

BILIOUS

"I have used Black-Draught . . . and have not found anything that could take its place. I take Black-Draught for biliousness. When I get bilious, I have a nervous headache and a nervous, trembling feeling that unfits me for my work. After I take a few doses of Black-Draught, I get all right. When I begin to get bilious, I feel tired and run-down, and then the headache and trembling. But Black-Draught relieves all this."—H. C. Hendrix, Homerville, Ga.

For indigestion, constipation, biliousness, take

**Thedford's
BLACK-
DRAUGHT**

WOMEN who need a tonic should take **CARDUI**. Used over 50 years.



for
ANY BABY

WE can never be sure just what makes an infant restless, but the remedy can always be the same. Good old Castoria! There's comfort in every drop of this pure vegetable preparation, and not the slightest harm in its frequent use. As often as Baby has a sleep, let Castoria soothe and quiet him. Sometimes it's a touch of colic. Sometimes constipation. Or diarrhea—a condition that should always be checked without delay. Just keep Castoria handy and give it promptly. Relief will follow very promptly; if it doesn't you should call a physician.

**Fletcher's
CASTORIA**

LAND FOR SALE

Take notice that whereas on the 26th day of September, 1924, C. A. Snyder and wife, Lola Snyder, executed and delivered to the undersigned Trustee a deed of trust which is recorded in Mortgage Book 28 at page 165 of McDowell County Mortgage Deed Records, conveying the lands therein and hereinafter described as security for an indebtedness therein described, in which deed of trust full power of sale was given to the said Trustee in default of payment of the indebtedness, or any part thereof at maturity upon application of the Bank of Old Fort, or its assignee, or any other person who may be entitled to the moneys due thereon; and

Whereas there has been default in the payment of the indebtedness at maturity, and demand made by the said bank;

Now therefore, the undersigned Trustee, for the purpose of satisfying the said indebtedness, will at 12 o'clock noon, on the 30th day of May 1931, at the courthouse door in Marion offer for sale to the highest bidder for cash the following described lands:

Lying and being in McDowell County, North Carolina, being lots numbers 1, 2 and 3 in Block 9 as shown on C. M. Miller's map of New Fort Town Lots on the East side of Mauney Avenue.

The terms of the sale are cash and subject to confirmation by the Court as provided by law.

This the 27th day of April, 1931.

J. L. NICHOLS, Trustee.

Winborne & Proctor, Attys.

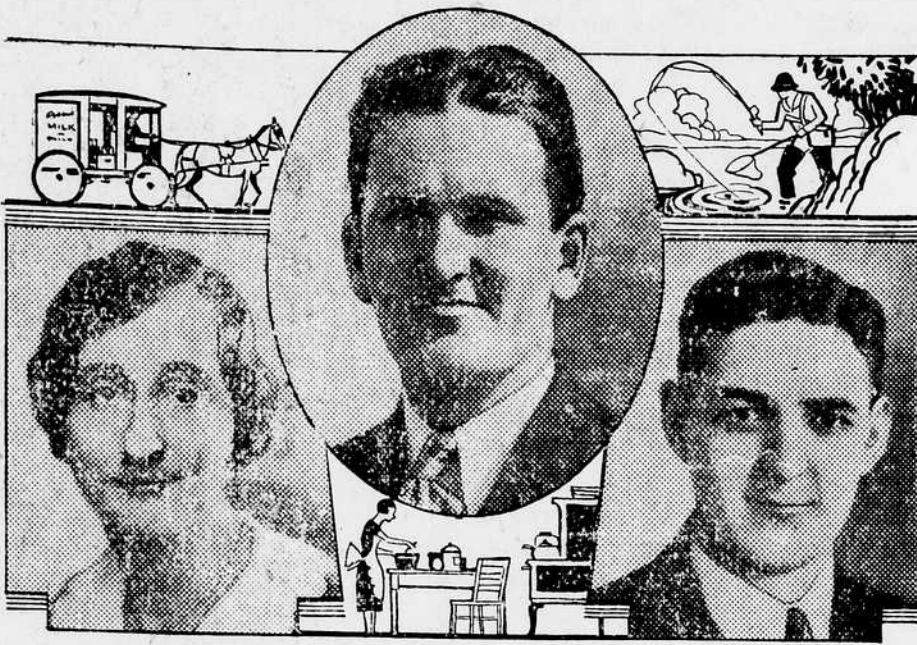
NOTICE TO CREDITORS OF THE COWAN GROCERY COMPANY

