Its Great Products

Thousands Go Abroad To See Wonders And Neglect The Surpassing Grandear Of America

acknowledge they know comparatively foods much more than it is now. that California offers to the nature lover or the observing tourist.

The State with its 158,360 square miles, is truly an immense nature encyclopedia. Its mines, giant trees, truits, nuts, vegetable, are endless

Mr. W. H. Murray, the representative of the California Fruit Grower, who passed through Baltimore a few days ago, said: "Few people in the East appreciate what a big State California is in the matter of area alone. It has a coast line of more than 700 miles and an average breadth of more than 200 miles. The number of acres with pain. is calculated to be 101,350,400, nearly equal to New England, New York and 70,000,000 pounds; the prune crop, 110,-000,000; raisins, 85,000,0000 pounds; canned fruits and vegetables, 3,500,000; oranges and lemons, cars, 20,000; nuts, cars, 750; honey product, 3,000,000 pounds; vegetable shipments, cars, 5,500; beans, 54,000,000 pounds; hops bales, 50,000; beet sugar, 65,000,000; wines and brandy, gallons, 23,000,000; gold, \$15,500,000. These are some of the notable products of the State, but there are almost endless other industries that are also wondrous sources of wealth. The poultry industry is making rapid strides, and, like nearly all of California's products, in many sections the business is being conducted

en a large scale." Mr. Murray is a great advocate of ripe fruit as an aid to digestion, and concludes that a liberal use of fruits is beneficial to the general health of mankind. He says many drugs are taken nia Fruit Grower says:

healthful fruit, and fashionable society will spend pounds on cakes, wines and brandies while they spend as many shillings on the very thing they need to keep them healthy-fruit. And as for the amount of drugs swallowed which should be replaced in great measure by fruit, it is beyond my powers to calculate. Millions upon millions of pounds are spent annually upon mercurial and other purgutives,

A CERTAIN CURE FOR DYSEN TERY AND DIARRHOEA.

"Some years ago I was one of a party that intended making a long bicycle trip," says F. L. Taylor, of New Albany, Bradford County, Pa. "I was taken suddenly with diarrhoea, and was about to give up the trip, when editor Ward, of the Laceyville Messenger, suggested that I take a dose of Chamberlain's Colic, Cholera and Diarrhoea Remedy. I purchased a bottle and took two doses, one be-I was almost completely run down time one dose cured me. R. H. Jordan & Co.

A COMMUNICATION. Mr. Editor: Allow me to speak a few words in favor of Chamberlain's Cough Remedy. I suffered for three years with the bronchitis and could not sleep at nights. I tried several doctors and various patient medicines, but could get nothing to give me any relief until my wife got a bottle of this valuable medicine, which has completely relieved me. W. S. Brockman, by R. H. Jordan & Co.

its weight and their initials.

most of which would be quite unneces- and vegetables, and look upon them as sary if the people would but look upon actually more necessary for the supfru is a necessary article of diet. Good ripe fruit contains a large ticle of died.

amount of sugar in a very easily digested form. This sugar forms a light A Great State And Some of nourishment, which, in conjunction

assist the acids of the stomach. came to their limbs so lately racked is honorary secretary.

Garrod, the great London authority on gout, advised his patients to take Pennsylvania combined. The annual oranges, lemons, strawberries, grapes, fresh fruit shipments amount to 165,- apples, pears, etc. Tardleu, the great 000,000 pounds; the cured fruit output, French authority, maintains that the tiful home at Kennett Square, Chester salts of potash found so plentifull in county, Pa., will at last fall into profruits are the chief agents in purifying fane hands, it has been hoped all along

gouty poisons. As a medicine I look upon fruit as a shown, when the body is in that breaking-up condition known as scurvy, the whole medical profession look upon fruit and fresh vegetables as the one and only remedy. I believe the day will come when science will use fruit very much more largely than it does now in the treatment of everyday ailments. Observations in scurvy prove that it exerts a very powerful influence on the blood. But "the blood is the life;" poor blood means poor spirits, poor strength, poor breath and poor breath and poor circulation. Impure blood means gout, rheumatism, skin diseases, rickets and other troubles. As it is proved that fruit will purify and which should be replaced in a great improve the quality of the blood, it measure by ripe fruits. The Califor- must follow that fruit is both food and medicine combined. In fevers I use Many parents will more readily grapes and strawberries, giving them spend money on injurious or even pols- to my patients in small but frequent onous sweets than they will on good, doses-oranges and baked apples if the others are not obtainable. For rheumatism plenty of lemons are invalu-

White girls with miserable, pallid complexions want a quart of strawberries a day; where these are not obtainable, bananas, which contain much iron, are a good substitute. Probably of all fruits the apple stands unrivaled for general purposes in the household; either raw or cooked it can be taken by nearly everybody, and it contains similar properties to the other more delicate fruits. To my mind the pear is more easily digested than the apple, and for eating uncooked is superior to

