

**MEN AND WOMEN**  
 who were weak, debilitated, half-sick, nervous and run-down tell how

**MANTONE**  
 "King of Reconstructives"  
 clears out the system, enriches the blood and builds new strength, health and life.

**"MAKES YOU FEEL GOOD ALL OVER"**  
 FULL TREATMENT GUARANTEED BY ALL DRUGGISTS



**In Ye Olde Dayes Folkes Knew Goode Coffee**



WHEN good fellows of long ago gathered about ye fivve board for a snack and a smock, they demanded that coffee be ye very best in ye land.

That's the kind ye get today when ye drink Luzianna. Just try it. If it doesn't taste better than any other coffee, ye've got a real "kick" coming to ye, and yeer grocer will refund every penny ye paid for it.

Get in line with the thousands of good people who drink Luzianna regularly. Buy some today, in the six-oz. quantity.

**LUZIANNE COFFEE**

**The Seed of Success**



"If you want to know whether you are going to be a success or failure in life, you can easily find out. The test is simple and infallible. Are you able to save money?"

If not, drop out. You will fail as sure as you live. You may not think so, but you will. The SEED OF SUCCESS is not in you.—JAMES J. HILL.

Habits are seeds—Each brings forth after its kind. Do you want to "drop out?" Then take care that you SOW THE SEED OF SUCCESS!

LEARN TO SAVE!  
 WE WILL HELP YOU

**SCOTLAND COUNTY SAVINGS BANK**  
 Laurinburg, N. C.

**FLOWERS**

Separable cut flowers. Pinks, Terns. Floral arrangements for any occasion. Prompt attention to out-of-town orders.

**SCHOLTZ, The Florist, Inc.**  
 Phone 441-442. S. N. Tryon St. Charlotte, N. C.  
 BLUE'S DRUG STORE, Agents

**SAY, MR. FARMER**

Is your cotton insured against hail? If not let us insure it for you.

**LAURINBURG AGENCY CO.**  
 Insurance and Loans.

Phone 148  
 Hinton James Wade S. Dunbar

**Patronize Our Job Department**

**FLIES ONE OF WORST ENEMIES OF CHILDREN.**

Direct Relation Between Presence of Flies and Cases of Summer Complaint That Annually Takes So Many Little Lives.

There is a direct relation between the presence of flies and the number of deaths from typhoid fever and a number of other diseases. In the case of infant diarrhea the number is almost double among those who are exposed to flies as compared with those who are protected. In other words, a baby whose parents do not screen the house and do all possible to keep out flies has just twice as much danger of having "summer complaint" which each year wipes out so many little lives.

Primarily the cause of flies is filth. They cannot exist in thoroughly clean surroundings. A house buzzing with flies is a house that has accumulations of filth somewhere near it. If the premises of the house itself are clean, then those of a near by neighbor are not.

Screening, and the use of fly paper and swatters against the few that get through carelessly opened doors, has been proved to be the most effective weapon against flies. Screening is inexpensive. Where wire screens cannot be purchased a small amount of mosquito netting will serve to cover all windows and doors, and a sufficient quantity for the average house can be bought for a very small sum. If properly put in the mosquito net screening will last usually two seasons.

The filthy fly, and there are no other kind, brings many diseases to both children and grown people, but is particularly deadly to the little ones. It carries typhoid fever, tuberculosis, anthrax, plague, trachoma, septicemia, erysipelas, leprosy and infantile paralysis. The presence of these diseases can be very largely reduced by abolishing the flies that carry the germs.

**COLONEL DYNAMITE A SLUGGISH LIVER.**

Crashes Into Sour Bile, Making You Sick and You Lose a Day's Work.

Calomel salivates! It's mercury. Calomel acts like dynamite on a sluggish liver. When calomel comes into contact with sour bile it crashes into it, causing cramping and nausea.

If you feel bilious, headachy, constipated and all knocked out, just go to your druggist and get a bottle of Dodson's Liver Tonic for a few cents which is a harmless vegetable substitute for dangerous poisons. Take a spoonful and if it doesn't start your liver and straighten you up better and quicker than nasty calomel and without making you sick, you just go back and get your money.

If you take calomel today you'll be sick and nauseated tomorrow; besides, it may salivate you, while if you take Dodson's Liver Tonic you will wake up feeling great, full of ambition and ready for work or play. It's harmless, pleasant and safe to give to children; they like it.—Adv.

