Warrenton, North Carolina

By MISS YORK KIKER

N. C. Dept. of Agri.

Stuffed Cabbage Rolls

1 cup cooked long-grain rice

es, crushed (optional)

1 8-ounce can tomato sauce

Immerse cabbage leaves

(heavy center vein of leaf

may be cut out about 2 inches)

in boiling water for 3 minutes

or just until limp; drain. Com-

bine next 7 ingredients. Add

beef; mix thoroughly. Place

1 tablespoon brown sugar

1 tablespoon lemon juice

1/4 cup water

1/4 cup chopped onion

1 1/4 teaspoons salt

1/4 teaspoon pepper

The Tar Heel Kitchen

Mrs. Fishel Speaker At Auxiliary Meet

Mr. and Mrs. Charles White of Louisburg and Miss Jennie Hunter of Louisburg College were visitors here during the weekend.

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Mr. and Mrs. Charles Draffin of East Carolina University at Greenville were here during the weekend.

Miss Am Rooker of Bowman-Gray School of Nursing in Winston-Salam spent the weekend hers.

Mrs. Oscar Verndse of Raleigh spent the weekend with Mrs. Aunte Belle Alston Egerton.

Mr. and Mrs. W. R. Boyce recently visited Mr. Boyce's aud. Mrs. John Steel, in a Norfolk, Va., hospital.

Mr. and Mrs. W. R. Boveare visiting Mr. and Mrs. Fred Cheek and family in Kinston. Mrs. Cheek is the daughter of Mr. and Mrs. Boyce.

Miss Betsy Byrl Bobbitt of Chartotte spent the weekend here with her mother, Mrs. J. B. Bobbitt.

Mr. F. M. Hurst, Jr., and children of Raleigh visited relatives here las: Thursday. Mrs. W. B. Crinkley spent the weekand at Carolina Beach with Mr. and Mrs. J. D. Fiach and tamily.

Mr. Sidney Lanier, who spent the summer here with his parents, Mr. and Mrs. W. K. Lanier, left this week for Rochester, N. Y., where he has accepted a position in personnel work with the State of New York.

Mr. and Mrs. A. W. Stephenson were weekend guests of Mr. and Mrs. Clarence Stephenson and family at Hampton, Va. They returned to Warrenton on Monday night after a weekend tour of Williamsburg and

Jamestown. Lt. Ronald Shearin of Washington, D. C., Mr. Larry Shearin of the University of North Carolina at Chapel Hill and Mr. Edward Shearin of North Car-

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olina State University in Raleigh were weekend guests of Mrs. Roy Shearin. Miss Linda Fleming of Hard-

bargers Business College in Raleigh spent the weekend with her parents, Mr. and Mrs. John Boyd Fleming.

News & Society Items

of Norfolk, Va., were weekend guests of Mrs. J. T. Vaughan and Mr. and Mrs. J. B. Fleming and family. Other guests on Sunday were Mr. and Mrs. M. G. Breedlove of Middleburg, Mr. and Mrs. J. L. Aycock of Elberon and Mr. Titus Vaughan and daughter, Donna, of Hen-

derson. Mr. and Mrs. A. C. Blalock, Jr., of Raleigh spent the week-

the weekend with her parents, Mr. and Mrs. J. T. Mustian. Mich., will arrive here in his plane this week to visit his.

Allen. Mr. A. W. Hall of Wilson spent

Montgomery.

Miss Judy Hight Is

of Oct. 24, was honored at a lingerie and linen shower on and Mrs. Jack Smith.

decorated in a bridal motif. The honoree was presented a corsage of white mums upon her arrival.

and mints.

Mr. and Mrs. R. S. Andrews

end here. Mr. and Mrs. T. K. Kempson and sons of Burlington spent Mr. Arthur Petar of Pontiac,

mother, Mrs. Arthur Petar. Miss Edith Allen of Burlington spent the weekend here with her father, Mr. J. Edward

the weekend with Mrs. Josie H.

Honored At Shower

Miss Judy Hight, bride-elect Saturday night in the home of Mrs. Lucy Hayes by Mrs. Hayes

The home was beautifully

Guests attending were served refreshments of punch, cake squares, bridal cookies, nuts



BEAUTIFUL FINE FURNITURE CABINETS. DEPENDABLE PERFORMANCE AND

vantage of North Carolina's **Joint Birthday Dinner** wonderful fall cabbage and tomatoes. Fresh green cabbage is Held At St. Sing Home particularly welcome since lettuce has had many difficulties.

