

Dr. Frank Crane Says

A Word About Play

The difference between work and play is that work is activity for future reward and play is activity for its own sake.

We lay bricks for the money we obtain; we play tennis for the fun we get out of it.

Professionalism is decried in the realm of athletics, not because individuals capitalize their skill, but because as soon as money is paid for playing games the money becomes the reward instead of the joy of playing.

Playing is no longer play; it has become work.

An interesting book on "Games and Recreational Methods for Clubs, Camps and Scouts," by Charles F. Smith, is a valuable contribution to the subject of play because it shows how to organize inherent desire for play in children and gives practical information.

The best education and development has always come from play. When we are at work at what interests us our faculties grow best.

Food eaten with relish nourishes more than the same food taken under compulsion. The same principle holds true for tasks and responsibilities. If taken with distaste they never benefit as they do when taken with joy.

A game entered into with delight always is better for the health than a "daily dozen" if approached with distaste. Physical culture is most

effective when taken as play.

The best education and development also comes as play.

A game of authors or a crossword puzzle contributes more lasting information than a history of literature read under compulsion or a certain number of prescribed hours of reading the dictionary.

Education in the past has largely ignored the play element.

Children have been made to study history and geography with the promise of rewards in grades when they have finished, not by the inducement of the fun of learning them. If they know how to play at history and geography there would be no need for rewards.

In childhood organized play does three very important things. It teaches leadership, co-operation, and the need of obeying rules.

If you don't keep up the rules you are out. You can't "make up the rules as you go." There are certain regulations that have to be obeyed or there is no game.

In life there are always rules that can't be ignored. If a person fails to get an appreciation of the importance of rules in youth the way of life will be hard for him.

All in all, play holds an important place in life.

As in all, play is fun.

As well as "Let us play, let us pray," there is need for the supplication, "Lord, teach us to play."

not want to go back the same way. I came so I got off the trail and got lost."

Mr. Mennel, who is about thirty years old, was almost a complete wreck when the dogs came upon him. He had not taken a bite of food since leaving camp and had been drinking water from the streams. His clothes were cut to ribbons. He was found and brought back by J. Carter Roberts, deputy constable, who owns the dogs, Nick Wright and Mr. Cook.

Little Girl Has Neck Broken Near Clayton

Stepped Into Highway in Path of Big Bus

Clayton, Aug. 20—Her neck broken by the impact of the bumper of the wheels of a motor bus which struck her as she was running across the road, Beatrice Adams, three year old daughter of Mr. and Mrs. Jesse Adams of near here, was instantly killed today about 6:30 o'clock.

The little girl was hit by a bus on the Raleigh Wilmington line, driven by H. H. Upchurch. The accident occurred on the state highway about three miles south of here.

Witnesses declared that the driver of the bus was not at fault, as the child stepped into the highway directly into the path of the heavy vehicle.

Big Company Helps Local Merchants Keep Business At Home

How one of the largest manufacturing concerns in the country cooperates with their dealers to keep local business in the hands of local concerns, was interestingly brought out in a talk with one of our leading tire merchants last week.

Norfolk & Western

Schedule Effective August 30, 1926
a. m. p. m. p. m. p. m.
9:00 5:10 lv. Durham ar. 1:00 8:25
a. m. p. m. a. m. p. m.
10:07 6:20 lv. Roxboro ar. 11:47 7:14
10:34 6:50 lv. Denniston ar. 11:18 6:45
10:55 7:13 lv. S. Boston ar. 10:55 6:25
11:07 7:27 lv. Halifax ar. 10:44 6:12
p. m. p. m. a. m. p. m.
1:15 9:45 ar. Lynchg. lv. 8:35 4:00
*Above trains daily.
Connections at Lynchburg for Washington, Baltimore, Philadelphia and New York.
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JNO. L. BLANDON,
General Pass. Agent
Roanoke, Va.

Muscadine Grapes Can Be Used For Many Excellent Products

Each year a large surplus of muscadine grapes which might be utilized at home, in the South, in culinary ways is allowed to go to waste. The best table varieties do not ship well, but if preserved in various ways they could add to the home food supply the year around and in many cases might be profitably marketed.

