

SCHOOL NEWS.

The meeting of the Teachers' Assembly is just a week off. Let every teacher in the county attend this meeting if possible.

- 38 Is your house screened?
39 Do you sleep with your windows open in winter?
40 Do you get the health bulletins?
41 Do you get R. F. D. service?
42 Would you favor a reasonable tax for road improvement?

COMMUNITY SERVICE: STATE WIDE, COUNTY WIDE. DEC. 3, 4, 5.

It has been estimated that over 15,000 people are actively interested in Community Service Observance, set for Dec. 3, 4, 5.

PROGRAM FOR THURSDAY—PUBLIC ROADS, GROUNDS AND BUILDINGS DAY.

The program for Thursday, Public Roads, Grounds and Buildings Day, is intended to suggest ways and means by which young and old, men and women, in every community, may join in actual physical effort together.

1.—For Improving Roads (or in Town, Streets, Sidewalks, Parks, and Public Buildings).

On Good Roads Days in 1913, Gov. Locke Craig led a band of road workers in his home township in Buncombe.

On account of the vital interdependence between good roads and good schools, special care should be taken to improve the approaches to the schoolhouses.

- 26 Have you pure-bred cattle?
27 Have you pure-bred hogs?
28 Have you pure-bred poultry?
29 Do you have a garden all the year round?
30 Do you usually have milk and butter all the year round?

not build a macadam road, nor very long stretches of gravel road in one day. Don't haul gravel on to roads that have not been properly graded and drained.

2.—For Improving Schoolhouses and Grounds.

Let the women give the interior of the building a "Fall Cleaning." Fresh rooms, clean windows, polished stoves, simple, well-kept furnishings, and pretty pictures on the walls promote neatness and a love of the beautiful in the pupils.

If the school grounds are unsightly, with fences half down, no walks, ashes scattered around and no trees planted, steps gone, or window glass out; if the building needs a new roof or painting, set to work to remedy these conditions.

3.—For Similar Work in Improving Churches and Burying Grounds.

If the country church is to be an uplifting power, the church building must not be allowed to suffer neglect and offer evidences of decay.

Has there been a church "clean-up" day this year? Have the leaves been raked away, the walks gravelled, the steps mended, the stove polished, the lamps thoroughly cleaned?

4.—For Planting Trees, Shrubs, Vines, and Flowers in School and Church Grounds, Parks, and Public Places Along Roads and Streets.

While the men are improving the roads and buildings, let the women and children devote their attention to this special work.

Through the co-operation of the women of Southern Pines with the principal of the high school there, an Arbor Day Celebration was recently planned and carried out with gratifying success.

A day or even a part of a day spent in this way is vitally interesting to the children, and is thoroughly enjoyed by the patrons of the school. The grounds can be greatly improved at little cost while the children will be taught to appreciate the beauties of nature around them.

Under the subjects "Arbor Day" and "Tree Planting" in Section VI of this bulletin, a suggested Arbor Day program, which can be modified to suit conditions by those in charge, and instructions for planting are given.

C., for a copy of a bulletin entitled "Shade Trees for North Carolina."

5.—For Flag Raising.

At some suitable time in the day, let the Stars and Stripes, the flag of our Union, be raised, the entire assemblage of the people standing and saluting the flag.

If the local school has no flag, let this be the occasion for securing one and raising it formally for the first time. Make a feature of this event.

6.—For Singing Party, or Other Social Features at Night.

The hour devoted to this part of the program may be occupied in varied ways. Games (as suggested in Section VI) may be played. Fairy tales, Uncle Remus and animal stories, myths of ancient and mediaeval times and stories illustrating the adventures and heroisms of North Carolinians and Americans of the early days, may be made to do good service here.

COLDS

An up-to-date remedy for colds. That is what Peruna is. In successful use over 50 years.

Colds are caught in many ways: Illy ventilated rooms; rooms that have direct draughts; crowded rooms; damp houses; stuffy school rooms; offices illy heated.