Mr. W. W. St. Sing, Mr. Cabbage is taken for granted as an everyday food but it has C. H. Thompson and Mrs. Willie Felts were honored at a been important over 5,000 birthday dinner at the home of years. We are told that it was

Mr. and Mrs. W. W. St. Sing once esteemed so highly in on Sunday, Oct. 4. Approximate-Egypt that it was glorified in certain worship ceremonies. ly 100 friends and relatives Solid, well-trimmed cabbage brought picnic lunches and all enjoyed a bountiful meal. The heads are excellent food buys Rev. Wade Tucker gave thanks. and can add much to mealtime enjoyment. Those attending were from Graham, Warrenton, Norlina, Wise, Henderson, Warren 12 large cabbage leaves Plains, Chesterfield County, 1 beated egg

Va., LaCrosse, Va., Hopewell, Va., Chesapeake, Va., Richmond, Va., Colonial Heights, Va., Falmouth, Va., South Hill, Va., Petersburg, Va., and

Broadnax, Va. 1/4 teaspoon dried thyme leav-Births 1 1/4 pounds ground beef

Mr. and Mrs. Lorn Wilmott McIntyre of Barrington, R. L., announce the birth of a son, Matthew Lawrence, on Oct. 3, in Lying Inn Providence, R. L., Hospital. Mrs. McIntyre is the former Lois Ellen Stainback of Littleton.

Mr. and Mrs. Joe Sidney Fulmer of Sylva announce the birth of a son, John Walter, on Sept. 29. Mrs. Fulmer is the former Barbara Jean Curl of Little-

ton

In Hospital

Patients in Warren General Hospital at 5 p. m. Tuesday were listed as follows:

Lois Coley, Connie Bryant, Blanche Townes, Lucy Wynne, Lucian Fowler, Kate Haithcock, Joseph Lufsey, Mattie Blalock, Alice Wyckoff, Acie Hendricks, Larry Williams, Thomas Hawkins, Mattie Rodwell, James Spruill, Clyde Loyd, Robert Spence, Nancy Lee Brooks, Willie Mae Fleming, Graham Boyd,

DINNER GUESTS Sunday guests of Mrs. Calvin H. Harris and daughters, Barbara and Patsy Salmon of Route 1, Warrenton, at a stew dinner, prepared by Mr. George H. Harris of Macon, were the Rev. and Mrs. Ted Fuson of Warren Plains, Mr. Andy Harris, Mrs. George H. Harris and Miss Mary Lou Cheek of Macon, Mr. Cookies Thompson of Warren Plains, Miss Sharon Ayscue of Warrenton and Mr. Herbert Thompson of Warren Plains. Afternoon guests of Mrs. Harris and daughters were Mr. and Mrs. Doc Harris of

Henderson and granddaughter,

about 1/4 cup meat mixture in center of each leaf; fold in sides and roll ends over meat. Fasten with wooden picks; place in large skillet. Combine remaining ingredients. Pour over cabbage rolls. Simmer, covered, 1 hour, basting occasionally. Remove cover for last 5 minutes or until sauce is of desired consistency. Yields 6 servings. **Copenhagen** Cabbage 6 cups shredded cabbage 1 cup dairy sour cream

1/2 teaspoon caraway seed Salt and pepper

Cook cabbage, covered, in a small amount of boiling salted water, just until tender, about 4 to 5 minutes. Drain thoroughly. Combine sour cream and caraway seed. Pour over cabbage and toss lightly. Season to taste with salt and pepper. Place over low heat just until heated through. Yields 4 servings.

Pan Fried Cabbage 3 slices bacon 4 cups chopped cabbage 1 tablespoon lemon juice 1/4 teaspoon salt

Dash pepper Cook bacon until golden brown and crisp; remove bacon. Drain fat and reserve; return 2 tablespoon fat to skillet. Toss cabbage in hot fat until tender about 10 minutes. Add lemon juice, salt, and pepper. Garnish with bacon. Yields 6 servings.

