

Warren Leaders Are Cited For 452 Years Of Service

In an awards and recognition program held at the Lion's Den on Wednesday evening of last week, 98 4-H Leaders were recognized for 452 years of volunteer service to 4-H. Leader tenure as recognized ranged from one year to 32 years of individual service.

Leaders recognized and receiving certificates and specific service pins by clubs included:

Best Better—Mrs. Portia Barnes, Mr. and Mrs. James Jefferson, Mrs. C.N. Arrington, Mrs. Joyce Lewis and Mrs. Gracie Burton.

Busy Clover—Mrs. Julia B. Alston, Mrs. Edna A. Hunt, Mrs. Jennifer Nash.

Bute Street Neighborhood—Mrs. Eva G. Howell, Mrs. Jessie Kearney, Mrs. Mildred Simes, Mrs. Rebecca Solomon, Mrs. Edith Brown.

Clothing Project Club — Mrs. Lynne

Safety Reminder

Is Given Here

A reminder to keep the holiday season safe was issued this week by Mrs. Hy Diamond, chairman of the Public Affairs Department of the Warrenton Woman's Club.

"As you shop for — and put up — holiday decorations, keep safety in mind," Mrs. Diamond urged. "Much of the glitter and glamour is actually hazardous.

"For instance, many of the colorful, imported ornaments are coated with toxic paint. Though they're harmless for an adult to handle, small children tend to put some of the things they like the most into their mouths.

"And some of these ornaments are appealing to children — folk toys, jumping jacks and these sorts of novelties. So hang them high — far out of the reach of small hands — and pets, too.

"Then there are the woven rush mats — so often used as a candle base. Very few of these are treated for flame retardancy — so they're highly flammable.

"Other items often grouped around candle arrangements are highly flammable too — the pine boughs, straw figures or cornhusk dolls.

"So as you decorate — or buy decorations — think safety first," she said.

Pierce, Mrs. Becky Robinson.

Cool Spring—Mrs. Essie Bullock, Mrs. Stella Carroll, Mrs. Annie Mae Israel, Mrs. Cornelia Williams, Mrs. Elizabeth Davis, Mrs. Odie Perry, Mrs. Josephine Clifton.

Elams—Mrs. Grace Williams, Mrs. Velvet Williams.

Embro—Mrs. Nannie Spruill, Mrs. Ann Crawford, Mrs. Mary Jordan, Mrs. Elizabeth Hudgins.

Up and Coming—Mrs. Almarena Henderson, Mrs. Ethel Terry, Mr. and Mrs. Ervin Pettaway, Sr., Mrs. Annie B. Henderson.

Shining Star—Mrs. Rosamond West, Mrs. Virginia West.

Hecks Grove—Mrs. Sandra S. Alston, Mrs. Mary L. Davis, Mrs. Hilda Baskerville, Mrs. Shirley Foster.

Manson—Mrs. Lavert Henderson, Mrs. Cleo Perry, Mrs. Thelma Moss, Mrs. Catherine Kearney.

Youngsters in Progress—Mrs. Betty Allen, Mrs. Libbie Jordan, Mrs. Mary Ann Hicks, Mrs. Laura P. Bullock.

Northern Vaughan—Sam Powell, Mrs. Mable Richardson, John Powell.

Oine—Mrs. Sallie Patillo, Mrs. Roberta Scott, Mrs. Alice Harrison, Mrs. Anna Bullock, Mrs. Dillie Johnson, Mrs. Laura

Branch, Mrs. Juanita Branch.

Parktonian Youth In Action—Mrs. Carolyn Edwards, Mrs. Annie Cheek, Mrs. Ernestine Cheek, Mrs. Ella Andrews, Mrs. Mary Bullock, Mrs. Rosa Williams.

Shining Star—Mrs. Jeanetta West, Mrs. Mildred Kearney, Mrs. Carolyn Williams, Mrs. Mamie Williams, Miss Josephine West.

Soul City—Mrs. Johnnie Johnson, Mrs. Janice Crump.

Snowhill Pioneers—Mrs. Dorothy Pitchford, Mrs. Oleathia D. Hayes.

Youth Improvement of Norlina—Mrs. Louise Fields, S.M. Cheston, Mrs. Mamie Kersey, Mrs. Ruby Jones.

