

WRIGLEYS
After Every Meal
 Have a packet in your pocket for ever-ready refreshment.
 Aids digestion. Allays thirst. Soothes the throat.
 For Quality, Flavor and the Sealed Package, get
WRIGLEYS SPEARMINT
 THE PERFECT GUM
 THE FLAVOR LASTS

Keep Stomach and Bowels Right
 By giving baby the harmless, purely vegetable, infants' and children's regulator.
MRS. WINSLOW'S SYRUP
 brings astonishing, gratifying results in making baby's stomach digest food and bowels move as they should at teething time. Guaranteed free from narcotics, opiates, alcohol and all harmful ingredients. Safe and satisfactory.
 At All Drugists

WEAK, TREMBLY NERVES SHATTERED
 Lady Says She Was in a Desperate Condition, But "Now in Splendid Health" After Taking Cardui.

Dale, Ind.—"About three years ago," says Mrs. Flora Roberts, of this place, "I had the 'flu,' which left me in a desperate condition. I had a bad cough. I went down in weight to a little over one hundred pounds. I took different medicines—did everything, but nothing seemed to do me any good. I hurt so badly in the chest at times I would have to go to the door to get my breath. "I would have the headache and . . . was so weak I felt like I would just sink down and stay there. "My nerves were shattered. I looked for something awful to happen—I would tremble and shake at a noise. "My mother said, 'Do try Cardui,' and my husband insisted till I began its use. I used two bottles of Cardui . . . and noted a big improvement in my condition. I kept up the Cardui and weigh 180 pounds. I am now in splendid health—sure am a firm believer in Cardui for I'm satisfied it did the work."
 After effects of debilitating illness often are as alarming as the illness itself. For women, Cardui, as a tonic, is especially indicated. Thousands of women who have taken it after serious illness have found Cardui beneficial in toning up certain functions, so essential to bodily reconstruction and good, sound health.

Take CARDUI THE WOMAN'S TONIC

How He Came In.
 "I'm right proud of my son at college. He's one of the most popular young fellows there," said Farmer Hicks proudly.
 "Ver don't say so?" exclaimed a neighbor.
 "Yep; he recently gave a big dinner-dance in my honor at one of the most fashionable hotels."
 "Wuz you there?"
 "No, I wasn't."
 "Wal, where do you come in?"
 "I paid for it."

Important Guest.
 Hubby came home and found an argument going on. His wife was trying to give a bridge party.
 "What's the row?" he demanded.
 "One of the guests is threatening to walk out," explained his wife in a whisper. "I must conciliate her."
 "Conciliate nothing. Let her walk out."
 "Can't be done, hubby. She'll walk out with six chairs and four bridge tables I borrowed from her."—Louisville Courier-Journal.

Nervous?
 If Coffee disagrees Drink Postum
 There's a Reason

Something to Think About

By F. A. WALKER

MORE CHARITY

EVEN though we openly declare that we are mere dependents on one another, there are times in our lives when our moods are so monstrously ugly that we view the matter in quite a different light. About our worthy selves, our qualifications and special privileges, there can be no question. We stand upon a pedestal of our own making, sure of its unsullied magnificence and enduring strength. Being vigorously rational, we are on speaking terms with our neighbors, but we have little time at our disposal to cultivate their friendship for which in truth we do not care. So with a self-made rule, a questionable scale, a curiously contrived level and plum line, we proceed to measure and to determine their worthiness. There is a fascination in the exacting performance of such work that appeals to our nature. Every blemish we discover gives us a thrill and adds another tale to our precious store of gossip. The habitual equivocator and the truthful fellow, the laborer and the

capitalist, the quibbler and scientist must be weighed and apportioned with punctilious regularity, so that in the morning we may sip our coffee with customary complacency. To step upon the scale ourselves is unthinkable, but to insist that others shall do so is a devious obligation which must be discharged without failure. Our manicured hand must not touch the calloused palm of the blacksmith; our daughters must not marry poor men, nor must we be censured for falsifying our hearts. We are the elect. In any movement for the public weal, we prefer to pull alone rather than with the commonalty. Our ideas are so bound up with the one master-thought of self, we cannot think of co-operating with our neighbors; it is not at all agreeable to our uncharitable souls. To this prevalent selfishness of ours may be assigned the present wretched condition of the world. There is no clearly defined inclination to pull together; no charitable, nobly planned purpose to join hands in friendliness, and step out from semi-darkness into the light of heaven aflame with saving faith. (© 1923, by McClure Newspaper Syndicate.)

