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Low Rates to Texas and the Southwest

On the first and third Tuesdays of each month exceptionally low-rate round-trip tickets will be sold via the Cotton Belt Route to points in Arkansas, Louisiana, Texas, Oklahoma and New Mex-

ico. Return - limit 25 days and stop-overs allowed both going and returning.

The Cotton Belt is the direct line from Memphis to the Southwest. The Cotton Belt is the only line operating two daily trains, carrying through cars without change—
the only line with a through sleeper
Memphis to Dallas. Equipment includes sleepers, chair cars and parlor cafe
cars. Trains from all parts of the Southeast make direct connection at Memphis with Cot.
Belt trains for the Southwest.

Ask the ticket agent to sell you a ticket via Memphis and the Cotton Belt.

Write for Texas or Arksnsas book — whichever section you are interested in. These books are just off the press, and are full of facts and examples of what is actually being done by farmers, truck gardeners and fruit raisers in this highly-favored section. A five-color map is inserted in each book — Free upon request.

H. H. Sutton, District Passenger Agent, 109k W. Ninth Street,

DO YOU GET UP

WITH A LAME BACK?

Kidney Trouble Makes You Miserable. Almost everybody who reads the newsapers is sure to know of the wonderful cures made by Dr.

Kilmer's SwampRoot, the great kidney, liver and bladder remedy



It is the great m ical triumph of the nineteenth century; liscovered after year of scientific research by Dr. Kilmer, the

bladder specialist, and is wonderfully

bladder specialist, and is wonderfully successful in promptly curing lame back, uric acid, catarrh of the bladder and Bright's Disease, which is the worst form of kidney trouble.

Dr. Kilner's Swamp-Root is not recommended for everything but if you have kidney, liver or bladder trouble it will be fooded just the rangely you need. It has found just the remedy you need. It has been tested in so many ways, in hospital work and in private practice, and has proved so successful in every case that a special arrangement has been made by which all readers of this paper, who have not already tried it, may have a sample bottle sent free by mail, also a book tell ing more about Swamp-Root, and how to find out if you have kidney or bladder trouble. When writing mention reading this generous offer in this paper and send you address to Dr. Kilmer

& Co., Binghamton, The regular fifty-cent and onedollar size bottles are Home of Sw sold by all good druggists. Don't make any mistake, but remember the name, Swamp-Root, Dr. Kilmer's Swamp-Root, and the address, Binghamton, N. Y., or

"Shall the people rule?" Yes if they elect Bryan and a Democratic congress. If Taft is elected the trusts will rule.

HOW TO GET STRONG

Chicago, tells of a way to become strong; He says my mother, who is old and was very feeble, is deriving so much benefit from Electric Bitters, that I again. feel it's my duty to tell those who need a tonic and strengthening medicine about it. In my mother's case a marked gain in flesh has resulted, insomnia has been overcome, and she is steadily growing stronger." Electric Bitters days. Its another boy! quickly remedy stomache, liver and kidney complaints. Sold under guaran- left Sunday for a ten days trip tee at C. M Shuford W. S. Martin & Menzies Drug Co. 50c

Had we not faults of our own we should take less pleasure in complaining of others. - Fenelon.

necessary to give your baby when it is cross and peevish. Cascasweet contains no opiates nor harmful drugs and is highly recommended by mothers everywhere. Conforms to the National Pure Food and Drugs Law. Sald by C. M. Shuford and W. S. Martin.

遊園網邊鐵鐵銀銀網網絡,海與時後電腦網號鐵路鐵路 Hark, Hark! The dogs do bark!

A GOOD REASON.

Why It Is So.

cause of disease, and that is why the cures are always lasting; in the State There are houses This remedy strengthens and tones up the kidneys, helping them to drive out of the body the barns and stables for horses. liquid poisons that cause backache, h adache and distressing kidney and urinary complaints. Hickory people testify to permanent cures.

