

THE ZEBULON RECORD

Volume XXVI. Number 79.

Zebulon, N. C., Tuesday, June 19, 1951

Theo. Davis Sons, Publishers

MOTHER NATURE'S HOME REMEDIES

By Mrs. Theo. B. Davis

The following article by Mrs. Theo. B. Davis of Zebulon, which appeared in a recent issue of the *Carolina Journal of Pharmacy*, is reprinted for *Record* readers. Suggested by Heywood Jones, local pharmacist, it was published first in February of this year.

Childhood Remedies

In my childhood I never saw a drugstore. Indeed, I did not often hear the word. My father called them apothecaries' shops, just as he said an ordinary instead of an inn or boarding house. We lived in the country and medicine was bought from the general store or, in more serious cases, from the doctor's saddlebags. No one was given a prescription to have filled. Most of what we used was prepared at home and compounded with faith as much as skill.

Homemade medication began at birth when newborn babies wore navel dressings of old linen cloths, scorched, and liberally greased with lamb's tallow, a cake of this having been hardened in a teacup and put away carefully with the layette. Sometimes, in cases of neglect through carelessness or in emergency, hog lard was substituted for tallow; but this was a matter of embarrassment to all concerned, except the baby.

Powder Unknown

Talcum powder was unknown, its place being taken by corn starch or wheat flour that had been kept in a slow oven until browned. Even then it was a bit sticky but helped relieve the pain of chafing.

Various teas were poured down the throat of a new baby in an effort to get it well started on the road to health. Soot, catnip, or calamus root made infusions that were sweetened and spooned into the infant for their digestive value. Watermelon seed made a tea that was supposed to be a specific for kidneys that needed stimulation.

Chicken Gizzards

For colitis the lining of chicken gizzards was saved. We scrubbed them well, strung them with a darning needs and coarse thread, hung them to dry thoroughly, then put them away for use as needed by the family or by those neighbors who killed fewer chickens than we. (And after years of being laughed at whenever speaking of this remedy, I heard a doctor prescribe for a small nephew a medicine which, he explained, was made from gizzard linings.)

If afflicted by measles, we were not allowed to drink cold water, but were forced to swallow hot drinks — pine tea being a favorite with nurses. We had advanced beyond the prescribing of a tea made from sheep droppings, though I have known those who had taken it.

Summer Complaint

For diarrhea, commonly called "summer complaint," we drank water that had been poured over the bark of peachtree roots and allowed to stand till pinkish in color. It was bitter, but efficacious.

To cure boils it was necessary only to fill a quart jar with berries from red sumac and pour cold water in, letting it stand till a pink tinge was acquired. This liquid was drunk whenever the sufferer was thirsty, more water being poured in as needed; or more

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R. I. P.

By V. I. P.



YOU * REST IN
PIECES IF YOU
OVERLOAD YOUR CAR



Meantime, last week Thurmond Chatham and Governor Scott were guests at a tour of Buggs Island and a barbecue at Oxford, both promoted by the Wildlife Club there.

Thurmond heaped praise on Governor Scott. He termed him the best agriculture commissioner in the history of the State and predicted Scott would go down in history as a great governor who always was "for something."

Chatham in Race

All of this brought the comment that Chatham sounded "like a man running for something."

The Elkin manufacturer told one reporter he was interested only in "being the best representative this state has." Other folks thought Chatham either had his eye on the governor's chair or the Senate seat now occupied by Clyde Hoey.

Other Gleanings

Gleanings from the Buggs Island trip included reports from

COTTON QUIZ

HOW MUCH COTTON IS USED IN THE CONSTRUCTION OF A SINGLE AUTOMOBILE?

ANS - APPROXIMATELY 65 POUNDS OF COTTON ARE USED IN THE VARIOUS PARTS OF A CAR!

some tobacco farmers that activities of the warehouse associations are slowly but surely sounding the deathknell of the auction system of selling tobacco. . . Consolidation of schools is a major problem. One politician said it was a necessity, "but I don't know whether to come out and fight for it — killing myself politically — or to just sit back and see what happens. . . Farmers also were talking about the increasingly high cost of getting started as a farmer — due to high labor and machinery costs.

Some Car

The new \$4,000 Cadillac for the governor has arrived and been put into service. It's mighty fancy, with all kinds of push-buttons, which most folks agree is as it should be for the State's chief executive — even if he is a farmer.

