

Leaders, Officers Given Instruction

By MAMIE KERSEY
Warren County 4-H leaders and county council officers met April 30 at 7:30 p. m. in Mariam Boyd School. President Sharon Jefferson presided and led the group in the pledges followed by the Lord's Prayer.

Mrs. Eva Holtzman introduced Frank Madigan, director of student affairs at Vance Granville Community College. Madigan encouraged the youth to stay in school and graduate and to even further their education. He explained that 26 percent of most jobs will require a college degree and that Vance-Granville Community College had much to offer if students would

take advantage of it. Frank Clark, Vance-Granville's student placement counselor, spoke on learning to read and study math. He stressed that the community college was a great place for one to start his or her career in electronics and computer science. He noted that such a background is always beneficial even if a student plans to go on to a four-year college.

Mary Fuller, assistant financial aid officer at the college, explained how to get financial aid and who qualified. She said that the college's staff would be glad to talk with students about possibilities for financial assistance.

After a slide presentation, there was a question and answer session.

In a business session that followed, George Koonce, extension agent, reminded the leaders of the Partners in Learning workshop to be held in May for the younger 4-H members. He gave highlights of the Washington Focus at the National 4-H Center to be held in October.

Mrs. Portia Barnes gave highlights of the trip to Atlanta, Ga. planned for July.

After discussing business, the group adjourned.

Steaks and chops don't brown well when pan-fried if they are damp when they go into the pan.



An educational program was presented by Vance-Granville Community College representatives at a joint meeting of the Warren County 4-H County Council and Leaders Association Monday night at Mariam Boyd Elementary. On front row, left to right, are Mrs. Mary Fuller, assistant financial aid officer at VGCC; Sharon Jefferson, Council president; and Mrs. Eva Holtzman, program chairman. On back row, left to right, are Frank Clark, VGCC student placement counselor; Mrs. Jeanetta West, Leaders Association president; and Frank Madigan, director of student affairs at the college. The program was presented by the three VGCC representatives. (Staff Photo)

Local Work Is In Competition

Warren Plains artist Dianne Rodwell's painting, "Evening Aura," has been accepted into the Montana Miniature Society's Sixth Annual International Miniature Competition in Billings, Mon. May 4-June 1.

The painting, which depicts a scene on the Rodwell farm in Warren Plains, has also been accepted in the society's third annual "Migration '84" traveling exhibit. It was one of 60 paintings selected from a field of several hundred for inclusion in the exhibit.

Warren School Menus

May 7-11
Subject to change without notice.

MONDAY — Pork barbecue on bun, creamy cole slaw, buttered potatoes, chilled pears.

TUESDAY — Pizza, tossed salad w/dressing, corn cobbette, Snickerdoodle cookie.

WEDNESDAY — Turkey salad on lettuce, tiny English peas, potato triangles, crackers, peach cobbler.

THURSDAY — Cheeseburger, lettuce &

tomato, French fries w/catsup, fruit cocktail.
FRIDAY — Fried chicken, creamed potatoes w/gravy, butter beans, hot roll w/honey butter.

All schools will be served the same lunch menu, with Norlina Middle School, John Graham Middle School and Warren County High School having a second choice.

Breakfast
Breakfast will be served grades K-6.

MONDAY — Blueberry muffin, juice, milk.

TUESDAY — Glazed donut, orange juice, milk.

WEDNESDAY — Cheese toast, sliced peaches, milk.

THURSDAY — Sausage Biscuit, apple juice, milk.

FRIDAY — Cereal, fruit, milk.

The Public Record

Deed Transfers

David Earl Munn and wife to Forrest Richard Knisely and wife, 15,996 square feet, Warrenton Township.

Estella W. Williams to Agnes Williams, 16 1/2 acres, Fishing Creek Township.

Randolph Morris and wife to V. Taylor Mustian and wife, certain lot, Warrenton Township.

Donald S. Wimbrow, II and wife to Costel Evans and wife, 3.57 acres, Smith Creek Township.

Warrenton Insurance Agency, Inc. to George Levi Perkinson and wife, certain lot, Warrenton Township.