A dose of Peruna at the right time, at the first symptom of cold, before the bones begin to ache, before the sore throat manifests itself, or the cough, or the discharge from the nose, just a dose or two of Peruna before these symptoms begin is generally sufficient.

"For several years I have been troubled with colds at each change of season. I took Peruna and have not been troubled with the slightest cold this entire season." Mr. Harry F. Price, 1928 Mosher St., Baltimore, Md.

"I give the children Peruna if they have a cold, and it always relieves them." Mrs. L. H. Hayes, 1937 Broad Hill Ave., Baltimore, Md.

"When I feel a cold coming on I take a little Peruna and it does me good." Mr. Charles S. Many, 12 Water St., Burlington, N. C.

"The family should ever be without Peruna for it is an unfailing cold remedy." Mrs. M. P. Jones, 1000 1/2 Spruce, Ky.

North Carolina history growing out of events such as The Edenton Tea Revolution, and the Civil War, can be made the basis of beautiful scenes and than some older person. Incidents in tableaux. Read the articles in Section VI on Historical Pageants.

Oaken Bucket," "Home Sweet Home," will find a response in many hearts.

PROGRAM FOR FRIDAY.

"School and Neighborhood Improvement Day" (North Carolina Day.) Intersperse songs as desired. Have schoolhouse decorated suitably if possible. If schoolhouse is too small, have outdoor meeting or meet in some larger building. If possible make it

RALPH'S PLACE.

The only cash store in town, nothing charged, nothing delivered. When you trade at Ralph's Place, you do not have to pay others peoples bad debts.

MISS LILLIE SHATTERLY, Mgr. RALPH'S PLACE, The Ladies Store.

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We want your Cream and will pay good prices in checks twice a month. By selling us your butter fat in cream, you will market it much more economically than by marketing it in butter.

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HOLT BROTHERS,

Sanitary Grocery Phone 130, Main St. Burlington, N. C.

TWO SPECIAL TRAINS

—TO— RICHMOND, VA.

—VIA— SOUTHERN RAILWAY

Premier Carrier of the South WEDNESDAY, NOVEMBER 25, 1914

ACCOUNT ANNUAL THANKSGIVING FOOTBALL GAME UNIVERSITIES OF NORTH CAROLINA AND VIRGINIA.

\$3.00 ROUND TRIP \$3.00

FROM ALL POINTS GIBSONVILLE TO OXFORD, INCLUSIVE, CHAPEL HILL BRANCH, AND RALEIGH TO DURHAM, INCLUSIVE. SPECIAL TRAIN FROM GIBSONVILLE AS FOLLOWS:

Table with 2 columns: Station and Time. Rows include Gibsonville (9:00 P. M.), RURLINGTON (9:17 P. M.), Hillsboro (10:05 P. M.), Durham (10:40 P. M.), Oxford (11:50 P. M.), and Arrive Richmond (4:45 A. M., Nov. 26th).

Returning, special train leave Richmond 11:45 P. M., Nov. 26th. Passengers from Raleigh and intermediate points to Durham will use regular train No. 131 to Durham, connecting there with special train. This train will consist of coaches and pullman sleeping cars. Sleepman cars will be open at Durham for occupying at 9:30 P. M. MAKE YOUR RESERVATIONS AT ONCE WITH TICKET AGENTS.

SPECIAL TRAIN FROM CHAPEL HILL, N. C., CONSISTING OF NICE SLEEPING CARS AND DAY COACHES.

Table with 2 columns: Station and Time. Rows include Leave Chapel Hill, N. C. (11:00 P. M.) and Arrive Richmond, Va. (5:40 A. M.).

Returning special train leave Richmond, 12:30 A. M., Nov. 27th. Note this train will not make any stops to pick up passengers. Sleepers open for occupying 9:30 P. M. MAKE YOUR RESERVATIONS AT ONCE IN SLEEPING CARS BEFORE THEY ARE FILLED.

For Pullman reservations and information, ask your agent, write or wire,

O. F. YORK,

TRAVELING PASSENGER AGENT. RALEIGH, N. C.