

Society

BY MRS. C. E. ALCOCK

The help of friends will make this column more interesting. Please call 140 and report items for this column. All news items of interest to women are welcomed.

Birthday Party.

Little Flora Ann Hodge, daughter of Mr. and Mrs. Jack Hodge, gave a party at her home last Wednesday in celebration of her fourth birthday anniversary. A color note of pink and white was used in the decorations. After games and story time refreshments were served and the little guest received an attractive favor. Thirty little folks were present.

Wedding Announced.

Mrs. R. M. Andrews, of Forest City, announces the marriage of her daughter, Miss Docia Ann Andrews, to Mr. L. M. Gardner, Saturday, September 12th, at York, S. C. The bride is well known and popular in a wide circle in this county. She is a beauty specialist by profession, having graduated from the Empire Beauty College in New York City. The groom is a graduate of the University of North Carolina, and is engaged in business with his father at York, where the happy couple will make their home.

Mr. Tom Petty spent Sunday with his parents in Union, S. C.

Dr. Charles Padgett is spending a few days with his friend, Dr. S. H. Hallett, in Sylva.

Mr. Wade Tillotson, of Hartsville, S. C. was the week-end guest of his cousin, Mr. Geo. Carpenter.

Mr. and Mrs. Elzie Myers of Charlotte are spending this week with Mr. and Mrs. G. P. Reid.

Mr. Furman Hawkins, of Newberry, S. C. spent Sunday here with friends.

Mr. C. K. McDaniel and Mr. "Man" Goforth, spent Wednesday afternoon on business in Spartanburg.

Mr. and Mrs. Gordon Young, of Albemarle, spent Sunday here with Mr. and Mrs. Hope Harrill.

Mr. and Mrs. C. S. Calton, of Sunbury, spent Sunday here with Mrs. M. Tate.

Miss Della Collins, of Union, S. C. spent Sunday here with her parents, Mr. and Mrs. Q. A. Collins.

Mr. Fred G. Carlisle left Sunday for Wilmington where he will receive his position with Swift and Co.

Mrs. Ellis Wells and daughter, Miss Argyle Edwards, of Marion, were shopping here Thursday.

Editor and Mrs. C. E. Alcock spent Friday afternoon in Spartanburg.

Mr. Geo. H. Blanton and daughters, Mrs. G. F. McCulloch and Mrs. J. C. Carson, Jr. and Mr. Miles Blanton have returned from Knoxville, Tenn. They accompanied Mr. Arthur Blanton there where he entered Drughan's Business college.

SANDERS' GROCETERIA

Where quality reigns supreme and prices tickle your pocket book.

J. W. SANDERS Phone 56

Mr. Claude Young, of Auburn, Ala., is spending a few days here with his sisters, Mrs. J. F. Alexander and Misses Nelle and Margaret Young.

Mr. James Harrill who has been in New Orleans, La., for the past several months, is visiting his parents, Mr. and Mrs. F. B. Harrill.

Mrs. Chas F. Harrill and daughter, Hazel, will attend the banquet in Spartanburg Friday night, given by the Spartanburg Herald-Journal.

Misses Ruth Doggett and Hazel Price and Messrs Worth Harris and Charles Summey spent Sunday at Mt. Mitchell.

Misses Beatrice and Annabelle Laughridge and Mrs. Fred Campbell, of Gastonia and Miss Mayme Rollins, of Shelby, spent Sunday here with Misses Kathleen and Ruth Dorsey.

Mr. Geo. W. Rollins and family who have been living on Arlington street for the past two years, moved last week to their farm near Caroleen.

Mrs. J. E. Haslett, of Portsmouth, Va., arrived Tuesday to spend several weeks here with her parents, Mr. and Mrs. F. I. Barber.

Mr. and Mrs. W. W. Williams, of Baltimore, visited their aunt and cousin, Mrs. R. K. Harris and Mrs. J. D. Ledbetter, last week.

Mr. and Mrs. L. H. Morton, of Charlotte and Miss Dixie Jones of Mayesville, spent Wednesday here with Atty. and Mrs. B. T. Jones.

Mr. Madison Moss who spent several days in the Rutherford hospital for treatment has returned to his home.

Mrs. S. N. Watson has returned from a visit to her daughter, Mrs. H. R. Dobson and Mr. Dobson in Spartanburg.

Mrs. R. N. Bell, of Birmingham, Ala., arrived Thursday to visit her daughter, Mrs. R. C. Alexander and Mr. Alexander.

Misses Oneida Welch and Mary Padgett and Messrs Roy Cochran and Lewis Padgett, Jr., of Charlotte, spent Sunday here with relatives.

Mr. Earl King, of Orangeburg, S. C., spent last week here with his father, Mr. R. V. King who continues quite ill at his home.

