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Medicinal virtues retained and improved. Sold only in sealed packages. Price 35c.

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Old Folk's **Best Friend**

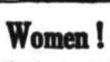
That's what many call it, for it puts vim and vigor into old stomachs; rich, red blood into old veins; sound flesh on old bones. Drink a glass of this delicious digestant with each meal.

Shivar Ale

Your grocer or druggist will refund your money on first dozen if you are not pleased with results.

Shivar Ale retails at 15c per lottle, or \$1.75 per dozen. If your regular dealer cannot supply you, tele-

BEA UFORT GROCERY COMPANY DISTRIBUTROS FOR BFAUFORT



Here is a message to suffering women, from Mrs. W. T. Price, of Public, Ky.: "I suf-fered with painful...", she writes. "I got down with a weakness in my back and limbs ... I felt helpless and discouraged... I had about given up hopes of ever being well again, when a friend insisted I

Take

I began Cardul, In-short while I saw a marked difference... grew stronger right dong, and it, cured me. am stouter than I If you suffer, you can approclate what it means to be strong and well. Thousands of wo-men give Cardul the credit for their good health. It should help

Second-story men are in demand at dinners-providing their first stories ske a litt.-Curtoons Magazine,

Cost of Producing a Diamon To produce a diamond in the rough osts approximately \$7 a karat, according to estimates of various students of the diamond industry. If this diamond properly cut were sold at \$30, it would net a good profit. In the South African mines it is said the diamonds are distributed so evenly that 100 tons of the bluish clay yields about 100 karats of diamonds. The production cost of a five-karat diamond is \$35. If it is flawless and of good water it will easily net \$3,500. The supply of diamonds is unlimited. Almost all of the world's supply comes trol of it is in the hands of one British concern.

Beliefs Concerning Sapphire. To the sapphire has been ascribed wicked thoughts; that it is such an enemy to poison that if put in a glass with a spider or venomous reptile it will kill it. St. Jerome in his exposition of the nineteenth chapter of Isalah says that the sapphire procures favor from princes, pacifies enemies, release from captivity. This gem was sacred to Apollo and was worn when inquiring of the oracle at his strine. It was esteemed a remedy against

Sensations of Heat and Cold. The feeling of cold or warmth is caused by sensations in the skin and has little significance as to the body temperature. On a hot day one may feel very hot when the body temperature is quite normal. Again at the beginning of a fever one may feel cold as in the case of a chill. This chilly feeling is caused by the contrast between the higher temperature of the internal organs and still normal temperature of the skin.

Warblers of All Kinds. Not taking into account the human beings who are sometimes referred to as warblers, you will find that there are many kinds of warblers. If you had a collection of them all together they would take in about all the colors of the rainbow, yellow, orange, chestnut, black, white, green, gray, brown and other colors, with numerous shades entering into their beautiful plumage.

A Terrifler. An artist was sketching from the river bank near two friends who were fishing. The artist was at one time surrounded by cows which interfered with his view, and he tried to drive them away by throwing things at them, but they would not budge. At length one of the anglers cried: "Show them your sketch, old man!" He dld so, and the offenders fied.

Danger in Overweight.

Overweight, within ten pounds, under thirty years of age is considered income. Territory in this couna favorable sign and indicates resistance against tuberculosis. After thirty years it is an unfavorable sign, signifying over-eating, auto intexication and danger of hardening of the arteries, apoplexy, heart failure, and Bright's disease.

Ink Stains.

Dip the ink spot in pure melted tallow, says a correspondent, then wash out the tallow and the ink will come out with it. Milk will remove ink from linen or colored muslins, when acids would be ruinous, by soaking the goods until the spot is very faint and then rubbing and rinsing in cold wa-

Man-speed.

The speed of the runner and skater are about the same, contrary to the general belief that the skater is the faster. The record is about 32 feet a second. By running on skis a speed of 72 feet a second has been made and in leaping on skis a rate of 100 feet per second has been recorded.