Dried fruits are now occupying more attention than perhaps they have ever done before. It has been proved in a large way by giving troops dried vegetables and fruits that the attack of scurvy could be warded off, but in curing scurvy they were nowhere alongside the fresh ones. Still it teaches fore starting and one on the route. I that dried fruits should be used when made the trip successfully and never fresh cannot be obtained. If soaked felt any ill effect. Again last summer for a few hours before cooking, they make a capital substitute for fresh with an attack of dysentery. I bought fruit, and they come cheaper to the a bottle of this same remedy and this consumer. I wonder that miners, sailors and others do not use dried fruits very largely. A medical writer has recently been maintaining that bread and other starchy foods, containing large quantities of lime, are responsible, especially in aged people, for many of the diseases from which we suffer, such as apoplexy, rheumatic gout, etc., and urges that fruit should be taken freely instead to counteract these

limey effects. One of the first symptoms when people are deprived of fruit and vegetables is very severe pain in the joints like Bagnell, Mo. This remedy is for sale rheumatism, and death from failure of the hearth's action. Whether he is right about this lime theory may not Josh Westhafer, of Loogootee, Ind., be proved, but there is no doubt that is a poor man, but says he would not lime exists too largely in the blood vesbe without Chamberlain's Pain Balm | sels in these diseases, and if fruit were if it cost five dollars a bottle, for it eaten regularly it would do much to saved him from being a cripple. No prevent it. Science today tens us that external application is equal to this we may live under the most beautiful liniment for stiff and swollen joints, conditions, we may feast on bread, contracted muscles, stiff neck, sprains meat, eggs, rice, cocoa, oatmeal and and rheumatic and muscular pains. It such like foods for a short time, but has also cured numerous cases of unless we take fruits or vegetables-H. Jordan & Co.

Under a new law the bakers of Montreal must stamp on each loaf of bread

It works we get listless, and our children with clear skins, bright intellects, good digestion, rich colored healthy blood and strength

Tanner Paint, is what you she with, as Linseed Oil is the life of all paints, and our SEMI-PASTE PAINTS, you add your own Linseed Oil.

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Tanner Paint, is what you she with, as Linseed Oil is the life of all paints, and our self-paint, is what you she with a self-paint, is what you she with a self-paint our self-paint our self-paint, is what you she with a self-paint our selfpartial paralysis. It is for sale by R. fruits being the best-we get listless;

