

### Gave Her A New "Grip On Life"

"Sargon gave me a new grip on life after I had 'doctored' myself for 8 years with other medicines trying to get well.



MRS. PEARL HILL

"Loss of appetite, sick headaches and indigestion had me in such a weakened, rundown condition that I couldn't leave the house for weeks at a time. Six bottles of Sargon restored my appetite without a trace of indigestion. I've gained 7 pounds, my nerves are so strengthened I enjoy sound, invigorating sleep and wake up fresh and cheerful with an abundance of energy and vitality.

"Sargon Pills relieved my constipation naturally, by stimulating my liver to healthy action and my color is clear and healthy."—Mrs. Pearl Hill, 8 Front St., Spartanburg, S. C. F. R. BELL, Druggist, Agent

### Brine Cucumbers For Pickles Later

By F. H. JEETER

Raleigh, July 14—Surplus cucumbers, found abundantly in eastern Carolina this summer, may be brined at little expense and sold later on the local market or to pickle manufacturers and thus add to the farm income.

"The problem of surplus cucumbers has caused quite a great deal of concern in some sections of the State this summer," says Mrs. Cornelia C. Morris, food conservation specialist at State College. "Where these cannot be sold fresh, they should be placed in brine at once and converted into pickles later. The method to use is simple and costs very little. After curing, the cucumbers may be kept as long as desired or until it becomes possible to sell them at the curb markets or to pickle manufacturers. This helps out the over-production problem and assures the pickle market of a steady supply."

Curing cucumbers for pickle is accomplished by a lactic fermentation in brine. The juice of the cucumber is withdrawn and the brine takes its place causing the cucumber to become hard and firm. The presence of salt also checks spoilage.

Mrs. Morris says cucumbers contain about 90 per cent of water and as this comes out into the brine weakening it, an excess of salt must be used as the cukes are added using about one pound of salt to each two pounds of cucumbers. Too much salt will cause the cucumbers to shrivel. Usually a 10 per cent solution is best. This means 22 1/2 ounces of salt to each six quarts of water. This makes a brine of 40 degrees strength and is the correct strength for fermentation to take place. A brine in which a fresh egg just floats is approximately a 10 per cent solution.

#### Use A Barrel

Mrs. Morris advises using a good, clean barrel of about 45 gallons capacity in which is put about six inches of the 10 per cent brine solution. Add one quart of vinegar to the solution and place the fresh cucumbers into the solution as they are gathered. A loose wooden cover, not pine, should be placed over the top to keep the cucumbers in the solution. Weight this cover with a heavy stone to bring the brine over it. Weigh the cucumbers as added and when the cover and stone have

been replaced, pour one pound of fresh salt on the cover for each ten pounds of cukes put in solution. Placed on the top in this way, the salt goes into solution slowly thus insuring a solution of uniform strength. Do not stir but remove any scum that may form. When the barrel is full, add three pounds of salt each week for five weeks. Prepared in this way, the brined cukes are known as salt stock. Proper curing requires from 6 to 8 weeks.

Before brined cucumbers can be made into pickles, they must be soaked in fresh cold water over the night. Change the water twice in the morning and let the stock stand for an hour before pickling in spiced vinegar, recommends Mrs. Morris.

### SCHAUB INVITES FARMERS TO STATE CONVENTION

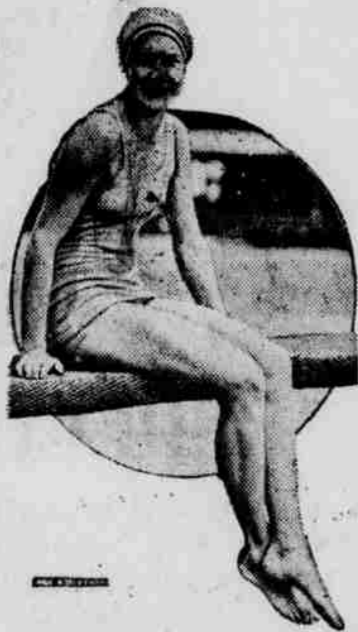
(F. H. JETER)

The twenty-eighth annual session of the State Farmers' and Farm Women's Convention to be held at State College, July 28 to August 1, will not only give the opportunity for a brief and enjoyable vacation to farm men and women of the State, but will also be a short course packed full of instruction.

"As usual, we are offering the rooms in the college dormitories free of charge as long as they last," says Dean I. O. Schaub, head of the agricultural school and secretary of the convention this year. "Meals may be secured at low prices in the college dining hall. Our morning program of instruction begins each day at eight o'clock and closes at eleven when the general sessions for both men and women will be held in Pullen Hall. The afternoons will be featured by demonstrations, sight-seeing trips, music, and contests. An evening program will be held on the campus each night if the weather permits."

The Dean extends a cordial welcome to all friends of the college to attend. Much time and careful thought has been given to preparing the program this year. Each lecture will be repeated and some excellent speakers have been secured for the general meetings. Many of the visitors will have their first opportunity to hear Dr. Frank Graham, newly elected president of the State

### Another Mark for Helene



Helene Madison, the eighteen-year-old swimming champion of Seattle, Wash., established a new world's record of 1 minute 8 1/2 seconds in the 100-meter free style final of the National A. A. U. swimming championships at Long Beach. The former record was 1:09 1/2.

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University. The first general meeting will be called Tuesday morning, July 29, at eleven o'clock. Class room work begins, however, at eight o'clock that morning and those farm women who wish to have their attendance counted towards a certificate should arrive and register Monday evening, July 28.

County made of punctured squares in the cotton fields of Wilson county show an infestation running from 9 to 41 per cent says W. L. Adams, county agent.

Another step in building back beef cattle industry of Jackson county was made recently when Tyra Davis purchased a pure bred Shorthorn bull.

Farmers of Davidson county report a good quality of grain but no large yields this season. The average for

barley is reported at 35 bushels an acre; wheat, 22 bushels, and rye 22 bushels, and rye 22 bushels.

There are now 324 pure bred Jerseys in Caldwell county according to a recent count made by P. M. Hen-

### Would You Know One If You Saw It?

If you ever came face to face with a germ, would you recognize it? Of course it is not likely that you ever will see a germ, unless you own a tremendously powerful microscope, for you would have to magnify one over a thousand times to make it as big as a pin head. But you should recognize the fact that these tiny germs can get into your blood streams through the smallest cut, and give you typhoid fever, tuberculosis, lockjaw, blood poisoning, and many more dangerous and perhaps fatal diseases. There is one sure safeguard against these dangers — washing every cut, no matter how small, thoroughly with Liquid Borosone, the safe antiseptic. You can get Liquid Borosone at JOSEPH HOUSE, Druggist

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### NORFOLK SOUTHERN

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Lv. 7:00 AM.—Goldboro, Norfolk and intermediate points. Parlor car from New Bern.  
Lv. 3:15 PM.—Sleeper New Bern to Norfolk, Va., and Washington, D. C.  
For reservations etc. call on SETH GIBBS, Agent, Beaufort, N. C.

BUS SCHEDULE  
Carteret Transit Co.  
Leave Morehead City for Atlantic and points east—11:00 AM.  
Leave Beaufort for Atlantic and points east—11:30 AM.  
Leave Atlantic for Beaufort and Morehead City—1:15 PM.  
Leave Beaufort for Morehead City—10:50 AM.—2:45 PM.  
Leave Morehead City for Beaufort—11:00 AM.—3:00 PM.  
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dricks, county agent. The first such animal was imported into the county in 1913 by E. G. Settlemyre of Granite Falls.



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