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"LOOK FORWARD AND NOT BACK"

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Helps For Home-makers

Edited by the Extension Department of the State Normal and Industrial College.

Care of House The Kitchen

Each room in the house has its distinct and separate function in the domestic economy. Take for example the kitchen, the most important room in the house, The woman's workshop. It is the place where the food is prepared are washed.

What then are the requisites for this workshop? . Since the housekeeper spends a large part of each day in her workshop, it first of all, should be well lighted and ventilated. It should be comfortably warm in winter and cloth. cool in summer. The floor, walls material as may be easily cleaned The equipment for the work that is to be done should be ample, of good quality, intelligently selected, and above all so arranged that the various tasks of the kitchen may be quickly perform. ed and with the least expenditure of energy.

floor is in a sanitary condition right height for you so that you NOTICE OF because the boards are dry and do not have to stoop over clean.

Oiled Floors

The oiling of the floors is in the back part of the honse, as a get them? general rule must be done in the

evening after the work of the day utensils in the cupboard that is finished. The success of oiled floors depends upon two things: First, there should be no floating dust in the room, and the table racks and hooks to hold at floor must be absolutely clean. Second, the oil must be rub bed into the boards thoroughly, so as to have smooth surface.

Boiled linseed oil dries more quickly than the raw oil. It is well to add a little turpentine, as

any soiled spots clean by wiping Frederick:

them off with a flannel cloth Height of wrung out of hot water. , If this Woman does not remove all the dirt, a 4 feet, 10 inches little soap may be rubbed on the 4 61

Once a week at least, wipe the 5 " and ceiling should be of such floor with a damp cloth using 5 soap when it is necessary; wipe 5 " 3

6. Do you hang your sauce pans, graters, potato mashets near your work table, or do you! have to walk across the room to

7. Do you keep any cooking could hang more conveniently near the work table?

8. Do you have above this work the kitchen cutlery, knives, forks and spoons of all sizes?

Height of Work Table

So much of the unnecessary fa- P. Leary; Judges, S. C. Mills and tigue that comes from leaning M. A. Hughes. over to wash the dishes may be

and cooked and where the dishes it will make the oil less sticky. relieved by observing the proper. The daily care of the floor con- height according to the plan sists of sweeping, and if there are worked out by Mrs. Christine

Proper Height of Jordan.

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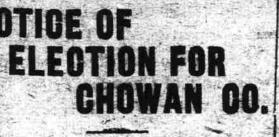
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Two elections, having been call Johnston. ed for Chowan County, to be held

on the first Saturday in June, it is the guest of Rev. G. B. Perry being the fifth day of June, 1915, The following persons are hereby preaching a series of sermons at appointed and re-appointed regthe revival being held in the istrars and judges, for the various Methodist church. voting precincts in Chowan Co.

and especially to hold said special election. East Edenton-Registrar, T.

Tuesday and hardly gave his to shake hands with him. West Edenton-Registrar, D.B. The first shipment of May peas

Liles; Judges, C D. Webb and went forward Monday of this week Henry Foxwell. and first strawberries were offer-Yeopim-Registrar, J.B. Webb; ed for sale Tuesday. The crop

Judges, Isaac Layden and W. E

Working Surface Center Hill-Registrar, R Elton Forehand; Judges, J. L. Sav-27 inches age and O. E. Lane. 66

> Wardville-Registrar, Emmett Elliott; Judges, W. D. Welch and R. H. Hollowell.

Senate Bill 1550, and is to de

termine the guestion of Stock

territory in and for Chowan Coun

The other election is called by

the authority of the General As-

sembly of North Carolina, Session

1915. See House Bill 2067, Sen

ate Bill 1596, and is for the pur-

pose of authorizing the County

Commissioners of Chowan County

to make an annual appropriation

of (2500) twenty-five hundred dol

lars, towards the maintenance of

the Chowan County Farm Life

School. Said school established

under the Public Local Laws of

North Carolina, 1913, Chapter

479, and to levy a special tax

therefor. No new registration is

required except for those who

have not heretofore registered.

W. S. PRIVOTT,

Secretary.

Roper News.

E. J. GRIFFIN,

Chm. Co. Bd. Elec.

Rockyhock-Registrar, R N.

of the time at Buffalo Lithia Dolna Harrell, Ora Parker and Springs while away. Ruth Lamb. Ex-Sheriff J. T. McAllister mo Miss Eva Barnes of Sunbury

tored to Greenville last Sunday was the guest of Miss Ross Meaccompanied by his son, Jack, N. Oarthy last week. W. Spruill, J. E. C. and Asa

Miss Mary Vaughn Biddick is sojourning with relatives in Suf-Rev. S. A. Cotton of Littleton, folk at this writing.

Mrs. W. T. Hayes is on the at the parsonage this week and is sick list at this time.

Hobbsville News.

W. M. Bond, Jr., a prominent Mrs. Mollie Morgan of Suffolk attorney of Plymouth made a is spending a few - days with rewhirlwind business trip to Roper latives here.