You know how neighbors

5 1/2 cups sugar 1 box (1 3/4 ounces) powdered fruit pectin Marketing Home Economist 1 can (13 1/2 ounces) crushed Now is the time to take adpine apple

> 2 tablespoons vinegar 2 teaspoons Worcestershire sauce 1/2 teaspoon cinnamon 1/2 teaspoon allspice

1/4 teaspoon cloves To prepare tomatoes-Scald peel, and chop about 1 3/4

pounds tomatoes. Bring to a boil over high heat. Then reduce heat and simmer 10 minutes, stirring occasionally. Remove from heat. Measure 2 cups into a very large saucepan. To make relish - Measure sugar; set aside. Thoroughly mix fruit pectin, pineapple, vinegar, Worchestershire sauce. and spices into tomatoes. Place over high heat; stir until mixture comes to a hard boil.

Immediately add all sugar. Bring to a full rolling boil and boil hard 1 minute, stirring constantly. Remove from heat: skim off foam with metal spoon. Then stir and skim 5 minutes to cool slightly and prevent floating fruit. Ladle quickly into glasses or jars. Cover at once with 1/8 inch hot paraffin. Yields approximately 8

medium jars or glasses. Green Tomato Jam 3 cups prepared tomatoes (about 1 3/4 pounds green tomatoes) 1/2 cup lemon juice (4 medium Lemons)

counselor in the Warren County schools for the past seven years, was the guest speaker at the meeting of the American Legion Auxiliary, Unit No. 25, on last Thursday. She was

Limer. Mrs. Fishel thanked the Auxiliary members for the yearly contribution they have given to the Warren County school system in the form of a scholarship, given over the past eight years, which has totaled \$1600. She expressed surprise

7 1/2 cups sugar 1 bottle (6 ounce) liquid fruit

pectic To prepare tomatoes - Grind about 1 3/4 pounds green tomatoes. Measure 3 cups into a very large saucepan. Squeeze the juice from 4 lemons; measure 1/2 cup into saucepan with tomatoes.

To make jam - Thoroughly mix sugar into tomatoes in saucepan. Place over high heat, bring to a full rolling boil and boil hard 1 minute, stirring constantly. Remove from heat and at once stir in fruit pectin. Skim offfoam with metal spoon. Then stir and skim for 5 minutes to cool slightly and prevent floating fruit. Ladle quickly into jars or glasses.

Cover at once with 1/8 inch hot paraffin. Yields approximately '11 medium jars or glasses.

Mrs. Rachel Fishel, guidance | that a small group could give so much and was told that all the scholarship funds were earned by the unit bake sales and by the fair food booth in past years. Mrs. Fishel invited members presented by Mrs. Roger to visit the schools and become

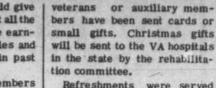
acquainted with the innovations of the present educational system. She said that vocational subjects such as carpentry, forestry, masonry and auto mechanics were being taught in the county, along with drafting, home economics and agriculture. The L C. T. courses, given half a day in school and half a day on the job, has proved to be successful, she said. The 1970 summer school courses in remedial

reading and arithmetic were found to be of great value to those students participating.

A question and answer period followed Mrs. Fishel's remarks. The meeting was held at the

home of Mrs. C. M. Bullock with 17 members present. Mrs. Gus Daeke, Jr., presided. Mrs. W. L. Wood gave the devotional. Mrs. H. P. Endecott led the Pledge to the Flag and the Preamble. Mrs. Leonard Daniel led the singing. The names of ten Warren

County veterans now serving overseas have been given to the unit. Christmas remembrances will be sent to those servicemen. All hospitalized Harris.



Refreshments were served by candle-light in the dining room by the hostess and Mrs. Leonard Daniel and Mrs. W. L. Fuller.

Mariam Boyd Menus

Oct. 11 - 17

Monday-Baked ham, green beans with creamed onions, biscuits, butter, German spice cake, milk.

Tuesday - Italian spaghetti, green peas, rolls, butter, applesauce, milk.

Wednesday - Fried chicken, corn pudding, butterbeans, biscuits, butter, Jello, milk.

Thursday - Barbecue, parsleyed potato, cornbread, butter, apricot.

Friday - Weiners, cole slaw, navy beans, rolls, cherry cobbler.

Mr. and Mrs. John Hardy of Houston, Texas, were guests of Mr. and Mrs. Tim Thompson last week.

OXFORDS

Mr. and Mrs. Tim Thompson were weekend visitors in Durham and Chapel Hill.

Mrs. E. D. Coley and daughter of Lumberton are weekend guests of Mr. and Mrs. A. D.



