

THE EXCHANGE

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Not responsible for the views of Cor-
respondents on any question.

And Jesus went about all Galilee,
teaching in their synagogues, and
preaching the gospel of the kingdom,
and healing all manner of sickness
and all manner of disease among the
people. Matthew 4:23.

John Anderson

John Anderson my Jo, John,
When you were first acquaint
Your looks were like the raven,
Your hands were like the iron;
But now your brow is bald, John,
Your looks are like the moon,
But blessings on your frosty hair,
John Anderson my Jo.

John Anderson my Jo, John,
We claim the hill together,
And money a centy day, John,
We've had w' me another,
Now we mean tetter down, John,
But hand in hand we'll go,
And sleep 'together at the foot,
John Anderson my Jo.

Robert Burns

THE MAN WHO HUSTLES.

It may be true that all things come
to those who wait. But the man who
hustles will, nine times out of ten,
enjoy the good things of the world
while his less enterprising neighbors
are waiting. It may be in keeping
with certain standards of dignity and
modesty to wait for these things
which will give one that measure of
happiness, which is associated with
success. But again it is your hustler
who brings the goods home on time—
and maybe a little ahead of schedule.

Horticulturalists tell us that the finest
fruit grows on the highest parts
of the tree. And it takes a climber
to get it.

It takes pop and spunk to win vic-
tories. The path of duty is not a
boulevard of one per cent grade.
There are heavy grades and rugged
heights to overcome, and it takes en-
durance and tenacity of the six-cyl-
inder type to get over them.

In every community there are men
and women who stand out from the
rank and file as individuals. These
men and women have made a place
for themselves in the world by the
force of character and personality.
And their success testifies to the ef-
ficacy of the go-after-it spirit.

There are plenty of folks who never
get hold of a new idea. They would
plough with a wooden plow and ride
horse back till kingdom come, if their
fellows didn't show them better ways.

The world is looking for supermen
and superwomen. Can you deliver
the goods?

Here's health to the hustler and the
healthier spirit. It always meets you
half way and a little more. It drives
to the right and goes ahead. It makes
possible today what the wisecracker
yesterday said could never be done.
It carries men from small beginnings
to great achievements. It builds fortu-
nates, and it makes boys and girls
proud of their dadies.

A SUCCESSFUL TEACHER.

A former pupil of one of the most
successful teachers of North Caro-
lina, some time ago in speaking of his
old teacher as one of the leading edu-
cators of the State, said he did not
get so much from work in the class-
room or from recitations, but the big
thing he got was inspiration. "He
made me to hunger and thirst after
knowledge. He gave me a passion
for high and noble things, and he
made me want to plant my feet on the
heights of culture and character."

After all is this not the big thing
in education? Of what use is knowl-
edge gained from text books and a
process of machine-like routine, which
fills the mind with all sorts of in-
digestible facts and theories and leaves
the soul of man untouched? More
and more we are coming to see the ad-
vantage of a college education and to
a better understanding of what an
education is.

The dollar mark is a poor standard
with which to measure the value of
an education. Its benefits and pur-
poses constitute something that can-
not be reduced to dollars and cents.

President Wilson is quoted as say-
ing something to the effect that a boy
gets more out of the rest periods than
the recitation periods at college. In
other words it's not what he learns
in class, but what he gains from con-
tact with his fellows that counts.
Character building is the big idea—
and you grasp it?

What North Carolina needs is not
more lawyers, doctors and preachers.
But the great need is an educated citi-
zenship—boys and girls with college
education who will go into every com-
munity in the State and become build-
ers of homes and a civilization that
will mean nearly approach the ideal.

And when the flood is forgotten we
can think of Mexico again.

IN THE PUBLIC SERVICE.

Perhaps you are tired and worried
from a long and trying trip, or maybe
a late train has gotten on your nerves.
You enter the portals of a modern
hostelry, a courteous clerk greets you
with a smile and a solicitous word as
to how you feel. Hastily and perhaps
illegibly you write your name on the
register, with haste he reads it and
enquires: "How are you tonight, Mr.
Jones?" And maybe Mr. Jones is on
the ragged edge and he frankly says
so. But this gentlemanly official pro-
ceeds to make Mr. Jones feel at home
and instantly almost you find yourself
growing into a better humor. The
world is not as blue as you thought it
was and here is a man who really
wants to make you comfortable.

