

"How Municipality Can Help The Housewife"

(From New Idea.)

When Mrs. H. A. Murrill, of the Household Economists' Association of the Woman's Club at...

...We are willing to shoulder these responsibilities, which are increased knowledge, which...

...another worker, who, with the help of her family, is anxious to secure the welfare of her family. The municipality...

...There are so many ways in which the municipality can help the housewife. The first is to secure the purity of the milk supply...

...The second is to secure the purity of the milk supply. The municipality can enforce the supply of pure milk and only pure milk, if it so wills.

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Detroit is almost a smokeless city. In 1908, twenty cities had joined in the first anti-smoke. Buffalo, Rochester, New York, Syracuse, Reading, Springfield, Mass., Philadelphia, Boston and Providence, in the East; Cleveland, Cincinnati, Pittsburg, Milwaukee, Grand Rapids, Minneapolis, St. Louis, Dayton, Kansas City and Detroit in the Middle West, and Denver in the West, made up this honor roll. Toledo, Newark and Indianapolis have also begun active work toward smoke abatement.

Dust and smoke are visible and tangible enemies to good housekeeping. But the housewife who has installed a clean house and an unpolluted atmosphere has only begun her task. She must give her family wholesome food to eat.

If the milk store is clean and the milk bottles apparently so, and there is no dirt deposit at the bottom of the milk bottle the housewife assumes that she is receiving clean milk.

Should she have her doubts about the matter, it is impossible for her to verify them, for the production of clean milk goes outside of the city limits back to the farm.

Milk is the most important of all the food which the housewife handles. It is more often eaten uncooked than any other food which may easily be contaminated, and it is the food of invalids and of little children, who are particularly susceptible to infection.

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to the pens where the animals await their turns in the killing shed. Montgomery, Alabama, a city so far in the South that heat makes its problems rather more difficult than that of the average municipality, has established one of the best records in the country for the enforcement of her laws upon meat inspection. Montgomery begins in the pens.

When an inspector doubts that a live animal is in perfect physical condition, he puts a metal tag in its ear, bearing a serial number and the words "condemned Montgomery". These words are also painted in great yellow letters upon the animal itself. There is no possibility of that animal getting mixed with the others.

The condemned animals are placed in separate pens and more carefully examined. Montgomery makes sure that not one gets away to be sold to some unscrupulous butcher just without the town limits.

After killing, the healthy animal receives a second inspection. All hogs are tagged and numbered. From each one is taken several muscles which are examined under the microscope for trichina—the parasite which in a human being becomes the tapeworm. If they are found unclean, they are condemned, but it is permitted to use them in making lard or in smoking hams, where any parasites will promptly meet death in the intense heat. Kalamazoo, Michigan, is a second city which has a fairly good record for meat inspection.

Curiously enough in this instance, the housewives, headed by Rev. Caroline Bartlett Crane, forced the municipality to help them by instituting proper laws and by seeing that these laws were enforced. Big Rapids, Michigan, promptly followed Kalamazoo's example, and Paducah, Kentucky, mentioned elsewhere in this article as an example of a city with dustless streets, also has a good meat record.

Decaying refuse in both jail and lot are not only dangerous but form breeding grounds for flies, mosquitoes and gnats.

The system of garbage collection and disposal in operation at Lafayette, Indiana, forms a welcome contrast to this too frequent method. The municipality of Lafayette has a garbage company situated just outside the city limits. In it all city garbage is reduced to ashes.

The crematory is built upon scientific lines and has always proved satisfactory; the burning garbage emits no odor which is perceptible to the passer-by.

Four covered wagons visit every residence twice weekly and remove all refuse from tightly covered receptacles such as are required by law. These receptacles may be filled within four inches of the top, so that there is no danger of the lid not fitting tight. Syracuse, N. Y., Fort Wayne, Indiana, and East Orange, New Jersey, are other small cities which have similar effective systems.

