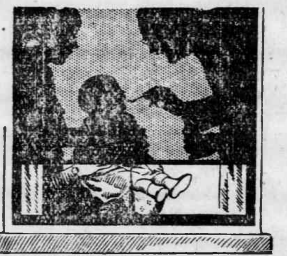




**SAME PRESCRIPTION  
HE WROTE IN 1892**

When Dr. Caldwell started to practice medicine, back in 1875, the needs for a laxative were not as great as today. People lived normal lives, ate plain, wholesome food, and got plenty of fresh air. But even that early there were drastic physics and purges for the relief of constipation which Dr. Caldwell did not believe were good for human beings. The prescription for constipation that he used early in his practice, and which he put in drug stores in 1892 under the name of Dr. Caldwell's Syrup Pepsin, is a liquid vegetable remedy, intended for women, children and elderly people, and they need just such a mild, safe bowel stimulant.

This prescription has proven its worth and is now the largest selling liquid laxative. It has won the confidence of people who needed it to get relief from headaches, biliousness, flatulence, indigestion, loss of appetite and sleep, bad breath, dyspepsia, colds, fevers. At your druggist, or write "Syrup Pepsin," Dept. BB, Monticello, Illinois, for free trial bottle.



**In 5 MILLION HOMES TONIGHT**

A host of babies will enjoy sound sleep tonight. And their parents will have unbroken rest. Castoria is the cause of this contentment in a multitude of homes.

Good old Castoria! Children cry for it. Mothers swear by it. Not a household where there is an infant should ever be without it. A few drops of Castoria quiet Baby in a perfectly innocent manner. It is natural slumber that follows. Castoria is a purely vegetable product. No opiates. No narcotics. Of any kind.

Now you know why trained nurses give Castoria as often as an infant is ailing, or even restless. And why doctors tell mothers it is the first and only home remedy when Baby has constipation, colic, diarrhea, or other upset. It is made for babies, and safe to give babies, and other things are not.

Fletcher's Castoria is "old-fashioned" if you count its fifty years, but it's an old-fashioned mother, nowadays, who worries along without it. Twenty-five million bottles bought last year! Think of the number of mothers who rely on Castoria! All these mothers can't be wrong! To keep a bottle in the house is a precaution you owe your little one.



**NOTICE OF SALE UNDER MORTGAGE**

Notice is hereby given that, under and by virtue of the power of sale contained in a certain mortgage deed executed by John Davidson and wife, Maggie Davidson, to J. L. Burgin, dated October 20th, 1914, to secure the payment of an indebtedness of \$125.00 and interest, on which indebtedness the sum of \$50.21 was paid on the 5th day of July, 1924, said mortgage deed being of record in the office of the Register of Deeds for McDowell County, N. C., in Book 30 page 12, and default having been made in the payment of the balance due on said indebtedness of \$69.00 with interest from July 5th, 1924, the undersigned, executor of the said J. L. Burgin, deceased mortgagee, will, on the

**6th day of April, 1929,** at 12 o'clock M., at the court-house door of McDowell County, in Marion, N. C., offer for sale, at public outcry, to the highest bidder for cash, the following described land and premises, to-wit: A certain piece of tract of land lying and being in Old Fort Township, McDowell County, North Carolina, and described and defined as follows: Adjoining the lands of M. F. Hensley, Alf Boyce and Henry Davidson and wife. Beginning on a white-oak corner near a stump, corner of a 46 acre tract formerly the land of Thos. Lytle, deceased, and runs North with line of said 46 acre tract to a rock with perpendicular pointers; then North 76 East 25 poles to a rock in said Davidson's and Rogers' line; then South 1 West 5 poles to a rock in Rogers' line; then South 76 West 25 poles to the beginning. Contain one-fourth of an acre and five square rods.

Posted this 4th day of Mar., 1929. J. A. BURGIN, W. S. BURGIN, M. G. TURNER, Executors of J. L. Burgin, deceased.