Batteries Well Loaded

Raiph enjoyed riding in the machine and heard his father often compfain of the batteries and thought they made it squeak. When baby sister kept up her continual crying one evening he said: "I bet her batteries will never run down."

Want Stronger Windmills.

Windmills are not used in any great extent in Mexico, because the "northers" blow them over. It is thought that a windmill of low construction with a wide base would overcome this and might prove very popular.

A British firm hears the name of "English & frish," The funny thing shout it is, however, that Mr. Irish is English and Mr. English is Irish.-Boston Transcript.

Jud Tunkins.

Jud Tunkins says a man is known sometimes by the company he keeps and other times by the company be ruts loose from,

Ape Fur Very Useful. The black apen of Guinea have long silky bair, and their für is used for muffs and capes.

Cc'd~ Momenta During the Day. The few minutes after sunrise to usually the coldest period of the day.

Let your rent money buy you a home. Start now by buying some Building and Loan Stock JUST RECEIVED-Car load each Lime and Cement. Get our prices on same. Gaskill-Mace Company.

from South Africa and complete con- FOR SALE .-- 60 Saw Cotton gin Cotton Press, Water Tank, Shafting and Rulleys. Wind Mill tower and tank. For particulars

W. P. Smith

FOR SALE: One Sorrell, Mare 6 year old 800 lbs. One blooded mare cold 2 yrs old that will frees from enchantment and obtains make a racer if properly trained. Two first class mare mules 1200 and 1225 lbs. 6 yrs. old guaranteed to work any where and in any harness, also one heavy 2 horse wagon and harness will sell on easy terms. See me at my farm at Wildwood, N. C. L. C. Fulcher.

> "WANTED: Pupil Nurses, Luke's Hospital, one of the mosc modern hospitals in the State, is 1 desirous of pupil nurses. Several vacancies to be filled immediately. Send application at once to Miss Harriet E. Parker, Super intendent, St. Luke's Hospital, New Bern, N, C! 6-3.

COUNTY AUDITOR WANTED A full time County Auditor is wanted for Carteret County. Apbe filed with Chas. S. Wallace Chairman Board Co. Com'rs Morebead City N. C. to be considered at the regular meeting to be held in June 7th 1920' Any information desired by ap-

plicanis will be fnrnished on applicant to the Chairman. J. R. Morris.

Clirk to Board.

WANTED-MAN with team or auto who can give bond to sell 137 Watkins home and farm products. Biggest concern of kind in world. \$1500 to \$5000 yearly ty open. Write today J. R. Watkins Company, Dept. 112 Winona,

YES OR NO" WHICH DO YOU SAY?

Folks With Thin, Pale Plood Hesitate Fe 1 Uncertain

SHOULD TAKE PEPTO-MANGAN

Red-blooded Men and Women Know What They Want To Do and Do It

If may be vou are just recovering from a sick spell-or may be your system is run down and your blood so weak that you are in a poor shape to resist infection

But if you don't feel and look robust vou are not robust. Such state is often due to weak blood, not enough red blood cells, a condition known as anemia.

The best remedy for anemia (bloodlessness) with its low mental and physical vigor is Gude's Pepto-Mangan.

Pepto-Mangan supplies the weak, watery blood with the very elements it needs to put new life into it. It repairs, re creates and re-builds the exhausted blood the vital fluid of health and life, Try Per-to-Mangan if you are "rundown". It cannot harm you it will certainly help you unless you have some deep-seated chron ic disease requiring the physician care. Be sure the name "Gude's" on the package, Without "Gude's" it is not Pepto-Mangan For sale at all druggist, --adv

Tribute to Beethoven.