The common house-fly has long been a nuisance to the housewife. With fly-catchers and screens and a vigorous wifing of the broom and old newspapers in darkened rooms, she succeeded in keeping him out of the house. And then she took her market basket and went to the nearest grocery store and found flies exploring the sugar barrel and visiting the prune box, flies sampling the loaves of bread and enjoying the cookies and she wondered when she returned home to use the fly-catchers and screens and old newspapers in darkened rooms.

It is only since it has been definitely proved that as a distributor of typhoid fever by means of bacilli carried about upon his feet and body the housefly is a menace to the whole community, that the municipality and the housewife have been gravely concerned for his effacement.

Municipalities have begun to battle against the fly from two sides. They have endeavored to prevent his coming into the world and they have endeavored to starve him out if he eludes them and gets in.

Few cities have planned to starve the fly more thoroughly than Chattanooga, Tenn. Chattanooga has passed an ordinance which orders that all places selling anything in food or drinks shall be screened. It further provides that all screens shall be permanently fixed or be self-closing and that the mesh used in screening shall be number fourteen.

IN THE BLOOD

A Bad Humor Broke Out as a Small Sore—Intense Suffering for Five Years.

A Permanent Cure by Hood's Sarsaparilla.

"On getting up one morning I found what seemed to be a mosquito bite on the calf of my right leg. Soon the sore grew larger and continued day after day, becoming more and more troublesome. One physician advised poulticing, another physician told me to use a rubber bandage, but the sore grew worse until there was not a spot of healthy skin as large as a ten-cent piece between my large and small toe. A third physician prescribed a paste, and then a specialist in scrofulous troubles treated me for a year. The sore seemed to be healing, but in a few months broke out as bad as ever. I had now been suffering for more than five years. My leg was a dreadful sight. There were places so large and deep that an egg might have been put into them. I was told the leg must be amputated.

"One day a neighbor spoke of the value of Hood's Sarsaparilla for scrofula, and I thought I might as well take it. Before I finished the first bottle, I suffered less pain and could see the edges of the sore beginning to heal. "So I continued taking Hood's Sarsaparilla, and before long the sore was completely healed and my general health perfect. I believe it my duty to tell what Hood's Sarsaparilla has done for me. I suffered from scrofula, 23 Lincoln Street, Exeter, N. H.

Hood's Sarsaparilla effects its wonderful cures, not simply because it contains sarsaparilla but because it combines the utmost remedial values of more than 20 different ingredients, each greatly strengthened and enhanced by the scientific combination. There is no real substitute for it. If urged to buy any preparation said to be "just as good" you may be sure it is inferior, and less effective. It yields the dealer a larger profit. Get Hood's Sarsaparilla.

Today in usual liquid form or in chocolate tablets known as Sarsatals.

ed typhoid, malaria, yellow fever and smallpox by the simple expedient of keeping the cities clean, and calling upon all citizens to aid in cleaning up the city.

The circular further advised every citizen to whitewash the cellar, and wash or paint his fences, to burn all rubbish which could be burned, to cut all weeds, and to rake up all tin cans, bottles and wire, and have them hauled away. The circular asked that all plumbing be inspected, that back yards be planted, and ordered storage bins built for all manure.

The Women's Civic Club who had originated the idea, went to work with a will, the city delegated inspectors to help during the "Clean-up Week," and as a result, Wilkesbarre rid itself in a short time of filth and rubbish. On the last day of the week the mayor, the city clerk, the health officer, and the secretary of the board of trade, together with several of the councilmen made an inspection tour. Wilkesbarre housekeepers as a result have had less fly-chasing this year than ever before.

If the fly is a pest by day, the mosquito is an equally dangerous pest by night. There is just one way in which the municipality can eradicate this pest and that is by filling the ponds and pools of water in or near the city. Comparatively few municipalities have enforced ordinances with regard to weights and measures, but so rapidly is the idea gaining in favor that many cities are now preparing to pass and enforce ordinances protecting housewives in this regard.