Pursuant to an order entered at the February term 1931 of McDowell County Superior Court, in the matter of the receivership of Cowan Grocery Company that they shall file with J. C. Rabb, Receiver, Marion, North Carolina, an itemized, verified statement of account on or before the 1st day of June, 1931, or be forever barred from participation in the distribution of the assets of the receivership.

Witness my hand and seal, this the 29th day of April, 1931.

J. L. LAUGHRIDGE, Clerk Superior Court of McDowell County.

Milkman, Housewife, Sportsman, Winners in \$50,000 Contest



Top, James Thomas Sharkey, first prize winner; lower left, Mrs. Walter Sweet, winner of second prize; lower right, Julius M. Nolte, winner of third prize.

Pictures show the three major prize winners in the Camel cigarette contest. James Thomas Sharkey, 32, a milkman in Boston, was awarded first prize of \$25,000; Mrs. Walter Sweet, mother of three children and wife of a Marine Corps captain stationed at the Brooklyn (N. Y.) Navy Yard, won second prize of \$10,000, and Julius M. Nolte, real estate dealer, and former secretary of the Duluth Commercial Club, received the third prize of \$5,000. In addition, five prizes of \$1,000 each, five prizes of \$500 each and twenty-five prizes of \$100 each were awarded.

The three fortunate prize winners will go to Winston-Salem, N. C., where Camel cigarettes are manufactured, to receive their checks.

SPRUCE PINE CHOSEN FOR CHURCH MEETING

Marion District Conference Elects Fourteen Delegates to Annual Session.

Rutherfordton, May 20. — The Marion District Conference selected Spruce Pine for the next meeting and elected 14 delegates to the annual Western North Carolina Conference as follows: G. B. Howard, C. F. Cline, G. A. Hines, Mrs. Gordon Reid, G. C. Shuford, and Mrs. W. O. Geer, all of Rutherford county; D. W. Alexander, of Connelly Springs; J. H. Giles of Glen Alpine; Miss Lona Goforth of Nebo; Homer Young, H. L. Milner and J. F. Bowers, of Morganton; W. O. Griffith and J. F. Wilson, of Burnsville.

Outstanding educators and leaders who addressed the meeting here today and yesterday are, Dr. Paul Garber, of Duke University; President S. B. Turrentine, of Greensboro College; President E. P. Billups, of Rutherford College; President W. A. Jenkins, of Davenport College; President C. H. Trowbridge, of Weaver College; O. V. Woolsey, of Children Home, Winston-Salem, and A. W. Plyler, Christian Advocate, Greensboro.

Reports of various churches showed that the average Methodist church in the South the past year paid 52 per cent of assessments while the Western North Carolina Conference paid 62 per cent.

G. B. Howard, of Spindale, was re-elected lay leader of the district.

CAN MAKE PROFIT ON HOMEGROWN HAY

Tarheel farmers purchase annually about 500,000 tons of hay from outside of North Carolina. Usually freight charges on this purchased hay amount to more than the actual cost of the material itself.

"The logical way to offset this heavy annual cost is to grow hay at home," suggests C. A. Sheffield, assistant extension director at State College. "For instance, I was at High Point a few days ago to address the county club of farm men and women. A person there said alfalfa hay shipped from Nebraska to High Point cost \$32.75 a ton delivered. The actual cost of the hay was only \$14 a ton but the freight charges were \$18.75. The department of Agricultural Economics at State College finds that good legume hay is grown by North Carolina farmers for \$12.05 a ton, adding in all costs. Following this through, we can see that North Carolina could make a profit of about five million dollars a year by growing at home the hay which is now imported.