Yes, you say, it's your money he is
after. But your guess is wrong.
Certainly he does not discount the
financial side of the proposition, but
the chances are nine to ten that he is
a genuinely good fellow and wants to
make you feel good—because he gets
satisfaction out of that sort of thing.
It does him good to know that he can
do you a favor. He was hired for
this job because he was qualified for
this kind of work.

And so it goes. The greench has
been eliminated from the scheme of
things. You don't meet him any
more at the hotel, at the depot, at the
express office or in the bank. He has
been relegated to the estate of has-
beens, and in his place has come a
new type—the courteous, gentlemanly
official who does really care for your
comfort and convenience. Truly there
are some natures so fashioned that
they will impose on this good fellow.
But thanks for the new order of
things. And rous mit der growth.

AND THEY PRAYED.

The newspapers are carrying a
story to the effect that recently on
the grounds of a famous golf course
on Long Island a caddy was suddenly
struck down with lightning, and as
the body of the dead caddy was car-
ried from the field all the women in
the party, including famous society
leaders and Mrs. Oscar Lewisohn, for-
merly Edna May, actress, fell to their
knees and prayed to the God of Isaac
and Abraham for deliverance from
death.

This story drives home a good les-
son. These women may have been ac-
customed to saying prayers—we do
not know about that—but when
brought face to face with the im-
mediate possibility of having to face
their God, they prayed. And so it is
with man. He goes along the even-
tome of his way, sometimes not con-
cerned about such matters, but when
he comes down to death he prays to
his God.

Scotland county is peculiarly bless-
ed. While a great portion of the
State is suffering from the effects of
the most disastrous rain and floods in
its history, Scotland county is en-
joying sunshine, and the great cities
of the North are pouring thousands of
dollars into the county every day for
the famous Scotland cantaloupes,
which reach such a high state of per-
fection in this favored climate. Every-
body here is at work, and the beauty
of the thing is, everybody is getting
good pay for their work.

Billy Sunday says he expects to
fight until hell freezes over, and then
he'll buy a pair of skates and tackle
them on the ice. Let's hope the ice
will not crack.

And we still meet with the fellow
who declares he doesn't care anything
for cantaloupes. But no doubt there
are many destined to miss the good
things in life.

The health folks are advising
everybody to take a vacation. There
are many who don't know how to
take anything else.

There may be time yet for you to
be something of what you might have
been.

Germany and the Allies have start-
ed the second half of the season.

Exchange of Courts.

The Raleigh News and Observer of
Tuesday says: The Governor yester-
day authorized an exchange of courts
between Judge Lyon and Judge Win-
ston. Judge Lyon will hold court in
Bladen county, beginning August 7,
and a term in Hoke county beginning
August 14. Judge Winston will hold
Northampton county beginning August
7, and a two weeks term in Halifax,
beginning August 14.

Cataract Deafness Cannot Be Cured
by local applications, as they cannot reach
the diseased portion of the ear. There
is only one way to cure catarrh of the
middle ear, and that is by a constitutional
remedy. Deafness is caused by an in-
flammatory condition of the mucous
membrane of the Eustachian tube, when the
tube is inflamed it has a tendency to
close, and the sound waves are thus
prevented from reaching the eardrum.
The only way to cure catarrh of the
middle ear is by a constitutional remedy
which will reach the diseased portion
of the ear. Doan's Kidney Pills are
the only remedy of the kind. They
cure the disease and prevent its return.
Doan's Kidney Pills are sold by all
druggists. Price 50 cents. Doan's
Kidney Pills are sold by all
druggists. Price 50 cents.

MARKET NEWS SERVICE FOR CANTALOUPE GROWERS.

Report From Department of Agricul-
ture Shows Movement of Cantaloupe
Since Office Was Established at Laurinburg.

