

# OLD FORT NEWS

VOLUME 11

OLD FORT, N. C., THURSDAY, MARCH 28, 1929

NUMBER 27

## THE OLD FORT NEWS

The Old Fort News is published each week in connection with the Marion Progress.

MISS GERTRUDE DULA,  
Editor and Business Manager.

A good deed is never lost; he who sows courtesy reaps friendship, and he who plants kindness gathers love. St. Basil.

### EVER-READY MEDICINE

Dr. Welsh, writing in Medical Life, has this to say about the benefits of hearty laughter, a medicine ever ready and exceedingly cheap:

"It is one of the most natural things in the world. Yet how many physicians are there who insist that their patients must laugh heartily a number of times a day, even though they may have to laugh without very much reason? Of course if there is a good joke that tempts to laughter, then the laughter is ever so much more spontaneous, is deeper, ventilates the lungs, stimulates the heart and sets the blood coursing through the body, and makes all the organs do their work better. To allow patients who are suffering from depression of any kind, or who are over-solicitous about themselves, to go away from the physician's office without urging them to try the effect of laughter is to miss one of the most potent agents for good, so far as the physical being is concerned.

"Laughter, however, not only does the body good, but it does the mind good. It has been said that if you pull down the corners of your lips and keep them down, after a time you feel as glum inside as you look from the outside to those who may happen to be gazing at you. If, on the other hand, you turn the corners of your lips up and keep them there, it becomes impossible to feel glum inside after a while. The James-Lange theory of emotions was that the body is affected first by the emotions, and then the mind. They said we did not feel bad and then cry, but something tempted the tears to come from our tear-glands, and then we felt bad. On the other hand, something titillated us to laugh with our bodies, and then we felt joyful and free-hearted interiorly.

"This theory has not been generally accepted by psychologists, but undoubtedly it has a germ of truth in it, and it is well to counsel patients to try to overcome the moodiness and introspection to which they are so prone by the deliberate cultivation of habits of laughter. There is a very old proverb which says, 'Laugh and grow fat.' It is well known that people who laugh actually do grow fat rather readily. The obverse of the proposition is, however, probably as true as the converse, 'Grow fat and you will laugh.' It is surprising how difficult it is for thin people to laugh often. They barely crack a smile. On the other hand, stout people laugh very readily."—Christian Endeavor.

### THE UNKNOWN TEACHER

I sing the praise of the unknown teacher. Great generals win campaigns, but it is the unknown soldier who wins the war. Famous educators plan new systems of pedagogy but it is the unknown teacher who delivers, and who guides the young. For him no trumpets blare, no chariots wait, no golden decorations are decreed. He keeps the watch along the borders of darkness and makes the attacks on the trenches of ignorance and folly. Patient in his daily duty, he strives to conquer the evil powers which are the enemies of youth. He awakens sleeping spirits. He quickens the indolent, encourages the eager and steadies the unstable. He communicates his own joy in learning and shares with boys and girls the best treasures of his mind. He lights many candles which, in later years, will shine back to cheer him. This is his reward. Knowledge may be gained from books, but the love of knowledge can be transmitted only by personal contact. No one has deserved better of the Republic than the unknown teacher. — Dr. Henry Van Dyke in University News Letter.

### SCHOOL HONOR ROLL

First B — Robert Blankenship, Harding Connor, Lois Early, Marguerite Gilliam, Elmer Manick, Avery Norton, Clyde Raymer, Roy Setzer, Oveda Nichols, Freda Roland.  
First A — Katherine Deane, Reid Lackey.  
Fourth A — Carol Sandlin.  
Sixth Grade — Stanhope Oates, Nannie Sue Sandlin, Estelena Young and Edith Lackey.  
Seventh Grade — Mae Connor, Doris Dalton, Juanita G.