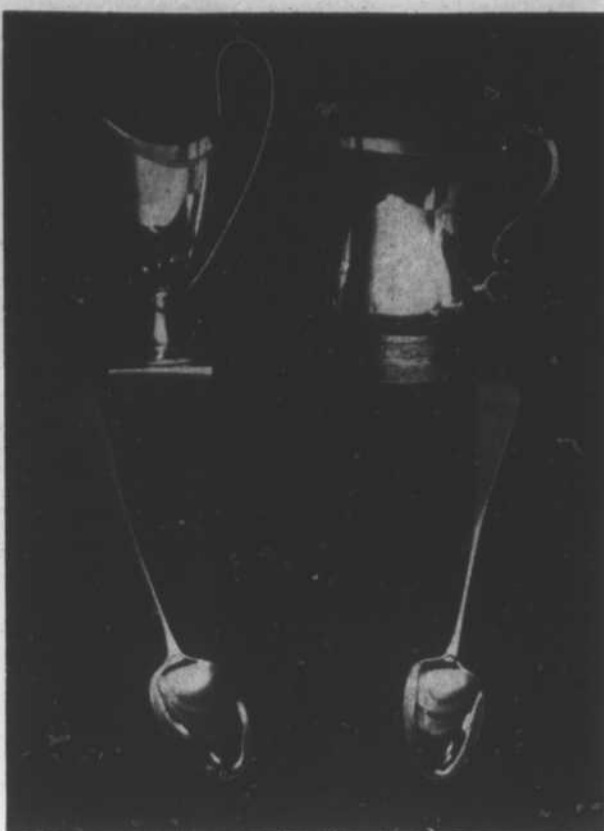
Club Service Leader — Mrs. Eva Holtzman.

Silver Star—Mrs. Mary Durham, Mrs. Virginia Boyd, Miss Lucetta Reid, Mr. and Mrs. Herman Boyd, Mr. and Mrs. John Jefferson, Sr.

Lake Gaston—Miss Gloria Harrison, Mrs. Thelma Byrd, Mrs. Joyce Carter, Mrs. Alice Clayton, Mrs. Odessa Hawkins.

Ridgeway Cavaliers—Mrs. Barbara Rowlette, Miss Delores Davis, Mrs. Lilliar Bullock, Mrs. Willie Williams, Mrs. Mary Justice, Mrs. Lucille Young.

Maconers—Mrs. Sallie Harrison, Mrs. Estelle Somerville.



N. C. Museum of History Associates has acquired antique North Carolina-made silver for the permanent Museum collection. Pictured above are two table spoons handcrafted by Thomas Machen in the early 1800's. To the left above is a cream pitcher by New Bern silversmith Freeman Woods; and at the right a tankard made by Bernard Dupuy of Raleigh.

Antique Silver Purchase Made

Four pieces of antique North Carolina-made silver have been purchased for the State Museum of History through funds provided by the Museum's 5,000-member statewide support group, the North Carolina Museum of History Associates.

The new acquisitions were announced by Jim and Diane Davis, Warren County chairmen for the Museum Associates. Others serving on the Warren County Committee are Lou Traylor, Nellie Gardner, Marie Martin, Richard Hunter, Ruth Bugg and Sallie White.

According to Mary Reynolds Peacock, editor, Cuten's Silversmiths of North Carolina, the silver purchases include two table spoons handcrafted by New Bern silversmith Thomas Machen in the early 1800's.

"With the exception of one piece in the collection of the Museum of Early Southern Decorative Arts in Winston-Salem, the spoons are the only known silver which carries the Machen mark," Mrs. Peacock said.

Two pieces of North Carolina holloware were other recent purchases, a cream pitcher made by New Bern silversmith Freeman Woods and a tankard made by Bernard Dupuy of Raleigh. Mrs. Peacock noted that less than 30 pieces of North Carolina-made holloware are known to exist, making these pieces even more rare and unique. The Museum did not own holloware made by either Woods or Dupuy. Woods was one of North Carolina's earliest silversmiths, advertising in New Bern in 1794, she said. Dupuy advertised in Raleigh newspapers from 1827 through 1843, one ad announcing a splendid new store at 10 Fayetteville Street.