Pills, but I was cured of a severe attack of backache and I am pleased to say that I have not felt any symptoms Co. I received the best of results, and gladly recommend them to others suffering fram kidney trouble."

For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, New York, sole agents time. The mid-way will be the for the United States.

Remember the name-Doan's and take no other.

Many girls obtain their fiirst present. ight upon kissing in the dark.

tak :. It is guaranteed. W. S. Mar-

Kitchin the better they like him. be desired. He will sweep the State by a big We should not forget to state majority.

DeWitt's Little Early Risers are small pills, easy to take, gentle and sure. - Sold by C. M. Shuford and W.

Subscribe for the Democrat; ment freely, and giving it absolute rest. | For sale by W. S. Martin & Co. only \$1.00 a year.

Items From Granite Falls.

correspondence to The Democrat.

The educational ralley said something about last week was of a high order and came up to the name. Rev. Wolfe made the address of welcome. Mr. Atkins of Lenoir a short talk on levying a special tax to run schools, Prof. C. E. Woltz formerly principal of the school here made a speech on 20th century speech on education they ever heard. County Supt. Y. D Moore of Lenoir made a good talk in the afternoon. Miss Corpening good recitations. Music was furnished by the Granite band, and dinner was served on the

The marriage of Mr. W. G. Whisnant and Miss Princess the daughter of Mr. and Mrs. H. C. Mackey was a beautiful home wedding. Quite a large crowd was present and they received a number of nice presents. Ice cream and cake was served after the ceremony.

class of the M. E. church gave a reception at the home of Mr.

will not begin until a week later.

The Old Plantation of Johnny J. Jones Carnival Co., will be

here this week for three nights. H. V. Bolick is all smiles these Dr. Corpening and Parks Lutz

to Okla. Mr. Luther Sherrill has gone

to the State of Washington.

Mr. Boyce Martin and Miss Maud Whitlow of Hickory were married last Wednesday night Just a little Cascasweet is all that is and not last April as was stated in these columns last week. He said he was joking.

Hustler.

Winston-Salem's Big Event.

The progressive people of Winston-Salem are spending The students are coming to town. \$50,000 in building new fair grounds, which are located n gates of the grounds.

Doan's Kidney Pills cure the New buildings a.e being erect- and shall be preserved. ed, also the largest Grand Stand for poultry, pigs and cattle, and

Water will be found in all parts with electricity. The Fair is open to all counties in Piedmont, H. D. Fry, Itving at 21st St., Hick-orly, N. C., says: "I used the con-tents of but one box of Doan's Kidney for premiums.

Extensive preparations are being made for a great Fair, Oct. tate. of kidney trouble since. I heard of 6, 7, 8, and 9. Every thing will Doan's Kidney Ptlls from a friend who be done for the entertainment Virginia and that it was cultivated strongly recommended them to me, and amusement for the people. and I procured a box at Menzies' Drug There will be two fine bands of pony show and a Wild West show. Free attractions going on all the best ever seen and free of objectionable features. An Orator of

There will be so many thing: going on at Winston-Salem, Fair Foley's Orino Laxative is a new Week, and every one that goes remedy, an improvement on the laxa- there then will find the gates of

to see every body else. glad to send catalogs or to fur The more the people see Will nish any imformation that may

> · that the railroads will give reduced rates.

FOR A SPRAINED ANKLE

A sprained ankle may be cured in a bout one-third the time usually requir-

PRESERVATION OF FORESTS.