Miss Inez Perry spent' a few many friends here an opportunity days last week with friends here. Those who called at Mr. D. J. Rountree's Monday afternoon were Mesdames Laura Hathaway. Mollie Morgan and Anna Hobbs. Mr. Henry Parker was in our

> midst Sunday. Mr. Llewellyn Ward accompanied Miss Myrtle Hofler to Temperance Meeting at Sandy Cross Sunday afternoon.

this year as all shipments leave Miss Iona Rountree called on here by express at 12:23 P. M. Misses Minnie Perry and Nellie and are forwarded from Norfolk Blanchard Sunday morning. by freight the same afternoon. Messrs. Junius Hobbs and Paul Privott: Judges, L. R. Bunch saving at least 24 hours in transit Blanchard, Misses Sallie Blanchard and Pauline Hobbs spent Sat urday afternoon in Selwin.

Floors

No entirely satisfactory finish for the kitchen floor has yet been found. The time honored way of scrubbing with soap and water makes the whitest and cleanest looking floor it is true-but think of the work required!

Linoleum is undoubtedly the best floor surface. It is thick enough to be warm and is easier for the feet than any other floor surface. It wears well and is easily cleaned by mopping, but the first cost is too great for any but a small kitchen or a large pocketbook.

Congoleum is an excellent fluor covering and cheaper than linoleum.

Oilcloth may be used but it wears out quickly.

Painted Floors

Two coats of good floor paint in tan or gray are attractive in appearance and wear well. When worn spots appear they should be touched up at once. If the floor is not hard wood it should be given two coats of shellac before the paint is applied, and all cracks should first be filled with crack filler.

Care of Painted Floors

Mr. M. L. Riddick was the about seven o'clock last Wednes- Bobbie McCarthy visited the ing her brother Mr. W. L. Vann. Sweep the floor, and wipe off Perhaps this seems exaggeratappreciated guest of Miss Ella day afternoon and again in al- Misses Byrum Sunday night. Mr. and Mrs. Fred Smith and the dust with a damp cloth. If ed somewhat to many but supson of Gates visited relatives here most the same place the follow-Of the number of callers at the Briggs Sunday night. this will not remove all the dust, pose you think over your own Mrs. James L. King and little ing morning, the fire whistle caus- home of Mr. J. W. Harrell Sun Sunday. use a woolen cloth wrung out of kitchen and answer these quesson Howard spent the week-end ing considerable excitement in day afternoon we note the fol-Mrs. W. L. Vann and Miss Minhot water. If there are spots tions for yourself. lowing: Messrs. Gayly Blanch- nie Vann spint Monday evening that will not come off use a little 1. Have you a coal or a wood with her people near Belvidere. each instance. in Gates, N. C. The small boys of Plymouth ard, Raymond Eason, Kin Stal soap on the cloth, but painted box near your range? Ouite a number from here atand Roper Graded Schools gave lings, Bobbie McCarthy and sis-Children Day service will be 2. Can you re-arrange your tended the Oxford Orphanage floors are ruined by using a scrub held at Somerton in the afternoon a beautiful exhibition of the ter. bing brush and soap and water. kitchen so you will not have to concert in Hobbsville Monday. -Mr. and Mrs. J. C. Blanchard of the second Sunday in May. Once a week after having swept walk so far from stove to work national game on the local dia-Mrs. R. W. Simpson spent Satmond last Wednesday afternoon, gave a lawn party at their home Mr. and Mrs. Miles Parker enurday afternoon with Mrs. T. G. the floor go over it with a cloth table and from work table to pantertained several of their friends resulting in a score of 6 to 8 in Tuesday evening. Delicious dampened with one part of boil- try? McCotter. Saturday and Sunday. favor of Roper. cream, sherbet and other deleced linseed oil and one part of tur-3. Do you have a blue flame C. C. Waters of Germantown, tables were served to the invited Mr. and Mrs. J. R. Smith visitpentine, or kerosene may be used kerosene stove to do your can-A lazy liver leads to chronic Md., guest of Mr. L. G. Roper guests. Those who were present ed Mr. and Mrs. Ned Freeman This cloth may be put on an old ning on and to use when the dyspepsia and constipation,-weakthe past few days left for home and enjoyed the feast of good Sunday.p. m. broom and the floor quickly gone heavier meals do not have to be ens the whole system. Doan's Wednesday, accompanied by Mr. things were Messrs. Oscar Eason, over. Regulets(25c per box) act mildly cooked? and Mrs. Roper who will spend Chester Speight, Ira and J. B. For and itchipess of the skip, The work of caring for a floor 4. Do you have a sink? Is it on the liver and bowels. At all the summer visiting friends in Harrell, Shepard Riddick, Lin, for skin rashs, chap, pimples, etc., in this manner is much less than possible to have a sink to drain drug stores. advt. Maryland and Pennsylvania, Mr. Kin and Jack Stallings, Misses try Doan's Ointment. 50c at all when a great deal of soap and waste water outside of house?-MagZan Pilo Remedy Roper will probably spend a part Blanche Pierce, Ellen Speight, drug stores. water is used; and moreover, the 5. Have you a work table the 机竹 **RELIEVES WHEN OTHERS FAIL**

very dry, and then go all over the 5 . 4 floor with a cloth made slightly 5 .. damp with kerosene, or with boil 5 " 6 ed oil and turpentine. This 5 .. 7 should be rubbed in thoroughly, 5 and the floor should not be walk. 5 66 ed on, if it is possible to avoid it, 5 4 10 " 5-1-11-11for an hour or more.