As noted in The Exchange last
week, the United States Government
through the Department of Agricul-
ture, cooperating with the State De-
partment of Agriculture, has estab-
lished a news market office at Laurin-
burg under the management of Mr. E.
E. Culbreath. This office reports 383
cars of cantaloupes shipped from
North Carolina since July 7 up to and
including shipments for Monday, July
17. The office also issues every af-
ternoon market reports, which show
in detail shipments and prices for the
day before. It also shows the condi-
tion in which melons reach the mar-
kets, and of course shows up those
sections of the country where the cantalou-
pes are harvested too green, poorly
graded and packed. A detailed state-
ment from the Department follows:

The prices prevailing on the mar-
kets have been fairly good but not as
well as would be if three or four im-
portant factors that enter into the
marketing of cantaloupes were taken
more seriously by the growers and
packers. These important factors are
harvesting, grading, packing and
shipping. Complaint on complaint is
raised on the markets about North
Carolina melons being too green, very
poorly graded and poorly packed.

It's the other end of the line that
pays the money for shipments of cantalou-
pes and the grower should have his
melons to reach the destination
looking fully as well and if not bet-
ter than when they left his packing
house. The keen eye of the whole-
saler, the retailer and the consumer
has no sympathy for the grower. And
our farmers should well understand
and appreciate the close inspection
melons have when they reach the
northern markets, and should be put
in condition to weather all classes of
inspection if the best price is wanted.
Only a little more care and closer in-
spection before the melons are ship-
ped will add from 25 to 50 cents more
to each crate, isn't it worth it?

Just the other day a very bad cantalou-
pe was seen in a crate that
looked otherwise in good condition.
That crate went to market and that
decayed melon cost the shipper not
less than 25 cents and maybe more,
because it raised a question in the
mind of the buyer on the market.
"How many other crates have decayed
melons?" A little more pains and
proper inspection will save the grower
many dollars. Because if by more
care and proper inspection there was
added 20 cents to each crate of cantalou-
pes shipped so far this season
the handsome sum of \$30,000 would
be scattered among the melon grow-
ers of the Old North State. Isn't it
worth it?

The West has long since learned
that to supply the distant Eastern
markets with their produce they must
harvest, grade, pack and ship same
so it will be in good condition and at-
tractive when placed on these distant
markets. You very seldom hear
complaints of the condition of perish-
ables received from the far off West,
and we are asked why we do not learn to
put perishable produce on the market
like it comes from the west.

The government report yesterday
stated that some of the North Caro-
lina melons that were generally good
were bringing as much as \$2 on the
New York market for the best, but
that owing to poor packing and grad-
ing and the melons' being gathered
too green many of them were much
under this figure.

Cantaloupe Movement.

Laurinburg, N. C., July 18, 1918.
Shipments yesterday: N. C., 30
cars, S. C. unreported, Ga., 2, Ark.,
48, incomplete, Ill., 1, Nev., 15.
Shipments previously unreported:
Sunday, Ariz. 37, Saturday, Cal. 5,
Friday, Cal. 10.

Telegraphic Report on Market Con-
ditions Today.
Buffalo: Hot, sultry; Cal. 1, Ga. 2,
Ariz. 1, N. C. 1, unloaded, Cal. city,
fair, gen. good, stds. 3.00-4.00; ponies,
2.50-3.25; 2-3s, mostly 3.00; flats,
1.25-1.50; Ariz. gen. good, variable,
stds. 3.75-4.00; ponies, 3.00-3.25; best
3.50; Georgia, fair, gen. good, pinks,
flats, 85c-1.00; North Carolinas, city,
and condition fair, flats, 75c-85c.

Boston: Hot and growing warmer.
Cal. 2, Ariz. 4, Ga.-N. C. 14, marked
stdy, dem. good; Cal. city, gen.
good, jumbos, mostly 4.00; stds. 3.75-
4.00; ponies, 3.00-3.25; Ariz. city,
gen. good, some soft, stds. 3.25-4.00;
2-3s, 2.50-3.25; ponies, 2.00-3.25; Ga.
city, fair, variable, stds. 2.00-3.25;
jumbos, mostly 2.00; ponies, 1.00-1.25;
flats, mostly 75c; N. C. city, fair,
cond. gen. good, best stds. 2.00-3.25;
ponies, 1.25-1.50.

