

OLD FORT NEWS

VOLUME II

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THE OLD FORT NEWS

The Old Fort News is published each week in connection with the Marion Progress.

MISS GERTRUDE DULA,
Editor and Business Manager.

OUR BOY

Wings and the Boy I sing, who, braving Fate
And the tempestuous Sea God's ancient hate,
Three thousand miles on wings unswerving sped
Thro' ice-barbed winds, o'er moving mountains dread,
And to the stricken watchers on the shore
Of sorrowing France, Columbia's message bore.
Wings and the Boy! Companions linked as one.
Prince of the Air, Columbia's bravest son,
Modest as brave — the glory of his deed
Joyously sharing with his winged steed,
Named for a gallant Knight — by happy chance,
The Spirit of Saint Louis, King of France.

—Oliver Herford.

DO YOU KNOW

Do you know what constitutes the main difference between a pink cheek and a pale face? Do you know that the "organic" iron, as contained in foods near to nature is able to build and to maintain the hemoglobin (red coloring matter) of the blood, and that without a supply of this essential constituent in the daily food you will grow old before your time?

Do you know that the amount of iron contained in your body, though very small (only about four thousandths of one per cent of body solids), is, nevertheless, of the very highest importance in the vital economy.

Do you know that organic chemistry teaches us and that biological (feeding) experiments corroborate the fact, that these various chemical constituents (iron, lime, phosphorus, potassium, chlorine, iodine, etc.) in plant life are absolutely necessary to life, both in the higher and in the lower forms of life?

Do you know that plants alone have the power to extract these lifeless constituents from soil, air, moisture and sunlight, and to organize them into suitable food for man and beast?

Do you know that "inorganic" iron, such as is found in the blacksmith shop, or in mineral waters, or in some of the medicines you take, is absolutely dead, and that you cannot make living tissue out of dead food? Do you know that when these various elements are found in plant life, that those elements are of the very opposite character?

Do you know that when the seed of the plant is subjected to moisture and warmth and sunlight, that it soon begins to sprout, and that in so doing, the starch is transformed into a species of sugar which feeds the plantlet until the green leaf emerges into full light of day.

Do you know, that at this stage in the growth of plants, the chlorophyll (green coloring matter in leaves) in some mysterious way, binds together the atoms which form the so-called organic molecules, and endow with the mysterious properties of living matter the lifeless particles of iron, lime, and other chemical constituents which enter into the composition and makeup of the human body.

Do you realize that when these various inorganic minerals are thus transformed into the red apple, or the luscious grape, or the pungent grapefruit, or the crisp lettuce or corn, or in the wheat or corn from which our "staff of life" is made, that then we receive of these minerals in the "organic" form, in which condition such materials are fitted to rebuild and construct new red blood cells which gives luster to the cheek and pep to muscle, and marrow to the bones.

The Food Man.

STEELE COMING IN A SPEEDY NEW ACTION PICTURE

Bristling with such spectacular deeds as a parachute jump through the skyscraper of a big department store; the kidnapping of a lumber king's dare-devil son, who is shipped to the "big trees" country for disciplinary purposes; and the son's series of red blooded fights for supremacy among lumberjack bruisers, "The Amazing Vagabond," an FBO production starring Bob Steele and directed by Wallace Fox, opens at Everybody's Theatre Monday and Tuesday.

LOCAL AND PERSONAL ITEMS OF INTEREST

Clyde McDaniel spent the week-end in Lenoir visiting relatives and friends.

Mrs. Hart Taylor, who suffered an attack of appendicitis the past week, is much improved.

Mr. and Mrs. Will Payne of Ellenboro are visiting Mr. and Mrs. S. M. Wilkerson.

Miss Edna Souther of Morganton spent several days last week with her parents.

Theodore Carver spent Saturday in Asheville.

D. Y. Grant of Allen, Ky., is spending a few days with his family here.

Miss Brady Silver of Morganton is spending a while with her parents, Mr. and Mrs. W. C. Silver.

D. T. Roughton motored to Marion Wednesday.

Mrs. Frank Sweeney was a visitor in Marion Wednesday.

