



Your New Home should be made artistic, sanitary and livable.

These walls should be Alabastined in the latest, up-to-the-minute nature color tints. Each room should reflect your own individuality and the treatment throughout be a complete perfect harmony in colors.

The walls of the old home, whether mansion or cottage, can be made just as attractive, just as sanitary, through the intelligent use of

# Alabastine

Instead of kalsomine or wallpaper

How much better, when you have a new home, to start right than to have to correct errors afterward from former treatment with other materials, when you come to the use of Alabastine, as does nearly every one sooner or later.

Once your walls are Alabastined you can use any material over it should you desire, but having used Alabastine you will have no desire for any other treatment.

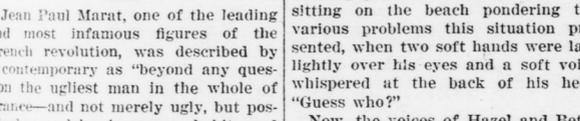
Alabastine is so easy to mix and apply—so lasting in its results—so absolutely sanitary—and so generally recognized as the proper decorative material in a class by itself that it is becoming difficult to manufacture fast enough to supply the demand.

Alabastine is a dry powder, put up in five-pound packages, white and beautiful tints, ready to mix and use by the addition of cold water, and with full directions on each package. Every package of genuine Alabastine has cross and circle printed in red.

Better write us for hand-made color designs and special suggestions. Give us your decorative problems and let us help you work them out.

ALABASTINE COMPANY  
Grand Rapids Michigan

MIX IN ONE MINUTE WITH COLD WATER THE ONLY TOOL NEEDED TO APPLY



Lookout Biscuit  
THE SANITARY METHODS APPLIED IN THE MAKING OF THESE BISCUITS MAKE THEM THE STANDARD OF EXCELLENCE

CHATTANOOGA BAKERY  
CHATTANOOGA TENN.

Says an amateur poultry fancier: "The only money in chickens is what they swallow."

## FRECKLES

Now is the Time to Get Rid of These Ugly Spots.

There's no longer the slightest need of feeling ashamed of your freckles, as Othine—double strength—is guaranteed to remove these homely spots. Simply get an ounce of Othine—double strength—from your druggist, and apply a little of it night and morning and you should soon see that even the worst freckles have begun to disappear, while the lighter ones have vanished entirely. It is seldom that more than one ounce is needed to completely clear the skin and gain a beautiful clear complexion.

Be sure to ask for the double strength Othine, as this is sold under guarantee of money back if it fails to remove freckles.

## FASCINATED THE FAIR SEX

Marat, Repulsive in Person and Manners, Was Noted for His Attractiveness to Women.

Jean Paul Marat, one of the leading and most infamous figures of the French revolution, was described by a contemporary as "beyond any question the ugliest man in the whole of France—and not merely ugly, but positively repulsive in person, habits and manners." And yet, in his early years, he was the most popular physician in Paris, not because of supposed professional skill, but on account of his attractiveness to women, the most wealthy and beautiful women of France daily crowding his consultation rooms, pushing, almost fighting, to get a word or perhaps, a single from him. That he turned a cold shoulder to their attentions seemed only to inflame their ardor, and at one time he contemplated flight, so embarrassing became their attentions. Even when he contracted a loathsome skin disease while hiding in the sewers of Paris, fair women continued to adore him.

How Her Husband Felt.  
"Has my husband appeared to miss me during the month I have been away, Mary?"  
"Well, ma'am, at first he seemed in very high spirits, but toward the end of the time he became less cheerful, and yesterday, ma'am, he was just miserable."—New York Evening Post.

Virtue is almost anti-everything. Most of the commandments are "don'ts."

Had Experience.  
Doctor Chazem (meeting former patient)—Ah, good morning, Mr. Bnks. How are you feeling this morning?  
Bnks (cautiously)—Doctor, does it cost anything if I tell you?—Boston Transcript.