Columbus: Hot, clear; Cal. 2, N.
C. 1, Cal. city, con. fair, soft, over-
ripe, wrapped and unwrapped, stds.
3.00-3.75; ponies 3.00-3.25; 2-3s 2.75-
3.00; flats, 1.25-1.50; N. C. city,
poor, stds. 1.75-2.00; flats, 85c-1.00;
Georgia, pinks, flats, 75c-90c.

Washington: Hot, clear; Ariz. 1,
Ga. 1, N. C. approx. 500 crates by ex-
press; Va. approx. 500 crates by boat;
Ariz. dem. light, city, con. good,
trifle slack pack, stds. 3.50; ponies,
2.00; flats, (12s) Honey Dew, 1.75;
N. C.'s dem. light, city, poor, vari-
able, soft, green, stds. 2.00; others,
best, 1.50; fair, 1.00-1.25; poor, 25c-
1.00; Va.'s city, improving, stds. half
barrel crates, 1.00-1.25.

Philadelphia: Clear; southern 18
cars, arrived, 7 unsorted, 5 on team
trucks; Western 4 arrived, 6 unloaded,
1 on track; N. C.'s mkt. declining,
mod. demand, city, ordinary to poor,
very green, or overripe, stds. jumbos,
50c-1.00; Ariz. mkt. druggy, dem.
slow, city, good, some soft, stds.
2.75-3.50; stds. best 3.75; jumbos, old
stock, 4.00; ponies, 3.00-3.25; 2-3s,
2.50-3.75; flats, 1.50; Cal. mkt. steady
dem. good, city, cond. gen. good,
wrapped, stds. 4.00-3.75.

Pittsburgh: Rain, sultry; Ariz. 8;
Ariz. 1, Cal. 5, Ga. 6, N. C. 8, S. C. 1,
21 cars by ex-press; Ariz. stdy, dem.
limited, gen. good, some soft, stds.
3.40-3.50; jumbos, 4; 30's, mostly
3.75; 2-3s, 2.50-2.75; ponies, mostly
2.00; flats, 1.25-1.50; Ariz. mkt. druggy,
1.50; lower Cal. mkt. druggy, dem.
variable, best stds. 2.25-3.50; jumbos,
mostly 2.75-3.00; flats, 1.15-1.25; over-

Ho! Everybody!!
Know Zu Zu! Eat Zu Zu! The crisp-
est, spiciest ginger snap that ever
tickled a palate.
Make a bee line to the nearest grocer
man, and get a whole packageful for
a nickel.
5c
NATIONAL BISCUIT COMPANY
Zu Zu • Zu Zu

ripes 50c-1.00; Georgias, dull, dem.
slow, city, cond. poor, spongy, stds.
1.00-1.50; Carolinas, mkt. steady,
dem. limited, city, cond. gen. good,
stds. 1.65-1.85; mostly 1.75; ponies,
1.25-1.50; Nevada, druggy, dem. mod-
erate, city, fine, some overripe, stds.
3.25-3.50.
O p Sunday: chif' 12 12 12 12 12 12 12 12
New York: Growing warmer;
clear; Ga. 3, N. C. 25, Cal. 4, Ariz. 2,
unloaded; Ariz. easier, demand good
for good stock, green meats, city,
good, some soft and overripe, stds.
jumbos, mostly 3.50; ponies, 2.50-
2.75; flats, 1.65; pinks, city, fair, con-
dition good, mkt. active, demand good,
flats, jumbos, 1.97-1.50; stds. 1.25-
1.50; ponies, 1.10; Cal. mkt. dull;
demand slow, cond. fair, variable, jum-
bos, 3.95-4.25; stds. 3.50-4.00; ponies,
2.75-3.25; flats, 1.60-1.75; softs, 1.25;
2-3s, 2.75; Georgias, pinks, mkt. ac-
tive, dem. good, city, cond. fair, few
green, flats, mkt. druggy, Carolinas,
Scotland County, market active, de-
mand good, fancy pack, poor grade,
condition generally good, standards,
1.00-1.75; 36s, 1.25; 27s, 1.25; ponies,
75c-1.00; Duplin county, mkt. druggy,
demand moderate, wide range quality
and condition, poorly graded and
packed, many overripe, very waxy,
standards, best 1.25-1.50; poorer, 60c-
1.00; ponies, 75c-90c; flats, 40c-40c.
E. E. Culbreath,
Asst. in Marketing N. C.
Office over postoffice, First National
Bank Building, Laurinburg, N. C.

