

CALIFORNIA FRUIT

A Great State And Some of Its Great Products

Thousands Go Abroad To See Wonders And Neglect The Surpassing Grandeur Of America

It seems more than passing strange that every season there are so many people who cross the ocean to view the foreign countries.

The State with its 158,360 square miles, is truly an immense nature encyclopedia. Its mines, giant trees, fruits, nuts, vegetable, are endless sources of wealth.

Mr. W. H. Murray, the representative of the California Fruit Grower, who passed through Baltimore a few days ago, said: "Few people in the East appreciate what a big State California is in the matter of area alone."

Mr. Murray is a great advocate of ripe fruit as an aid to digestion, and concludes that a liberal use of fruits is beneficial to the general health of mankind.

Many parents will more readily spend money on injurious or even poisonous sweets than they will on good, healthful fruit, and fashionable society will spend pounds on cakes, wines and brandies while they spend as many shillings on the very thing they need to keep them healthy—fruit.

A CERTAIN CURE FOR DYSENTERY AND DIARRHOEA.

"Some years ago I was one of a party that intended making a long bicycle trip," says F. L. Taylor, of New Albany, Bradford County, Pa.

Mr. Editor: Allow me to speak a few words in favor of Chamberlain's Cough Remedy. I suffered for three years with the bronchitis and could not sleep at nights. I tried several doctors and various patent medicines, but could get nothing to give me any relief until my wife got a bottle of this valuable medicine, which has completely relieved me.

Josh Westhafer, of Loogottee, Ind., is a poor man, but says he would not be without Chamberlain's Pain Balm if it cost five dollars a bottle, for it saved him from being a cripple.

Under a new law the bakers of Montreal must stamp on each loaf of bread its weight and their initials.

most of which would be quite unnecessary if the people would but look upon fruit as a necessary article of diet.

Good ripe fruit contains a large amount of sugar in a very easily digested form. This sugar forms a light nourishment, which, in conjunction with bread, rice, etc., forms a food especially suitable for these warm colonies.

Cultivated fruits, such as apples, pears, cherries, strawberries, grapes, etc., contain on analysis very similar proportions of the same ingredients, which are about 8 per cent. of grape sugar, 3 per cent. of pectose, 1 per cent. of malic and other acids and 1 per cent. of flesh-forming albuminoids.

Garrod, the great London authority on gout, advised his patients to take oranges, lemons, strawberries, grapes, apples, pears, etc.

White girls with miserable, pallid complexions want a quart of strawberries a day; where these are not obtainable, bananas, which contain much iron, are a good substitute.

Dried fruits are now occupying more attention than perhaps they have ever done before. It has been proved in a large way by giving troops dried vegetables and fruits that the attack of scurvy could be warded off.

One of the first symptoms when people are deprived of fruit and vegetables is very severe pain in the joints like rheumatism, and death from failure of the heart's action.

Not only beautifies your house but preserves it. Our SEMI-PASTE PAINT, which is made of lead, zinc, and best coloring matter ground in PURE LINED OIL.

GOOD PAINT Not only beautifies your house but preserves it. Our SEMI-PASTE PAINT, which is made of lead, zinc, and best coloring matter ground in PURE LINED OIL.

and vegetables, and look upon them as actually more necessary for the support of good health than any other article of diet.

Received King Oscar.

The World's Convention of the delegates of the Y. M. C. A., numbering over 2,000 men from thirty-one different countries, were tendered a reception yesterday by King Oscar of Norway.

Switzerland has 473, Denmark 250, Norway and Sweden 150, Austria 105, Russia 56, Spain 8, Portugal 7; there are 281 in Asia, 52 in Africa, 17 in Australia and New Zealand.

Bayard Taylor's Home.

While it is probably inevitable that Cedarcroft, Bayard Taylor's once beautiful home at Konnettsquare, Chester county, Pa., will at last fall into profane hands, it has been hoped all along by those who have felt an interest in the place and its attachments that it might escape this fate.

Lieut. Max Heidelberg attempted a diplomatic adjustment of the difficulty, but failed. Even Max had to admit that to be called a lobster was indeed an awful thing.

Free to You

If you are not well and want to know the truth about your trouble, send for my free booklets and self examination blanks.

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Saturday Half-Holiday. The Legislature passed at its recent session a law making Saturday after 12 o'clock noon a half-holiday as to the transaction of all business.

Helpful Hints. Rub hinges with a feather dipped in oil, and they will not creak. A small bag of sulphur kept in a drawer or cupboard will drive away red ants.

DR. HOBENSACK 658 North Eighth St., Phila., Pa. Father and son have been practicing successfully in Philadelphia for 65 years.

Notice! Dray License due and payable September 1st. Must be paid promptly.

W. B. Taylor, City Tax Collector. WE HAVE Buggies, Surreys, Hacks, Farm Wagons and Harness of every description and seating capacity.

J. W. Wadsworth's Sons Both Phones 26 For Asthma use CHENEY'S EXPECTORANT.

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CASTORIA For Infants and Children. The Kind You Have Always Bought Bears the Signature of Dr. J. C. Fitch. In Use For Over Thirty Years CASTORIA. 900 DROPS. Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of INFANTS & CHILDREN.

MALARIA An Invisible Enemy to Health. Means bad air, and whether it comes from the low lands and marshes of the country, or the filthy sewers and drain pipes of the cities and towns, its effect upon the human system is the same.

DR. HOBENSACK 658 North Eighth St., Phila., Pa. ARE YOU A VICIM? Blood Poison, Nervous Debility, Ulcers, Bladder, Kidneys, Skin Diseases, Varicose, Hydrocele, Piles, permanently cured by improved methods without pain or detention from business.

Andrews Furniture & Music Company. Our new fall stock of Fine Leather Furniture bought while in Grand Rapids in August is now on our floors for your inspection.

Leather Furniture. Every piece of it is a piece of Furniture that combines in it everything that goes to make up a high grade, meritorious piece of Furniture.

Andrews Furniture & Music Company. You should inspect these new goods at once. We offer them all this week at our August Clearance Sale prices.

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