When you have decided that the Worms or Tapeworm must be exterminated, get "Dead Shot"—Dr. Peery's Vermifuge One dose will expel them.—Adv.

## MODERN YOUTH HARD TO TRAP

Little Near-Tragedy Story That is an Example of His Quick Wit and Duplicity.

Of course, he shouldn't have done it, and all that sort of thing, but both Hazel and Betty were charming girls, and it was summertime, and he was young, and he had gone and got himself engaged to both of them. He was sitting on the beach pondering the various problems this situation presented, when two soft hands were laid lightly over his eyes and a soft voice whispered at the back of his head "Guess who?"

Now, the voices of Hazel and Betty were much alike, too much alike when heard as a whisper to make identification sure. And it didn't help any when the voice cooed—"I'll give you a hint—it's some one you told you loved."

Still he hesitated, his mind in a whirl. Should he name either girl and chance it? Already he felt a cooling of the air, as the voice continued: "Well, if that doesn't tell you who—"

"Of course I know who it is!" he exclaimed. "It is the prettiest, sweetest, dearest, smartest little girl in all the world!"

"Oh, you dear old boy!" she chirped in satisfied delight. "How did you really know for sure it was I?"

The Retort Courteous.  
He—Don't you try to make a fool of me.  
She—Not after your boasts of being a self-made man and doing the job much better than I could.

Lesson 1. Peter Preaches at Pentacost (Acts 2).  
Peter proves that Jesus Christ arose from the dead, ascended on high and poured forth the Holy Spirit upon the church; the evidence of it was the unusual behavior of the disciples.

Lesson 2. Peter and John Heal a Lame Man (Acts 3).  
This remarkable miracle wrought in the name of Jesus Christ proved that though the Jews had crucified him, he was now alive and continued his work through the disciples.

Lesson 3. Peter and John Witnessing of the Risen Christ Before the Sanhedrin (Acts 4).  
As a result the Sanhedrin took knowledge that they had been with Jesus, that is, his life and work were being reproduced in and through them. Being with Christ will: 1. Give an experimental knowledge of him, so that the life will remind one of Jesus. 2. Take away the fear of man. Peter, who a little while ago quailed before a Jewish maid, is undaunted before the august sanhedrin. 3. Open a man's lips. Peter said: "We cannot but speak the things which we have seen and heard." What the heart feels, the mouth must speak out.

Lesson 4. The Risen Christ Vindicating His Church (Acts 1:5-16).  
He passed judgment upon Ananias and Sapphira for their hypocritical pretense of generosity. The living Christ knows the intents of the heart; nothing can be concealed from him.

Lesson 5. The Living Christ Saving Men and Women in Samaria (Acts 8:4-25).  
His sanction of the preaching of the Gospel by Philip in Samaria is shown by the outpouring of the Holy Spirit. Peter and John were sent by the mother church to confirm the work.

Lesson 6. The Living Christ Healing the Sick and Raising the Dead (Acts 9:32-43).  
That Christ is alive is proved by the vanquishing of the dreadful malady of palsy and the reanimating of a corpse by the departed soul. Nothing like this had been known since the days of Christ.

Lesson 7. The Risen Christ Revealing Himself to a Gentile (Acts 10).  
Peter testifies to Cornelius that Jesus Christ died for sin and is to be the judge of the quick and the dead, and that everyone who believes on him will receive remission of sins.

Lesson 8. Peter Is Delivered From Prison Through the Living Christ Sending His Angel to Open the Doors (Acts 12:1-19).  
The church prayed for Peter's deliverance and the prison was opened. All power is given him in heaven and in earth; there is nothing too hard for the living Christ.

Lesson 9. Peter Shows the Resurrected Christ as the Head of the Church (1 Peter 2:15; 11-25).  
Because Christ is alive, those who are joined to him by faith grow. Because of the contact with him they are able to maintain seemingly behavior in the various relations of life.