Take A Vacation.

It is time to take a vacation.
Everybody that works either mentally
or physically needs a vacation some-
time during the year.

Perhaps you think you can't afford
a vacation this year. The fact is, in
general you can't afford not to take
one. You can't afford not to rest
your mind and body and get away
from routine work.

Perhaps you have not thought what
a break-down or spell of sickness
would cost you. The old adage, "a
stitch in time saves nine," is applic-
able to our health as to our clothes.
You may not be able to afford an
expensive trip to the seashore or to
the mountains but you can afford a
rest and a change of environment for
at least a few days.

A few important points not to be
overlooked in taking your vacation
are:

- First, go where your health will
not be in jeopardy. Stay at no place
where there are flies or mosquitoes.
- Second, know that wherever you go
there are sanitary means for the dis-
posing of sewage. Third, know that
the food served you is not fly-infected
and that the milk is clean. Fourth,
know that your drinking water is
pure. Fifth, be vaccinated against
typhoid fever before leaving home,
thereby reducing your chances of con-
tracting typhoid fever 90 or 100 per
cent.
- A few don't's will perhaps be in
place before making the start.
Don't take too much baggage.
Don't take any cares or worries.
Don't exercise too strenuously at
first.
Don't eat injudiciously.
Don't spend too much money.
Don't forget that rest is what you
are there for and that a vacation that
does not put new life into your body
and joy into your heart is a failure.—
N. C. Health Bulletin.

BACKACHE IS DISCOURAGING.

But Not So Bad If You Know How to
Beach the Cause.

Nothing more discouraging than a
constant backache. Lame when you
awaken, pains pierce you when you
bend or lift. It's hard to work or to
rest. Backache often indicates bad
kidneys. Laurinburg people recom-
mend Doan's Kidney Pills. Read this
case:

Miss M. Jones, Middleton Heights,
Laurinburg, says: "Typhoid fever
left my kidneys in awful shape and
the trouble annoyed me day and night.
I was so tired mornings I could hardly
get out of bed, and I grew weak and
had no ambition. Six boxes of Doan's
Kidney Pills cured me and I have not
had a sign of the trouble since."
Price 50c. at all dealers. Don't
simply ask for a kidney remedy—get
Doan's Kidney Pills—the same that
cured Miss Jones. Foster-Milburn
Co., Props., Buffalo, N. Y.—Adv.

McColl News Items.

McColl, July 10.—Mr. Luther Mc-
Laurin and family spent Sunday with
relatives in Rockingham.

Miss Atlanta Fletcher on last Fri-
day morning delightfully entertained
several friends at "A Silver Tea."
After an hour spent with playing
rummy, or in doing fancy work, tea and
sandwiches were served. The offer-
ing will be used for enclosing the cem-
etery.

Several relatives and friends from
here attended the funeral of Mr.
Simson Gibson on Saturday. Also
that of Mrs. Dr. Pate on Sunday af-
ternoon.

Mr. W. I. Mason has been on the
sick list for several days.

Misses Ola and Eva McLaurin have
returned from an extended visit to
relatives at Rockford. Their aunts,
Mrs. Louis Parker, and Mrs. McFad-
den, accompanied them home and will
visit relatives in this community.

Rev. J. B. Willis and family after
visiting relatives here have gone to
Hartsville for a few days visit.

Misses Lillian Willis and Maggie
McLaurin have returned from a visit
to Reidsville, N. C.

Mrs. Jno. Murphy and little son, of
Laurinburg, visited at the home of
Mr. W. B. Fletcher on last Friday.

Mr. Jess Adams, who has been very
sick of fever, is improving.—Pee Dee
Advocate.