Only members of units of the senior division Reserve Officers Training Corps, now in attendance at various educational institutions maintaining such units will be eligible to attend the one month's course of training to be held from June 8 to July 2 at Ft. Sheridan, Ill., and the Presidio at San Francisco. There are 150 colleges maintaining these units, from which 5,000 students will be selected. Those who complete the course of training will not be eligible for commissions. A great number will be under military age.

**LEMONS WHITEN A BEAUTIFY THE SKIN.**

Make This Beauty Lotion Comply for Your Face, Neck, Arms and Hands.

At the cost of a small jar of ordinary cold cream one can prepare a full quart of the most wonderful lemon skin softener and complexion beautifier by squeezing the juice of two fresh lemons into a bottle containing three ounces of oatmeal white. Care should be taken to strain the juice through a fine cloth so no lemon pulp gets in, then this lotion will keep fresh for months. Every woman knows that lemon juice is used to freshen and remove such blemishes as freckles, sallowness and tan and is the ideal skin softener, whitener and beautifier.

Just try it! Get three ounces of oatmeal white at any drug store and two lemons from the grocer and make up a quart of this sweetly fragrant lotion and massage it daily into the face, neck, arms and hands. It is marvelous to smoothen rough, red skin.—Adv.

Women of the Methodist Church South won a fight of 40 years at the conference in Atlanta, Ga., when the general assembly struck from the church law the prohibition against their election as church stewards and as delegates to the general conference. The measure passed by a vote of 171 to 174 which is about the same margin by which it was defeated in 1878.

**DEATH FROM TYPHOID IS SAME AS SUICIDE.**

A Strong Effort is Being Made in the State to Materially Reduce Death Rate From This Cause.

If the average for the past four years is maintained this year there will be in North Carolina during the month of June more than five hundred cases of typhoid fever, and one in each seven of the persons having the disease will die. That this record of past years shall not be maintained is the determination of the State Board of Health, which is bending every effort to reduce the typhoid death rate for 1918 materially from the rate of last year. There has been a gratifying reduction for each of the past four years, and the State Board of Health has set 500 as the maximum for this year.

Working toward this end active anti-typhoid campaigns are being waged in a number of counties. Typhoid vaccine is being furnished free by the State Laboratory of Hygiene, and in a number of places is being administered without charge. A number of counties have taken advanced steps in sanitary legislation that will greatly aid in preventing the spread of the fever germs. A death from typhoid is a useless death, and the realization of this fact is causing wide-spread interest in the methods of prevention.

The greatest handicap to the fight against typhoid is the common fly which breeds in filth and carries the germs of the disease far and wide. The records show that the disease rises and falls in direct ratio to the fly season, reaching the maximum in August when flies are most plentiful, and falling to the minimum in March when the flies have been frozen out through the cold winter months.

**U. S. NAVY RECRUITING STATION.**

Commercial Bank Building, Raleigh, N. C.

Since the beginning of the drive for 500 recruits from North Carolina, the Navy Recruiting Station at Raleigh has sent away over a hundred men. Ensign Skelton, in charge, is anxious to secure the remaining four hundred as early as possible.

Now is the best chance for enlisting. The selective service is being extended to cover all men who have just reached twenty-one, and after June 5 it is going to be hard to obtain a permit from the local boards to enlist. Ensign Skelton says: "The young man who desires to enter the service of his country voluntarily must act quickly. The Navy offers to the young man now facing registration an excellent opportunity and a good chance for promotion. The Navy truly has need of men from almost every calling. Electricians, stenographers, teachers, mechanics—and there is an opening in almost every trade."

"The Navy is playing a most important role in the present war. Our huge army of millions will be useless if the Navy fails in its duty—falls to keep the seas clear for the transportation of men and materials across the Atlantic. If our Navy meets defeat then American independence will be no more. The American Navy must stand between American homes and German despotism."

"This is a day when every man should serve his country. If he fails to volunteer, he must be drafted. No young man, without dependents, has a shadow of an excuse for not being in the service of his country. None but cowards will fall back when a man's work is to be done. The day is coming when a young man without dependents and in civilian clothes will be a community disgrace."

