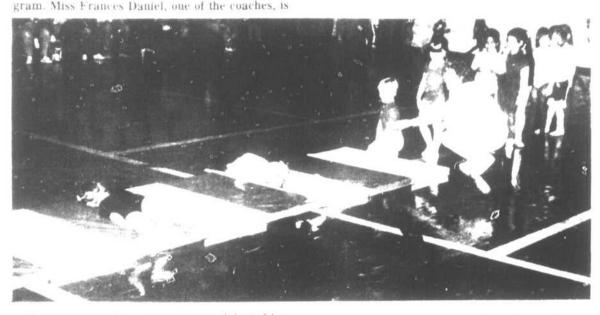


An enthusiastic group of Warren County youngsters participated Monday night in a Gymnastics Show sponsored by the Community Schools Proshown above (facingnt) with some of the 54 students who participated in the show held at Hawkins Gym-(Staff Photo)



Young Warren County gymnists participated in a variety of exercises Monday, including vaulting and tumbling, and gymnastic feats employing the parallel bars and balance team at a show at Hawkins School. Head coach for the group is

Rebecca Dillard who is assisted by Coaches Frances Daniel, Sandra Norwood, and Joanne Evans. Children are shown above preparing for their individual performances on the mat. (Staff Photo)

## Early Discipline Can Be Bad

child to obey his parents, but forget about reprimanding an infant.

'He doesn't understand, and even if he did, he couldn't control his action enough to do what you tell him Discipline at too early an age will only hold back a child's development," says Dr. Frances Wagner, extension human development specialist, North Caro-

lina State University Being kind and gentle with the baby works better than anything else You know that your own work isn't up to par when you are upset. It's

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It is important for a the same with babies," Dr Wagner says.

> In order for learning and development to progress as it should. the baby's environment should be calm. "Discipline should mean training which guides the child and strengthens good behavior. It should not mean punishment," the extension specialist says.

Punishment, such as slapping the child's hands when he touches something he shouldn t, will eventually make him want to stop touchwould be better to sim-

\*\*\*\*\*\*\*\*\*\*\*\*\*

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ply move things that you don't want the baby to touch. When he is older. you can talk to him and he will understand why he shouldn't do certain things," Dr. Wagner

Try positive discipline. Take the child's attention away from what he shouldn't be doing, and give him a better activity. Good discipline calls for advance planning. It is a lot harder to discipline than to punish, but the extra effort will pay off by helping the child to ing things at all. "It develop self-discipline, Dr. Wagner says.

#### In Memoriam

In loving memory of Georgia Plummer Brady who departed this life Nov. 17, 1964. Twenty years ago today God came and took you

away We love and miss you mother dear. Because your voice we

no longer hear Sadly missed by YOUR CHILDREN PHILIP, ELAINE,

During our hour of

MILDRED JESSIE B.

bereavement. Perhaps you sang a lovely song.

Or sat quietly in a chair; Perhaps you sent beautiful flowers,

If so, we saw them there.

Perhaps you sat or spoke kind words As good friends may say;

Perhaps you were not there at all,

But thought of us that

Perhaps you prepared some tasty food.

Or furnished a car. Perhaps you rendered a service unseen.

Near at hand or from afar. Whatever you did to

console our hearts We thank you so much-Whatever the part!

THE FAMILY OF PRESTON WILLIAMS, SR.

#### Card Of Thanks

We would like to thank Dr. Trivedi, the Warren Nursing Center and Warren General Hospital for the dedicated services rendered for our mother these past few months. The concern and kindness shown by all during her illness was recognized and greatly appreciated. We would also like to sincerely thank the people of the community for all the flowers, cards, prayers, visits, phone calls and food we received after her death.

You will always be re-

membered. THE FAMILY OF LORRAINE P. BOLTON

## Local Garden Club Meets In Ward Home

Garden Club held its monthly meeting in the home of Mrs. Elizabeth Ward with Mrs Sallye Brown president, presiding The meeting opened with the saying of the State Motto, after

Given Award

Marine Set Joseph L. on of Hilda K has been

Meritorious er serving at Curps. Air tal. a Cherry Point

A Meritorious Mast is an strend recognition trom a Marine's commanding officer for superior individual perthe form of a bulletin publish i throughout the summand, and a opy is entered in the Marine's permanent service records.

A 1978 graduate of John Graham High School, Warrenton, and a 1980 graduate of Durham Technical Institute, Durham, with an Associate of Arts degree, Sgt. Terry joined the Marine Corps in June 1978.

The Lown N Country which discussions were held and plans were made for future prowits

Items on the agenda included contributing to cards for hospital the hostess the beauty of a group home by the purchase of a plant, setting dates on which each member will

bling materials The president appointed a committee for the purpose of drawing up policies needed in extending courtesies to members in various situations. It was reported that Mrs. Suste Williams will demonstrate the making of Christmas ornaments with various types of fabric at the December meeting

serve as hostess, and

scheduling a future

meeting of the yearbook committee for assem-

Mrs Geneva Fitts gave an interesting demonstration concerning dried flower arrangements. She presented, step by step. the procedure to follow in producing an attractive product. After drying four lovely blue flowers, complete with Fitts framed them, thus producing a beautiful rations picture for a wall

Members then participate pated in preparing place

stems and leaves, Mrs. patients, using cardboard and colorful deco-

During the social hour delicious refreshments were served by



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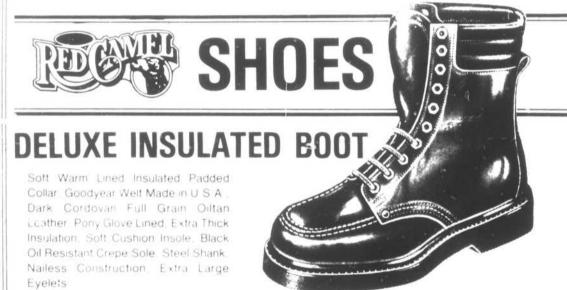
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