Lesson 10. Christ Is the Revealer of God's Love (1 John 4:7-21).  
The proof that Christ is alive is the love of God in the hearts of those who have been born again.

Lesson 11. Christ Is Alive Because He Is Walking in the Midst of the Churches (Rev. 1:4-18).  
Lesson 12. In heaven, the crucified, risen and glorified Christ will be the center of worship. All glory and honor are ascribed to him because of his marvelous work of redemption.

Anger Injures the Soul.  
Bad temper is like the scorpion which stings itself. Every fit of anger injures most the soul that indulges in it.

Sunshine.  
Those who bring sunshine to the lives of others cannot keep it from themselves.—J. M. Barrie.

Being Always Right.  
From a worldly point of view there is no mistake so great as that of being always right.—Samuel Butler.

## IMPROVED UNIFORM INTERNATIONAL SUNDAY SCHOOL LESSON

(By REV. P. B. FITZWATER, D. D., Teacher of English Bible in the Moody Bible Institute of Chicago.) (Copyright, 1920, Western Newspaper Union)

### LESSON FOR MARCH 28

#### REVIEW: THE LIFE WORK OF PETER AND JOHN.

SELECTION FOR READING—Rev. 21:22-25.

GOLDEN TEXT—Go ye therefore and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost; teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you always, even unto the end of the world.—Matt. 28:19, 20.

ADDITIONAL MATERIAL—John 1:42; 21:15-17; 1 Peter 1:3; 1 John 1:1-4.

PRIMARY TOPIC—Two Stories About Peter (Acts 3:1-15; 12:1-17).

JUNIOR TOPIC—Peter and John Witnessing Others to Christ (material of last quarter).

INTERMEDIATE AND SENIOR TOPIC—Peter and John Compared and Contrasted.

YOUNG PEOPLE AND ADULT TOPIC—Contribution of Peter and John to Christian History.

The review of the quarter's lessons can be profitably made to center in the service of Peter and John, or perhaps better, the activity and power of the risen and ascended Christ manifest in the service of Peter and John.

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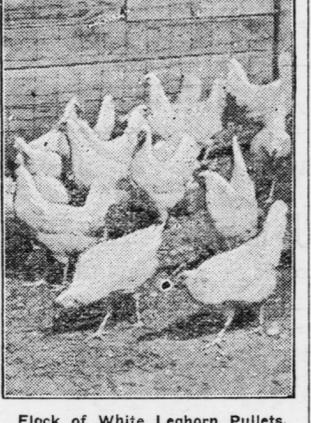
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## POULTRY

### PULLETS MAKE BEST LAYERS

It Seldom Pays to Keep Hens for Eggs After They Are 2 1/2 Years Old—Young Fowls Favored.

There are people who have the right variety of fowls, who house and feed them properly, and yet who cannot obtain eggs early in the winter because their fowls are too old. It seldom pays to keep hens for laying after they are two and one-half years old; not that they will not give a profit, but that younger fowls will give a greater profit, says the United States department of agriculture. A great many poultrymen who make a specialty of winter egg production keep nothing but pullets, disposing of the one-year-old hens before it is time to put them in the winter quarters.



Flock of White Leghorn Pullets.

The champion of the girls' poultry clubs of Mississippi keeps nothing but pullets.

Early hatched pullets, if properly grown, ought to begin laying in October or early November and continue to lay through the winter. Yearling hens seldom begin laying much before January 1 and older hens not until later. It is the November and December eggs that bring the high prices. The laying breeds should begin laying when about from five to six months old, general-purpose breeds at six to seven months, and the meat breeds at eight to nine months.

### VARIETY OF FOOD FOR HENS

Fowls Easily Obtain Different Things Necessary to Make Eggs and Maintain Body.

