Editorial Opinions


## Needed: More Adult Recreation

The popular opinion abroad that our
country is a "fat America" is not un-
founded or unfair. The work we used to
accomplish by physical strength is now
done with our minds, exacting a toll on
our mental state instead of our bodies.
The farmer still puts in strenuous hours
but much of the time he spent plowing
his fields is now occupied by trying
new modern methods that will save time
and energy. So it goes with other occu-
pations. The housewife still walks miles
each day but not quite as many miles
as she used to. Even the secretary who
expends an amazing amount of energy
stumbling along on high heels doesn't
compensate for her lazy leisure hours.
The fact remains that exercise ob-
tained while working is termed drudg-
ery while exercising in organized sport
is termed playing. This points to the fact
that physical fitness probably won't be

Leaf Vote Should Be On Facts



