

# GLAZENER'S SPECIALS This Week

Cotton Seed Meal \$1.25; Best Grade Coffee, per pound 20c; Some can goods to close out, big reduction; Specials in Tobacco; Solid Leather Shoes for Women \$1.00; Your Spring suit now ready at prices never heard of in this part of the country. We please others and can please you.

**GLAZENER** Cuts the Price and Sells the Goods **Brevard and Hendersonville**

## EVERY COUNTY MADE A FAVORABLE REPORT

Continued from page 1.

go before the meeting of the board of agriculture in June and protest against the sale of the horticultural farm. In the meantime it will be wise for everyone interested to write to the members of the board of agriculture and make a strenuous kick against the sale of this farm.

The association also appointed one man from each county to go before the county commissioners of each of the seven counties and ask them to take the matter up with W. A. Graham, commissioner of agriculture for the state. T. W. Whitmore was appointed to bring the matter before the commissioners of this county. Inasmuch as the farm lies in this county, a number of the business men should accompany Mr. Whitmore on this important mission to second his remarks.

The chairman of various committees, who were selected at a previous meeting, named those appointed to assist them in collecting data in the interest of the association.

The following gentlemen now compose the board of directors for Transylvania county:

T. H. Shipman, W. P. Whitmore, W. E. Decker, T. W. Whitmore, J. W. McMillin, T. C. Henderson, John Deaver, Ed Patton, J. W. Duckworth, Dr. Goode Cheatham, R. G. Jennings, J. M. Zachary, T. C. McNeely, R. R. Deaver, R. J. Cook, Dr. C. E. Lyday, Dr. Robinson, Dr. A. E. Lyday, El Poor, J. S. Silverstein.

## CURRENT COMMENTS AND CLEANINGS

How can the average man improve the diet of himself and children at least cost?

We all eat bacon, bacon, bacon, and corn bread. How many of us vary our diet, eating some of our own chickens and eggs instead of selling them all? The ingredient we so often read about called "protein" means, in plain every day simple language, the sustaining quality that you find in the white of eggs, lean meat, the gluten, or the cohesive quality you find in flour by which you make dough. From this protein comes our strength, our muscular tissues, and our brain. Fat bacon gives warmth and flabbiness.

Therefore, a diet of more protein is what we want, and where beef at its present price is somewhat beyond the small man, there are substitutes that contain all that it does. For instance, 2 1/2 quarts of milk is equal to a pound of beef. So also are nine eggs, two-thirds of a pint of dry beans, or cow peas. If we use one pint of dried beans, or cow peas, with one-half pound of side meat, we can be independent.

Cow peas and rice crushed together with a mere morsel of bacon as seasoning is far more nutritious than corn bread. The diet of the low country of "hog and hominy" with a little milk, is also more nutritious, as the best elements of corn are better preserved in hominy, besides being better for children. Give a child milk and hominy and a soft boiled egg and the pale, sallow cheeks will go.

With beef at 18 cents a pound and potatoes at \$1.00 to \$1.25 per bushel, a meal will cost from 22 to 25 cents. A cup of milk, one and one-third cups of flour bread crumbs, a cup of grated cheese and four eggs will cost 18 cents. The food value of both diets is the same. So if a man has neither beef or bacon, but has a cow and a chicken he is elected. And since the body derives all its energies from its food, 'tis well to vary our diet and compare food values.

Don't imagine, however, that the suggestion means too many varieties. Two men passing the Boardman place saw great clusters of

roses.

"Do you know what those are, John?"

"Sure," replied John, "they are American beauties; 'but what do you know about them?"

"I know all about them, because I married one of them."

"Huh! You've got nothing on me," retorted John without a smile. "I married a whole bunch."

## WANTED: 50 MEN AND WOMEN

To Take Advantage of Special Offer Made by S. M. Macfie.

S. M. Macfie, the enterprising druggist, is advertising today for fifty men and women to take advantage of the special half price offer he is making on Dr. Howard's celebrated specific for the cure of constipation and dyspepsia and get a fifty cent package at half price, 25 cents.

So positive is he of the remarkable power of this specific to cure these diseases as well as sick headaches and liver troubles, that he agrees to refund the money to any customer whom the medicine does not quickly relieve and cure.

With Dr. Howard's specific at hand, you can eat what you want and have no fear of ill consequences. It strengthens the stomach, gives perfect digestion, regulates the bowels, creates an appetite and makes life worth the living.

