

Community offers help for eating disorders

Editor's note: Feb. 1-5 is Eating Disorder Week.
By Scott Ballew
Staff Writer

Experts speculate that in four college women suffers from bulimia, anorexia nervosa or some other type of eating disorder. In the past few years, eating disorders have become one of the primary health and psychological problems among female college and university students. Student Health Service gives the problem top priority, said Dr. Judith Cowan, director of SHS. Cowan said SHS officials consider

the prevention and treatment of eating disorders along the same lines as similar programs for drug and alcohol abuse. "Eating disorders are life-threatening diseases," she said. Cowan said the problems of eating disorders at UNC and the surrounding community have been targeted by instituting a network of programs for widespread prevention of eating disorders. Such programs include informative seminars, special discussions groups, counseling and close one-way communication with nutritionists and physicians. SHS also depends on the collective input of its Nutritional Treatment and Intervention Team, which meets biweekly to assess and improve treat-

ment and prevention of eating disorders on campus and in the community. Cowan said she believed that SHS put equal energy and effort into both treatment of the eating disorders and active prevention. SHS gives help to students on an exclusively outpatient basis, with inpatient care available at UNC Hospitals. Experts believe that the number of young people afflicted by eating disorders is substantially higher than the national reported average of 9 percent of all college students. But the lack of any long-term scientific data as well as the shame-based nature of eating disorders makes any exact estimate of college students afflicted difficult, if not

impossible. The most recent studies have focused on specific high-risk groups, such as sorority members or athletes. Other student-run organizations to cope with eating disorders operate in Chapel Hill, including a nationally chartered organization to serve as a student support group for recovering victims of eating disorders such as anorexia nervosa and bulimia. There also are several programs run through the Campus Y. Options for help and treatment of eating disorders are not restricted to the University, and many different support groups can be found in Chapel Hill and Carrboro.

Not just stars anymore: Morehead to offer 'The Magic Egg,' other films

By Emily Berry
Staff Writer

A mention of the Morehead Planetarium may bring back memories of sleeping through numerous astronomy labs, but that's no reason to stay away. Visit any evening this semester and expect flying ash, flowing lava or moving continents — all within the course of 30 minutes. Now through April 13, the Planetarium is sponsoring a wide-angle film festival, including films about volcanoes and plate tectonics, the eruption of Mt. St. Helens and the story of the space shuttle before the Challenger disaster. The series consists of six different presentations, each of which is shot at a wide angle and will be projected onto about one-third of the domed ceiling. The film festival will give students as well as the general public an opportunity to learn while being entertained, said Beth McDonald, who works at the Planetarium. "A lot of people think we just give star shows," McDonald said. "The film festival will let people know we give two kinds of presentations." "Seasons," set to Vivaldi's "The Four Seasons," is a fast-moving, colorful film highlighting the beauty of all of Earth's seasons. Although most of the shows have educational aspects, their main pur-

pose is to entertain, McDonald said. "It's a different kind of experience," she said. "The films are not hard-core educational — it's more of a visual experience. It's a lot different from watching something on your TV." "To Fly," which will be shown on Saturdays, traces the history of human flight from balloons to the space shuttle. The film is shown from the viewpoint of hang gliders and hot air balloon operators and promises plenty of loud gasps and chair gripping. "The Magic Egg" is made entirely from computer-generated images. Part of the film's effect is its ability to deceive viewers into believing in the reality of non-existent things. "The Magic Egg" is an amazing ride through everything from simulated cities to the blood stream. The wide-angle film festival is a special event for the Planetarium, as the films included are rarely available to the public. They're guaranteed to be visual as well as emotional roller coasters, with a bit of information mixed in between. "It's a great thing to do for the price," McDonald said. Films are shown in the Planetarium's Star Theater daily except Friday at 7:30 p.m., with weekend matinees at 1:30. Tickets go on sale 30 minutes before show time. Prices are \$3 for adults, \$2.50 for children, students (with ID) and senior citizens.

Buddy up: BSM looking for new program participants

By Stephanie Beck
Staff Writer

Kitty Hart got a lot more out of being a BSM buddy than she expected. "I joined as a favor to (program coordinator) Tim (Minor), but I learned a lot more than I ever thought I would," said the freshman from Greenville, who participated in the Black Student Movement Buddies program last semester. The BSM is sponsoring the program to match students of various ethnic backgrounds with African-American students for a semester. During the course of the semester, the buddies attend various cultural activities to learn more about the African-American experience. "You don't realize how different the cultures are until you spend a lot of time with someone from a different background," Hart said. "Everyone feels open enough to ask questions, so you really get the most from the experience. I would recommend it to anyone who is willing to see everything from another point of view. It is a great way to come to a new understanding of the problems on campus." Applications are available at the Student Union desk, the Sonja H. Stone Black Cultural Center or the Black Stu-