Ross A. Vierra and wife to Donald L. Fitzgerald and wife, certain lot, Roanoke Township.

Robert C. Clary and wife to Butler and Butler, certain lot, Roanoke Township.

Almeta D. Plummer to Robert E. Durham and wife, 1 acre, Nut-bush Township.

Preston A. Grammer and wife to James G. Marable and wife, certain lot, Sixpound Township.

Marriage License

William Kenneth Mingis, Jr. of Raleigh to Edith Anne Clark of Raleigh.

Small Peas

Petits pois are simply small peas. The term is French.

THE GAS PUMP



Valve Lifters

Lifter noise is a common complaint that mechanics often hear about. This problem can lead to expensive repair bills if not taken care of. Good maintenance usually keeps lifter problems from developing. Most lifter problems are caused by dirt and varnish that accumulate when the oil is not changed often enough.

Two Associates Are Named Here

Drs. J. P. Green and James Kenney of the Warren Medical Clinic have announced the association of Dr. Cynthia Krishna in the practice of general medicine.

William "Bill" Davis, a physician assistant, will also be working part-time in the Warrenton Clinic.

Hours for the clinic will be 9 a. m. to noon and 2 to 4 p. m. daily. Dr. Kenney and Dr. Green will continue to be in the office on Wednesday and Thursday afternoons, respectively.

Dr. Krishna will supervise the diabetic, arthritic and hypertension clinics in the Henderson (Beckford Ave.) Clinic on Wednesday and Thursday afternoons.

Dr. Krishna was born in Clinton and reared in Greensboro. She completed her undergraduate training in biology with a chemistry minor at Winston-Salem State University. She graduated from Temple University Medical School in Philadelphia, Pa. and trained in general surgery at Episcopal Hospital in Philadelphia.

Dr. Krishna has



BILL DAVIS

served as Medical Officer Lt., grade three, with the Commissioned Corps of the United States, Public Health Services, at HealthCo, Inc. in Soul City.

Davis attended Claflin College in Orangeburg, S. C. He served as a medical technician with the U. S. Air Force and after discharge attended Audobien College in Columbus, Ohio. He graduated from Duke University Medical Center in 1977 after which he joined the staff of Dr. Green and later Dr. Kenney at Beckford Medical Center.



FROM WOODY KING

HIGH BLOOD PRESSURE (Part 1)

About 8 million of the 23 million Americans who have high blood pressure (hypertension) are not aware of it. Unless treated early and continuously, hypertension usually results in heart disease or stroke, which may leave one permanently bed-ridden and the family bankrupt. If you know that you have high blood pressure, never stop taking the necessary medication. Patients who may feel "well" and then give up treatment are usually the ones who drop dead or suddenly find themselves paralyzed.

May is National High Blood Pressure Month

BOYCE DRUG

Warrenton, N. C.



Phone: 257-3449 - Day
456-2657 - Night

★ Re-elect **John T. Church** ★
★ NORTH CAROLINA HOUSE of REPRESENTATIVES 22nd HOUSE DISTRICT ★
★ Paid Political Advertisement - Alton W. Aurborn, Treasurer ★

★ Betty Ann **Knudsen** for Secretary of State
★ A Change for the Future ★
★ Paid for by Knudsen for Secretary of State Committee, Nancy H. Parr, Treasurer

WHAT'S NEW



Fire Fighter

The Flam-X is a hand held fire extinguisher that measures only 3x6 in. It is charged with halon, a liquefied, non-toxic gas that leaves no residue and is effective against the major causes of fires. Available at hardware stores or from Flam-X USA, 1734 W. Pembroke St., Hampton, Va. 23361.

Re-Elect Tim Valentine to Congress

Democratic Primary
May 8



Keep a Strong Voice in Congress
YOUR VOTE Could Make the Difference

Paid for by the Tim Valentine For Congress Committee. C. T. Lane, Treasurer.

(PAID POLITICAL ADVERTISEMENT)

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VOTE FOR
CARL STEWART
For Lt. Governor May 8, 1984