

TOILET TIPS.

Don't go to bed without brushing the teeth.

Of the mineral acids as skin whiteners only one is of service—hydrochloric. It is well to start with a weak solution, say 1 per cent.

To whiten and soften the skin parboil a few medium sized potatoes, remove the skins and use them as you would a piece of soap for washing the hands.

A bit of pumice stone is to be found on the dressing table of most women these days and is invaluable in removing all traces of grime on finger tips or around the nails.

Two drops of camphor on your toothbrush will give your mouth the freshest, cleanest feeling imaginable, will make your gums rosy and absolutely prevent anything like cold sores or affections of your tongue.

The water of the toilet must be soft. If possible use distilled water. A little borax or a few drops of ammonia will soften hard water, but habitual use of either is not advisable, too dry a skin being the result. A water softener is better.

Oriental Rugs.

In buying antique or modern oriental rugs there is a trick of the trade to be looked out for. Many old rugs are so touched before displayed for sale that the home furnisher is easily deceived into thinking she is purchasing perfectly genuine goods. This is accomplished by the crafty oriental by various processes. He shaves the upper surface of the weave, removing the worn, faded part and of course lessening the wearing powers of the rug, or he retints the upper surface with water colors. A rug frequently shaved is easily recognized by thinness and lack of body. To ascertain that the rug you have in view has not been touched up with pigments have it sent home on approval and before deciding to buy it take a clean, soft muslin rag, dip in clear water, wring out well and with it go gently over the surface of the rug. If the rug shows signs of coloring matter, a deduction may be drawn. This treatment will not injure a good rug in any way. It will be found an efficient means of detecting cheats.—Good Housekeeping.

The Ideal Nursery.

In an article on "An Ideal Nursery," by Carrie May Ashton, in the Mothers' Journal, it is urged that children be made so happy in the nursery that they will be made happy twenty years hence by the memory of it. A large, light, sunny room is a perfect delight to most children and makes them stronger mentally, morally and physically. Simplicity should be the keynote here and harmony throughout the furnishings. Tint the walls or use a plain ingrain paper of a soft tan color or sage green, which makes an admirable background for pictures. A hardwood floor, with a large rug, is easy to keep clean and preferable from a sanitary point of view. Low bookcases filled with the children's books should be found here; also a place for their specimens, a writing desk, a comfortable couch and plenty of chairs. There should be an abundance of cupboard space, with deep drawers in a closet opening out of this room sufficient for each child, where games, toys and other treasures can be carefully stowed away.

The Trained Woman.

Dr. Edward Alderman, president of Tulane university, Louisiana, has strikingly defined for us the qualities that go to make the "trained woman." In an address to a class of Tulane women graduates Dr. Alderman said that the age called loudly for more trained women. "The trained woman is one who has no 'nerves,' who has a good, strong body, is swift to serve others and who has a mind that wishes to know why things are as they are.

"Such women are needed in the home first of all, for the woman who builds a home is as great as the one who writes an epic poem. The trained woman is needed in society, for at the last the woman is the teacher by the laws of her life and her subtle graces of mind, heart and perception."

Characteristic Worth.

The woman who carries herself well is more apt to command respect than the woman who trudges along with her head inclined forward and her shoulders in a stooping position. The possessor of a graceful, erect carriage unconsciously impresses us as having characteristic worth, says the Pittsburg Observer. There are many noble hearted women who really do themselves injustice by the awkward way they carry themselves. It is very hard for others to see beauty and grace of heart in an unlovely outward appearance. It is the exterior charm of the rose that gives fitting expression to its hidden sweetness.

Are Women Too Restless?

The American woman is restless, dissatisfied. Society, whether among the highest or lowest classes, has driven her toward a destiny that is not normal. The factories are full of old maids. The colleges are full of worldly millieux are full of old maids. For natural obligations are substituted the fictitious duties of clubs, committees, meetings, organizations, professions, a thousand unwomanly occupations.—Everybody's Magazine.

Mutton Fat.

If uncooked mutton fat is soaked in cold water twenty-four hours, then cooked in water, putting a scant quarter teaspoonful of soda to a quart of water, it loses its strong taste and can be used for pastry. Do the same with mutton drippings. All bacon and ham fat should be clarified and kept to fry eggs in.

IN THE BEST OF HUMOR



A SPORT.

"Although considerably ahead the game Mr. Tenspott refused to stop."



She is waiting for her sweetheart. Where is he?



WHAT HE THOUGHT SHE MEANT.

Mrs. Fuller Boose—And to think how I used to pray for you? Fuller Boose—Well, my dearsh—hic—your prayers were—hic—answered. You—hic—got me all right."



Weary Willie—You'd hardly t'ink it, ma'm, but I was onced Grand Vizier to the Sultan of Tolkey. Mrs. Farmer—And what reduced you to this? Weary Willie—Buyin' Easter bonnets for me harem, ma'am.



Papa—Yes, Willie, I used to play great April Fool jokes when I was a boy! Once I removed the steps of the Methodist church and, ha! ha! six deacons fell town; ho! ho! and broke their legs. He! He! Ha! Ha!



PAPA HAD CARRIED 'EM—SO HE KNEW. Tommy—Say, pop, what is meant by "brothers in arms"? His Pop—Twins.