dent Movement office and are due Friday. "Being involved in the program really gives you a chance to learn where other people are coming from," said Eric Meyers, a junior who participated in the program last semester. "I learned how (my buddy) formulates ideas based on his background. Now we both are more open about whom we choose to associate with because of the experience." Established last semester, the BSM Buddies program strives to create a more harmonious environment on campus. In the fall, a pilot group of about 25 pairs of buddies participated. Coordinator Tim Minor hopes the number of participants will grow this time around. "I think this program has great potential," said Minor, a junior from High Point. "There were few activities (last semester), but I think this semester it will really flourish, with more activities and more participation." The program has no limits on the number of participants and no specific requirements for involvement, Minor said. "Students just need to be open-minded and willing to learn of different

ethnicities to join the program," Minor said. "We want it to be as large as possible." "The only reason for the applications is for us to have the chance to match interested students with buddies they will feel comfortable with," he said. "Anyone who is interested can participate." Last semester, most participants were women and out-of-state students. "We need more people from within the state. Very few native North Carolinians were involved last semester," said Meyers, who is from Towson, Md. The program also needs more African-American buddies, Minor said. "The participation of BSM members is necessary for the program to succeed. Last semester, we had to double up on one or two pairs. I would encourage African Americans on campus to become a part of BSM Buddies because it is the only way you can truly educate others on the 'blackness' of the African-American experience." The program will be a two-way street, with the African Americans learning

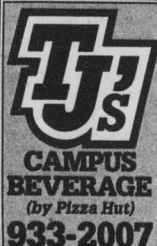
about the cultures of their buddies as well, Minor said. "I was paired with a guy from Michigan," Meyers said. "We met for lunch, went to a step show and just talked. One time we both went to the Mediterranean Deli for a Mediterranean meal. We went beyond the BSM Buddies program." Meyers joined the program after realizing something needed to be done about racial tensions on campus last fall. "When we came back this fall, there were a lot of racial tensions building up, especially around the time of the BCC controversy," he said. "I felt this was my way of helping alleviate some of this tense atmosphere." "It was a wonderful opportunity to meet people and really get to know someone of a different ethnic background. We are all different, but not too different to keep us from seeing eye to eye." Minor encouraged students to sign up. "Don't be afraid, just do it. It is all an effort to show that beneath the skin, everyone is the same."

Vigil

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not tolerate hate in our state," said Linda Shealey Williams, community educator for North Carolinians Against Racism and Religious Violence. Williams said 26 hate crimes against homosexuals were reported in the state last year. "We call upon our elected officials to take a strong stand against hate violence in our state ... and urge Gov. Hunt to include hate crimes under his agenda of criminal justice," she said. Chris Ingle, founder and chair of the Alamance County Gay and Lesbian Alliance, said he spoke from experience. Ingle told the crowd he also was the victim of violence against gays. Ingle, who is also a member of the executive committee and the board of directors of the N.C. Coalition for Gay and Lesbian Equality, said he was attacked by two men on a public beach after stating that he was gay. Ingle said he no longer hated the men who attacked him. "I must replace the hatred and prejudice within myself with tolerance and respect, and I attempt to do so daily," he said. Addressing heterosexuals who attended the vigil, Mab Segrist, also with the N.C. Coalition for Gay and Lesbian Equality, praised them as what she called the "straight, but not narrow." Segrist directed several remarks toward U.S. Sen. Jesse Helms, R-N.C., who has opposed Clinton's efforts to lift the ban. "To Jesse Helms, what goes around, comes around," she said. "You just think about what his health problems have been in the last couple years: heart, because the man can't feel, and prostate because he is so obsessed with everybody else's sexuality." Bonnie Clark, a Navy veteran and a member of the N.C. Veterans Coalition, said she served 10 years in the military. "The military teaches sexism, racism, ageism, and homophobia," she said. Clark said official estimates that merely 177,000 gays, bisexuals and les-

bians served in the military were conservative, and that, according to her experience, she would estimate the number was two or three times higher. Representing the N.C. Council of Churches, Rev. Jimmy Creech said he condemned the attack on Pridgen. "We support full civil rights, free from harassment and discrimination," he said. Creech said both the military and the church had a long way to go toward recognizing gay rights. "By and large, the majority of so-called church-people are unaccepting of gays and lesbians, but I think that is changing," he said. Protest organizer Beth Harrison said she was discharged from naval service six days before her tour of duty ended because of allegations that she was a lesbian. Upon enlisting, Harrison said she was told by a superior female officer that, "in the Navy, you're either a dyke or a whore, so get used to it." Duke law student Frank Simpson said he attended the rally because he was "pissed off." Simpson said he hoped there would not be more attacks against homosexuals. "I think lifting the ban will be a successful event," he said. Durham resident Tim Tyson said he attended the event to teach his daughter, Martha Hope, about the importance of equality. "What happened in Wilmington is a disgrace to our country," he said.