for work we must regularly take fruit

port of good health than any other ar-

Received King Oscar. with bread, rice, etc., forms a food especially suitable for these warm colon- gates of the Y. M. C. A., numbering would be glad to see it apply to all ies; and when eaten with, say, milk over 2,000 men from thirty-one differ- kinds of business. We have often noor eggs the whole forms the most per- ent countries, were tendered a recepfect and easily digestible food imagin- ton yesterday by King Oscar of Nor- Saturday evenings all work of every able. I received a book lately written way and Sweden, a mark of attention character is suspended. You can see by a medical man advising people to that has seldom been shown. In 1898, the army of day laborers going to their live entirely on fruit and nuts. I am the King invited the delegates to the homes at midday Saturday and the not prepared to go so far, for, although World's Convention, then meeting at evening is spent in recreation. In I look upon fruit as an excellent food, Stockholm, to his summer palace at many parts of the country it is also yet I look upon it more as a necessary Drottningholm, where they were re- the case on the farms. It is not only It seems more than passing strange adjunct than as perfect food of itself. ceived by the Crown Prince in the abthat every season there are so many At the end of a heavy dinner we eat sence of the King. Prince Bernan-but every workingman and every be the cross the ocean to view the our cooked fruits, and when we want dotte the son of King Oscar, was elec-workingwoman would be better for foreign countries. These people be- their digestive action, even more de- ted president of the convention. He is this half-holiday, and we believe it come enraptured over the mountains, veloped, we take them after dinner in president of the Stockholm Young would conduce to the better observance steams, the forests and other "bits" their natural, uncooked state as a des- Men's Christian Association, in which of the Sabbath day also. By all means of rature. When foreigners ask thera sert. In the past ages instinct has been active participant, and let us have this half-holiday universalabout the wondrous beauty of their taught men to do this; today science helped to secure the excellent building ly accepted. There is enough drudgery own country, and the sections that are tells them why they did it, and this costing \$120,000 which stands in the from Monday morning to Saturday world-renowned for their marvelous same science tells us that fruit should centre of the city. He is also a leader midday. Let the grind cease.—Rockproductions, many of them have to be eaten as an aid to digestion of other in the national Association movement. bridge County News. Mr. James Stokes of New York and Sir nothing. Thousands of American citi- Cultivated fruits, such as apples, George-Williams were elected honorary zens of wealth have been abroad and pears, cherries, strawberries, grapes, presidents of the convention. There "done" the foreign countries, who have etc., contain on analysis very similar are thirty-eight delegates from this never stood enraptured before the proportions of the same ingredients, country. Delegates came from all parts oil, and they will not creak. mighty Niagara; who have never be- which are about 8 per cent, of grape of the world. One is from Iceland and A small bag of sulphur kept in a held the lofty pinnacles of Colorida sugar, 3 per cent. of pectose, 1 per cent. another came from China-Prof. F. L. drawer or cupboard windrive away red bluffs and canyons; who have never of malic and other acids and 1 per cent. Whang, president of the Methodist ants. crossed the "great divide" or traversed of fiesh-forming albuminoids, with College in China. James A. Canfield, the great desert that leads onward to over 80 per cent. of water. Digestion L. L. D., librarian of Columbia Univerthe land of fruits and flowers-Califor- depends upon the action of pepsin in sity, and a member of the International gilt frames, and flies will keep off nia. No foreign country can equal, or, the stomach upon the food, which is Committee read a paper on the Ameri- them. for that matter, approach the attrac- greatly aided by the acids of the can Association. The papers were A spconful of vinegar put into the tions, the magnitude of productions stomach. Fats are digested by these presented in Swedish and translated water in which meats or fowls are boilacids and pectose in fruits peculiarly and prited into the several languages ed makes them tender. so that the delegates could follow the Another great action of fruit in the discussions. The Norwegian Parliabody is its antiscorbutic action. It ment made a grant of 5,000 kroner tokeeps the body in a healthy condition, ward the expense of entertaining the the paint may be Saturate the spot two When out on a long voyage where fruit convention which was done on a gen- or three times, then wash out in soapsources of wealth. The mountains, is scarce, how one longs for it! Those erous scale. The meetings were held suds. continually snow-capped, look down on | who have been without it for an ex- in the old fort, called the "Akershus | A little charcoal mixed with clear lertile valleys bright with flowers and tended time long for it; even in their Foestning." There are now 6,335 As- water thrown into a sink will disinfect fruits—that never are blighted by a dreams they picture the fruit their sys- sociations throughout the world, 1,575 and deodorize it. winter's icy touch. The variation in tem so badly needs. The following being in North America, 1,169 in Great The odor of sweet-peas is so offensive the State's climate is so great that case will illustrate my meaning: A Britain, 95 in France and 674 in Ger- to flies that it will drive them out of a there are sections of perpetual ice and ship's crew had any amount of fresh many (most of the German Associa- sick-room. snow, and at the same time other sec- meat, new bread, tea, coffee, etc., on tions, however, are Church societies A fever patient can be made cool tions where nature is ever clad with board, but no fruit nor vegetables. As and similar to the Young People's So- and comfortable by being frequently her brightest colors; where growth days went by the men grew haggard, ciety of Christian Endeavor, and may sponged with water in which a little never ceases. From these two extremes | breathless and weak with violent, tear- not be called Y. M. C. A.'s). Switzer- | soda has been dissolved. there is the usual climatic or tempera- ing rheumatic pains in the joints. Then land has 473, Denmark 250, Norway Brass-work can be kept beautifully ture variations that go to make up de- the gums grew spungy, the blood broke and Sweden 150, Austria 105, Russia bright by occasionally rubbing with lightful results in farming and fruit through its veins, and the whole sys- 56, Spain 8, Portugal 7; there are 281 salt and vinegar.—September Woand grain growing. It seems Califor- tem was demoralized and dying. In in Asia, 52 in Africa, 17 in Australia man's Home Companion. nia has sections that are almost iden- short, they were dying of scurvy. A and New Zealand. The membership is tical with nearly ever State in the Un- fruit ship passing sent aboard a good 551,178, 912,000 beng n America, which ion, when climate and productions are supply of oranges and lemons, which leads by far the Association movement Bears the were greedily eaten by the sufferers. throughout the world. These Associa-Mark the result: Though they still tions hold property valued at nearly went on eating the same food, the ad- \$30,000,000, \$23,000,000 being held in dition of fruit to their diet made all North America. Members of the the difference between life and death. World's Committee from North Ameri-In a few days their gums began to heal, ca are Mr. James Stokes, Cephas the blood became healthy, natural col- Brainerd, Esq., of New York, and Hon. or came into their faces, and strength H. B. Ames of Montreal. R. C. Morse

Bayard Taylor's Home.