## EASTERN STAR HOLDS PUBLIC INSTALLATION

The ladies of the Order of the Eastern Star held a public installation of officers at the Masonic Hall Monday night, March 18th, at which time a large number of members and visitors were present. The officers installed for the ensuing year were: Mrs. D. M. McIntosh, Worthy Matron; Mr. J. N. Nesbitt, worthy patron; Mrs. Rose Charles, secretary; Mrs. J. M. Moody, treasurer; Mrs. Don Gosorn, conductress; Mrs. Mollie Davis, assistant conductress; Mrs. C. S. Noblett, chaplain; Mrs. Beecher Waldon, Marshal; Star Points, Mrs. D. F. Arney, Mrs. J. N. Nesbitt, Mrs. Will Grant, Mrs. George Hyams and Mrs. Logue Lackey. The ceremony was both beautiful and impressive.

After the officers had been conducted to the respective places, Mrs. D. M. McIntosh, Worthy Matron, who begins her second year as presiding officer, graciously welcomed to the meeting all members and visitors. There followed three short talks which were thoroughly enjoyed by those present. The speakers were Mr. A. V. Nolan, principal of the Old Fort school; Mr. W. W. LeFevre, Master of the Masonic Lodge, and Dr. D. M. McIntosh, past worthy patron of the Order, who assisted in the installation of the new officers.

Sweet cakes and punch were served during the social half-hour which terminated a most interesting meeting.

### VALUE OF PUBLIC LIBRARY

The Public Library of Old Fort is proving more valuable all the time. If every one could but realize what it means to have access to good books—a Library is not a building, nor a collection of dead and dusty books, but a living, active agent of service. The Library is a community information service station.

William Jennings Bryan said: "The system of free public libraries now being established in this country is the most important development of modern times. The library is a center from which radiates an ever widening influence for the enlightenment, the uplift, the advancement of the community."

Theodore Roosevelt said: "After the church and school, the free public library is the effective influence for good in America. The moral, mental and material benefit to be derived from a carefully selected collection of good books, free for the use of all the people, cannot be overestimated. No community can afford to be without a library."

Public libraries are necessary for the education and betterment of the people.—Sir James Barrie.

The public school is for but one portion of the community, the young portion, while the public library is for all, young as well as old, for those of limited knowledge and the more learned and accomplished alike.—Wm. E. Foster, Librarian, Providence.

We all know well enough what it means to have a public library, so now let's all boost it, work for it and help it grow.

Here a few of the many new books you will find on our library shelves: The Cavalier of Tennessee, by Meredith Nicholson; The Handsome Man, by Margaret Turnbull; The Green Murder Case, by S. S. Van Dine; Bitter Heritage, by Margaret Pedler; The Father, Katherine Brown; Wild Horse Mesa, by Zane Grey; Royal Road to Romance, by Richard Halliburton.

### SCREEN'S TWO BLOND BEAUTIES IN ONE FILM

Two of the screen's most striking beauties vie for honors in pulchritude and performance in "The Butter and Egg Man," First National's screen production of the famous stage play by George S. Kaufman.

In the picture, which will head the entertainment bill at Everybody's Theatre, Greta Nissen, the young Swedish actress, plays opposite Jack Mulhall, who is featured in the title role. And Gertrude Astor, leading woman and star of many a film production, has the role of the play producer's unruly wife.

They're both blondes, but as different in type as blondes may be.

Sam Hardy and William Demarest enact the roles of the two play producers who unload a "flop" theatrical production upon the hero. Richard Wallace directed the picture. At Everybody's Theatre, Friday and Saturday.

### RAISING THE LIMIT

"Ise for a five-day week. How 'bout you, Sam?"  
"Man! Ise for a five-day week-end."—Vancouver Province.

## LOCAL AND PERSONAL ITEMS OF INTEREST

Wm. Cox of Gastonia is visiting Mrs. D. Y. Grant.

N. Walker of Black Mountain was a visitor in Old Fort Saturday.

Miss Dorcas Williams spent the week-end in Asheville.

Guy Steppe of Marion visited his parents, Mr. and Mrs. John Steppe, Sunday.