Mrs. Peacock stated that in her opinion the Museum now owns the premier collection of antique North Carolina silver, based on number of pieces and silversmiths represented.

"This distinction has been achieved because the associates have made numerous silver purchases in recent years," she said. The silver collection is displayed

at the Museum in Raleigh and at Museum Days which are held in communities throughout the state.

According to the Davises, "The Associates are actively seeking silver to fill existing gaps in the Museum's North Carolina silver collection. The cost of these recent acquisitions alone is almost as much as the museum's annual \$4,500 acquisitions budget provided by the state." She added that without membership funds the Museum could not have acquired the silver. Memberships begin at \$15 and may be obtained by calling any member of the Warren County Committee.



MS. PERKINS-HUNTER

Warren Resident To Give Sermon

Ms. Voyette Perkins-Hunter, a resident of Warren county, will preach her trial sermon on Sunday, Dec. 12, at 3 p. m. at the Coley Springs Baptist Church in Afton.

A church spokesman said this event will mark a first in church history. He said the church is encouraging as many as will to attend and share the service.

Ms. Perkins-Hunter and her son, David, reside in Soul City. She is employed as a counselor with Migrant and Seasonal Farm Workers in Henderson.

Cast iron pots and pans should not be washed in a dishwasher as they will rust. The hot water and detergents remove the protective seasoning. To re-season the utensil, coat it with unsalted fat and heat in a slow oven for one to two hours.

Opportunities Available For Job Corps Hopefuls

Jimmie Modlin, Job Corps counselor with the N.C. Department of Human Resources, Division of Social Services, will be at the Neighborhood Community Center in Warrenton on December 16 at 10 a.m. to interview qualified persons for job training in the Kittrell Non-Residential Program.

The program is federally funded through the U. S. Department of Labor and offered to persons 16 to 21½ years old who meet financial requirements.

Any household receiving food stamps, Aid to Families with Dependent Children (AFDC) or food stamps automatically qualify for the program. A member of a family of three earning less than \$8,300.00 a year also qualifies. For each member more than a family of three, add \$2050.00 for each additional member to see if you meet the income guidelines to enroll in the program.

Besides age and income guidelines, one should be in reasonable health and have no cases pending in court. Persons on or off probation may apply for the program but are not guaranteed a center placement. If a person has been in Job Corps previously, they may be allowed to apply to the program six months after termination provided the previous center recommends the person may re-enter the program.

All of the above situations cannot be guaranteed admission into the program and are determined on a case-by-case basis.

The non-residential program is unique as qualified recipients participate during the day and return home in the evening. Transportation is provided by Job Corps. The bus meets students at predetermined points and takes them to the center and home.

Corpsmembers participate half the day in educational programs towards the goal of obtaining their General Education Diploma (GED). The other half of the day is utilized in hands-on job training.

Academic courses train students in English, mathematics, reading, world of work and how to get a job. Vocational offerings on campus include building maintenance, carpentry, brick masonry, painting and plastering, clerk-typist, bookkeeper, retail sales, cashier checker, nursing aide, and physical therapy aide.

An important component of the Kittrell Job Corps Center is the relationship with Vance-Granville Community College. Qualified Job Corps participants may take courses at VGCC. Recently, six Job Corps students took courses through VGCC and have been certified in welding. Other students will soon be completing cosmetology and Associate Arts programs.

Upon completion of training, the program tries to place the recipients in jobs in fields in which they trained. If they are not willing to relocate, the local employment

security commission may assist the recipient in his or her job hunt.

Finding employment for Job Corps graduates is a high priority of the Kittrell Job Corps staff. Center staff have assisted students in finding employment in Raleigh, Durham, the naval shipyard in Norfolk, Va., as well as some openings locally.

Day students receive the same educational, vocational and financial rewards as residential students. Students earn an allowance to purchase personal necessities and receive money every fourth month to buy clothes. Students also receive a readjustment allotment upon completion of the program which may be as much as \$2000.00 under certain conditions.

Students may stay in the program up to two years, however many normally stay 10 months.

The Job Corps counselor will interview persons interested in the

program and will accept applications beginning at 10 a. m. on a first come, first served basis. He is required to speak with the parents of those applying who are 16 and 17 years old.

