Fank, Gabdix axd hooskion
 slow oven; when done trongh take on
the kkin, beat up the pulp in $a$ assin
add to it the whites of tour eggs. Bea add to it the whites of four eggs. Bea
them together until the mixture be comes smooth and white and throw in
gradually 1 ilttl powdered sugar which
has been siited. It must be eerred im. mediately and beaten to the last mo-
ment.
Pat a litle cream beneath it on the dish.
 vanika, mix in nine ounces palverized
sagar. Lay sieets of paper on a flat
board, and on them place tablespons of the mixture, at convenient distances
appre. Bake in $s$ moderate oven, witb
the dor the oor open, for thirty-tive minntees,
then subt theo door and let them brown
slightly slightly. While hot scoop ont the goft
contents and fill with whipped cream (one halif pint cream whipped with three
ounces of sugar) and press together,
making Strise Beass.-This delicious vage.
table is rarely properly cooked. When table is rarely properly cookec. Whe
well prepared it it ir quite as healthful as
peas. peas. Rake the
as posishe, and shred them as finely
a small knife wili go through them, catting them lengthwise, and, asit were
shaving them vert thin, Patitito Balt
ed boiling water and boil two hours Then drain in a colander, and serve
with pleaty of sweet butter. and they
will be as vinegar, a little of it will improve the
dish.
Tonaro SaLAD. - Wipe and slice abou
half a dozen tomatoes, lay them in
salad bowl on an bed pour over them the followinn salad
dressing put in the bottom of a pin of a salt-spoonful of sallt, stir
for drop, three tabespoontuls of vineg
 varied by serving the tomatos whole
each one surrounded by two or three small, tender lettuce leaves. The toma
toes should be sealded for a minute by pouring boiling water over them,
that their
 some pratical points suggesting the
extent to which milking qualities are dependent on treatment and training:
tha copions flow of milk, , mustained
throngh many monthe is which has been produced by art in
domestication. Wild cattle rarely pro-
dide their own offspring, and the flow of it is
of oomparatively short duration. Smal but the lacteal organs soon dry oflaanaing requirements of the young animals in a
wild state, and is a correlation of the roving life and the haphazard feedirg
of the dams. More milk than the calt
requires nuder such conditions wonld be a maste of material energy which
nature does not encourage. It would mother. Wild catlle are neither goot
milkers nor good fatteners, and in parts of England where cavves are allc wed to
run with their domesticated dams gen such animals is not famous for milk
giving. Like that of the mare and ewe the milk is smailer in quantity, rich in
quality and of short duration sultory and irregular sucking of a cal
or foal or lamb is not conducive to the
oren and it distinctly tenge to towo often milk the
flow. Hand.milking of a similar char are allowed to learn how to milk or
cows who not on boinners soon are still in full flow
Neill bey
mill "H Milking properties, then, artiticial, ive the sense that they have
ben
and by berepoed
andul yet, like many other qualities, which
are
nattule more than
natue, they become hereditary germ in usage. Few sorts of animals, if any,
are more susceptible than cattle of bsing mouldea into what we want ; no physi-
cal quality io soeasily trained and devel-

 tean be developed asd mate heredi,
tart; an opposite ssstem keeps it in a
state of and the food she receives, have a great
deal to do with her quick and silent hand-milking does the
rest. The practice of hand.mill cows has all along tended greatly io
the develomento of the the lacteal glandsdifary in our beest milking broods. The ewes of the Larzac breed of eheep, from
whose mile the famous Rognefort
eheese is made in France, hate so that their millking for generations, ealy exeiting the teats it is even posesiborne offspring to to mal that has never neveral years etter baving had milk all the while,"
"and I word more," said the speaker, thant it wontanined word was written down, bles.


light first cheoviota for fall wear are on
heather mixtures,
cheviots that come with them in inch
square plaids in the same colors and mixtures. Adjastable trains have been found of any probability of their going out of
fashion, as they are equally suitable to Al seasons. The vogue of scarfs, tab liers, and plastrons detachable from the
kirt and fastened to it when desired by means of patert hooks or invisibl
buttone, is nearly as great, as by this indetinitely. inderinitely resn tits are adimirable. They have haid
sthell" built by one of the best bridders; they have oars which are a trifle
lighter than those of their masculine competitors; thoy have seecured tha eer-
vices of a protesional truiner, and Miess of a proiessional trainer, and
far no iliness or weakness, or nemplet o o
inty. has been reported. They have all grown better looking, finer in in figure
more robust in health. The brown the complexion has been a little trying
to one yoank lady, but her friends do not find it tubecoming. It is is like
strain of musio toe this fair
herew an move of with the neatest precision they move of with the eneatest trrecision.
Their little cookswain, a fairp-like girl,
with the voice of a cornet-a-piston, roles them with a or od ocrnet-a- irond and they,
obey her with soldier-like promptness, as they do the noble captuin. Their
dressis is neatnesis itself-a flannel blouse
of of navy bun balted in loosely, a pair of
Foolen pantaloons or drawers, with a oot to them (like the tights worn on
the stage), India-ruber-soled davu ten
nis shoos, and a aailor hat fastened on nis shoes, and a sailor hat fastened on
with an Indiar-ribber strap, ong-skin
cloves of a bright yellow reachin to toland lake. inland lake.


$$
\begin{aligned}
& \begin{array}{l}
\text { A writer in Harper's Bazar recom- } \\
\text { nends bating for girs, } \\
\text { rows enthusiastic as }
\end{array} \\
& \text { grows enthusiastic as he recalls, the }
\end{aligned}
$$



W ANTED. Acratase mating sio atad onk

 ON THE HORSE AND HIS DISEASES! $\pm$ To any address in the United States or Canada
 CLUB RATES. 31
170

17| 8300 |
| :--- |
| 10 |
| 00 |

BALTIMORE NEWSPAPER UNION,