In other words, says Mr. Sheffield, North Carolina farmers could keep at home the sum of about ten million dollars now spent outside the State for hay and one half of this would be clear profit. Nor is it necessary to attempt the growing of alfalfa hay. Soybeans produce hay about equal in feeding value to alfalfa. There are other legumes which make an excellent and nutritious hay.

Some expansion in the hay acreage of the State has already been made, Mr. Sheffield finds. In 1930, the acreage was increased by 10.5 percent over 1929 and indications are now that the acreage will be still further increased by 12 percent this season. The probable increase this year alone will be worth about one and one-half million dollars to North Carolina farmers, he says.

Read The Progress ads.

CANNING DEMONSTRATIONS WILL BE HELD HERE

Raleigh, May 25. — Backed by Governor Gardner and his Council on Unemployment and Relief, another slogan has been added to the "Live-at-Home" program in North Carolina—"Preserve Your Food and Live at Home This Winter."

Every state organization is cooperating in this movement, to "sell" North Carolina on the necessity of saving through canning, preserving, drying and pickling, of all vegetables, fruits and other food crops grown on the farms and gardens of the state from now on until cold weather comes.

Canning demonstrations, which were begun on April 1st in Martin county, are now being conducted in a campaign which is moving gradually westward from its beginning in the east of the state. Mrs. Cornelia C. Morris, district home agent and acting specialist in food conservation, and Mrs. W. G. Stencil, assistant specialist in food conservation, are doing the work, under the direction of Mrs. Jane S. McKimmon, assistant director of State College Extension, and Dean I. O. Schaub, director.

The campaign will run until the last of July and dates for such demonstrations will be given widespread publicity well in advance. Literature about canning and other such topics is available and can be obtained by writing the Editor, State College Extension Service, Raleigh.

MUDDY CREEK NEWS

Nebo, May 25.—Memorial services at Pinnacle Sunday, May 31. Everybody invited to come and bring a basket of lunch.

Miss Gillie Morgan spent a while at the home of Mrs. Mary Biggerstaff Tuesday.

Miss Bertha Dysart is spending a while at home since school is out.

R. O. Wilson and daughter, Miss Margaret, were visitors at the home of J. S. Crawley on Saturday.

Mrs. Ella Patton was a visitor at the home of Mrs. N. J. Dysart on Wednesday.

Miss Molly Epley was the guest of Miss Elhara Patton last Saturday.

Miss Irene Walker is home from Boone Teachers College.

Misses Carrie McGalliard and Wray Causby were visitors at the home of Miss Vonnie Biggerstaff, Tuesday.

Mr. and Mrs. C. W. Sigmon and family of Bridgewater were visitors at the home of Mrs. Falsome Mangum Sunday.

Miss Martha Ann Jaynes made a trip to Glen Alpine Tuesday.

A. H. Crawley made a business trip to Marion Friday.

IN A NUTSHELL

Thirty years ago the population of the United States was 81,000,000 and the average person contributed \$19.39 in taxes to support government.

In 1928, the last year for which complete official statistics are available, the population was 120,000,000 and the per capita tax had increased to \$105.20. And now Senators are figuring how to raise income tax rates to cover the \$500,000,000 treasury deficit that followed the last congress.

Here is the tax situation in a nutshell. It should give the people something to think about.

The Forsyth Rabbit Growers Association held a banquet recently at which meat from the domestic rabbit was served. The members plan to expand their business.

AVERAGE CAR OWNER PAYS \$32.03 PER YEAR

In 1930 the average consumption of gasoline per vehicle was 556 gallons as compared with 538 gallons in 1929. Estimating that the average car travels 15 miles per gallon, motorists in 1930 averaged 8,340 miles of travel. Ten years ago motorists averaged little more than 5,000 miles yearly.

Last year the net revenue from the gasoline tax was \$494,683,000. The average gasoline tax rate was 3.35 cents per gallon.

Automobile license fees the country over averaged 13.41 annually and this added to the gasoline tax payment of \$18.62, brings the total to \$32.03.