If you cannot call at S. M. Macfie's store today send him 25 cents by mail and he will send you a package promptly, charges paid.

S. M. Macfie has been able to secure only a limited supply of the specific, so great is the demand, and you should not delay taking advantage of this liberal offer he is making this week. (Feb 19-mar 1

## HAIR HEALTH

If You Have Scalp or Hair Trouble, Accept This Offer.

When we promise your money back for the mere asking if Rexall "93" Hair Tonic does not do as we claim it will, you certainly have no reason for even hesitating to try it. We do not ask you to obligate yourself in any way.

We could not afford to so strongly endorse Rexall "93" Hair Tonic and continue to sell it as we do, if it did not do all we claim. Should our enthusiasm carry us away, and Rexall "93" Hair Tonic not give entire satisfaction to the users, they would lose faith in us and our statements, and in consequence our business prestige would suffer.

Therefore, when we assure you that Rexall "93" Hair Tonic will promptly eradicate dandruff, stimulate hair growth and prevent premature baldness, you may rest assured we know what we are talking about.

We honestly believe that Rexall "93" Hair Tonic will do more than any other human agency toward restoring hair growth and hair health. It is not greasy and will not gum the scalp or hair or cause permanent stain. It is as pleasant to use as pure cold water. It comes in two sizes, prices 50 cents and \$1.00. Remember, you can obtain it only at our store—The Rexall Store, S. M. Macfie, Brevard, N. C.

## The Laziest Man.

"Went to bed at 8 o'clock last night."  
"Why so early?"  
"My shoe came untied, and I thought I'd save the trouble of tying it again."  
—Pittsburgh Post.

## Fretfulness.

Do not give way to fretfulness. It takes the fragrance out of life and leaves only weeds where a cheerful disposition would cause flowers to bloom.

Do not love life? Then do not squander time, for time is the stuff life is made of.—Benjamin Franklin.

## Careful Man.

"When I got back from my vacation my husband had only one soiled dish for me to wash."  
"He washed the others, eh?"  
"It seems he used only one dish."  
—Louisville Courier-Journal.

## Renaming Indians.

Some years ago in order to make their inheritance of land more simple and secure our government commissioned Dr. Charles A. Eastman, a Sioux Indian, to rename more than 15,000 Sioux with their family names. The task was a tremendous one and full of difficulties. Where possible Dr. Eastman kept the original Sioux name of some member of a family, as in bestowing the name "Matoska," meaning "White Bear," on the family of that chief. Sometimes the combination of wife's name and husband's name has produced a musical result, such as "Winona Otana." The favorite name for women means "she who has a beautiful home," which Dr. Eastman has Anglicized in the patronymic "Goodhouse." But by far the hardest task was in finding new names for the absurdities of Indian nomenclature. "Bobtailed Coyote" was a young Indian who has come to prefer himself as "Robert T. Wolf." After a long struggle with "Rotten Pumpkin" Dr. Eastman at last recorded the owner of the name on the tribal records under the noncommittal title of "Robert Pumpkin."

## Sherlock Holmes' Original.

Sir A. Conan Doyle often recounted incidents regarding Dr. Joseph Bell, the distinguished Scottish surgeon from whom his character of Sherlock Holmes was drawn. One of the most remarkable was this:

Dr. Bell was lecturing to his class in surgery, of which Doyle was one, when in regard to the subject he remarked: "Of course this man has been a soldier in a highland regiment and probably a bandsman."

The man had the soldier's swagger, but was too short to be anything but a bandsman, the doctor explained. The man vehemently denied this and said he was a shoemaker. Dr. Bell, still confident that his powers of reasoning and deduction had not led him astray, had the man stripped and on the left side of his chest found a little blue "D" branded on the skin. The doctor then declared to his class:

"This man was a deserter. This is the way they were marked in the Crimean days, though it is not permitted now."

## When the Duke Scrubbed.

When the Duke of Coburg-Gotha was a very young royal highness he was taken by his mother, the Duchess of Albany, to Mr. Wesley's school for boys. Before taking in the royal youngster the master stipulated that the new pupil must conform to all the rules. This was agreed.

One day his royal highness upset a bottle of ink on the floor. "Get a bucket of water and wipe it up," said the master.

"But," objected his royal highness, "you don't mean me to scrub it up, do you?"

"Yes, indeed."

"But you must forget my grandmother is the queen?"

"On the contrary," said the master, "I remember it very well. Get the water."

Whereupon his royal highness the Duke of Coburg-Gotha scrubbed.—Chicago Tribune.