**Garden Located With Care Best**

Select Soil Well Supplied With Plant Food to Get Good Returns.

In selecting the site for the vegetable garden this spring, care should be taken in locating the garden on soil that is well supplied with plant food, advises A. M. Binkley, associate professor of horticulture at the Colorado Agricultural college.

**Soil is Important.**

Good soil is essential to a successful garden, he says. It is often possible to select a site a little distance from the house that will yield better results, with less labor, than one closer to the house with unfavorable soil. As a rule, though, it is desirable to have the garden fairly close to the house.

A sandy soil, on land that slopes gently to the south is desirable, for generally it will "warm up" early and enable the gardener to plant and harvest early crops.

Good drainage is very desirable. A good fence around the garden is often indispensable for protection of the crops from farm animals, including poultry.

No amount of cultural care will replace sunshine! This highly important truth should not be overlooked in selecting the location for the vegetable garden and in arranging the crops, declares Mr. Binkley.

**Exposure to Sunshine.**

Careful consideration should be given to the number of hours of exposure to sunshine each day. As a rule, foliage crops such as lettuce and spinach do fairly well in partial shade, but should have not less than three hours of sunshine per day.

Plants which ripen fruit, such as tomatoes, require more sunshine, and should have a minimum of five hours of sunshine daily.

**Oklahoma Farmer Lost Money Keeping Poor Cows**

The story of a Payne county farmer who has kept a farm account for the last year illustrates how blindly we work when we do not know the production of our dairy cows. This farmer made an inventory of his entire farm. The inventory showed that he had \$226 worth of feed on hand. He had five milk cows which were fed practically all of the \$226 worth of feed. From the five cows he sold \$128 worth of products. He made nothing and paid the cows \$98 for the privilege of milking them. Some allowance should be made, however, for the dairy products used in the home.—Lloyd Godley, county agent, Payne county, Okla.

**Common Salt Poisoning Is Easily Preventable**

Next to lead and paint poisoning, the most frequent type of mineral poisoning is caused by common salt. Ordinarily, salt poisoning occurs only when salt-hungry animals are suddenly given access to liberal quantities of dry salt, fish brines, or pickling solutions. They gorge themselves, develop extreme thirst accompanied by severe diarrhea, foaming at the mouth, and abdominal pains. Paralysis, particularly of the hind quarters, may result, followed by coma and death in from four to ten hours. As small a quantity as three pounds may prove fatal to a cow while a lesser amount may result in the death of a sheep or a hog.