Has Anyone Laughed At You Because—

By ETHEL R. PEYSE

You avoid jazz? Now it is a well-known fact that we avoid things for two big reasons: (1) that we like them too well; (2) or that we dislike them thoroughly. You of course know your reason for avoiding jazz. It may be because it stirs you the wrong way and makes you unfit to settle down to sterner rhythms of life, it may be that the melody in popular jazz is so lacking that it bores you. Then it may be that you like it so well you feel that you must avoid it or that it will take up too much of your time, or that you get carried away by the frivolous crowds who haunt the jazz hatcheries—or you may hate the saxophone—or you may have tons of other good reasons.

SO
 Your get-away here is: You get your jazz rhythms plus fine melodies and tunes in concert and classical compositions. (© by McClure Newspaper Syndicate.)

Uncommon Sense By JOHN BLAKE

"SHOW THEM!"

"I'll show them," says the village boy as he leaves town where, like the prophet in his own country, he has been without honor. "I'll show them," says the struggling clerk, stung by the contempt of his jeering companions. Perhaps the desire to "show them" is not the highest motive for achievement. But it is a very real—a very human motive. And very often it carries a man to real success. When, after ten or fifteen years the village boy comes back to "show them" the people that despised him do not question his motives. He has succeeded. They may be amazed, but they are filled with admiration, and nothing is sweeter than compelling the admiration of those who once looked down on you. The clerk who made that early vow to "show them" often does show them, when he has climbed to the head of the business. By that time his anger

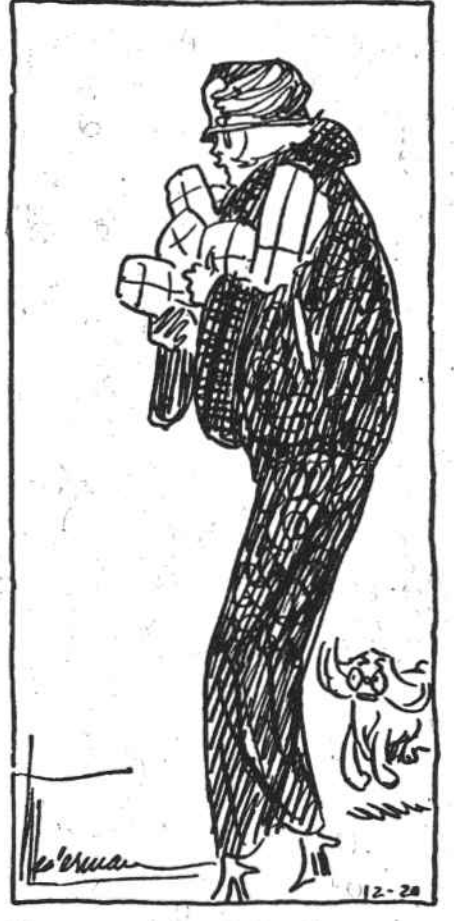
Mother's Cook Book

Life's such a round of little things. How can we stop to see The vast, still splendor of the sky. The high stars' mystery? For all our days are filled so full Of little, fretting cares. Of little unexpected joys. And sudden small despairs. —Christine Kerr Davis.

SEASONABLE GOOD THINGS
THOSE who are fond of the flavor of coffee will like
Coffee Ice Cream.
 Beat the yolks of six eggs until light and add one cupful and a half of sugar, then beat again; add to one quart of milk scalded in a double boiler and cook carefully until the mixture coats the spoon; now add two-thirds of a cupful of strong black coffee, cool and freeze. Serve with sliced nuts and
Butterscotch Sauce.
 Cook over hot water one cupful each of sugar, cream, and dark corn sirup; cook one hour. Add a tablespoonful of butter and one-half teaspoonful of vanilla extract and serve.

Fruit Punch.
 Grate a pineapple and boil with a quart of water for fifteen minutes; strain and cool. Boil four cupfuls of sugar with two cupfuls of water five minutes, cool, and add this sirup to the pineapple water, add the juice of six lemons, ten oranges, two grapefruit, one quart of strawberries cut in halves, two sliced bananas, one cucumber sliced, peeling and all; four quarts of water, two sprigs of mint and one cupful of fresh-made tea. Cover close and let stand to chill for two hours. Everbearing strawberries are used for this.
Codfish Cakes.
 Take one cupful of codfish flakes, one cupful of diced raw potatoes, cook together and mash, add one tablespoonful of butter, the same of milk or cream, one beaten egg. Drop by spoonfuls into hot fat and fry brown.
Nellie Maxwell
 (© 1923, Western Newspaper Union.)

The Young Lady Across the Way



The young lady across the way says the war has been over for more than four years and in her opinion the time has come for the government to grant amnesty to the poor misguided men who were thrown into prison under the amnesty law.