M. J. Carter of Waynesville spent the week-end with his family here.

Miss Geneva Early of Asheville spent the week-end with her parents, Mr. and Mrs. Hubert Early.

Miss Aleda Gilleland of Asheville was a visitor in Old Fort Sunday.

Col. D. W. Adams spent Monday in Asheville.

W. E. Grant of Elkin was in Old Fort Sunday.

Mrs. Hart Taylor, Mrs. Obie Laughridge and Mrs. A. V. Nolan were visitors in Asheville last Wednesday.

Mrs. Charley Snyder is spending the week in Dillsboro.

S. F. Mauney and Robert Wilkerson have accepted a position with the Duke Power Company at River Bend near Mt. Holly.

S. F. Mauney, Robert Wilkinson and Dr. A. W. Robinson spent the past week-end with home-folks in Old Fort.

Miss Gertrude Dula spent Sunday in Marion with her sister, Mrs. W. H. Hawkins.

S. L. Noblett, who attended the State convention of Woodmen in Charlotte last week, has returned home. Mr. Noblett was a delegate from the Blue Ridge Camp of Old Fort.

Dr. W. A. Robinson left last week for River Bend, N. C., where he will locate as company physician for the Duke Power Company. Mrs. Robinson and sons expect to move to River Bend in June.

Mrs. Chas. Steppe, state president of the Supreme Forest Woodmen Circle, and Mrs. Lee Jordan, delegate from Rhododendron Grove No. 70 of Old Fort, who attended the State convention at Charlotte the past week, have returned home.

### SOCIAL AFFAIRS.

Miss Maude Crawford entertained her bridge club and a few specially invited guests on Thursday evening. Among the special guests was Mrs. Barney, who received high score prize as well as an attractive guest prize. An elaborate salad course followed the games.

Mrs. Barney was again honored on Friday evening by Mrs. D. T. Roughton, when four tables were in play. High score prize was won by Miss Gertrude Dula, and again Mrs. Barney was honored with a guest prize. Mrs. Roughton was assisted by Mrs. Geo. Moore and Mrs. Hart Taylor in serving.

Mrs. P. H. Mashburn has as her guest Mrs. Roy Barney, of Grand Rapids, Mich. Mrs. Barney spent some time in Old Fort, Asheville and Bryson City some years ago and is very pleasantly remembered as Miss Mattie Bedford. Many social attentions are being shown her during her visit to Black Mountain.

Mr. and Mrs. George Sandlin entertained at bridge on Thursday evening. Mrs. D. T. Roughton and Mrs. George Moore won the high score prizes and Mrs. Sandlin presented Mrs. Barney with a guest prize. Ices and accessories were served.

### ALIBIS FOR ALL

It was visiting day at the insane asylum. One of the inmates imagined himself to be an artist, and he was busily engaged in dabbling at an empty canvas with a dry brush. A visitor, wishing to humor him, asked what the picture represented.

"That," said the nut, "is a picture of the Israelites being pursued thru the Red Sea."

"Where is the sea?"

"Why, that's rolled back to allow the Israelites to pass."

"Where are the Israelites?"

"They've just gone by."

"Then where are their pursuers?"

"Oh, they'll be along in a minute."

—Pup.

### JOURNEY'S END

Lady (in a pet store) — "I like this dog, but his legs are too short."

Salesman — "Too short! Why, madam, they all four reach the floor." — Mugwump.

Easter is the first Sunday after the first full moon following the 21st of March.

"Come and Get It," Monday and Tuesday at Everybody's Theatre.

## HIGH SCHOOL PLAY THURSDAY EVENING

The Old Fort High School will present its commencement play Thursday evening, March 28, at 8 o'clock in the high school auditorium.