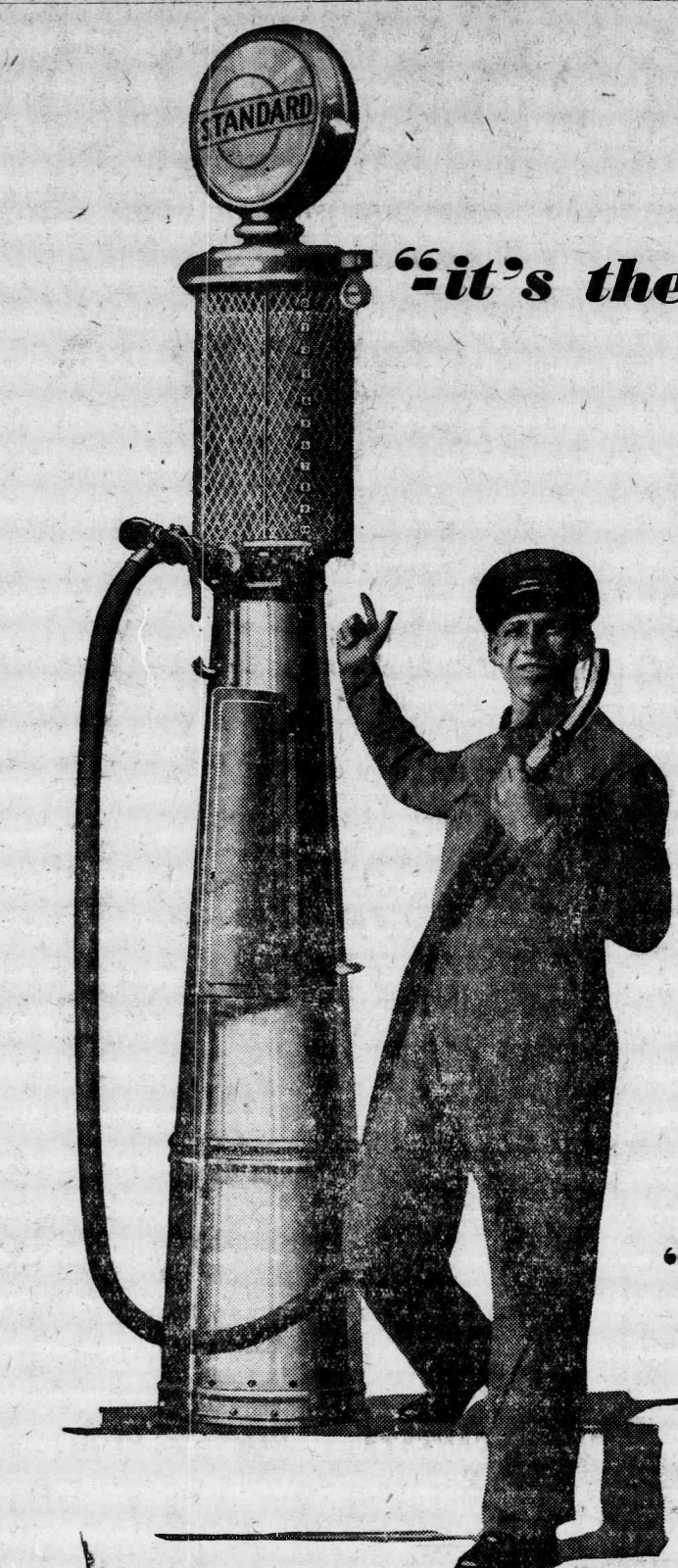
**Lasting Influence of Limestone on Yields**

The question is often asked as to the lasting crop producing usefulness of limestone. How long will limestone continue to influence crop production?

The West Salem field in Illinois affords some data on the subject. A four-ton per acre application made in 1911, and without subsequent applications, was still giving a slight response in 1927. For the first nine years of this period this single application gave increasing returns; during the last seven years the returns have been diminishing.

**Cultural Hints**

- Start planting corn early—and keep it up.
- Corn silage is a succulent laxative roughage.
- Your time is too precious to throw it away on poor seed.
- The successful farmer is a soil scientist and an industrial organizer.
- By using a steel post occasionally a fence can be effectively grounded.
- It's not the price that counts, but who built it and will it serve your purpose?
- Farmers owning woodlots should cull them as the dairy farmer culls his herds.
- Sweet clover has no equal as a combined soil-building, weed-fighting, pasture and hay crop.
- In late March or early April, after the ground is thawed out, lime can be spread to good advantage.



**"it's the Champion"**

**"This is the best gas I've ever sold. And I've tried them all.**

**"But I'm not a lonesome booster for this improved 'Standard'. Every one of my customers seems to have elected himself a committee of one to help me and the other 25,000 'Standard' dealers\* spread the good news.**

**"That's great stuff. And so is 'Standard'. Gives my little old car the fastest send-off I've ever seen. Even on cold mornings. And pick-up! I shoot through traffic so fast the folks wonder what's been scaring me.**

**"Clean? I'll say. See how clear and white. And it's backed by the Standard Oil Company of New Jersey."**

**"It's the Champion"**

**"STANDARD" Improved GASOLINE**

*\*More than 25,000 "Standard" dealers offer not only this improved "Standard" Gasoline but the most willing, cheerful service you've ever known. "It's a pleasure to be served at a "Standard" pump", say many tourists who, like this dealer, have tried them all.*