"Fight because you want to—not because you have to. Don't wait for the draft. There is still a chance to get a release from your local board—take it. Save your self-respect. See any Recruiting Officer. The Main Office for North Carolina is at Raleigh, N. C., Commercial Bank Building, with branch offices at Asheville, Charlotte and Winston-Salem."

**ARMY TO BUY IN SOUTH.**

War Department Issues Order Making Atlanta Headquarters of Five State Units—Twelve Other Units.

Under an order announced from Washington by Acting Quartermaster Gen. G. C. Adams, Jr., is to be organized the headquarters of five companies under the status of North Carolina units. The units are to be organized at Asheville, Charlotte and Winston-Salem.

Twelve other units were created by the order of Gen. G. C. Adams. Each of the 12 general supply units will be charged with the duty of keeping in touch with the manufacturing facilities of the area, and as far as possible all food, clothing and equipment for the training camps will be brought within the area in which a camp is located.

**WILL PROTECT HEALTH OF BOYS IN CAMP.**

Army Medical Corps Will Launch Educational Health Campaign Among Boys Who are Entering Training.

With thousands of young men leaving their homes during the next few weeks to enter Southern training camps the Army Medical Corps is again preparing for an intensive educational campaign designed to teach the men to protect their health. An ounce of prevention is worth more than a pound of cure, and the experience gained during the first year of the war has shown that the men in training can be kept practically free from contagious while in camp.

Prominent in the educational campaign against disease will be the use of an attractive colored poster exhibit on the health of the soldier that was prepared under the direction of the National Tuberculosis Association. The exhibit covers three different subjects with five panels to a subject. The first subject is "Diseases Are Spread by Close Contact." For instance the warning against coughs and colds, which pave the way for so much disastrous illness in army life, is illustrated by life-like pictures of four soldiers opening a box from home at night. One is in the act of sneezing in the face of his comrades. Similarly the danger of spreading measles, pneumonia, tuberculosis and venereal diseases is graphically portrayed.

The second series of five panels illustrates the topic, "Diseases Are Prevented by Knowledge and Care." Methods of avoiding carelessness in coughing, sneezing and spitting; the use of individual drinking cups, towels and the like are illustrated. The importance of promptly reporting to the doctor even the slightest ailment is emphasized. The last series is a red-blooded group that is entitled "Fitness For Fighting."

**HE AND YOU.**

(The following verses were written by Matthew Wayman of the Canadian Army. Mr. Wayman was at the battles of Vimy Ridge and the Somme and was wounded four times. Before entering the army he was connected with the Evening Telegram, Toronto, Canada.)

While the boys are hunting Heineke where the flammerwaters whine And machine guns spit around like leaden rain  
 Give a cheer, applause and holler, but above all give a dollar  
 When we pass the hat for Red Cross work again.

Every night there is the ditcher, on the craters, in the snags,  
 There's the boy who slipped through hell the night before,  
 He is fighting for you daily, with a heart responding gaily  
 And he's asking you to do a little more.

When a lad is lying wounded on the field or down the hole  
 Bandages are needed badly, by the score.  
 There's bacteria and tetanus fighting hard and sometimes getting on  
 So he needs the Red Cross stuff, and needs it more.

And he just forgets his rations when the shrapnel hits a wing,  
 But bully beef and biscuits are no treat.  
 Yet when he is safely going to the hospital he's knowing  
 How the Red Cross gives the dainty things to eat.

Say, I've been through all the horror and I've lots of things to say  
 If among the stingy slackers, you are found;  
 But believe me there's no other like the splendid Red Cross Mother  
 So come across and smile when she comes round.

**WIPING OUT THE U-BOATS.**

Fourteen Known to Have Been Sent to Bottom in April.

Twelve German submarines were sunk or captured in British waters by the American and British destroyers in April, which was a record. This means that 12 U-boats were officially reported and recognized as sunk and that evidence was produced when each case was recorded.

In addition to this number, at least two other U-boats were destroyed during that period. One was sunk on April 8 in the North sea while making an attack on a convoy to Holland. The destroyer was sighted at 11 a. m., and before the U-boat could get a torpedo at the nearest submarine six destroyers rushed over and dropped depth charges in every direction. The explosion was so violent that the vessel heeled over nearly 45 degrees.

Another U-boat, making the 14th, was sunk on Friday, April 26, during the forenoon while attempting to attack a convoy of transports that with American troops on the way to France.