## How the Dust Gets In.

When the barometer falls the air around expands into a larger volume, and the air inside the bookcase, the clothes closet and the cupboard also expands and forces itself out at every minute crevice. When the barometer rises again the air inside the cupboard, as well as outside, condenses and shrinks and the air is forced back into the cupboard to equalize the pressure, and along with the air in goes the dust. The smaller the crevice the stronger the jet of air, the further goes the dirt. Witness the dirt tracks so often seen in imperfectly framed engravings or photographs. Remember, whenever you see the barometer rising, that an additional charge of dust is entering your cupboard and bureau drawers.

## Keeping It Dark.

The black sheep of the Warywalk family had distinguished himself again. "This is the last straw!" groaned his respectable brother. "I'm going to have it put in the papers that I've changed my name from Warywalk to Wobblesway, one of my brother's disgraceful names. I'll have it printed on handbills and distributed by me thousand. I'm determined nobody shall suspect that I'm related to him!"—London Ideas

## Vigilant and Speedy.

"There's nothing slow about Jones." "I guess you never loaned him money."

"Oh, yes I have. That's what made me speak that way. I loaned him \$10 six months ago and I haven't been able to catch him since."—Boston Transcript.

## Force of Character.

"I thought your wife forbade you to marry again when she died?" "So she did, but now I'm going to show her who is master in this house."—London Opinion.

## The Sylvan Valley News

is prepared to do up-to-date

## JOB PRINTING

This Space Belongs to

# England's Store

And in it we wish to thank you for the patronage heretofore given to us, and hope to merit a continuance of it. As to our stock you all know what it consists of and we believe you all know that taking all things into consideration that we sell goods as cheaply as we can afford to do. And we believe that we can and do sell just as cheaply as do the mail order houses—and our terms are better, for we don't ask you for the money until we deliver the goods—and we also take your produce for goods—when you have to pay cash in advance to the mail order houses. And besides that we are here and help support the churches, schools and various objects of charity. So taking all things into consideration we feel that it is to your best interest to trade with your home merchant.

## ENGLAND'S STORE

BREVARD, N. C.

## Carolina Commercial School

6 Battery Park Place

Office, 10 Pack Square

Students may enter at any time. Single course, \$25 cash, \$50 monthly payments; combined course, \$50 cash, \$70 monthly payments.

## Declaration of Independence By Means of a Business Education

Miss Bertie Bowling, commercial teacher in Brown's Business College, Brooklyn, N. Y. Salary \$1300 a year.

Miss Nellie Hill, bookkeeper for Hill & Young, Asheville, N. C. Salary \$15.00 per week.

Miss Roberta Cook, with a firm in Jacksonville, Fla. Salary \$15.00 per week.

Mr. Charles H. Ball, stenographer Southern Ry., Brevard.

Miss Lillian Wolfe, stenographer, Los Angeles, Cal.

Miss Mabel Miller, stenographer, Prudential Insurance Co., Asheville, N. C.

Miss Carrie Henderson, stenographer and bookkeeper, Asheville Dry Goods Store, Asheville, N. C.

Miss Mildred Ogden, commercial teacher Massey Business College, Jacksonville, Fla.

Miss May Henderson, stenographer Carolina Commercial School, Asheville, N. C.

O. L. Baity, commercial teacher in Texas.

Mrs. M. Miller, stenographer Weaver & Murphy, Asheville.

## "Cardui Cured Me"

For nearly ten years, at different times, Mrs. Mary Jinks of Treadway, Tenn., suffered with womanly troubles. She says: "At last, I took down and thought I would die. I could not sleep. I couldn't eat. I had pains all over. The doctors gave me up. I read that Cardui had helped so many, and I began to take it, and it cured me. Cardui saved my life! Now, I can do anything."

## TAKE The CARDUI Woman's Tonic

If you are weak, tired, worn-out, or suffer from any of the pains peculiar to weak women, such as headache, backache, dragging-down feelings, pains in arm, side, hip or limbs, and other symptoms of womanly trouble, you should try Cardui, the woman's tonic. Prepared from perfectly harmless, vegetable ingredients, Cardui is the best remedy for you to use, as it can do you nothing but good. It contains no dangerous drugs. It has no bad after-effects. Ask your druggist. He sells and recommends Cardui.

Write to: Ladies' Advisory Dept., Chattanooga Medicine Co., Chattanooga, Tenn., for Special Instructions, and 64-page book, "Home Treatment for Women," sent free. J 54