Mrs. Allamae Davis of Eufaula, Ala., arrived Sunday to visit her parents, Mr. and Mrs. C. S. Calton near Sunshine, and relatives in Forest City.

Miss Alice Washburn entered Queens-Chicora college, Charlotte, this week. She was accompanied by her sister, Mrs. Lillian Washburn Neill, a former Queens student.

Miss Alice Barber had as her guests this week, Mr. and Mrs. Hutto, of Kings Mountain. Miss Barber and Mrs. Hutto were classmates in college.

Rev. W. A. Ayers, pastor of the First Baptist church, left Sunday afternoon for Belmont where he will conduct a revival meeting for the next ten days.

Messrs. Geo. Carpenter and James Padgett attended the dance on Tuesday night in Gastonia. The music was furnished by Blue Steel's Victor Recording Orchestra.

Mr. and Mrs. R. C. King, of Orangeburg, spent Sunday here with the former's brother, Mr. R. V. King who continues quite ill at his home on Broadway.

Dr. Joe Harrison and family, of Loudon, Tenn., have been the guests of Dr. and Mrs. W. C. Bostic, Sr. Drs. Harrison and Bostic were roommates at the Chattanooga Medical college thirty-three years ago and had not seen each other since they graduated. This was indeed a happy occasion for these gentlemen,

Mrs. F. C. Heirs who has been visiting her daughter, Mrs. C. A. Petty and Mr. Petty for the past month has returned to her home in Atlanta, Ga. She was accompanied home by her two sons Messrs. J. C. and J. W. Heirs who spent the week end here with Mr. and Mrs. Petty.

Capt. D. A. Glickman left early in the week to attend the American Legion convention at Detroit. After the convention, Capt. Glickman will make a buying trip to Flint, Mich., Milwaukee, Wis., and points in Canada, where he will purchase goods for the Bee Hive.

Mr. John Lester Duncan, genial and popular young Forest City attorney, left last week for Reno, Nevada, where he has accepted a position with Washoe County Trust Company. Mr. Duncan, a graduate of Wake Forest college, has practiced law here for the past year. Mr. Duncan was accompanied by his mother, Mrs. J. C. Twitty.

The Young Matrons' circle of the Missionary Society of the Methodist church met Monday evening at the home of Mrs. M. H. Hewitt, with Miss Studie Young as joint hostess. A splendid program was given, after which a miscellaneous shower was given to Mrs. J. Goforth, (nee Miss Elizabeth Stradley) a recent bride, who was a member of the missionary society before moving to Rutherfordton. The hostesses served delicious refreshments.

Mr. George Schaller, superintendent of the Courier-Journal Job Printing Co., Louisville, Ky., was the guest of Mr. and Mrs. C. E. Alcock, last Friday. The editor of The Courier spent a number of years with the Courier-Journal Company, reputed to be the largest printing plant in the South, where he gained an intimate knowledge of the printing business on a large scale that has helped him in a great measure since going into business for himself.

Consider Child's Health When Preparing Lunch

It is necessary to consider the food requirements of the school child and the relation of this meal to his other two meals when preparing the school lunch.

"Each day a child needs certain kinds of foods and in certain amounts," says Miss Mary Thomas, food specialist at State college. "Each day the meals should include at least one quart of milk in some form, two servings of vegetables in addition to potatoes, two servings of fruit, one raw if possible, cereal foods, a serving of meat, one egg, some fat, some sweets and six to eight glasses of water. The progress a child makes at school depends on his health and his health depends in large measure upon the food he eats."

At all times, the mother in preparing a school lunch for her child should think of this lunch as just one of his three meals. For normal nutrition, the child should have a substantial breakfast. With only a scant breakfast and a "hot-dog" lunch, the child cannot hope to have a balanced ration by the evening meal alone.

Miss Thomas says the well planned luncheon has five important ingredients. First, a substantial sandwich with a filling of meat, cheese, egg, fish, peanut butter or a substantial food with bread and butter; second, a succulent food as vegetable salad, vegetable sandwich, raw or cooked vegetables; third, milk in some form; fourth, fruit or fruit juices, and fifth, something sweet. Since all school lunches are likely to be dry, it is well to have one of the foods in the form of a drink. This may be either milk, cocoa, fruit juice or tomato juice.

Miss Thomas also recommends that the luncheon be packed well and put up as attractively as possible so that the child will consume it whether he feels like eating or not.

LEGION MINSTREL DATE POSTPONED TO NOV. 3

"The Dixie Blackbirds," a minstrel sponsored by the Willis Tovey Post, American Legion, will be given Tuesday, November 3, instead of October 23rd, as announced last week. This change is made in order not to conflict with the revival meeting at the First Baptist church.