Miss Anne Porter of East Marion spent the week-end with her parents, Mr. and Mrs. T. Porter.

Luther Grant of Marion was a visitor in Old Fort Sunday.

Miss Marion Nelly of Asheville is spending the week-end in Old Fort.

George Silver of Canton spent the week-end in Old Fort with his family. Miss Virginia West of Asheville is visiting Miss Thelma Marston.

Mrs. Frances Ebbs and Miss Margaret Maness spent the week-end in Asheville.

S. L. Noblitt made a business trip to Marion Monday.

Mr. and Mrs. D. E. Ricks of Claremont spent the week-end with Mr. and Mrs. J. A. Swann.

W. C. Early was a visitor in Marion Wednesday.

Mrs. Hicks Hemphill of Marion is visiting her parents, Mr. and Mrs. H. Early.

Mrs. Maggie Rabbits of Cincinnati, Ohio, is spending several days with relatives in Old Fort.

Mr. and Mrs. Max Hunt and Mrs. Winslow Burgin were visitors in Marion Thursday.

Mr. and Mrs. Horace Early were visitors in Asheville Friday.

Mrs. W. S. Burgin spent Wednesday in Black Mountain.

M. J. Hunt made a business trip to Marion Friday.

Miss Bessie Bradley and Mr. Lee Bradley of Hendersonville are visiting relatives in Old Fort.

A. A. Sawyer spent last week-end in Asheville.

Mrs. S. F. Mauney, Misses Lenora Keatley, Gladys Warren, Francis Mauney and Carey Hedgepeth motored to Marion last Friday night.

Mrs. Charles Jenkins and daughter little Betty Jean are visiting in Easley, S. C.

Mrs. Starr Hanna and daughter, Betty Ruth, and brother, Custer Wilson, of Gastonia, were guests of their cousin, Mrs. S. F. Mauney, Sunday.

Robert Wilkerson spent the week-end with homefolks.

Dr. W. A. Robinson, who spent the week-end with his family in Old Fort, has returned to Mount Holly, N. C.

S. F. Mauney spent the week-end with homefolks here.

Miss Nancy Miller, of the Montreat Normal, spent the week-end with her parents, Mr. and Mrs. Clyde Miller.

Mrs. B. H. Hemphill, of Union Mills, who has been visiting her parents, Mr. and Mrs. W. H. Earley, has returned home.

Mrs. R. L. Jordan, Mrs. Irene Hardin, Melvin Jordan and J. L. Epley spent Sunday in Charlotte.

Miss Maude Crawford is spending this week in Asheville visiting her sister, Mrs. Geo. Lee.

Mr. Gayden Swann visited friends in Burnsville Sunday.

G. W. Sandlin has announced the sale of his service station west of Old Fort to the Standard Oil Company.

C. W. Graybeal spent Sunday in Charlotte with Mrs. Graybeal and relatives.

Messrs. Roy and Ralph McDaniel of Lenoir spent Saturday night and Sunday with their parents, Mr. and Mrs. E. L. McDaniel.

Ed Bird of Mars Hill spent Saturday night with Ralph McDaniel.

John Hensley of Lenoir spent Sunday with Roy McDaniel.

Mr. and Mrs. A. C. Walker gave a birthday dinner, Sunday, April 21st, in honor of his 34th birthday.

Miss Bernice Parker of Crooked Creek spent last Thursday with Mrs. E. L. McDaniel.

Mr. and Mrs. C. A. Setzer spent Sunday in Marion, the guests of Mr. and Mrs. J. S. Setzer.

Mr. and Mrs. Charley Snyder, Miss Elizabeth Sherrill and Miss Emma Freemah spent Sunday in Dillsboro.

Buy your flower plants and bulbs from I. A. Hewitt the local florist.

Miss Geneva Earley and Miss Annie Belle Noblett, who have been visiting home folks, have returned to Asheville.

Miss Maxine Wilson, who is attending the Asheville Normal, spent Saturday and Sunday with her cousin Mrs. S. F. Mauney.