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Schott suspended for racial slurs

The Associated Press
CHICAGO — Marge Schott was suspended as Cincinnati Reds' owner Wednesday for one year and fined \$25,000 for "using language that is racially and ethnically offensive." Following an investigation that began Dec. 1, baseball's ruling executive council found that statements attributed to the 64-year-old owner were not "in the best interests of baseball." The suspension will begin on March 1 but Schott can apply for reinstatement on Nov. 1 if she attends and completes multicultural training programs. "Mrs. Schott's remarks reflect the most base and demeaning type of racial and ethnic stereotyping ...," executive

council chairman Bud Selig said. Schott agreed to accept the penalty, her lawyer, Robert Bennett, said. Bennett said Reds' general manager Jim Bowden would be proposed to run the Reds in her absence. Sharon Jones, a former Oakland A's executive secretary who said she heard Schott call blacks "niggers" during a telephone conference call, said the punishment was "too little, too late." All-time home run leader Henry Aaron, a senior vice president with the Atlanta Braves, agreed. "It sends out a message that we're still living in a captivity world where blacks are treated no better than 20 or 30 years ago."

Collins

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Cousins said. Collins then was transferred to Chapel Hill, where he was served with the Chapel Hill and Carrboro warrants, Cousins added. Collins will be transferred to the Orange County Jail, where he will be served with a warrant by Orange County authorities for a robbery on Mimosa Drive, according to Lt. Collins. Cousins said Collins was wanted in Durham on three counts of robbery with

a dangerous weapon and second-degree kidnapping. He also was wanted in Orange County on one count of common law robbery, according to Lt. Bobby Collins of the Orange County Sheriff's office. Collins also was wanted in Carrboro for a Jan. 6 armed robbery at The Pantry on Jones Ferry Road, according to Capt. Carolyn Hutchison of the Carrboro Police Department. Collins previously had been convicted of two counts of breaking and entering, one count of larceny, receiving stolen goods, attempted common law robbery and speeding, according to the N.C. Department of Corrections. Before the arrest, Collins was out on parole. Chapel Hill Police Lt. Bobby Smith and Sgt. Everette Johnson were the arresting officers, Clark said.

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Campus Calendar

THURSDAY
3:30 p.m. OIP-Study Abroad will have an information session of the School of International Training with its worldwide programs in 12 Caldwell.
5 p.m. UNC-CH Sailing Club will have its spring general meeting in 224 Union. Bring \$15 cash for dues.
Rainforest Action Group will have an Elementary Education Program Planning Session in the Campus Y Conference Room.
5:15 p.m. Black Interdenominational Student Association will hold a Fellowship Dinner and Bible Study upstairs in Chase.
5:30 p.m. Association of Vietnamese Students will have a general interest meeting in front of the bowling alley in the Union.
Wildlife Committee of SEAC will have a dinner/discussion on Wildlife Conservation on the second floor of Carmichael.
5:45 p.m. Carolina Baptist Student Union will welcome Dr. Thomas Graves, president of Baptist Theological Seminary, to speak on "Ministry in the Future" at the BSU.
6 p.m. Presbyterian Student Center, 110 Henderson St., will gather for dinner and fellowship. Information: 967-2311.
"Brothers" discussion group for and about African-American male students will meet in the first-floor lounge of Hinton James. Information: 962-2175. Carolina Indian Circle will meet in Campus Y lounge.
Association of International Students will meet in 226 Union.
Amnesty International will have a letter-writing meeting in the North Dining Room of Lenoir.
7 p.m. Students for the Advancement of Race Relations will meet in the Campus Y lounge.
B-GLAD will welcome Enrique Bossio, a Peruvian gay and AIDS activist, to speak in Toy Lounge in Dey Hall.
UNC Dog Club will have an organizational meeting in 101 Greenlaw.
University Career Services will sponsor a presentation by Walt Disney World in 210 Hanes.
UCS will sponsor a presentation by Robinson Humphry Company in the Club Room at the Carolina Inn.

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ASSERTION: 4 sessions. Call.

BLACK GRADUATE WOMEN'S SUPPORT GROUP:
Thurs. 5-6:00, wkly. Starts Jan. 21, Student Union Rm.#213

BROTHERS: Thurs. 6-7:30, wkly. Hinton-James, 1st Fl. Lounge

SURVIVING GRIEF AND LOSS: Thurs. 3:30-5:00, Starts Feb. 11

WOMEN'S BODY IMAGE AND SELF-ESTEEM

STRONG INTEREST INVENTORY INTERPRETATION: Multiple Times Are Available, Please Call Nash Hall.