Constantly feeding one or two grains only compels the fowls to eat more than they ought to and make their digestive systems work too hard trying to get all the different food elements in sufficient quantity out of this material. By feeding a variety of food the fowls are not obliged to consume so great an amount and they can more easily obtain the different things required to maintain the body and make eggs.

### SIMPLE REMEDY FOR WORMS

Give Twenty Drops of Turpentine in Milk or Water and Mix in Mash for Morning Feed.

For worms in poultry give 20 drops of turpentine for each 12 adult chickens; less for smaller chicks. Put that amount in one quart of milk or water; mix in mash in morning. No other feed; also put one teaspoonful of copperas in each gallon of drinking water.

### POULTRY KEPT AS SIDE LINE

Hardly Any Activity of Modern Farming Which Will Pay Better Than Flock of Hens.

Properly developed and fostered, poultry is one of the most profitable side lines in which most farmers can become interested and, at present there is hardly any activity of modern farming which will pay better than the maintenance and production of good poultry.

## POULTRY NOTES

Spade up the yard frequently.

Get rid of all surplus cockerels.

Feed table scraps and kitchen waste.

Keep the hens confined to your own land.

Fowls stand cold better than dampness.

Hatching eggs should be selected only from healthy, hearty, vigorous parent stock.

Yes, sir, the poultry business of America is more important than we realize.

Two quarts of scratch feed twice a day in the litter makes a fair allowance for 25 hens, if they have plenty of mash and vegetables besides.

## I AM GLAD TO ENDORSE PE-RU-NA

Glad to Try Anything  
"Three years ago my system was in a terribly run down condition and I was broken out all over my body. I began to be worried about my condition and I was glad to try anything which would relieve me. Peru-na was recommended to me as a fine blood remedy and tonic, and I soon found that it was worthy of praise. A few bottles changed my condition materially and in a short time I was all over my trouble. I owe my restoration to health and strength to Peru-na. I am glad to endorse it."  
Sold Everywhere

Was in a Terribly Run Down Condition  
Miss Riels Leopold, 288 Layco St., Menasha, Wis., Secy Liederkrantz, Miss Leopold's letter opposite conveys in no uncertain way the gratitude she feels for Peru-na.  
Liquid and Tablet Form



Dire Consequences.  
She—You liked my cooking well enough just after we were married.  
He—I didn't have dyspepsia then.

The Only Kind That Does.  
"Pop, what is a deponent?"  
"A deponent is a man who works around depots. Any fool knows that."

Wanted—Students; Bookkeeping, Shorthand, Positions waiting. Train quickly. Greensboro Commercial Sch., Greensboro, N.C., for Catalog.

KODAKS & SUPPLIES  
We also do highest class of finishing. Prices and Catalogue upon request.  
S. Galeski Optical Co., Richmond, Va.

W. N. U., CHARLOTTE, NO. 13--1920.

## Do Not Get Careless With Your Blood Supply

Impurities Invite Disease.  
You should pay particular heed to any indication that your blood supply is becoming sluggish, or that there is a lessening in its strength and vital force.

By keeping your blood purified, your system more easily wards off disease that is ever present, waiting to attack wherever there is an opening. A few bottles of S. S. S.,

the great vegetable blood medicine, will revitalize your blood and give you new strength and a healthy, vigorous vitality. Everyone needs it just now to keep the system in perfect condition. Go to your drug store and get a bottle to-day, and if you need any medical advice, you can obtain it without cost by writing to Medical Director, Swift Specific Co., 109 Swift Laboratory, Atlanta, Ga.

The less a man knows about politics the more angry he gets in a political argument.

High-Priced Language.  
"Hey, Bill!"  
"What is it?"  
"Your doctor's out here with a flat tire."

100% PEP!  
If Constipated, Bilious or Headachy, take "Cascarets."

"Diagnose the case as flatulency of the perimetrium and charge him accordingly," ordered the garage man. "That's the way he does biz."—Louisville Courier-Journal.

