### SIMPLE LAXATIVE REMEDY **BEST FOR CONSTIPATION**

Dr. Caldwell's Syrup Pepsin Gave Satisfaction When Nothing Else Would.

Nearly everyone, at one time or another, suffers from constipation, or inactive bowels, and one of the few conclusions upon which the doctors agree is that regularity of the bowels is an essential to good health.

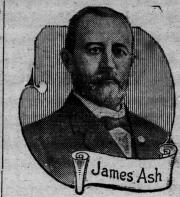
essential to good health.

In the family medicine chest of most well-ordered households will be found one or more of the various remedies recommended for the relief of constipation. In the majority of homes today the combination of simple laxative herbs with pepsin known as Dr. Caldwell's Syrup Pepsin known as Dr. Caldwell's Syrup Pepsin is recognized as the standard laxative. Druggists everywhere report a constantly increasing demand for this splendid remedy which is sold for fifty cents a bottle.

Mr. James Ash 102 Green St. Communications and standard standard

Mr. James Ash, 102 Green St., Cumberland, Md., wrote to Dr. Caldwell that he found Dr. Caldwell's Syrup Pepsin the most effective remedy for constitution he had ever used and that he always keeps a bottle of it on had for use when necessary.

Dr. Caldwell's Syrup Pepsin is a mild laxative, and does not gripe or strain, but acts gently and brings relief in an



easy, natural manner. Its freedom from opiates or narcotic drugs makes it the ideal family laxative.

Te avoid imitations and ineffective substitutes be sure you get Dr. Caldwell's Syrup Pepsin. See that a fac simile of Dr. Caldwell's signature and his portrait appear on the jellow carton in which the bottle is packed. A trial bottle, free of charge, can be obtained by writing to Dr. W. B. Caldwell, 455 Washington St, Monticello, Illinois.

How to Borrow Money Through a Federal Farm Loan Association.

1. Ten or more farmers wanting loans must organize the as-

2. No man can get a loan for more than \$10,000 or less than \$100, or for less than five years or more than forty years.

3. Borrower must be, or about to become, the owner of the land offered as security, and engaged, or about to become engaged, in its cultivation.

4. Borrower to use money for the following purposes and none

(a) To purchase land for agricultural uses; (b) to purchase equipment, fertilizers and livestock necessary for the proper and reasonable operation of the mortgage farm; (c) to provide buildings and improve the mortgaged land; (d) to liquidate indebtedness of the owner.

5. A board of five directors must be elected by the members of the association, and these directors must elect a president, secretary-treasurer, and a loan committee of three members.

6. The loan committee must appraise the lands of all members and the reports of these appraisers, together with other necessary memorandum, must be forwarded by the secretary to the district federal land bank.

7. If the district land bank and the federal farm loan board, upon examination, find that all requirements have been compiled with a charter will be issued and the loan granted.—The Progressive Farmer

What Does A County Agent Do?

1. Encourages community cooperation.

2. Promotes improved methods in crop production.

3. Introduces more and better livestock.

4. Assists in the proper management of farm products.

5. Establishes "Boys' Agricultural Clubs" for the improvement of corn, pig, poultry, etc., produc-

Assists in marketing and distribution.

7. Aids in the control of hog cholera and other animal diseases,

8. Works for the eradication

9. Helps in the construction and arrangement of farm buildings, such as silos, barns, pig gas tures, etc.

10. Aids in installing draining systems, terracing systems, water supply systems, etc.

11. Conducts farmers' meetings, short courses, and agricultural tours.

12. Gives aid to the woman county agent in her work.

13. Assists in county and community fairs.

14. Forms breeders' and other livestock organizations.

15. Plans systems of crop rotations for the improvement of the land and the even distribution of

labor throughout the year. ne represents the Agricul tural Extension Service, which is conducted jointly by the A. and M. College and the State Department of Agriculture, working in co-operation with the United States Department of Agriculture, and he can have the assistance of the experts in these institutions at any time it is needed.

F. H. JETER.

### PINE-TAR RELIEVES A COLD.

Dr. Bell's Pine-Tar-Honey contains all the soothing elements of the pine forest. It heals the irritated membrane, and by its antiseptic properties loosens the phlegm, you breathe easier, and what promised to be a severe cold has been broken up. For that stuffed-up feeling, tight chest or sore throat take a dose of Dr. Bell's Pine-Tar-Honey and preyent a wearing, hacking cough dragging through the winter. At your druggist, 25c.

# **Shumate Razors!**

All grades of Shumate Razors guaranteed, and when they need sharpening or honing you can return to the factory and they will sharpen and hone them free of charge, all you have to do is to pay the postage one way on them.

Cheap Sheet Iron Heating Stoves, Good Hot Blast fuel saving Coal Heating Stoves, Cast Coal Heating Stoves, Cast and Steel Ranges.

J. D. Blanton, Marion, N. C.

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### You Need a Tonic

There are times in every woman's life when she needs a tonic to help her over the hard places. When that time comes to you, you know what tonic to take—Cardui, the woman's tonic. Cardui is composed of purely vegetable ingredients, which act gently, yet surely, on the weakened womanly organs, and helps build them back to strength and health. It has benefited thousands and thousands of weak, alling women in its past half century of wonderful alling women in its past half century of wonderful success, and it will do the same for you.

You can't make a mistake in taking

The Woman's Tonic

Miss Amelia Wilson, R. F. D. No. 4, Alma, Ark., Miss Affelia Wilson, R. F. D. No. 4, Alma, Afk., says: "I think Cardui is the greatest medicine on earth, for women. Before I began to take Cardui, I was so weak and nervous, and had such awful dizzy spells and a poor appetite. Now I feel as well and as strong as I ever did, and can eat most anything." Begin taking Cardui today. Sold by all dealers.

Has Helped Thousands



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You'll be surprised at the system you'll inaugurate in your home if you PAY ALL YOUR BILLS WITH CHECKS. You can tell HOW MUCH IT COSTS TO A PENNY TO RUN YOUR HOME. It will give your wife a sort of business education.

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A THANKSGIVING TURKEY BECOMES A BIG FAT TURKEY BY BEING FED A LITTLE FROM DAY TO DAY. A THANKS-GIVING BANK ACCOUNT BECOMES A FAT ONE BY THE SMALL DEPOSITS THAT YOU MAKE FROM TIME TO TIME.

YOU ARE JUST AS WELCOME IN OUR BANK WITH A SMALL DEPOSIT AS WITH A BIG ONE. LOTS OF SMALL DE-POSITS MAKE THE BIG FORTUNE. START A BANK ACCOUNT NOW-YOU WILL BE THANKFUL NEXT YEAR.

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