With the improvement in the hydroplanes for listening for the approach of the U-boats and new devices, such as sound waves that are sent out by the destroyers under water, which record the position of any object they come in contact with, and the success of the depth charges, the submarine menace is being conquered.

Mrs. Ben Fuchs saved her daughter by rushing in front of a switch engine in Columbus, O., and pulling her from under the wheels. The mother was run down and killed.

**Merchant's Wife Grew Despondent**

"Tanic Has Made a Well Woman of Me," She Says—Gained Twelve Pounds—Trouble Disappears.

"After I had spent hundreds of dollars for treatments and medicines, and had gone down hill for three years until I had hardly enough strength left to stand alone, I began taking Tanic and have gained twelve pounds and feel like a new woman," is the statement made some time ago by Mrs. Leona Perkins, wife of a leading grocery merchant living at 2700 Bowmar Avenue, Vicksburg, Miss.

"Indigestion, rheumatism and other troubles had preyed on my system until I was stripped of about all my vitality and strength. My stomach was so weak I couldn't digest anything. The rheumatic pains were so severe that it seemed like torture. I was terribly despondent over my condition and was so nervous I couldn't sleep."

"Tanic has made a well woman of me. I began to feel better right from the start. I have taken three bottles, am twelve pounds heavier, can eat anything I want, the rheumatism is entirely gone, I sleep like a log and get up feeling fine. I can do my housework when I want to and even help some in the store."

Tanic is sold by Blue's Drug Store, Laurinburg, N. C.; W. Z. Gibson, Gibson, N. C.; Laurel Hill Drug Co., Laurel Hill, N. C.; Drs. Shaw & McLean, Wagram, N. C.—Adv.

**REDUCE THE NUMBER OF LITTLE GRAVES.**

Many Committees in the State are Showing Keen Interest in Baby Saving Campaign.

A large number of communities in North Carolina are taking an active interest in the Baby Saving Campaign, and the State Board of Health is daily called upon for literature, exhibits, lectures, lantern slides and advice with regards to the methods of best securing local interest. North Carolina is asked to reduce its infant deaths this year by more than 2,500 babies which it is hoped will be saved in the United States during the year.

There are born each year in this country, now, over 2,500,000 babies, and statistics show that one out of every ten of these babies die during their first year of life, between 250,000 and 300,000 each year. It is fully realized by those who are well informed on questions relating to public health that at least fifty percent of these die from preventable diseases. It is to reduce this appalling harvest of the Grim Reaper among the little ones that the Baby Savings Campaign has been inaugurated by the Children's Bureau of the United States Department of Labor.

About one-third of the children who die in early infancy are prematurely born; another third die of bowel trouble, usually the result of improper feeding; the remainder are taken off, very largely, as the result of communicable diseases.

Three thousand live and smiling babies in North Carolina this year, or that many little graves? Briefly, that is what the campaign in this State means.

**STRONG EVIDENCE**

Is the Statement of This Laurinburg Woman.

Backache is often kidney ache; A common warning of serious kidney ills.

"A Stitch in Time Saves Nine"—Don't delay—use Dean's Kidney Pills.

Profit by the experience of Mrs. R. M. Grubbs, E. Church St. She says: "For several weeks I was in such bad shape I could hardly get around. My kidneys were in bad shape and my nerves were a wreck. My head ached and I had awful dizzy spells. These ailments made my health all run down and nothing seemed to do me any good. Three boxes of Dean's Kidney Pills removed the trouble."  
 50c. at all dealers. Foster-Milburn Co., Mfgs., Buffalo, N. Y.—Adv.

**LIKE AN ELECTRIC BUTTON ON TOES.**

Tells Why a Corn is So Painful and Says Cutting Makes Them Grow.

Press an electric button and you form a contact with a live wire which rings the bell. When your shoes press against your corn it pushes the sharp point down upon a sensitive nerve and you get a shock of pain.

Instead of trimming your corn, which merely makes them grow, just step into any drug store and ask for a quarter of an ounce of Freedom. This will cost very little but is sufficient to remove every hard or soft corn or callus from one's feet. A few drops applied directly upon a tender, itching corn stops the constant burning, and even the corn shrivels up so it lifts right out, root and all, without pain. This drug Freedom is harmless and never influences or even irritates the surrounding skin.—Adv.