Feel bully! Be efficient! Don't stay sick, bilious, headachy, constipated. Remove the liver and bowel poison which is keeping your head dizzy, your tongue coated, your breath bad and stomach sour. Why not spend a few cents for a box of Cascarets and enjoy the nicest, gentlest laxative-cathartic you ever experienced? Cascarets never gripe, sicken or inconvenience one like Salts, Oil, Calomel or harsh Pills. They work while you sleep.—Adv.

\$100 Reward, \$100  
Catarrh is a local disease greatly influenced by constitutional conditions. It therefore requires constitutional treatment. HALL'S CATARRH MEDICINE is taken internally and acts through the Blood on the Mucous Surfaces of the System. HALL'S CATARRH MEDICINE destroys the foundation of the disease, gives the patient strength by improving the general health and assists nature in doing its work. \$100.00 for any case of Catarrh that HALL'S CATARRH MEDICINE fails to cure.  
Druggists 75c. Testimonials free.  
F. J. Cheney & Co., Toledo, Ohio.

Youth doesn't value its youth, and even a million in later years has its disappointment.

He Gets It Again.  
Cholly—I feel like a fool tonight.  
Miss Keen—So glad you've recovered.—Boston Transcript.

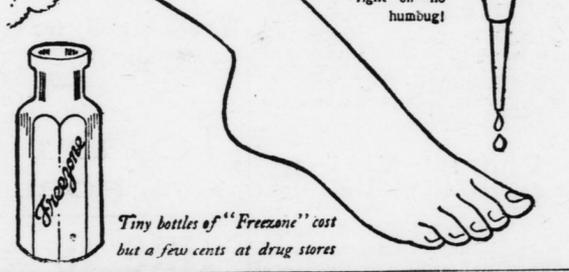
No Scarcity.  
"All the world's a stage."  
"Yep, and there's no scarcity of monologue artists."

## Lift Off Corns!

Doesn't hurt! Lift touchy corns and calluses right off with fingers

Apply a few drops of "Freezone" upon that old, bothersome corn. Instantly that corn stops hurting. Then shortly you lift it right off, root and all, without pain or soreness.

Hard corns, soft corns, corns between the toes; and the hard skin calluses on bottom of feet lift right off—no humbug!



Tiny bottles of "Freezone" cost but a few cents at drug stores

## DR. THACHER'S LIVER AND BLOOD SYRUP

You're as Sick or as Well as Your LIVER

How's your liver? Are you constipated, bilious, grouchy? Have you dizzy spells, dull headaches, bad taste in your mouth, foul breath? If so, you need Dr. Thacher's Liver and Blood Syrup; which has been knocking out troubles of your sort ever since the good old southern doctor first prescribed it away back in 1852. On sale at your drug store.

You're as Old or as Young as Your BLOOD

If you would stay young in health as you grow older in years, have a care for your blood. Dr. Thacher's Liver and Blood Syrup puts life into your blood; purifies and enriches it; makes it tone up the whole system. Also keeps your Bowels open and is a tonic and a cleanser combined. Good for the whole family. Sold at your drug store.

Andy Anton, Thompsonville, Ill., wrote my testimonial for Dr. Thacher's Liver Medicine, which I have used for twelve years. Before I used it I could not do a whole day's work; because I was so weak in my kidneys, but I am now strong and healthy!"  
J. M. Sexton, Box 147, Ocala, Fla., wrote Jan. 22, 1919: "I used a bottle of your Dr. Thacher's Liver and Blood Syrup in my family with a four-year-old child that had had kidneys, caused by measles. Found it to do more good than all the medicines that I ever got hold of."

Sole Props. & Mfrs. THACHER MEDICINE CO., Chattanooga, Tenn., U. S. A. 30

## The Satisfying Sweetness of the wheat and barley food Grape-Nuts

is a matter of economy as well as delight these days. Grape-Nuts pleases without the addition of sugar, as is not the case with most cereals.

Grape-Nuts is economical