SCHOOL DAYS



at being underestimated has departed. But he still takes a secret pleasure in having so greatly altered their opinion. If this were an ideal world—if the desire to succeed sprang only from the loftiest purpose, we should say that the "show them" motive was unworthy. But with the world as it is, and with men as they are, it is at least an important driving force, and often it carries men to heights they could never otherwise attain. You will find that it has been all the inspiration that ever came to many men who have reached high places. If you doubt that, notice how many successful men return, for a time at least, to the little towns that gave them birth. Why do they return? To "show them," that is all. Vanity allowed at large soon destroys the usefulness of its possessor. But like all forces it can be harnessed and made valuable. The spirit of "I'll show them" is only tamed and harnessed vanity. Make the right use of it, and it will help you. "Show them" if you can! (© by John Blake.)

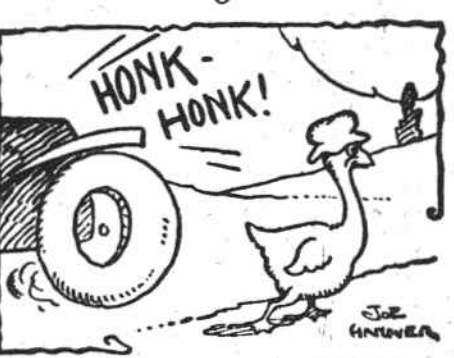
I'VE PRAYED FOR YOU

By GRACE E. HALL

OH, I have prayed—yes, I have prayed for you! Not long-drawn prayers as some might pray— 'Tis not my way; Not words on words sent up to God That He would please to do My will towards you; No words at all, because He knows The current of each thought that flows, And where it goes. But I have prayed—oh, I have prayed for you! In silent tensity of prayer That you be given strength to bear, That you be given sight to see, That you be prospered bounteously; That health might bless your daily round, That peace within your heart abound; No gift withheld His ample store Have I withheld. Aye, even more. (© Dodd, Mead & Company.)

Voters Are Like That, Too.

"Stretch a rope across a country path, about a foot and a half from the ground. Then drive a herd of sheep over. When the leader has jumped that elevated rope, lower it to the ground and note what happens. Every sheep in the flock that follows will jump a foot and a half in the air over that same rope, though it is now lying slack on the ground. They follow the leader blindly, unreasoningly, without regard to changed conditions. They don't jump for the same reason the leader jumped, but just because they saw another sheep jump a given height, at a given spot."—Carlyle.



A NATURAL MISTAKE
 Miss Goose—I declare, I believe there's an old gander trying to flirt with me.

LIVE STOCK FACTS

Iowa Testing Law Aids Fight on Tuberculosis

One of the most encouraging factors in the fight against cattle tuberculosis, according to those in charge of the eradication work for the United States Department of Agriculture, is the activity of state legislatures in passing laws to facilitate the widespread testing of cattle in specified areas, a branch of the work which in the last few years has become of greater importance than the testing of individual herds at random. A state law which contains many points of excellence is that passed last spring by the Iowa legislature. Briefly, this Iowa law provides that on petition of 51 per cent of the owners of breeding cattle in a county, the livestock sanitary authority of the state must proceed to eradicate tuberculosis from the county as provided in the law. Or the same result may be accomplished in another way: Upon petition of 15 per cent of the voters a proposal to eradicate the disease must be submitted at the next general election to levy a 3-mill tax upon all property to help supply funds for the purpose, these funds, together with those from the state and federal governments, to be used largely for paying for animals slaughtered. When 75 per cent of the owners of breeding cattle petition for county testing, all of the herds in the county must be tested and a fine and jail sentence are provided as penalty for those who refuse to submit their animals to the test. In case the county 3-mill levy and the state and federal funds are insufficient to pay indemnities, the law provides for a tax of 25 cents a head on all cattle and 5 cents a head on all hogs in the county.

University Farm Tests Rations for Baby Beef

About two hundred Minnesota cattle raisers at University farm recently had an opportunity to see six lots of pure bred Shorthorn steer calves, ten calves to each lot, which had been fed different rations for 217 days. They were also given the records in gains made by the various lots of calves. Farmers everywhere will be interested in the results of the experiments. The rations fed were as follows:
 Lot 1—Shelled corn, 60 per cent; whole oats, 30 per cent; linseed oil meal, 10 per cent; corn silage and clover hay.
 Lot 2—Ground shelled corn, 60 per cent; ground oats, 30 per cent; linseed oil meal, 10 per cent; corn silage and clover hay.
 Lot 3—Limited grain ration for the first half of the feeding period, corn silage and clover hay.
 Lot 4—Ground ear corn, 90 per cent; linseed oil meal, 10 per cent; corn silage and clover hay.
 Lot 5—Ground shelled corn, 66 2-3 per cent; ground oats, 33 1-3 per cent; corn silage and clover hay. (No protein supplement.)
 Lot 6—Ground shelled corn, 66 2-3 per cent; ground oats, 33 1-3 per cent; clover hay. (No silage and no protein supplement.)
 Crediting at \$6.30 per hundred the gains on hogs which were kept in the lots with cattle, the profits shown by the feeding experiment were: Lot 1, \$18.92 per head; lot 2, \$15.97; lot 3, \$5.69; lot 4, \$18.30; lot 5, \$18.61; lot 6, \$13.10.