Muscadine grape sirup, for example, is made without the addition of sugar. It is not only a good sirup to use like maple sirup or honey, on cakes or waffles, but is useful as a sugar substitute in other dishes.

Muscadine grape juice is an inexpensive product, easily made. The Thomas is the best variety of muscadine grapes for making grape juice, while the Scuppernon ranks second. In addition to these two used for the grapes, canned grapes, jellies, jams, conserves, marmalades, spiced grapes, paste, and catsup are among the many desirable products that can be made from them.

The preparation of each is discussed in Farmers' Bulletin 1454-F, Home Utilization of Muscadine Grapes, by Charles Dearing. This bulletin, which has recently been revised by the United States Department of Agriculture, and is free while the supply lasts, combines and supercedes three earlier publications dealing with muscadine grape products.

ADVERTISE IN THE COURIER

Missing Man Back To Tell Wild Tale

Asheville, Aug. 17.—Alfred Edwin Mennel, student at the University of the South, came to Asheville today and related his version of the wild tramp through the mountains after he came lost while laying a "treasurer hunt" trail for a group of boys at Camp Sequoyah, near Waynesville.

For 38 hours, according to Mr. Mennel, he stumbled in the mountain wilds attempting to make his way back to camp but in reality getting farther and farther away all the time.

Bloodhounds were finally pressed into service and the missing man was located about 15 miles from the point where he started near the camp.

"I had not gone far when I saw a rattlesnake in the trail. I did

Indigestion

bad spells relieved

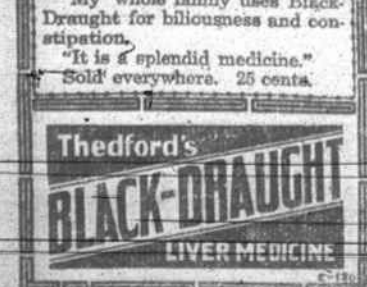
"NOTHING can take the place of Thedford's Black-Draught with us because we have never found anything at once so mild and so effective," says Mrs. Hugh Nichols, R. F. D. 4, Princeton, Ky.

"When the children have spells of indigestion and upset stomachs, I always straighten them out with a dose or two of Black-Draught."

"Several times I have suffered with bad spells of indigestion myself and found I would soon get relief if I took a course of Black-Draught. I was troubled with a bad accumulation of gas and severe pains across my stomach and lower bowels. Now when I feel a spell of this kind coming on, I head it off by taking Black-Draught—a dose every night for a few nights will prevent the trouble and save me much pain and suffering."

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-Living necessities cost enough without paying extras. Our prices are almost invariably lower, which saves you hunting for savings. Just become a regular customer and avail yourself of our regular low prices and specials. Over a period of time the saving will be considerable. Try us on your next order.

- QUALITY FOR LESS -

J. Y. BLANKS

Phone 25 Roxboro, N. C.

The company to which he pointed particularly for its work in this direction is The United States Rubber Co., which has perhaps gone further along these lines than any other tire concern.

There are several reasons, aside from the very good point of keeping home money at home, who our own local tire stores are the logical place to buy tires rather than the mail order houses.

Tires need fitting after by an experienced tire man. He must have a well equipped and well stocked shop and be able to tell whether a tire is doing its work properly, and if not, who not.

For instance, an expert tire man can tell whether tires are wearing unduly because of the wheels being out of alignment and can correct the trouble in time.

If improperly equalized brakes are causing tire wear, the tire man can tell that and warn the owner.

This sort of service you cannot expect when you buy tires from mail order houses.

The United States Tire Company started eleven years ago to educate people to their interest in supporting the legitimate home town tire dealer.

In addition to running its own ed-

ucational campaign in local papers without interruption for eleven consecutive years, the Company encourages the dealer to supplement it with advertising of his own and helps him do it. Under certain conditions it even shares the expense of the dealer's own advertising.

Recent improvements in production methods now enable the United States Rubber Company to market through the local dealers, tires of known quality, bearing the Company's trade mark and full warranty, for as little money or even less than the cost of mail order tires or off-brand tires of uncertain value.

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So Smooth—so Powerful

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Four Door Sedan \$735
Landau \$765
1/2 Ton Truck Chassis Only \$375
1 Ton Truck Chassis \$495
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