THE KIND YOU HAVE ALWAYS BOUGHT.

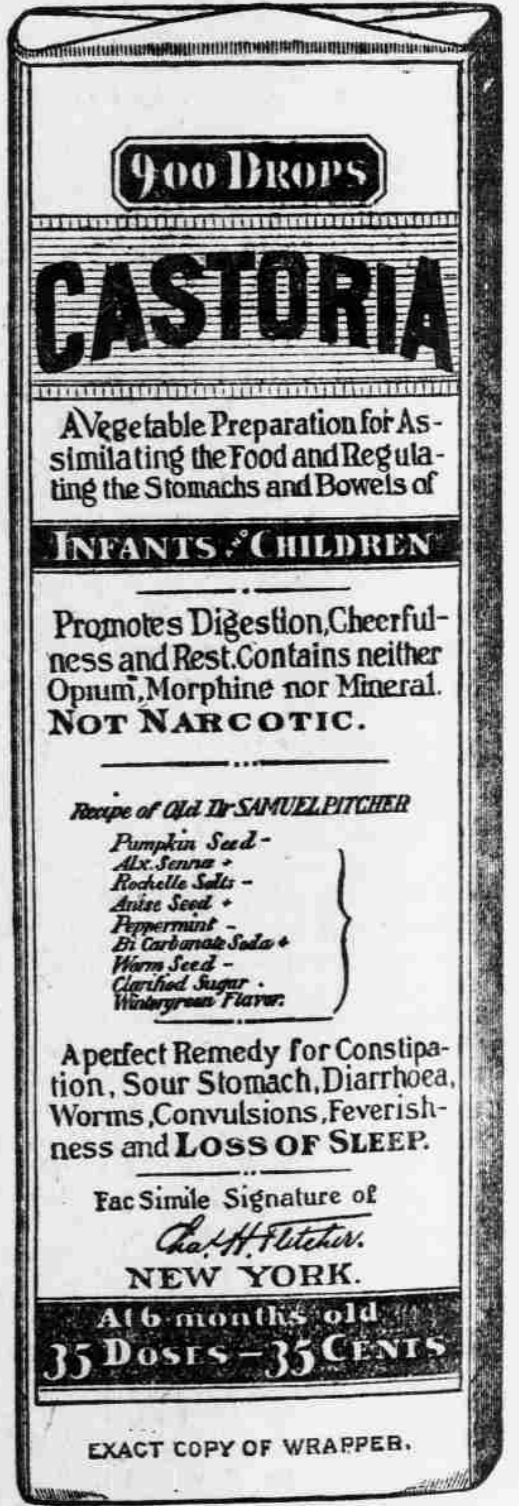
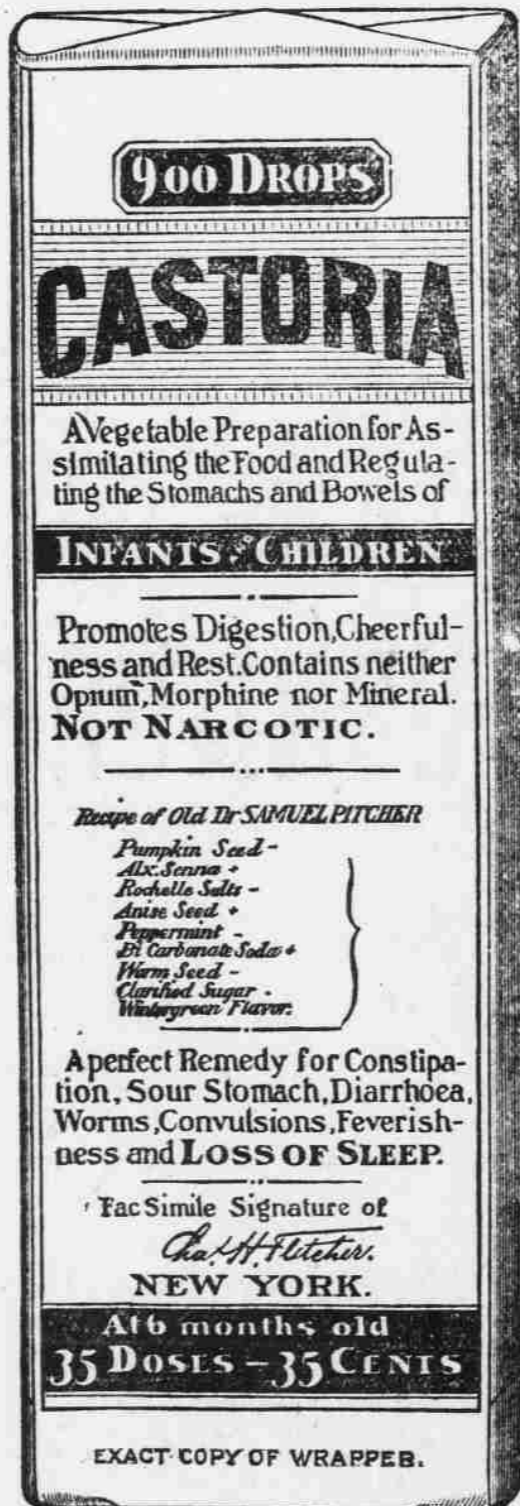
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