The Old Bay State Is Now Taking the

The preservation of the forests is a problem second to none in present importance and in its outlook toward the future. Without trees our country would be a desert, and the rapid denudation of our New England hills is already beginning to have its effect upon our streams and rivers and upon our water supply. The invention of wood pulp paper and the rapid extension of the industry throughout the country, together with the increase of education and everybody that newspaper circulation, have stimulated heard him said it was the finest the destruction of the forests to such a degree that steps are already being taken to preserve them before it is too

Congress has attempted to take a hand in the matter, but so far with of North Catawba gave some little avail, and it now remains for the individual states affected to see what they can do. The first step would seem to be the development of paper making from some rapidly growing and angrounds and everybody enjoyed | nually reappearing substance, such as cornstalk fiber, instead of from the slowly rising tree which cannot be replaced except after years of renewal

As was to be expected. Massachusetts is taking the initiative. To the governors of the other five New England states Governor Guild has sent out a request for a conference, and it will be held at the Algonquin club in Boston on the 14th of September. The six governors will then confer and deliberate over the best means to be The Philathea and Baraca taken for the preservation of our forests, and it is probable that arrangements will be made for the calling of a New England business conference at D. H. Warlick on the following some time immediately following the presidential election. If it should be held, says Governor Guild in his letter, Prof. Hunter who was to open It should come at that time "in order P. J. Daly, of 1247 W. Congress St., school last Monday is sick and it that its work might not be confused with the politics of the presidential campaign." One of the especial eb Mr. Shuford Alred is out Jects of this meeting of the governo



GOVERNOR GUILD OF MASSACHUSETTS. the North Western suburbs of means whereby a greater uniformity the city, direct on the Southern slation among the several states in and N. &. W. Railroads. The the Union. But the greatest result Hickory People Can Tell You electric cars will also run to the should be in the stimulus it will give to public opinion and in its awakening of us to the fact that the forests must

The First Pctatoes.

Sir Walter Raleigh, who shares with Sir Francis Drake the honor of first introducing the potato in England. lived at Brixton, England, near Elizabeth's House. Formby, in Lancashire. of the grounds and the Park will also claims the honor of being the site be brilliently lighted at right of the first culture of the potato in that country. They are said to have been grown there by a Formby man who sailed with Sir Walter.

The earliest cultivation of the potato in the British islands was probably at Youghal, on the south coast of Ireland where this great navigator had an es-

It has been generally accepted that the potato was taken to Europe from there by the natives: Sir Joseph Banks and De Condelle both lent the weight of their authority to this view, but it music, splendid exhibitions of all has been ascertained that the Indians kinds, an Air-ship free dog & of Virginia, though they used a number of tuberous roots, did not know our po-

One of these, was the plant sometimes grown as an ornamental climber in our gardens and called by botanists Apios tuberosa. The Indians called the roots potatoes, and the French Canadians world wide reputation will be knew them as pommes de terre, and car potato, being a native of South America, was scarcely likely to be known to the Indians of Virginia.

Yet the potato was undoubtedly introduced in England as part of the cargo of one of Sir Richard Grenville's tive of former years, as it does not the city open, and everbody glad ship had gone direct from Virginia and called nowhere on the way. On the voyage home, however, it had encoun-G. F. Webb, Gen. Mgr. will be tered and captured a Spanish ship from Santo Domingo. The potatoes were a part of the cargo of the latter vessel.

The Useful Sunflower.

Sunflower seeds are said to give an extra fine flavor to eggs and are much used by the French people for that purpose. Remember this when you plant your garden and drop in some seeds around the edges and in the odd corners. A few planted near the sink drain will help to keep away miasma and give you heads of seed that will be mammoth in size.

The Democrat, only \$1.00.

Farm and Garden

HANDLING APPLES.

Fruit Must Be Put Up For Market Ir Attractive Style.

Radical changes must come about in the methods of grading, packing and marketing our home grown fruits if we ucceed in maintaining our present trade in the home markets. California fruit is having a greater influence on the prices of fruit in the eastern markets every year, and this competition is sure to drive many eastern fruit growers out of the business unless it is



PILED NEATLY IN SHADE.

with goods that are put up in as honest and attractive style as those that are shipped from that section.