Walls

331 40 The Manual Arts Department carries on a Home Service De-

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The kitchen walls whether of partment and will gladly give in- ty. wood or plaster should be painted formation regarding House Archi-A good, light colored paint re- tecture, Sanitation, House Furflects the light so that one can nishing and Decoration; and will see well in any part of the kitch- recommend various kinds of paints en. Paint may be wiped off eas- etc , that have been tested by the Department. ily with a broom covered with a

damp cloth, and is made absolute Address: Extension Department

ly clean and fresh by scrubbing with a soft cloth and warm water with sal soda. In these days of enameled paint the shelves of all kitchen closets should be painted. This takes the place of covering them with paper. If the expense of the paint on the plastered wall is too great kalsomine or white wash of lime will freshen the wall, and can be easily renewed.

A specialist from the Depart- Goodbye, "Mister" shad, ment of Agriculture of Washington, in studying farm conditions in Pennsylvania learned that a woman had broken down from overwork. She had been carrying coal to the kitchen from the barn for years. When the husband was asked if there was any reason why a coal bunker could the home of his brother Mr. Alex not have been provided near the Perry. cookstove and filled directly from

had ever thought of it."

SONG BY A FISHERMAN

DEDICATED TO HIS FELLOW FISHER MEN AND SUNG TO THE TUNE OF "LONG WAY TO TIPPERARY." It's a long way to prosperity It's a long way to go, It's a long way to prosperity By the fishing route, you know

Farewell herring too,

It's a long, long way to prosperity For fishermen, like me and you.

Sandy Cross News.

Mr. and Mrs. A. A. Perry of Hertford spent the week-end at

vineyard this week.

and Robt. Nixon, Sr. An election for town officers These two elections are called: was held Tuesday May 5th and One by an act of the General Asthe following vote was polled: sembly of North Carolina, Ses-For Mayor: sion 1915. See House Bill 1419,

J. W. Buchanan 19 S. J. Barco baw, and to create a Stock Law For Com-J.O. Highsmith 30 W. N. Duvall missioners: B. F. Halsey J. W. Chesson

is about ten days later than usual

and will be below normal account

late spring followed by hot dry

weather. Transportation facili-

ties, however, are much improved

After the results were announed and the news was scattered here and there, the plaintive notes of "Tipperary" by the village choir, wafted over the dusty streets by the evening zephyrs, touched many a heart and the election passed to ancient history.

Acorn.

Mrs. Ruth Blanchard of Joppa noon at Muddy Cross. is paying an extended visit to her sons Messrs. J. C. and Gayly Blanchard.

Mrs. W. B. S. Riddick visited relatives near Holly Grove Sunday evening.

Miss Ruth Lamb, late teacher at the Acorn public school, left mon both Saturday and Sunday. this vicinity last week for her home at Belvidere.

Mr. and Mrs. Sam Alphin visited her father's home near Sunbury Sunday.

Messrs. Chester Speight, Henry Barnes, Joe Byrum and Raymond Eason were catters at the home of Mr. J. J. McCarthy Sun day.

Mr. Oscar Eason was the guest The roof of the boiler room at of Miss Pierce Sunday evening. Messrs. John B. Harrell and Albemarle Mill caught on fire

Miss Susie Hobbs left Satur-W.C. Thompson 32 day morning for a visit to her parental home at Myrtle, Va. J. J. Hasseli 82 Miss Virgie Hobbs of Myrtle, 32 Va., is visiting her brother Mr. Noah Hobbs.

21 Hobbsville Graded School clos-20 ed last Friday and in the Decla-19 mation and Recitation contests

Mr. Frank Nixon and Miss Ira Hollowell won the medals,

Misses Minnie Perry and Nellie Blanchard were the guests of Mrs C. B. Hathaway last week.

Miss Myrtle Hofler made a short call at Mr. D. J. Rountree's Saturday.

Mr. Julian Rountree and sister Miss Ellie spent Sunday after-

Somerton Items.

The quarterly meeting was held at Somerton M. E. Church Saturday and Rev. Green, P. E., preached a very entertaining ser-Those from Somerton who attended the county Fair in Suffolk were: Misses Lucile Blood, Lucie Cobb, Huldah Parker, Myra Vanu and Mr. T. V. Arthur.

Mr. T. W. Howell, Mr. and Mrs. J. R. Smith, and Mrs. E. J. Langston attended the funeral of their aunt Mrs. Howell of Franklin, Va.

Miss Minnie Vann of Norfolk, who has concluded a visit with relatives in Whaleyville is now visit

Registration books will be kept open twenty days, as provided by law. Voting places same places as last general election. Polls to be kept open from sunrise to sun set.

Mrs. G S. Walker of Edenton his wagon, he answered "nobody is spending a few days at the