But even more interesting to this reporter was the stuff that the Governor carries along. There's a copy of a farm magazine, a Raleigh telephone book, a first aid kit, a box of cleansing tissue, memorandum pads, a road map, one of those thin raincoats that you can fold up and put in your pocket, and — on the day I peeped — a withered rosebud that the Governor had discarded from his lapel.

Not So Petty

The misuse of State-owned cars once more is hitting the headlines. It doesn't sound like much when one man drives a car home at night, then mebbe takes the missus back downtown to a movie. But when you add it up it comes to a not-so-petty sum of state cash gone down the drain.

Attorney General

In the latest drive to stop this, the Governor called on Attorney General Harry McMullan to find out what could be done to stop the goings on.

So don't be surprised if several state employees either get fined or fired in a drive to stamp out this "not-so-petty" graft.

Hailstorm Last Thursday Afternoon Does Thousands of Dollars Damage To Tobacco, Other Crops in Field

A single hailstorm which swept from Daniel's Store east of Wake Forest past Rolesville and Zebulon as far east as Murraytown did damage to local crops last Thursday afternoon which may reach the million dollar mark. The storm, accompanied by torrential rainfall and high winds, did its greatest damage along the Bunn Road east of Wakefield and along highway 39 northwest to Rosenberg, including hundreds of acres of the same area devastated by hail only a year ago.

Six Softball Contests Scheduled for Wakelon Diamond During Week

Six softball games are scheduled for men on the Wakelon diamond on three nights of this week, according to Jim Fish, recreation director. Games will be played on Tuesday, Thursday, and Friday nights.

Tonight the Lions meet Pearce and Pilot plays Wakefield. On Thursday night the American Legion meets Pearce and the National Guard plays Wakefield.

Games Friday night include the Lions versus the National Guard and the American Legion against Pilot.

This schedule will be incorporated with the games which will be scheduled for the girls and the teenagers.

The first game each night will begin at 7:30, Director Fish stated, and no inning of the first game may begin after 9 o'clock.

Methodist Field Served By Rev. Keith Glover

Rev. Keith Glover, a recent graduate of Duke University and ministerial student, is assisting Rev. S. E. Mercer at Zebulon and Wendell Methodist Churches for a five week period under the sponsorship of the Duke Endowment.

Mr. Glover is helping in Vacation Church Schools, youth work, general pastoral assistance and is preaching at the Sunday evening services. He will conduct Youth Week in both churches soon.

Mr. Glover will enter the Duke Divinity School for further training in the fall. He is a native of the Mount Pleasant community in the adjoining county of Nash.

Crop damage was estimated at from 50 to 100 percent on tobacco, corn and cotton, and insurance adjusters were swamped as farmers made reports of the heavy damage.

The hail, which ranged up to the size of golf balls, fell with such force that large heads of cabbage were split open, stalks of corn riddled, and tobacco and cotton stalks cut completely in two.

Heavy Fog

Following the hail, a heavy fog rose from the ground, making it necessary for automobiles to drive with lights in many areas.

Many cars, caught in the open during the storm, had paint peppered by the stones.

By late Friday farmers were replanting tobacco in sections in an effort to regain some of the lost acreage. Others hoped to cultivate suckers rather than work with a late crop.

Weekend Rains

The rains which fell over the weekend proved a great aid to those who were replanting their fields of tobacco.

A complete estimate of the damage will not be possible until all reports are in, according to D. D. Chamblee, local insurance man.

Aleigh Perry Represents Town in Beauty Contest

Aleigh Perry, lovely daughter of Mr. and Mrs. Sean Perry of Zebulon, has been selected as the Zebulon representative in the beauty contest to select "Miss Raleigh Capital" for the Raleigh baseball team.

Entrants in the contest must be from Wake County, and between 17 and 25 years of age. The winning contestant in the Raleigh contests will be entered with other winners to determine "Miss Carolina League."

COMPLETE "OVEN MEALS" SAVE TIME



A good way to save time now that the busiest season of the farm year is approaching in central North Carolina is to make full use of your electric range in preparing "oven meals." Here a farm housewife takes a completely prepared meal of pork chops, string bean casserole, and baked apples from her oven, after making it earlier and storing in her refrigerator until almost meal time. Such time conserving steps will be explained to you by Mrs. Maude McInnes, home demonstration agent, or the home agent of your power firm.