

Lawn Chair Is Like Mother's and Dad's

HERE is a pint-size lawn chair to delight the children and their young visitors. The seat is 15 inches high, 13 inches deep and 15 inches wide—a good size for little ones now and roomy enough to be comfortable right up through their early teens.

A hammer and saw and screw-driver are all the tools you need to make this chair as well as the



larger edition, that you see in the sketch. All the pieces are straight cuts of standard widths, yet both of them have seats and backs at comfortable angles. The lines and proportions are good and the backs are removable for winter storage.

NOTE—Pattern 253 gives a complete list of materials, large diagrams for cutting all the pieces of the child's chair and step-by-step directions for assembling. Pattern 253 lists materials with diagrams and dimensions for the adult-size chair. Patterns are 15 cents each postpaid, or both patterns for 25 cents. Order from:

MRS. RUTH WYETH SPEARS
 1000 Highland Hills New York
 Drawer 10
 Enclose 15 cents for Pattern 253, or 25 cents for Patterns 253 and 259.
 Name _____
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Rome Has Monument to King Costing \$5,000,000

Rome's monument to Victor Emmanuel II, king of Italy from 1878 to 1896, is the costliest memorial of its kind in the world, says *Reuter's*. Built of white marble and embellished with numerous sculptured groups and reliefs as well as a great equestrian statue of the king, this massive structure occupies almost a square block. It is as high as an 18-story building, cost \$5,000,000 and was under construction for 26 years before its dedication in 1911.

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HOUSEHOLD MEMOS by Lynn Chambers



Keep Cool With Shrimp Salad in Aspic (See Recipes Below)

Keeping Cool
 There are still warm days ahead through late summer and early fall, and plenty of opportunity for keeping cool.
 Formerly it was thought that one should eat extremely lightly of just low-calorie salads with hardly enough nourishment for the body, and cold drinks. Now we recognize the necessity of using enough proteins in the diet to keep the body in good condition, and also know that a cup of hot soup will be as cooling as the coolest drink.
 Naturally our proteins may be in the form of salads for we like them especially well in the summer. Here is a good one using a shrimp in aspic, both cooling and nutritious:

Lemon Aspic.
 Serves 6)
 2 tablespoons gelatine
 1/4 cup cold water
 1 1/2 cups hot water
 1/2 teaspoon salt
 1 tablespoon sugar
 1/2 cup lemon juice
 1 cup cooked or canned shrimp
 1 cup chopped celery
 Chicory or other salad greens

Sprinkle gelatine into cold water. Add hot water, salt, sugar and lemon juice. Cool, then add shrimp and celery. Chill in ring mold. Unmold on crisp salad greens. Fill with:

***Shrimp Salad.**
 (Serves 6)
 1/2 cup cooked or canned shrimp
 2 tablespoons french dressing
 1 cup diced celery
 1 cup lettuce, cut in pieces
 1 cup peas
 Mayonnaise to blend

Marinate shrimp 15 minutes in french dressing. Combine with remaining ingredients. Garnish the lemon aspic with lemon quarters and shrimps.

Creamy Potato Salad.
 (Serves 6)
 4 cups cold, boiled potatoes, cubed
 1/2 cup french dressing
 1 1/2 teaspoons salt
 1 medium onion, minced
 3 hard-cooked eggs
 1/4 cup diced celery
 3 slices bacon, fried and crumbled
 6 sliced radishes
 1/2 cup mayonnaise or boiled dressing

Marinate potatoes in french dressing one-half hour. Toss together with remaining ingredients and serve with cold meats, wedges of tomato and cucumber slices.

Chicken Salad.
 (Serves 6)
 2 cups diced chicken or veal
 1/2 cup diced celery
 1/2 cup sliced, toasted almonds
 Salad dressing
 Mix all ingredients with enough

Lynn Says
Go-Togethers: Some foods served together are inspired combinations. You'll like:
 Roast loin of pork with minted applesauce, creamed onions, brown bread and coconut cake.
 Curried Chicken with boiled rice; corn muffins with fig jelly or jam, or quince honey; lettuce salad; date and nut pudding with cream.
 Beef en casserole, with potatoes, carrots and green beans; apple salad; bread and butter pickles; bread with plum jam; peach crumble.

Lynn Chambers' Point-Saving Menus
 Strained Vegetable Soup
 *Shrimp Salad in Lemon Aspic
 Rye Bread-Cream Cheese Sandwiches
 Olives Pickles
 *Peach Crumble
 *Recipes Given

salad dressing to moisten. Serve on lettuce and watercress.
 If you are looking for fruity salads, there are any number the family will like:

Fruit Ginger Ale Salad.
 (Serves 6)
 1 tablespoon gelatine
 1/4 cup cold water or fruit juice
 1/4 cup orange or other juice
 2 tablespoons sugar
 2 tablespoons lemon juice
 1/4 teaspoon salt
 1 cup ginger ale
 1 cup fruit

Soften gelatine in cold water. Place bowl over warm water and stir until gelatine is dissolved. Add sugar, salt and fruit juice. Cool and add ginger ale. Chill, and when mixture begins to thicken, add fruit cut in small pieces (canned pineapple, pears, apricots, cherries or fresh fruit such as oranges, apples, grapes or bananas). Two tablespoons of ginger may be added if a high ginger flavor is desired. Turn into individual molds that have been rinsed in cold water. Chill. Unmold on lettuce and serve with mayonnaise.