Four burner, long chimney, high back oil stove \$18.50. Why pay more? Farmers Hardware Co.

WOMAN'S CLUB

The members of the Woman's Club and the P.-T. A., are asked to be present on Thursday and Friday mornings at 9 o'clock at the high school cafeteria to help the home economics class to can vegetables to be used in the graded school this winter for the underprivileged children. Please remember, any one having any extra quart or half gallon jars they can lend at this time, bring them with you. It is very important that this work be done at once while there is still an abundance of vegetables, such as tomatoes, okra and corn. If Miss Jenkins, teacher of home economics and her class, are good enough to supervise this work, surely the ladies of the Woman's Club and P.-T. A., can give one half day each week until vegetables are canned sufficient to take care of the underprivileged children in our school. Please bring your own paring knives, as there is only a limited supply in the cafeteria. Be on time Thursday and Friday mornings of this week at 9 o'clock. All will enjoy giving time to this worthy cause.

GOOD NEWS.

Good news is a word fitly spoken. It has value beyond that of gold and precious stones. The power of good news is as evident as the air we breathe, as necessary and nourishing as meat and potatoes.

A word of approval, a smile of appreciation and simple praises released within us something briskly regenerate which kindles to flame the smouldering fires of ambition and aspiration. It is as though a weight had been taken from ones back.

Real accomplishments in this world have been inspired by the voice of a silver trumpet sounding good news.

Be generous and spread the good news about Forest City far and wide so that none within the sound of your voice will go not knowing the merits of this good community. Be a harbinger of good news not only about your home town but about your friends. Forget the bad news. Many of us are too conscious of our

earth-bound condition. Doubt and fear have tied clogs to our feet. Ignorance and misunderstanding have laid heavy burdens upon our backs. Our greatest need today as individuals and as a community is for words that tear away the leaden sky and let the stars shine through. Could you perform a greater service than this?—Exchange.

The power of money, in national and international affairs, is entirely too great. Our financial system exists for the benefit of our people, not for their mulcting.

SEE H. L. Kanipe for your automobile work, welding, brazing, rebuilding and charging batteries.

DR. W. A. AYERS HOLDING MEETING AT BELMONT

Belmont, Sept. 21.—Dr. W. A. Ayers, pastor of the First Baptist church of Forest City, Sunday night began a series of revival services at East Baptist church, of which Rev. R. G. Mace is pastor. Doctor Ayers announced that this is his 228th evangelistic meeting, since he began preaching. His sermon Sunday night stressed dedication of self as the basis for service to God. Services will be held each evening at 7:30 o'clock. The meeting will continue for 10 days.

Number three tin cans \$4.00 per hundred. Farmers Hardware Co.

What Is The Use

in trying to save a little part of our pay? We have a good Poor House to go to when we are old. Go look it over and see if you don't change your mind. And we want to tell you, there is no better place than the Building and Loan Association to start your savings. Finally, it's the best place on earth to stick close to from beginning of life to the end. It will put you in your own home and keep you there.

Start with the October Series. Small weekly deposits taken from your pay envelope will bring a new twinkle to your eye.

Forest City B & L Association

Dalton Bros.

9th Anniversary Sale

Sweeps Rutherford County as the greatest merchandising event in ten years. All precedents swept aside in this great once a year event. When you can buy a good wool suit for \$9.95, an all silk dress for \$4.84, a good pair pants for 98c, a big blanket for 44c, 8 ounce feather ticking for 15c a yard, a good ladies' coat for \$5.95, a 25c bath towel for 10c, and good broadcloth for 10c a yard, why do you need to worry? Dalton Bros. is giving you the most you ever had for your money in good clean merchandise and every article guaranteed. This store stands on its nine years' reputation for truthful advertising. It has got to be right if we sell it.

Extra Special For Fair Week

Thursday Morning only With your first \$1 purchase we will sell you a \$1.00 Percolator for 19c	Extra Special Friday Morning 22x40 bath towel, regular 25c value for 10c	Extra Special All This Week Good quality fine 36 inch Sheeting yard 3c
Thursday Morning only With your first \$1 purchase we will sell you a 50c wash basin for 10c	Extra Special All This Week Loeb Mechanic work trousers regular \$1.50 value, for 98c	Extra Special Curlee's famous 6121 Serge Suits, regular \$25 value, for \$18.95
Extra Special Friday Morning 8 ounce feather ticking, regular 25c value, for yard 10c	Extra Special All This Week Dalton Bros famous \$1.00 stockings, full fashioned and pure thread silk, all perfect, for pair 79c	Extra Special 18 yards Druid LL Sheeting for \$1.00
Extra Special 1000 yards Broadcloth and Prints in this sale at, yard 10c		Extra Special 15 yards fast color Chambray for \$1.00

DALTON BROS.

Forest City, N. C.