

are treated. Fashion, of course, plays a large part in this number, and the newest styles are illustrated and described in detail.

Good Form for Men.

The title of "Good Form for Men," A Guide to Conduct and Dress on all Occasions, by Charles Harcourt, (The John C. Winston Company) rather startles the average reader, but the title is misleading for the book contains much that will be read with interest by both the "novice" and the "thorough-bred." The contents of the book is well told in the subheadings of the chapters: Good Form, Dress and Toilet, In Public, Calls and Cards, Introductions, Invitations, Dinners, Luncheons, Suppers, Balls, Dancing, Receptions, Weddings, Correspondence and Conversation, Traveling, The Bachelor Host, At the Club, Sports and Pastimes, and Smoking.

Its usefulness is greatly enhanced by a complete index which makes reference easy.

Laughs as Medicine.

An English physician in search for remedies for human ills, finds that laughter stands very high in the list of prophylactics. The effect of mere cheerfulness as a health promotor is well known, but an occasional outburst of downright laughter is the heroic remedy.

It is a matter of everyday experience, says our English authority, that one feels the better for a good laugh, an explosion of laughter being in truth a "nerve storm, comparable in its effect to a thunder-storm in nature, doing good by dissipating those oppressive clouds of care which sometimes darken the mental horizon."

This authority also assures us that the memorable adage, "Laugh and grow fat," rests on sound philosophical basis. Portly people are not given to laughter because they are fat; they are fat because they laugh.

Johnny On Easy Writing.

I don't believe 'twas hard to do,
When Homer wrote of Troy;
There were no rules for him to watch,
No grammars to annoy.

He had no slang to guard against—
He spelt the easiest way;
The subjects were not threadbare then
Because he had first say.

And Dante had it easy, too,
In Florence when he wrote;
He made each phrase as he went on;
There were no words to quote.

The common talk of every day
Was good enough to use;
"Too trite" was something never heard,
There were no terms to choose.

Old Chaucer had no task at all;
He wrote what came along;
He put down just what people said,
And couldn't spell words wrong.

You see no one had tried before
To write this brand-new speech,
So Chaucer fixed it his own way
For all the schools to teach.

It wasn't bad when Shakespeare lived;
The right no one could tell;
There were no dictionaries then—
No wonder he wrote well.

Now it gets harder all the time;
Each word must mean just so;
The very turn you'd like the best,
Is one that will not go.

—Anna C. Murphy, in *Bangor Commercial*.

GOOD BAGS THE RULE.

Messrs. Whitridge and Findlay Lead in Recent Records.

Quail hunters are making the most of the fine weather and big bags are the rule. In the recent records J. F. S. Findlay and Horatio L. Whitridge, of Baltimore, lead with a bag of twenty birds secured on a day's outing. They have also secured several woodcock.

W. O. Lentz and his son, of Mauch Chunk, Pa., and George F. Blake and son, of Worcester, Mass., have been much in the field and with good results.

Cyrus A. Taft of Whitinsville, L. E. Wardwell and son, of Camden, Me., and C. A. Lockwood, of New York, are also having their share of the sport. Mr. Taft has recently purchased a fine dog and pup of the local kennels.

William Witherspoon and G. Howard Wilson, both of New York, enjoyed a days sport recently.

Raymond Bault of Philadelphia, has gone after a pleasant outing.

L. E. WARDWELL WINS.

Leads Field by Three Targets in Trap Shooting Tournament.

The opening event in the Gun Clubs program, a fifty single target event, shot Tuesday afternoon drew a good field and many interested onlookers. L. E. Wardwell, of Camden, Me., whose handicap allowance was eight, was the winner with forty-six net, with George L. Lyon, of Durham, N. C., scratch, second in forty-three, Cyrus A. Taft, Whitinsville, Mass., scratch made 40; C. A. Lockwood, New York, scratch, 39; T. P. Royce, Rutland, Vt., ten, 38; D. Herbert Hostetter, Pittsburg, scratch, 34; E. J. Wardwell, Camden, scratch, 31; C. H. Sawyer, Cambridge, four, 28; and I. C. B. Dana, Great Barrington, scratch, 17.

The next event on the schedule is March 10; a fifty target, scratch event.

TALKS BY MISS OLNEY.

Series on Characters in English History are Announced.

As announced earlier in the season, Miss Elizabeth Olney, the Librarian, is to give a series of five talks on "Characters in English History." These will be given at the Library on successive Friday mornings, at eleven, beginning March 2.

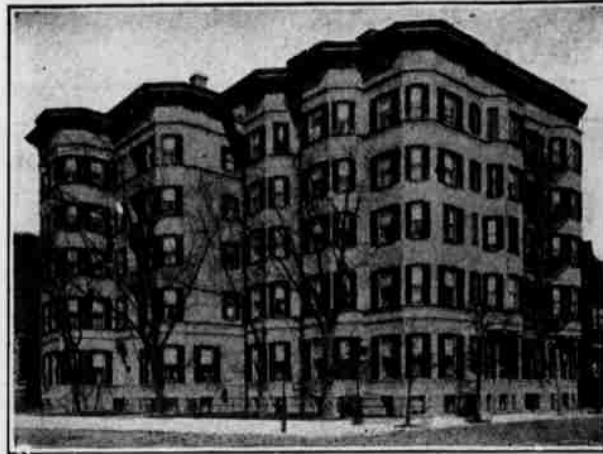
Those who know Miss Olney need no assurance that these talks will be worth hearing, for she is thoroughly familiar with her subject and has often appeared before women's clubs in New England. Most of the talks are fully illustrated by photographs collected by Miss Olney, in England.

Saddle Picnics Enjoyed.

A merry company of twenty riders enjoyed a saddle picnic to Blank's Mills, Saturday last, under the leadership of Mrs. Leonard Tufts. The day was perfection and the trip delightful.

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