The story of the play is as follows: Twenty years before the opening of the play, Madame Charteris, an old Southern aristocrat, banishes her only child from her house because of an unsuited marriage. Her daughter dies in poverty, leaving her only child, Enid Bellamy, to eke out her living in the cotton mills. An old friend of her mother's and a settlement worker, Miss Rosie Winterberry, finds her fainting from hunger at the loom. She takes her away and determines to appeal to Madame Charteris in behalf of her grandchild. Madame Charteris has become an invalid and is completely under the influence of her nurse, an unprincipled English woman. Madame makes a will leaving her entire fortune to the nurse and her sister. Madame refuses to allow Enid to come to her house, but the sight of her grandchild's suffering softens her heart and the little white room is opened for the first time in twenty years, and Enid comes home. Mammy Judy Johnson, the old black servant, decides to get married, and Miss Winterberry and Enid attend the wedding, much to the disgust of Caroline Hawke. Madame determines to make a new will in favor of her grandchild. Katherine Hawke (the nurse) secures the new will and determines to burn it. Mammy Judy returns from the church in a towering rage, having been deserted at the altar by the prospective groom. She has the wedding license and by mistake the nurse gets this and burns it thinking that it is the new will. Madame dies and as the new will cannot be found the nurse and her sister are declared the heirs. On the night of the inaugural ball, two years after the death of Madame, Mammy Judy finds the will and the Southern Cinderella comes into her own.

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# EASTER SPECIAL

New Spring Coats and Dresses, less - 10%

Let Us Show You.

## Bryson-Snyder Co.

OLD FORT, N. C.

# Robbers!!

Robbers do not disturb people who have nothing. A man with a thousand dollars in the bank and only a check book in his pocket has nothing for robbers to take; yet his check is as good as the money which his neighbor carries in his pocket.

It is not safe to carry money on your person when among strangers. Neither is money safe in the house. Money in the bank is safe and is always available by means of a check book. And this assurance of safety costs you nothing.

We invite you to place your money with us on checking account. We offer a safe and convenient place of deposit.

### THE BANK OF OLD FORT

OLD FORT, N. C.

**PINE COVE RURAL SANITARIUM**  
An Exceptional Mountain Location. Modern Conveniences. The Way to Health.  
CURATIVE DIET: Corrective, Constructive, Alkalizing, Rebuilding.  
HYDROTHERAPY: Fomentations, Salt Glows, Electric Light and Neutral Baths, Showers, Massage.  
A system that embodies the natural resources of nature. Especially helpful in the treatment and cure of high blood pressure, nervous disorders, anemia, asthma, heart disease, diabetes, constipation, malnutrition and run down condition.  
Write for particulars, or call  
S. A. LAW, Superintendent  
H. S. ANDERSON, Diet and Food.  
Route 2, Old Fort, N. C.

# Hats for Spring

Soft and Flexible Straws  
Smart and Distinctive  
Onyx Pointex Hose.

## Dula Millinery Shop

Marcel Waving

Old Fort, N. C.

close under the authority given:  
Now therefore, the undersigned will, for the purpose of satisfying said indebtedness, on Monday, the 1st day of April, 1929, at 12 o'clock noon, at the Courthouse door in Marion, N. C., offer for sale to the highest bidder for cash, the following described pieces, parcels and tracts of land, lying in McDowell County, N. C., adjoining the lands of Jim Lucky, Laura Johnson, Elizabeth Scott, and others, described as follows:  
And being known as the Charlie Mills homestead, consisting of two tracts or lots of land: First Tract: Containing two acres and being that tract of land which was purchased by one Charlie Mills from one Ben Rutherford, deceased.  
Second Tract: Containing one acre upon which a small house is now located and this tract being the same tract which was purchased by one Charlie Mills from one Caleb Gibbs. The above two tracts being the same and all the property conveyed by Charlie Mills to his wife Lula Mills, by deed dated the 2nd day of June, 1919, and registered in the office of the Register of Deeds of McDowell County, N. C. And being the same lands and premises which were inherited by the parties of the first part from their mother, Lula Mills, deceased.  
The sale will be subject to confirmation as provided by law.  
This 2nd day of March, 1929.  
EUGENE TAYLOR, Trustee.

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