The medy lies in the hands of the growers. If they desire to have their fruit recognized as equal to California fruit they must make it so attractive in style and honest and uniform in quality that the buyer or the consume will not make invidious comparisons when he sees it by the side of the California product. Quality and flavor will have weight in determining which fruit to use, but if our home grown fruits are put up in an honest manner and undesirable varieties are kept off from the market we can meet the competition and hold our home markets This problem of handling and marketing fruit is not one that can be solved by individual effort alone. It requires co-operation on the part of the various fruit growers. One man may succeed in establishing a reputation for high grade fruit, but at the best his reputation would only be local, whereas if a large number of the leading fruit growers would combine and organize and have their fruit put up in uniform style and in large quantities by experienced packers, so that their brand would establish a first class reputation, the demand for their fruit would equal not exceed that for the California fruit. What we need to do is to organlze and do our grading, packing and marketing in as businesslike manner as the Californians.

Our growers must learn to utilize their inferior grades at home and market nothing but the very best and in uniform packages. By se doing they will obtain more money than by placing the whole lot on the market. Every grower should grow the best varieties, put them up in nice, clean, uniform packages and place them in the hands of dealers who understand their business. Let every package contain full weight. The most important matter after the growing of the fruit is the selection of the package in which to send it to market. No fruit should be sent in any but a neat and attract ive new package of the form and size



most popular where the fruit is shipped. The human eye is the great buyer of fruit.

Apples that are sold for first class fruit should be handled in a careful manner while being picked and then earefully laid in piles on the ground where the sun cannot reach them or removed to the barn for a few days and left in piles, so as to permit some of the moisture to evaporate and the skin to become toughened, in which condition the fruit will stand up better while being shipped and keep longer when packed than it will when put into the barrel as fast as it is picked from the tree.

Subscribe for the Democrat.



This woman says that side women should not fail to Lydia E. Pinkham's Veget; Compound as she did. Mrs. A. Gregory, of 2355 Law-t., Denver, Col., writes to

"I was practically an invalid for six years, on account of female troubles. I underwent an operation by the doctor's advice, but in a few months I was worse than before. A friend: levised Lydia E. Pinkham's Vegetal le Compound and it restored me to perfect health, such as I have not enjoyed in many years. Any woman suffering a I did with backache, bearing-dot a pains, and periodic pains, should not fill to use Lydia E. Pinkham's Vegetalle

FACTS FOR SICK WOME'L

For thirty years Lydia E. Pink. ham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ili, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bear. ing-down feeling, flatulency, indige 9. tion, dizziness or nervous prostratie; Why don't you try it?

Mrs. Pinkham invites all sick women to write her for advic, She has guided thousands to health. Address, Lynn, Mass.

"What do you expect to le when you come of age, my little man?" asked the visitor, "Twenty-one," was the little

man's reply. QUICK RELIEF FOR ASTRMA Ser-

FERERS. Foley's Honey and Tar affords imnediate relief to asthma sufferers in the orst stages and if taken in time will ffect a cure.

Carolina & North-Western Ry. Co Schedule effective Feb. 2nd. 1908.

Passenger No. 10 No. 60 Chester Ly 8 o5 am I co pm Yorkville " 8 53 am 2 25 pm 9 44 am 4 15 pm 6 00 art 9 05 au 10 00 an Hickory 12 05 pm 12 25 pr enoir 2 55 pm Passenger Tickory II 15 ant 2 43 pm 7 00 am 5 50 pm 5 05 pm

Yorkville " 5 52 pm 9 15 am Chester " 6 40 pm 10 35 am CONNECTIONS CAESTER-Southern Ry., S. A. L and

YORKVILLE-Southern Rallway. LINCOLNTON -S. A. L.

NEWTON AND HICKORY-Southern Ry LENOIR-Blowing Rock Stage Line and

E F. REID, G. P. A., Chester, S. C Subscribe for the Democrat.

For Weak

der, urinary troubles and backache use DeWitt's Kidney and Bladder Pills

Treatment 25c

S. C. LeWITT & CO., Chicago, Ill. Sold by C. M. Shuford and W. S. Martin

KILL THE COUCH AND CURE THE LUNCS WITH Dr. King's

New Discovery

GUARANTEED SATISFACTORY OR MONEY REFUNDED.

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