. Murrow, who recently died at his home in Guilford county, had been railway mail clerk on the Atlantic and Yadkin division of the Atlantic Coast Line for nearly forty years. He first served on the old Cape Fear & Yadkin Valley, when the first line was built between Gulf and Fayetteville. He had been continuously in service on that road until last June, when he was given leave of absence on account of his health. He was more than 70 years old. He leaves, besides his wife, a daughter in Greensboro and a son who is out west. Mr. Murrow had amassed considerable property and had a handsome country home fifteen miles south of Greensboro, just across the Randolph county line.

## NO FIAT CURRENCY

NATION HAS AN ABUNDANCE OF CIRCULATING MEDIUM.

Never a Time in Its History When the Country Was So Well Prepared, Monetarily, to Meet Any Emergency.

There never yet has been a suggestion of war in this country, or an approach of war, which did not bring forth in congress a flood of bills for the unlimited issue of government fiat currency. The present occasion is no exception to the rule.

But there has never been a time in the whole history of the American nation when such proposals could be so wanted and so utterly without excuse, even from the fiatist point of view, as they are now. The country fairly riots in the abundance of a circulating medium. Its banks are carrying some \$300,000,000 more in cash than they were carrying only two years ago. The people are carrying around in their pockets for day-to-day use much more than \$300,000,000 above what they were carrying two years ago.

The present per capita circulation of \$43.50 is in excess of \$9 more than at the outbreak of the European war. It is more than double what it was at the silver and fiat campaign year of 1896 and more than double what it was at the height of the paper-money era of the Civil war. And it is now mostly gold, whereas it was mostly paper and depreciated silver in 1896 and fiat paper in 1865. If this is not enough, there remain to be availed of the largely untouched resources of the Federal Reserve banks for the issue of a sound gold-convertible currency amounting to nearly a billion dollars.

The fiat-money proposers of this time merit the contemptuous neglect of congress, and are likely to get it.—New York World.

### "Southern Domination."

The terrible thing about "Southern domination" in our government is not the fact, if it be a fact, but the indifference to it of the North. The Chicago Tribune went to the trouble of writing a letter to every senator and representative at Washington, showing not only how the disfranchisement of negroes gave the South an unfair representation in congress and in the electoral colleges, but also depicting "graphically how the South, dominating congress, has contrived to impose taxes bearing more heavily upon the North than the South while carrying out tremendous pork-barrel raids on the national treasury." What was the result? Of the ten senators from New York, New Jersey, Delaware, Pennsylvania, and West Virginia, comprising the East outside of New England, just three replied. Two of these were Republicans and said that they would vote for the reform. One was a Democrat, who was non-committal. The representatives did even worse. Less than a fourth of the 98 responded, 14 favorably, one unfavorably, and nine non-committally. Seven of ten senators and 74 of 18 representatives napped at the switch! The worst of it is that other sections of the country displayed no great enthusiasm, either. And Penrose, who "assumed leadership" of the movement in this group of states, was at Harrisburg, engrossed in a fight over a very different sort of domination.

### President Knew Situation.

It occurs to the New York World to say that "it is doubtful if many Americans today regret that the Pershing force is out of Mexico, or that the Latin-American republics are friendly toward the United States." That is a backward look worth taking, because it places a troublesome problem in the right perspective. Sane persons, with the slightest understanding of the topography of Mexico, and sense of what an attempt "to clean it up" would mean in the way of unifying that country against such an effort, are glad that President Wilson had stood as a friend to Mexico so far as this has been permitted to him. No one will doubt, either, that national preparedness has been advanced by our vexing Mexican troubles. There is no question that the president was knowing to many things of which his critics were ignorant, and so looked farther ahead than they.

### Causes of Victory.

"I have studied the result in the presidential election," said a western senator. "In my opinion, the victory of the president was due, first, to the very serious split between the Progressives and Republicans; secondly, to the conviction among the women voters that the president had kept the country out of war, and thirdly, to an appreciation of the progressive legislation enacted by a Democratic congress."

### Pershing's Men.

It is reported that a foreign military attache who had looked upon the German, Japanese and British troops, both in peace and in action, has also gazed at General Pershing's little body of 12,000 men, and pronounced it "the finest fighting machine in the world." Because of this verdict, if for no other reason, the solemn in Mexico finds justification for the government's present attitude. For that hazard of new fortunes the government spent much money, if the result has been as the foreign attache has said, never was money better invested.

### HOW MUCH SEED SHOULD BE USED BY A FAMILY

Some Advice About Amount of Seed Needed for Small Family—Advice By U. S. Experts for the All-the-Year Garden

Washington, March 23.—The hot bed and the cold frame are the gardener's greatest aids in raising earlier crops. The hotbed enables him to plant seed and produce seedlings long before the seed planted out of doors has begun to germinate. The cold frame enables him to get the seedlings produced in the hotbed gradually accustomed to outdoor conditions and to raise these into strong, sturdy plants ready for the time the garden is ready for them. The cold frame is used in hardening the plants that have been started in the hotbed or in mild climates for starting plants before the seeds can be safely planted in the open. Resetting plants from a hotbed into the cold frame gives them a better root system and makes them sturdier and more valuable for transplanting in the open ground.

