

THE PINE KNOT.

LIGHTED FOR THE ILLUMINATION OF TAR HEELS, BOTH NATIVE AND ADOPTED.

VOL. 2.

SOUTHERN PINES, N. C., SATURDAY, NOVEMBER 5, 1887.

NO. 6.

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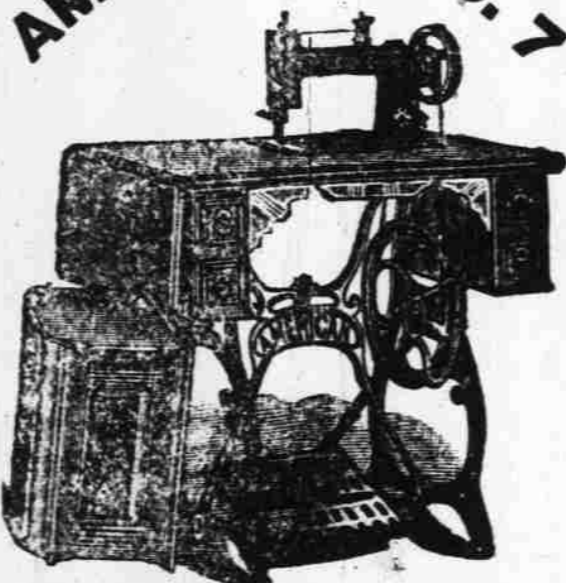
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W. H. Wetmore & Co., Manufacturers of hand made shoes, Raleigh, N. C., are selling Ladies' hand sewed Morocco button boots for \$2.75 lace, \$2.50; 2nd quality \$2.00; 3rd quality \$1.75. Any size from 1 1/2 to 7 made to order. A perfect fit guaranteed for 25c. additional. Gents' hand sewed best Calif Congress gaiters and bala for \$3.00; made to order, \$3.50; Boys' hand sewed bala for \$2.50; Standard Screw, \$2.00. Also a full line of Men's, Boys', Women's, Misses and Children's Pegged Shoes. Special prices to merchants. Sample pair sent on receipt of price. Any of their goods will be repaired at the Factory for half the usual price.

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BALTIMORE, MD.

We commend the following valedictory, as a model in regard to length, for aspiring commencement orators next summer:

"I have this day severed my connection with the *Biblical Recorder*."

C. S. FARRISS.

The Germans are making use of the medicinal properties of pine-needles, using a powder from them in baths for invalids, as is set forth in an article on this page. Our long-leaf pine ought to be as much more efficacious in this form as it is conceded to be in all others. Here's an industry waiting for development.

OUR PROTECTION THAT PROTECTS ENGLAND.

The greatest and blackest of all the Bug-a-boos that our protectionist grandmas use to frighten naughty free-trade children is "cheap production" in England, with which American industries could not compete. An Englishman has recently said something on this point that these good old ladies will do well to heed. Mr. J. S. Jeans, secretary of the Iron and Steel Institute, in a lecture before the London Workingmen's Association, said that the American resources were infinitely in excess of those of Great Britain, and unless the working population of the latter country were to atone for their deficiencies in this respect by greater industry and a more extended use of mechanical appliances, so as to economize labor and produce cheaply, they would not be likely to hold their position in the race. There was not much danger of American competition in manufactured goods for a long time to come. Fully 80 per cent of the exports from America took the form of raw materials. If American protection were continued at its present range, England would not have much fear as regards manufactures; but if the tariff were abolished, the industrial prospects of England would become very much blacker, in consequence of the enormous resources that America possesses for cheap production.

PINE-NEEDLE BATHS.

Under the name of "Fichten-Nadel-Bader," the balsamic and tonic properties of the fir-needles are largely taken advantage of in Germany, thanks to a new preparation which enables them to be easily used for baths. These baths are now being prescribed for children and adults, and are found to be truly efficacious in rheumatic complaints, gout, certain skin affections, etc. This new prepara-

tion is in the form of a powder, which is directly used for the baths by being put into lukewarm water and allowed to digest in the liquid for a few minutes, in order that the balsamic virtues of the needle-leaves may be drawn out. The same product is likewise used for fumigations in affections of the chest, etc., or as an antiseptic, for which purpose a little of the powder is placed upon a heated iron shovel and thus carried about the apartment.

The pine-needle powder is put up in packets weighing about 1 lb. (or 1/2 kilo.) A bath for an adult will require 1/2 to 1 kilo. of the powder. For a child's bath, 1 to 4 tablespoonfuls will be found sufficient.

Not long since we drew attention to the turpentine vapor baths used to some extent in Paris. But this German preparation of pine needles is simpler, cheaper, and, we should imagine, quite as effective.

The pine-needle baths are prescribed for invigorating the system generally. They act upon the skin as a balsamic stimulant and a antiseptic. Thus they may prove useful as a prophylactic remedy in epidemics of various kinds, and herein lies one of their greatest recommendations.

Dr. E. Meusel, of Gotha, has used these pine-needle baths with satisfactory result in the hospital to which he is attached. Dr. G. Greubler, of Leipzig, says he found water at 38° C., or thereabout, soon withdrew the aromatic principles of the fir-needles' powder, and that 1 per cent of the latter is amply sufficient to give the bath all the desirable properties. The water has then a powerful aromatic odor of the pine needle essence. Dr. Von Schwartz, an able chemist, has examined the pine-needle powder as used for these baths, and finds that it yields about 25 per cent of active extractive matter—a result which corresponds very well with determinations by other chemists.

It results from what we have just said that in this pine-needle powder now manufactured in Germany we possess a material which enables any one to procure, at a moment's notice, the fashionable *Fichten-Nadel* bath, which appears likely to come more into vogue every day. The new product has placed this luxury at our disposal at a very moderate cost.—*Monthly Magazine*.

HIS NAME IS SMITH.

Another native of North Carolina comes to the front from Monroe county, Ind. His name is Riley Smith. He is 7 feet 6 1/2 inches tall and wears a No. 17 shoe that will hold a quarter of a peck of corn. Once a year he orders a pair of plow shoes. They weigh 10 pounds and have very broad heels. They are 16 inches long. He was born in this State, went to Indiana in 1860, is forty-five years old, is married and is the father of two children. Verily are none of the products of the Old North State to be sneezed at.—*Raleigh News and Observer*.