Best Salad.
 (Serves 6)
 1 tablespoon gelatine
 1/4 cup cold water
 1 cup cooked salad dressing
 1 cup cream or evaporated milk, whipped
 1 1/2 cups chicken or diced veal
 1/2 cup almonds, blanched and chopped
 1/4 cup malaga grapes, canned pineapple or oranges
 1/2 teaspoon salt

Soften gelatine in cold water. Place in dish over boiling water and stir until gelatine is dissolved. Cool and combine with salt, salad dressing, whipped cream or whipped evaporated milk. Fold in chicken, using white meat, almonds, and skinned grapes, seeded and cut into pieces. Turn into mold, rinsed with cold water, and chill until firm. When firm, unmold and garnish with lettuce, almonds and grapes.

Fruit desserts? Here are two with apricots and peaches:

***Peach Crumble.**
 (Serves 6)
 8 fresh peaches, sliced
 1/4 cup water
 1 teaspoon lemon juice
 1/4 cup flour
 1 cup brown sugar
 2 tablespoons butter
 1/2 teaspoon salt

Arrange peaches in buttered baking dish; sprinkle with water and lemon juice. Blend sugar, flour, butter and salt together until mixture resembles rough cornmeal. Sprinkle over peaches. Bake in a moderate oven (350 degrees) until peaches are soft and top is brown and bubbly, about 35 minutes.

Apricot Dessert.
 Fill honeydew melon ring with orange sherbet and garnish with apricots halved and peeled, marinated in lemon juice and cantaloupe balls.
 Get the most from your meat! Get your meat roasting chart from Miss Lynn Chambers by writing to her in care of Western Newspaper Union, 210 South Desplaines Street, Chicago 6, Ill. Please send a stamped, self-addressed envelope for your reply.
 Released by Western Newspaper Union.

Farm Topics

Cover Crop Seed Increase Sought

Supplies Needed to Maintain Acreage
 Growing of legumes and cover crops—with particular emphasis on seed production—is receiving more attention than usual from Uncle Sam this year.
 The nation's farmers for many years have relied upon legumes and cover crops to protect their soil from erosion, preserve valuable moisture, and gather life-giving nitrogen from the air. In most cases, these crops are plowed under as green manure to make room for more profitable row crops, such as cotton, corn, or tobacco.

Heavy wartime demands for more food and fiber crops from each acre under the plow have increased the need for seeding legumes and cover crops, the War Food administration says. Records show that growing these crops in winter will bring about a substantial increase in per acre yields of subsequent crops. The urgent need for more feed crops to support added numbers of livestock also has a place in the picture, WFA says. These crops provide excellent pasture for several weeks before turning under, thus supplementing dwindling supplies of concentrated protein feeds.

Principal emphasis is being placed on harvesting of seed from 1944 crops of legumes and grasses because supplies now are at dangerously low levels. Adequate supplies of these seeds are essential for providing



Good Clover Stand

winter feeds, protecting land during the winter months, and maintaining soil productivity at high levels.

Increases in production of legume and grass seeds must be made in 1944 if there are to be sufficient new seedlings this fall for hay and pasture production and for sod acreage in regular crop rotations. Nations liberated from Nazi domination will need seed quickly to help reestablish themselves by restoring their devastated farmlands. Shipping seed abroad is an economical way of exporting food and lessens the drain on our own food supplies.

Harvesting of legume and cover crop seed will be encouraged under provisions of the 1944 conservation program of the Agricultural Adjustment agency. Substantial payments will be allowed for each acre harvested, up to a maximum of 25 acres per farm. Prices of seed will be supported at levels designed to give the farmer a fair return. Crops eligible for AAA payments and support prices include most principal legumes and grasses.

In addition to the profit realized, farmers are being urged by the WFA to produce adequate supplies of seed for two principal reasons. First, WFA says, if farmers are to maintain their record production levels, every effort must be made to keep the nation's farmlands in top productive condition. Any effort to draw upon soil fertility without replacing it is a dangerous gamble which may result in declining production in later years. In the second place, many of the crops now being produced in record quantities to meet urgent needs are soil depleting. Continued production of these crops makes it imperative that productivity be preserved by every means possible.

Here is how the situation sums up:
 1. Red clover—Reserves at 40 per cent of 1940 level.
 2. Alsike clover—Carryover reduced one-half by two short crops.
 3. Sweet clover—1943 crop smallest since 1922. Carryover July 1 expected to be 40 per cent of 1939-1943 average.

Cattle Liver Flukes
 Liver flukes, long a serious menace to cattle production in parts of Texas and other western states, are now being fought with a new chemical treatment, according to the War Food administration. The drug "hexachlorethane" is combined with bentonite in water to make a smooth emulsion that is easily given as a drench. Liver flukes, difficult to reach by medication, are small, flat, leaf-shaped parasites.

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