In the extreme south, the cold frame is much more extensively used than the hotbed, but each has its place in garden economy. The following suggestions for constructing and handling hotbeds and cold frames so as to hurry crops are made by the garden specialists of the United States department of agriculture.

**The Hotbed**  
Locate the hotbed in some sheltered but not shaded spot which has a southern exposure. The most convenient size is a box-like structure six feet wide and any multiple of 3 feet long so that standard 3x6 feet hotbed sash may be used. The frame should be 12 inches high in the back and 8 inches on the front. This slope is for the purpose of securing a better angle for the sun's rays and should be faced toward the south.

The hotbed not only must collect any heat it can from the sun, but also must generate heat of its own from fermentation in fresh manure. Fresh horse manure, free from stable litter, is best for generating heat.

If the hotbed is to be an annual affair, make an excavation 18 inches to 2 feet deep, about 2 feet greater in length and width than the frame carrying the sash. Line the excavation with plank or with a brick or concrete wall. A drain to carry off surplus water is essential. After a sufficient amount of fresh horse manure has been accumulated, fill the pit, and while it is being filled tramp the manure as firmly and as evenly as possible; when the ground level is reached place the frame in position and bank the sides and ends with manure. Place about 3 inches of good garden loam on top of the manure inside the frame and cover it with the sash. After the heat has reached its maximum and has subsided to between 80 and 90 degrees F., it will be safe to plant the seeds. Select the plump, freshest seed obtainable. Use standard varieties and get them from reliable seed houses.

Keep the bed partially dark until the seeds germinate. After germination, however, the plants will need all the light possible, exclusive of the direct rays of the sun, to keep them growing rapidly. This is a crisis in plant life and ventilating and watering with great care are of prime importance. Too close planting and too much heat and water cause the plants to become spindling. Water the plants on clear days, in the morning, and ventilate immediately to dry the foliage and to prevent mildew.

The cold frame so useful in hardening plants started in the hotbed and for starting plants in mild climates, is constructed in much the same way as the hotbed, except that no manure is used, and the frame may be covered either with glass sash, or with canvas. Cold frame may be built on the surface of the ground, but a more permanent structure suitable for holding plants over winter will require a pit 18 to 24 inches deep. The cold frame should be filled with a good potting soil. The plants should have more ventilation in the cold frame, but should not receive so much water. It is best to keep the soil rather dry.

In transplanting, remember that plants usually thrive better if transplanted into ground that has been freshly cultivated. Transplanting to the open field is best done in cool, cloudy weather, and in the afternoon. This prevents the sun's rays from causing the plant to lose too much moisture through evaporation. In transplanting, the gardener will find a child's express wagon an excellent trolley tray for bedding out his seedlings.

### Wooden Vessels

The Shipping Board is considering the building of a large number of small wooden vessels to carry supplies to Europe. It is contended that a great swarm of these smaller carriers could convey a very large total of food or munitions, and their very number would tend to baffle the effective operations of the sea bandits. It would require as much time, energy and ammunition to sink one of these smaller wooden ships as to sink a liner and the loss of one of them would be infinitesimal as compared with the greater ship, suggests the Baltimore Sun. While one or a dozen of them were being pursued a hundred might slip by. The submarine would be exhausting itself in potting a few ducks while great flocks escaped it altogether. The smaller wooden ships can be built not only more cheaply but more expeditiously than steel ones at present, since shipbuilding yards devoted to steel tonnage are already working their full capacity. They would offer a small target, would be faster than the ordinary submarine, and by their smallness and the power to alter their course quickly would possess a dodging ability that the large vessel does not have.

### Habit a Greater Cause of Death Than Germs

Habits, bad habits of course, cause more deaths than germs is the statement made by the State Board of Health in its latest bulletin. While the breaking of old habits and the making of new ones there must be created a more general regard for the health effects of proper personal hygiene.

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**C. C. Kime**

**How To Build a Great State**

The first thing needful in building a great civilization in North Carolina is to relieve our possibilities, to realize that we have yet but a State in the making, a pioneer Commonwealth—a State larger in area, he it remembered, than England or Scotland or Greece, and which may well achieve, in the providence of God, a civilization as rich, varied and historic as theirs.

That is the faith that I should like us to cherish. We must ream the great dream. We must behold the land that is very far off. All great achievements are built on great aspiration. No mediæval cathedral ever lifted its spires towards heaven or aved the spectator by the solemn vastness of its interior, no Taj Mahal in far-away India ever grew into a beauty almost divine, no master's hand "rounded Peter's dome, and grained the alates of Christian Rome," until first the dynamic, irresistible power of a great faith, drew yearning men through months and years of conflict and struggle, even as Arthur followed the Golden Grail and Israel of old its pillar of cloud and fire.

So those of us, sons and daughters of North Carolina, who were nurtured at her bosom and who love her with a passionate love, who would build here a rich and beautiful, a puissant and fruitful civilization—we must first of all electrify our people with the driving power of a great ideal. We must hitch our wagon to a star. We must believe that no civilization that men anywhere have known is greater than we can build here in our own beloved home State.—From an address by Clarence Poe before the North Carolina Conference for Social Service.

**Children Cry FOR FLETCHER'S CASTORIA**