If you need further information or would like to schedule an appointment, call Job Corps toll free at 1-800-662-7030. Please leave your name, address, age and telephone number with the receptionist and Modlin will contact you.



MODLIN

Opportunity Day Planned At WCHS

The North Carolina Division of (CACRAO) Carolina Association of Collegiate Registrars and Admission Officers and the Warren County Guidance Department will sponsor Post Secondary Opportunity Day at Warren County High School on Monday, Dec. 13, from 9:30-11:00 a. m.

Post Secondary Opportunity Day will give junior and senior students a chance to talk directly with representatives from colleges in the North Carolina,

South Carolina, and Virginia areas. Recruiters from the military services and business will participate also.

Juniors and seniors will be informed of college admission requirements, financial aid and other aspects of college life. Those students who are seeking employment after high school or military services will find the session especially informative. Parents are welcomed and encouraged to attend.

Applications Are Sought For Program At VGCC

The Human Resources Development (HRD) program at Vance-Granville Community College is now accepting applications for its next class.

HRD provides pre-

employment training designed to increase one's chances of getting a job. Essentially, the program focuses upon career identification and planning, proper completion of employment applications, preparing resumes, job interviewing, job hunting, basic education, basic typing, and cashier sales principles. The program is primarily intended for the chronically unemployed.

December 17 is the deadline for receiving applications for the class which begin January 3 and runs through February 24. Hours of instruction will be from 8:30 a. m. to 2:45 p. m. Mondays through Thursdays in room 1101 on campus.

Those accepted into the program will be charged a minimum registration fee of \$8.00. For students who qualify, financial assistance through CETA will be awarded.

For more information about the program, call 492-2061 or 693-4088, Ext. 218.

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1983 Desk Pad Calendars
Success Calendar Refills
Professional Appointment Books

COMMUNITY HYPERTENSION PROGRAM

Sponsored by Warren County Health Department

Being overweight is a personal problem, but one that is shared by at least 30 percent of adults in this country. Ours is a land of plenty, yet malnutrition due to overweight has become our number one problem and cause of most diseases. This problem of overweight is caused by a consumption of more food energy than we burn up — the remainder of this food energy is stored as fat.

Experience shows that weight loss is also directly related to the degree of interest and enthusiasm a person has about losing weight. Any successful loss of weight is a "do it yourself" thing and depends on how faithfully you cut back on calories and increase exercise. Anyone who sticks to these two principles will be able to lose excess weight and keep it off!

Mary M. Harris of Warrenton, our October-November contest winner, is one such person who has faithfully stood by these two principles. Ms. Harris lost 13½ pounds during the past eight-week Weigh-In Contest by cutting down her daily calorie intake and increasing her daily amount of exercise and physical activities. For one reason or another, Ms. Harris was motivated to lose that excess weight. But what reason could she or anyone have to maintain the enthusiasm needed for such a meaningful life change?

Mr. Leigh Traylor, owner and operator of LEIGH'S CLOTHING STORE in Norlina, stated that "there any number of reasons why an individual would be motivated to lose weight. One reason I see most often, being in the clothing business, is for someone to lose weight to improve his appearance. But as we all know, the most important reason is your health. Being overweight causes so many health problems in young and old alike. And these people need motivation to conquer their problem."

Fortunately there are people like Mr. Traylor in the county who see this need for motivation and are willing to help us, the Community Hypertension Staff, in providing such motivation in our Weigh-In Contests. We, the CHP staff, and LEIGH'S OF NORLINA congratulate Ms. Harris for her efforts toward improving her health, urge others in the county to join the contest, and wish everyone a healthy and happy holiday season.

CALENDAR

Monday, December 6 - January 31
Eight-Week Weigh-In Contest Sponsored by VILLIAGE FLORIST OF NORLINA
Location: Warren County Health Dept.
Time: 8:30 a. m. - 5:00 p. m. at your convenience

Tuesday of Each Week
Blood pressure screening and monitoring
Location: Warren County Health Dept.
Time: 8:45 a. m. - 2:30 p. m.

Tuesday of Each Week
Free Hypertension Film Hour
Location: Warren County Health Dept.
Time: 3:00-4:00 p. m. by Appointment Only