It has been said that in the works of Ladwig von Beeth-ven absolute inagreemental music has reached its culminating point-a point which further progress acome impassable, not even conceivable. He begun where his great predecessors left off. He dies March

Trail Pointer. You can't make your face. Perhaps if you could, you would make it different; perhaps not. But you can make your voice. You can make it gentle or harsh, you can make it pleasant or quarrelsome, you can make it common or refined, you can make it appealing or repelling. Many a job has been refused because of an unpleasant voice, many a friendship rebuffed because of tones that grate harshly on the ear. A "common" voice slams tight shut the door of many so-

Tag Your Books.

dianapolis Star.

cial and business opportunities.-In-

Many book lovers with large and precious libraries keep a small book with the name of each book lent, the date and the borrower. After a reasonable time, when the book has been lent, it is no discourtesy to write and remind the borrower that you miss your book friend and are waiting to welcome it home. Get a bookplate. That is the very best way to tag your books. And don't forget that the golden rule applies in books as in other phases of life, and return the ones you borrow yourself.

Champion Meanest Man.

A peculiar case which recently came before a London magistrate was that of a woman who applied for a separation from her husband, whom she denounced as the champion mean man of all England. She complained that her husband during the sugar famine kept his supply in a separate bowl, in which he imprisoned a fly. If the fly was still there when he returned home nobody had tampered with his hoard; if it was not, a lump or two had been

An Apt Illustration.

The teacher was quoting wise saws to the class and getting their opinion about them. She said: "'A discreet silence is better than the truth spoken without charity.' Can any boy give a practical interpretation of that maxim?" Somewhat to her consternation. a freckle-faced lad made the homely plications and references may application: "If you see a cockroach on the table, don't say anything about it."-From the Outlook.

Sickening Discovery.

The teacher had read a chapter from "The History of the American Revolution" and Raymond had then heard the word "breastworks" for the first time. Telling his mother the story when he got home, he said: "When the British got up in the morning and saw the Americans on the opposite side of the hill, they threw up their breakfasts."-Boston Transcript.

Japanese Women and Literature.

It is to the Japanese women that the Japanese language owes much of the progress it has made during the last century. She was of old forbidden to study the Chinese language, which was considered the exclusive monopoly of men. The Japanese women took hold of their native tongue and were soon at the head of the literary movement of their country.

Odors of Plants.

The odors of plants reside in differeut parts of them-sometimes in the roots, as in the iris and vitivert; the leaves in mint and thyme, the stem or wood in cedar and sandal, the flower in the roses and violets, the seeds in the tonguin bean and caraway, the bark in cinnamon, etc.-Brooklyn Eagle.

Difficult Course.

There are golfers so engrossed in the game that they can think and talk of nothing else. Such a one was taken by an astronomer to look at the moon through a telescope. Asked what he thought of that satellite, the golfer replied: "It's a' richt, but it's aufu' fu' o' bunkers."-Boston Transcript.

Why "Leap Year." The name "leap year" is supposed to have grown out of King Henry's proclamation making February 28 and 20 legally one day, Father Time being conceived of as leaping the gap from the 28th day of February to the first of March

African Bird Sweet Singer. The Cape canary is the only native bird of Africa that is well known for his sweet and continuous song. He is to be found even in the Orange River colony, which is otherwise devoid of song birds.

Modern Gold,

Great reservoirs in the mountsins to store the winter rain and snow would be veritable pots of gold at the end of the California rainbow,-San Franculceo Chronicle.

How They Work It.

Jud Tunkins says a few people seem able to have a pretty easy time in life simply by getting the reputation of being hard to please.

Upon Reflection-It is better to have loved and lost than to pick out a go-cart with your wife.-Arkunsaw Tiomas Cat.

Unexplored Arabia. h. Are'ds there is a tract of unexplored territory nearly five times the stre of Great Britain.

For Sale!

Real estate, consisting of House and several lots in Beaufort. Farms and various size tracts of out land from 100 to 700 acres. All of this property can be bought cheap at the old prices

C. K. HOWE

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Real Estate and Insurane Your usiness Solicited.

We Pay The Following Prices For Good Timber DELIVERED AT OUR PLANT

\$10.00 cord foot Length - -Must be 8 feet in bed and 4 ft. high

Logs 75 feet and up 20.00 thousand Logs 50 feet and up 18.00 thousand Logs 50 ft. and less 16.00 thousand

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Second Hand Cars

Welhave a Few used automobiles which are in good FOR SALE CHEAP

Better get one before they are gone ! [Cars are scarce