**NOTICE OF SALE UNDER DEED OF TRUST.**

Notice is hereby given that, under and by virtue of the power of sale contained in a certain deed of trust executed by A. E. Noblett and wife, Lizzie Noblett, to J. A. Burgin, trustee, dated April 7th, 1923, to secure certain indebtedness set out in said deed of trust, and registered in Book 28 page 21, office of Register of Deeds for McDowell County, N. C., and default having been made in the payment of said indebtedness as therein provided, and demand having been made upon the undersigned trustee by the holder of the notes evidencing said indebtedness to exercise said power of sale for the purpose of satisfying said indebtedness, the undersigned will, on the

**6th day of April, 1929,** at 12 o'clock m., at the court house door of McDowell County, in Marion, N. C., offer for sale at public outcry to the highest bidder for cash, the following described land and premises, lying and being in McDowell County, North Carolina, and described as follows:

Being two certain tracts of land on the Major Mountain, known as the J. D. Lackey and R. M. Settle tracts. First tract being a 30 acre tract adjoining W. H. White lands and fully described in a deed from G. W. Noblett and wife, W. E. Noblett, dated October 14th 1899, and registered in McDowell County registry in Book 29 page 103.

Second tract adjoining the above described tract containing 30 acres, and fully described in a deed from R. M. Suttles to A. E. Noblett, dated the 20th day of December, 1904, and registered in McDowell County registry in Book 37 page 299 to which records reference is hereby made for full description.

Posted this 4th day of Mar., 1929. J. A. BURGIN, Trustee.

**NOTICE OF SALE UNDER DEED OF TRUST**

Notice is hereby given that, under and by virtue of the power of sale contained in a certain deed of trust executed by John Dinkin, Ambest Mathis and Aline Hemphill, to J. A. Burgin, Trustee, dated May 14th, 1921, and recorded in Book 23 page 164, office of Register of Deeds for McDowell County, to secure the pay-

ment of certain indebtedness therein mentioned, and default having been made in the payment of said indebtedness, and demand having been made upon the undersigned trustee by the holders of the note evidencing said indebtedness to exercise the said power of sale for the purpose of satisfying said indebtedness, the undersigned will, on the

**6th day of April, 1929,** at 12 o'clock M., at the court-house door in McDowell County, in Marion, N. C., offer for sale at public outcry, to the highest bidder for cash, the following described. A certain tract or parcel of land lying and being in McDowell County, North Carolina, bounded by Goforth's and the Salisbury lands. Beginning on a stake in the Salisbury line and runs North 6 poles and 5 links with Goforth's line to a stake in Dale's line to a rock on East side of road; then West with Dale's line 8 poles to a rock; then South 18 East 7 poles and 6 links to a stake in the Salisbury line; then North 76 East 6 poles and 7 links to the beginning.

Posted this 4th day of Mar., 1929. J. A. BURGIN, Trustee.

**NOTICE OF SALE UNDER DEED OF TRUST.**

Notice is hereby given that, under and by virtue of the power of sale contained in a certain deed of trust, executed by C. C. Melton and wife, S. W. Melton to J. A. Burgin, trustee, dated May 30th, 1923, and registered in the office of Register of Deeds for McDowell County, N. C., in Book 28 page 41, to secure the payment of certain indebtedness therein mentioned, default having been made in the payment thereof, and demand having been made upon the undersigned trustee by the holder of the notes evidencing said indebtedness, to exercise said power of sale for the purpose of satisfying said indebtedness, the undersigned trustee will, on the

**6th day of April, 1929,** at 12 o'clock m., at the court house door of McDowell County, Marion, N. C., offer for sale at public outcry to the highest bidder for cash, the following described land and premises, viz:

A certain tract of land lying and being in Crooked Creek township, McDowell County, North Carolina.