Mrs. S. F. Mauney, Miss Margaret Maness, Miss Una Plott, Miss Gladys Warren and Mr. Carey Hedgepeth spent Saturday in Asheville.

The Charles & Parker saw mill has finished sawing the timber on J. M. Fleming's place and are moving to Mr. Tisdale's timber tract this week.

Mr. and Mrs. Alexander Pharmer and young son, William, of Enka, were guests of Mr. and Mrs. George Sandlin on Sunday. Mr. Pharmer is construction engineer for the Enka Company.

Some of the Old Fort people who have purchased new cars recently are P. H. Mashburn, Buick sedan; Dr. D. M. McIntosh, Dodge coupe; Dr. Chas. Jenkins, Chevrolet sedan; J. L. Whisnant, Chevrolet coupe; Amos Crippen, Buick sedan.

The public library has received from J. W. Harrelson, director of the Department of Conservation and Development, a copy of their recent publication entitled, "North Carolina a Good Place to Live." This book is very interesting and contains many beautiful views of North Carolina.

The Old Fort News is fortunate to have in The Food Man, as a contributor to its page, one who has made a special study of food in its relation to building up and maintaining the health. Readers of the Old Fort page will find his contributions not only profitable, but interesting and instructive.

Mr. C. A. Witherspoon, camp director of Camp Elliott, spent a few days in Old Fort the past week in the interest of the Y. M. C. A. Camp, which is located about half way between Highway No. 10 and No. 20, on the Bat Cave-Old Fort road. This is the second season of the State Y. M. C. A. Camp, known as Camp Elliott.

WEASEL WORDS

The farmer sat up in bed with a start. He had heard a noise in the poultry house. Pulling on an old coat and arming himself with a revolver, he made his way to the scene of the trouble.

"Who's there?" he called. There was no answer.

"Who's there?" he cried again. No answer.

"Right!" said the farmer. "I'll give you one more chance! Who's there—before I shoot?"

Then came a shaky voice: "Nobody—only just us 'ens!" — Pearson's Weekly.

NO WORDS TO WASTE

Two farmers met on the road and pulled up.

"Si, I've got a mule with distemper. What'd ye give that one of yours when he had it?"

"Turpentine. Giddap." A week later they met again.

"Say, Si, I gave my mule turpentine and it killed him."

"Killed mine, too. Giddap." — Pointer.

ARE YOU SUPERSTITIOUS?

Little Girl (to mother)—"Ma, I'm afraid baby will have seven years of hard luck. He's swallowed a piece of mirror." — Life.

EVERYBODY'S THEATRE OLD FORT, N. C.

CHARLEY MURRAY

in

"DO YOUR DUTY"

"BURNT UP"—Comedy

Friday and Saturday

APRIL 26th-27th

BOB STEELE

in

"THE AMAZING VAGABOND"

"ALICE AUTO RACE" Comedy

Monday and Tuesday

APRIL 29th-30th

SOCIAL AFFAIRS.

Mrs. Charles Jenkins entertained with three tables of bridge on Friday evening, complimentary to her house guests, Mrs. T. M. Jenkins and Mrs. W. B. Sutherland of Easley, S. C. The prize for high score was won by Mrs. A. V. Nolan. At the conclusion of the games a fruit salad course was served. Those enjoying Mrs. Jenkins' hospitality were Mesdames D. M. McIntosh, D. T. Roughton, A. V. Nolan, I. L. Caplan, Eddie Ragle, J. L. Laughridge, and C. E. Nesbitt; Misses Mary Burgin, Margaret Maness and Lenore Keatley.

The Junior Club meeting was held at the home of Miss Edith LeFevre on Thursday afternoon. The meeting was called to order by the president, Miss Marie Sabom. At this meeting the Junior Club completed their plans for planting flowers on a vacant lot near the center of the town, thus helping to make the town more attractive.

The Senior class of the Old Fort High School entertained with a house party at the lovely summer home of Mr. and Mrs. Coleman Allison the past week-end. The party numbered about twenty-five, including the class and invited guests.

Miss Natalie Epley entertained a small group of friends with a theatre party at the "Imperial" in Asheville on Friday night. Old Fort people attending were Mrs. R. L. Jordan, Miss Gertrude Dula and Mr. Crawford Fortune.