No Difference Between Lard and Bacon Types

Little difference between lard and bacon types of swine was noted in a test recently conducted at the Manitoba Agricultural college in Canada in which Poland Chinas and Yorkshires were compared as to gains and production costs. Pigs of each breed were fed a ration of equal parts of barley, oats and shorts for a period of 140 days. Corn was substituted for barley during part of the test. The Poland Chinas made 100 pounds of gain on 415 pounds of feed and the Yorkshires made 100 pounds on 426 pounds of feed. On the Canadian market, which pays a premium for choice bacon hogs, the Yorkshires sold for \$9.90 per hundred pounds and the Poland Chinas brought \$9.

LIVE STOCK NOTES

Trucking and hauling about of feeds is not required by a silo.
 Scrubs can multiply just as fast as pure breeds, but they never get the right answer.
 It is a good plan to place oil in a hog collar so that the animals may grease themselves.
 The first few weeks after weaning is a critical time in a pig's life. Proper care and management will mean profit.
 The age at which to wean depends upon the size and vigor of the pigs, and the feeds and their amounts available.
 Hogs have their ups and downs like everything else. Don't be discouraged because hogs happen to be low. They will come back as sure as fate—and possibly sooner than you think.

SUFFERED MANY YEARS WITH FEMALE TROUBLE PE-RU-NA LIKE A GIFT FROM HEAVEN



Mrs. Katie Scheffel, R. F. D. No. 5, Lowell, Ohio

"I have been suffering for years with female trouble. Was operated on five years ago. It relieved me some but I did not regain my strength. Two years later was taken sick and bedfast several months. I treated a long while without much relief. I was discouraged, my mind affected, so nervous I could neither eat or sleep and unable to do anything. We tried several doctors but one after another gave up my case as hopeless. Finally a good friend advised me to try Pe-ru-na. I did. It relieved me almost immediately. Your medical department said I was suffering from chronic catarrh of the system. I began taking your medicine in March, 1914, and continued until August. I took ten bottles of Pe-ru-na and three bottles of Man-a-lin and felt like a new person. Your medicine seemed like a gift from Heaven. It was like coming from darkness into light. We have used your medicine since for coughs, colds and grip with good results. We will always keep it on hand. I weigh twenty-five pounds more than I ever did, eat and sleep well and can do a good day's work. Everybody says I look fine. Even the doctors are surprised. I cannot thank you enough and will always recommend Pe-ru-na to sufferers from catarrh."

MRS. KATIE SCHEFFEL,
 R. F. D. No. 5, Lowell, O.
 Mrs. Scheffel is only one of many thousand women in the world, who owe their present health to Pe-ru-na. The record of this medicine is a proud one as Pe-ru-na has held the confidence of both sexes for fifty years or more. If your trouble is due to a catarrhal inflammation in any organ or part of the body, do like Mrs. Scheffel. Try Pe-ru-na. Insist upon having the original and reliable remedy for catarrhal conditions. You won't be sorry.

Ask Your Dealer About This Old-Time Tried Remedy

WINTERSMITH'S CHILL TONIC
 For over 50 years it has been the household remedy for all forms of Malaria Chills and Fever
 It is a Reliable, General Invigorating Tonic.

Proof.
 "Are you sure he loves you?"
 "Absolutely. He objects to my bathing suit."—Life.

Hall's Catarrh Medicine is a Combined Treatment, both local and internal, and has been successful in the treatment of Catarrh for over forty years. Sold by all druggists. F. J. CHENEY & CO., Toledo, Ohio

Resinol ready for scalds and burns
 The tormenting, insistent pain of a burn or scald is quickly subdued by Resinol Ointment. Its cooling ingredients remove the inflammation, and hasten the healing. Cover the burn well with Resinol and bandage with soft gauze. In severe burns or scalds covering a large surface always send for a doctor.
 Resinol products at all druggists.

HAY FEVER
 Sufferers from this distressing complaint can secure quick relief by using GREEN MOUNTAIN ASTHMA COMPOUND. Used for 15 years and result of long experience in treatment of throat and lung diseases by Dr. J. H. Guild. FREE TRIAL BOX and Treatise sent upon request. 25c and \$1.00 at druggists. J. H. GUILD CO. RUPERT, VERMONT.