Resolved

RESOLVED
WE ARE FISHING FOR
BUSINESS WITH
GOOD VALUES. IF
YOU ARE FISHING FOR
GOOD BARGAINS WE
HAVE WHAT YOU WANT.
WE'VE GOT THE GOODS

IF YOU ARE FISHING AROUND FOR JUST WHAT
YOU WANT, JUST COME TO US AND SEE IF WE
CAN'T SHOW YOU JUST THE VERY THING. OH!
WE ARE CONFIDENT WE KNOW WHAT OUR CUS-
TOMERS DESIRE; AND WHEN IT COMES TO GET-
TING YOUR MONEY'S WORTH WE CAN GIVE
YOU THAT, BECAUSE WE KNOW THAT WILL
MAKE A FRIEND AND CUSTOMER OF YOU. WE
CAN'T AFFORD TO GIVE YOU LESS THAN YOUR
MONEY'S WORTH.

PLANTERS TRADING CO.

THE NORTH CAROLINA COLLEGE OF AGRICULTURE AND MECHANIC ARTS
Young men seeking an education which will equip them for
practical life in Agriculture, and all its allied branches; in
Civil, Electrical and Mechanical Engineering; in Chemistry
and Dyeing; in Textile or other industries, and in Agricul-
tural teaching will find excellent provision for their chosen
careers at the State's great technical College. This College
fits men for life by giving practical instruction as well as
thorough scientific education.
Four year courses in Agriculture, in Chemistry, in Civil,
Electrical and Mechanical Engineering and in Textile indus-
tries.
Four year, two year, one year, and summer Normal cours-
es in Agriculture. Numerous practical short courses.
Entrance examinations held at each county seat on July 13.
For catalogue, and entrance blanks, write
E. B. OWEN, Registrar, West Raleigh, N. C.

Stupendous Loss From Typhoid and Malaria.

Washington, D. C., July 17.—"The
estimated economic loss which our
nation suffers each year from typhoid
fever and malaria alone aggregates
\$928,234,850, leaving out of entire ac-
count the sorrow, the unhappiness,
the misery, and the inefficiency, which
follow in their train." Senator Joseph
E. Ransdell of Louisiana today
addressed the Senate on the subject
of "Rural Health—America's First
Duty." "The greatest asset which
our country can have," said Senator
Ransdell, "is the healthy American
citizen, and valuable as it may be to
increase the health of livestock and
vegetation, it is of far greater im-
portance that we throw every possi-
ble safeguard about the health of the
man who is responsible for that live-
stock and vegetation. Over 900 mil-
lion dollars last every year! A sum
which is sufficient to put our country
into a state of preparedness equal to
that of any nation in the world,
enough money to give us the largest
navy afloat and the most efficient
army which the world has ever seen,
is annually offered up as a sacrifice to
two diseases which are entirely pre-
ventable. Enough money to pay the
annual expenses of every college
student in the United States is ab-
solutely thrown away every year."
Senator Ransdell estimates the grand
total loss from typhoid fever at \$371-
952,550 per annum, and the loss from
malaria at \$554,904,750 per year; the
total per capita loss from these two
diseases being \$9.46. By compar-
ative estimates it was shown that the
United States Government has appropri-
ated \$5,016,175 for the investigation
and prevention of the diseases of ani-
mal and plant life and only \$1,917-
556 for the investigation and preven-
tion of the diseases of man.

Gulledge Trial at Wadesboro.

Wadesboro, July 15.—Upon motion
of John W. Gulledge's counsel at the
last term of criminal court in this
county, the judge granted a change of
venue to Richmond county. There
are several counts docketed against
Mr. Gulledge, including embezzle-
ment, false pretense and conspiracy
to defraud. He was president of the
late Southern Savings Bank. The
cases are set for trial Wednesday of
next week, when it is anticipated that
some sensational evidence will be de-
veloped.

The State's case will be presented
by Solicitor W. E. Brock and J. A.
Lockhart and F. E. Thomas of the
Wadesboro bar. Mr. Gulledge will
be defended by Robinson, Caudle &
Fruette and H. H. McLeod of
Wadesboro, and John T. Bennet and
John Cameron of Rockingham.

D'EXMA New Herbal Skin Balm

This ointment—its new active compound
of healing herbs, D'EXMA gives you instant relief from
the distress of sunburn and all forms of skin disease.
We get the only drugstore in this town from
which to get the great D'EXMA balm, can be secured.
Come to today and see for yourself our wonderful pre-
sent to bring you relief.

BLUES DRUG STORE.