**NOTICE OF SALE UNDER DEED OF TRUST**

Notice is hereby given that under and by virtue of the power of sale contained in a certain deed of trust executed by Henry Rogers and wife, Mary Jane Rogers, to M. G. Turner, Trustee, dated March 18th, A. D. 1926, to secure the payment of certain indebtedness therein mentioned, and recorded in Book 36 page 271, office of Register of Deeds for McDowell County, N. C., default having been made in the payment of said indebtedness and demand having been made upon the undersigned trustee by the owners of the notes evidencing said indebtedness, to exercise the said power of sale for the purpose of satisfying said indebtedness, the undersigned will, on the

**6th day of April, 1929,** at 12 o'clock M., at the court-house door of McDowell County, N. C., offer for sale at public outcry, to the highest bidder for cash, the following described land and premises, situated in Old Fort Township, McDowell County, North Carolina, viz: Tract No. 1. Adjoining the lands of Henry Rogers on the West, Kelton Stepp on the South; Allie Lytle on the East; Miller Goforth on the North; and bounded as follows: Beginning on a rock corner near the spring on the South and runs an Easterly course with Kelton Stepp's line to Allie Lytle's corner; then North with Allie Lytle's to a stake in Miller Goforth's line; then West with Miller Goforth's line to a stake; then South to the beginning. This tract includes a spring and contains one-fourth of an acre, more or less.

**6th day of April, 1929,** at 12 o'clock m., at the court house door of McDowell County, in Marion, N. C., offer for sale, at public outcry, to the highest bidder, for cash, the following described real estate, to-wit: A certain tract or lot of land, lying and being in Old Fort township, McDowell County, North Carolina, defined and described as follows: Being Lots No. 3 and No. 4, in Block J. of the West Fort sub-division of the town of Old Fort, N. C. See Map.

Said sale to be made for the purpose of satisfying the balance due on the indebtedness secured by said mortgage.

Posted this 4th day of Mar., 1929. W. S. BURGIN, Mortgagee.

**NOTICE OF SALE UNDER MORTGAGE.**

Under and by virtue of the power of sale contained in a certain mortgage deed, executed by Hubard Lytle and wife, Martha Lytle, to W. S. Burgin, dated June 13th, 1925, and registered in Book 35 page 14, office of Register of Deeds of McDowell County, to secure certain indebtedness therein described, and default having been made in the payment of said indebtedness, the undersigned will, on the

**NOTICE OF SALE UNDER DEED OF TRUST**

Notice is hereby given that under and by virtue of the power of sale contained in a certain deed of trust executed by Henry Rogers and wife, Mary Jane Rogers, to M. G. Turner, Trustee, dated March 18th, A. D. 1926, to secure the payment of certain indebtedness therein mentioned, and recorded in Book 36 page 271, office of Register of Deeds for McDowell County, N. C., default having been made in the payment of said indebtedness and demand having been made upon the undersigned trustee by the owners of the notes evidencing said indebtedness, to exercise the said power of sale for the purpose of satisfying said indebtedness, the undersigned will, on the

**6th day of April, 1929,** at 12 o'clock M., at the court-house door of McDowell County, N. C., offer for sale at public outcry, to the highest bidder for cash, the following described land and premises, situated in Old Fort Township, McDowell County, North Carolina, viz: Tract No. 2. Bounded as follows: Beginning on R. T. Moore's South-west corner of his Salisbury lot and runs South 75 West 12 1/2 poles to the original Salisbury line, to a rock in a hollow, Davidson's corner; then North 3-4 deg. East 18 poles and 12 links with said Davidson's line to a rock; then --- 77 East 11 poles and 12 links to a rock, corner of the lot reserved for spring; then South 2 East 5 poles and 10 links to a post, T. R. Moss' Northwest corner; then South 2 West 16 poles with said line to the beginning, containing one and one-half acres, more or less.

Posted this 4th day of Mar., 1929. M. G. TURNER, Trustee.

Read The Progress Want ads.