"DO YOUR DUTY"

Charlie Murray, star of First National's hilarious comedy "Do Your Duty" at Everybody's Theatre" is as Irish as Paddy's pig—but he is not superstitious. For during the making of the picture he permitted Director William Beaudine to—

Add a coal-black cat to the cast, and let it walk about the set at will. Raise umbrellas in the living room. Spill salt in the kitchen. Break a mirror in the bath room.

"Try to find another Irish trouper that would let you get away with this," Murray told Beaudine when the picture was finished. Everybody's Theatre Friday and Saturday.

QUICK CASUALTY

Daughter—"Did you have many love affairs, daddy?" Soldier Father—"No, child, I fell in the first engagement." — Everybody's Weekly.

TOWN PROGRESS TALKS



A merchant once so disliked his fellow townsmen that he sold out and moved to another city, where he presently grew to hate his new associates. Looking for a new location, he met a stranger who said, "Move to my town, the finest little city in the United States, where God's own people dwell." Thinking his wanderings were over, the merchant inquired the name of this earthly paradise, only to learn that it was his old home town. Moral: If you don't like your neighbors, may be its your own fault. Extend the hand of fellowship to your neighbor and you'll be surprised what a good fellow he is. Good fellowship between townspeople breeds co-operation, and that insures success.

FOR SALE

Gladiolus Bulbs

For immediate planting; all blooming sizes; slightly mixed colors. Very good basket flower varieties. 25c a dozen; \$1.25 a hundred.

IRVIN A. HEWITT

Old Fort, N. C.

Don't Live in a Shadow All Your Life

Step out of the shadow of financial dependence into the sunshine of financial independence. The step is not long, the way is not difficult—a savings account with a portion of your earnings added regularly, will soon place you in a position where you can be financially independent.

THE BANK OF OLD FORT

OLD FORT, N. C.

Style is the Keynote

of Progress, whether it's woman's dress, an automobile, or a man's suit—it's nothing if it's not fashionable. Busy men don't trouble themselves with style details. They don't have to. That's our business. Style is a science with us. Let us keep you authoritatively and correctly up-to-the-minute in your dress. Our prices are right, too.

Robert Tailoring Co.

M. E. HEAD, Salesman

Local Address: Old Fort, N. C.

Just Received New Summer Hats

at the

Dula Millinery Shop

Marcel Waving

Onyx Pointex Hose

Notice!

NOTICE OF SALE UNDER DEED OF TRUST

Notice is hereby given that, under and by virtue of the power of sale contained in a certain deed of trust executed by G. W. Davis and Carl Davis and wife, Louise Davis, to J. A. Burgin, Trustee, dated March 24, 1924, and recorded in the office of Register of Deeds of McDowell County, N. C., in Book 29 at page 195, to secure the payment of certain indebtedness therein set forth, and because default has been made in the payment of said indebtedness as therein provided, and because demand has been made upon the undersigned trustee to exercise said power of sale for the purpose of satisfying said indebtedness, the undersigned will, on the 6th day of May, 1929, at 12 o'clock M. at the court-house door of McDowell County, Marion, N. C., offer for sale at public outcry to the highest bidder for cash, three certain tracts or lots of land, situated in Old Fort Township, McDowell County, North Carolina, described as follows:

First Tract: Being a house and lot on the South side of Water Street in the town of Old Fort, known as the O. E. Blalock place, and described in a deed from R. L. Bowman to said Davis, reference to which is hereby made for full description.

Second Tract: Lot on East side of South Main Street in the town of Old Fort, known as the W. B. Burgin barber shop house and lot, and described in a deed from the said W. B. Burgin to said Davis, reference to which deed is hereby made for full description.

Third Tract: Being the lot known as the Richard Harris house and lot, in said town of Old Fort, and fully described in a deed from Richard Harris and wife to said Davis, reference to which is hereby made for full description.

Posted this 2nd day of April, 1929. J. A. BURGIN, Trustee.

FOR STRONG BONES

GIVE BABY

Scott's Emulsion