"INSIDE" INFORMATION

Unwrap meat as soon as it is delivered, and place on a clean plate in the coldest part of the refrigerator, which is often at the bottom. A piece of parchment paper may be loosely laid across the top of the meat but not wrapped around it.

To make cinnamon buns or rolls, simply roll out your ordinary raised dough, cut with a large cookie cutter, brush the tops with egg, and sprinkle with cinnamon and sugar. Do not use too much cinnamon. One part of cinnamon to three parts of sugar is a good proportion.

Members of the Woodward County Home Demonstration Club of Oklahoma introduced an unusual garden feature last season, says a report received by the U. S. Department of agriculture. Each woman agreed to plant a zinnia bed at least 4x4 feet in a conspicuous place in her yard to identify her as a member of a home demonstration club. Each bed of zinnias was placed so it could be easily seen from the road.

SLEEP ON RIGHT SIDE, BEST FOR YOUR HEART

If you toss in bed all night and can't sleep on right side, try simple glycerin, saline, etc. (Adlerika). Just ONE dose relieves stomach GAS pressing on heart so you sleep sound all night. Unlike other medicine, Adlerika acts on BOTH upper and lower bowel, removing poisons you never knew were there. Relieves constipation in 2 hours! Let Adlerika cleanse your stomach and bowels and see how good you feel! Streetman Drug Company.

Improved Ambulance Service

We have just added a second ambulance to our equipment.

Prompt attention given to calls from nearby and distant points.

We are experienced in all the details of Funeral Service.

NICHOLS FUNERAL HOME

Phone 276 - Night 40

Public Auction of Household and Kitchen Furniture

Belonging to the estate of S. B. Moore, Sr.

To be sold at School Dormitory,
Nebo, N. C.

Saturday, May 30, 1931,

10 o'clock a. m.

MARION BUICK CO.

announces that in addition to its representing the
BUICK MOTOR COMPANY as Buick dealer
it will now represent the Oakland Motor Car Co. as

OAKLAND-PONTIAC DEALER

in Marion and vicinity.

Today, the Marion Buick Company, which has so long served motorists of this vicinity, is the authorized representative for Oakland and Pontiac sales and service. The facilities, equipment and experienced personnel of this organization are thus put at the service of both these two important General Motors companies.

"MAKING NEW FRIENDS AND KEEPING THE OLD"

We look upon Oakland-Pontiac's principle of "Making New Friends and Keeping the Old" as one of the most helpful steps in the motor car business—in fact, Oakland's fidelity to this purpose makes our new connection especially attractive to us. The guiding spirit of the Oakland-Pontiac factory is to make every car so well that it will inevitably make a friend—the same spirit will guide us in selling and servicing these cars.

TWO FINE CARS—Delivered Prices

OAKLAND PONTIAC

IN MARION

IN MARION

\$1,036 for the 2-door sedan, equipped and delivered.

Delivered ed. Coupe, 1,026; 4-door sedan, \$1,126; custom sedan, \$1,186; sport coupe, \$1,106; convertible coupe, \$1,126. These cars are fully equipped—even front and rear bumpers, extra tire, tube, and tire lock are included. Five wire wheels are standard equipment.

\$793 for the 2-door sedan, equipped and delivered.

Delivered ed. Coupe, \$793; 4-door sedan, \$863; custom sedan, \$903; sport coupe, \$833; convertible coupe, \$863. These cars are fully equipped—even front and rear bumpers, extra tire, tube, and tire lock are included. Five wire wheels are standard equipment.

We invite you to see the new Oakland and Pontiac cars now on display in our showroom. You will be impressed by the style, beauty and charm of their graceful lines. Please let us demonstrate to you how capably they can serve you. Both are priced far below the mark which their good looks, comfort and fine performance imply.

It will be a pleasure to extend to you the benefits of G.M.A.C. financial services, which make the purchase of a new car or used car an easy, economical transaction.

MARION BUICK COMPANY

S. LOGAN STREET

MARION, N. CAR.