In New York City last spring a well-known firm selling milk and butter was held because the "pound" of butter sold was only a pound when wrapped and placed in a pasteboard box. The firm explained that the pound was gross weight, but as the price of the butter was the same as the same quality sold without the box, the explanation was deemed insufficient.

In Chattanooga there is an ordinance which makes the food inspector a seller of weights and measures with full authority to examine all weights and measures at any time. The ordinance provides a fine for any shortage. Despite this, an enterprising coal dealer invented a method of cheating his patrons successfully for some time.

This dealer had one set of papers for the inspector and another for his patron. The one for the patron showed some fifteen or twenty bushels more of coal than the one sent to the inspector.

The dealer advertised in the newspapers that if the coal was thought to be short in weight it might be returned and weighed in the presence of the patron, the patron to assume the expense if the weight was correct. Those who took advantage of this offer always sorrowfully paid the extra expense of cartage, for the coal dealer had an ingenious arrangement of a beam connected with his balance, that came up underneath a trap-door on the inside of his scale house. By standing on the trap door and adjusting his own weight, he could register weight anywhere from a few ounces to three-fourths of a ton more than the scales actually held.

The city inspector discovered the trick, the dealer was fined, and the newspaper publicity accompanying the case created such adverse sentiment that he was forced out of business.

Dust, soap, flies, mosquitoes—these are the things which the municipality can help the housewife to banish from her home. Clean milk, clean meats, and fair weights are among the gifts which it can bestow upon her. None of this can she accomplish alone. As an intelligent co-worker the municipality is more to be prized than a faithful servant.

REFLECTIONS OF A BACHELOR.

(From the New York Press.) There's a perpetual resurrection for family skeletons. A great man has to listen to no end of advice from little men. A woman knows how much a man loves her by how much she wants him to.

A politician seems never to be ashamed of himself, but maybe he wishes he could be. The more you hammer a strong man the stouter he is; the more you coddle a weak man the softer he is. Charity begins at home, but honey-moons end there. A man would make a great hit with his own wife by trying to elope with her.

You can hate a man more for achieving honor than for committing a crime. Any woman who knows how to be successful with men knows better than to let him know she does. About the easiest thing is for a man to ask his wife to wear a certain thing for him, but the fool never thinks of it.

To Capture Wild Horses. By Associated Press. Salt Lake City, Utah, March 18.—A novel scheme has been devised by two Salt Lake men to capture alive the best of the wild horses that roam in southern Nevada. It is proposed to shoot the animals with bullets tipped with magnesium and containing a gelatine capsule filled with a narcotic drug. The magnesium, it has been found, dissolves the flesh and causes no permanent injury if a vital organ is not penetrated while the opiate deprives the game temporarily of the power of locomotion.

In the maddic equine bands are many magnificent specimens. Stallions valued at \$5,000 a head are not uncommon. The present method of capturing is to wear them out by chasing them in relays.

If the method proves successful in Nevada, Salt Laker will try it on wild beasts valuable for exhibition purposes.

Somewhat Different. "My name," said the great tragedian, "has adorned many billboards." "And mine," rejoined the low comedian, "has adorned many board bills."—Chicago News.

His Punishment. Blobs—When she wasn't looking I kissed her. Blobs—What did she do? Blobs—Refused to look at me for the rest of the evening.—Philadelphia Record.

FOR RHEUMATISM. The way to cure rheumatism is to remove its cause. Rheumicide removes the cause and stops the pain quickly. Rheumicide is put up in liquid and tablet form, in 25c and 50c bottles, and is sold by druggists generally. Tablets mailed on receipt of price. Booklet free. Bobbitt Chemical Co., Baltimore, Md.

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ANNAPOLIS NAVAL CADETS This photograph shows part of the 137 Annapolis Naval Cadets ordered to the Mexican border, marching through the streets of Philadelphia to embark on Transport Dixie for the South. These men are under the command of Lieutenant B. B. Lee of the Naval Academy.