While it is probably inevitable that Cedarcrofe, Bayard Taylor's once beauthe blood from these rheumatic and by those who have felt an interest in the place and its attachments that it might escape this fate, says the Philadelphia Times. Ever since the poet's might escape this fate, says the Philamost valuable ally. As previously delphia Times. Ever since the poet's death and his burial from the mansion to which he was brought home after long service in foreign lands, to the world as an author, to his Government as a diplomat, the property has been on the down track. Once filled with the art and literary treasures gathered upon his travels, an ideal seat for a successful man of letters, in the neighboorhood in which he was born, which he loved, and which he had celebrated in song and story, surrounded with great trees and flowing waters, it has passed from one owner to another, each time losing a little of its earlier dignity. Taylor's widow and daughter felt none of his own attachment for Chester county, and they prefer to live between New York and Europe. The place, therefore, has had to take its owner left it in a most dilapidated condown, the paper hanging in shreds from the walls, while the grounds are in a state of total wreck and ruin. The promptly house and land around it a fey years ago were taken for debt by a syndicate of creditors who would be glad to reimburse themselves and are now looking about for a purchaser.

> Lieut. Max Heidelmeier attempted a diplomatic adjustment of the difficulty. but failed. Even Max had to admit that to be called a lobster was indeed an awful thing. But in the meantime the injured boy escaped.

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ity (Sexual □r. Hathaway. cocele, No. 3, Stricture, No. 4, Kidney and Bladder Complaints, No. 5, Disease of Women, No. 6, The Poison King (Blood Poison), No. 7, Catarrh. These books should be in the hands of every person afflicted as Dr. Hathaway, the author, is recognized as the best authority and expert in the United States on these diseases. Write or send for the book you want today, and it will be sent you free, sealed.

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ticed in cities of the North that on

Saturday Half-Holiday.

The Legislature passed at its recent

session a law making Saturday after 12

o'clock noon a half-holiday as to the

transaction of all business. This act

is construed to mean that all public of-

Helpful Hints.

Rub hinges with a feather dipped in

Boil three or four onions in a pint of water, apply with a soft brush to

Equal parts of ammonia and spirits of turpentine will take paint out of clothing, no matter how dry or hard

CASTORIA, The Kind You Have Always Bought

The insurance man insisted on takng the detective to the Larrabee Street. Police Station, in which enterprise he was finally assisted by a policeman.

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Blood Poison, Nervous Debility, Ulcers, Bladbusiness. We do not keep a drug store nor copy remedies from other doctors' prescriptions, but make the treatment of each case a special study We are graduates of medical colleges, father and son and combine hospital practice with 65 years office experience. Go where you will be treated for your disease, and not for the sake of selling drugs. Our treatment is scientific and costs less with better results. Consultation free of charge. SEND FOR BOOK,
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Dray License due chances on the auction block. The last and payable Septemdition. The stairways are rotting ber 1st. Must be paid

> W. B. Taylor, City Tax Collector

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The Kind You Have **Always Bought** AVegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of Bears the INFANIS CHILDREN Signature Promotes Digestion.Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC. Recipe of Old Dr.SAMUELPITCHER Pumpkin Seed -Aperfect Remedy for Constipafion, Sour Stomach, Diarrhoea For Over Worms, Convulsions, Feverishness and LOSS OF SLEEP. Thirty Years Fac Simile Signature of Charff Fletcher. NEW YORK. Atb months old 5 Doses - 35 Cents

# MALARIA

THE PERSON AND THE PERSON WHEN THE PERSON AND THE P

EXACT COPY OF WRAPPER.

Means bad air, and whether it comes from the low lands and marshes of the country, or the filthy sewers and drain pipes of the cities

and towns, its effect upon the human system is the same. These atmospheric poisons are breathed into the lungs and taken up by the blood, and the foundation of some long, debilitating illness is laid. Chills and fever, chronic dyspepsia, torpid and enlarged liver, kidney troubles, jaundice and biliousness are frequently due to that invisible foe, Malaria. Noxious gases and unhealthy matter collect in the system because the liver and kidneys fail to act, and are poured into the blood current until it becomes so polluted and sluggish that the poisons literally break through the skin, and carbuncles, boils, abscesses, ulcers and various eruptions of an indolent character appear, depleting the system, and threatening life itself.

The germs and poisons that so oppress and weaken the body and destroy the life-giving properties of the blood, rendering it thin and watery, must be overcome and carried out of the system before the patient can hope to

get rid of Malaria and its effects. S. S. S. does this and quickly produces an entire change in the blood, reaching every organ and stimulating them to vigorous, healthy action. S. S. S. possesses not only purifying but the appetite and the general health improves, and the appetite increases almost from the first dose. There is no Mercury, Potash, Arsenic or other mineral in S. S. S. It is strictly and entirely a vegetable remedy. Write us about your case, and our physicians will gladly help you by their advice to regain your health. Book on blood and skin diseases sent

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