

THE COURIER

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Wednesday, January 11, 1933.



THE LEGISLATURE

The Legislature got off to a good start last Wednesday morning. The House honored itself, and Person county, by electing Hon. R. L. Harris as Speaker. Contrary to the usual custom at the very first session the House adopted a resolution reducing the salaries of all State officers who were elected on November eighth fifteen per cent. This resolution reached the Senate on Thursday morning and it was promptly passed. From every appearance it looks as if both Houses are determined to reduce expenses, and many who are now on the pay roll of the State will be looking for new jobs, and those who will be retained will be considerably cut. Another thing, it is generally believed the session will not last over the allotted sixty days.

It looks as if the platform of Senator Noell will be adopted completely, namely: The removal of the 15c ad valorem tax; the revaluation of land, and a general reduction in State expenses. While they have not all been passed on, it is generally conceded they will be adopted. Altogether, we think a good start has been made, and it is our opinion the voters are not going to be disappointed with the present Legislature.

The senator from Person, representing Granville and Person counties, fared exceedingly well in the way of committee appointments, having been made chairman of two committees, Institutions for the Deaf, and Committee on Printing, and member of the following committees: Finance, Water Commerce, Federal Relations, Election Laws, Caswell Training School, Commercial Fisheries, Constitutional Amendments, and Education.

GOVERNOR'S MESSAGE

Governor J. C. B. Ehringhaus was inaugurated as Governor last Thursday at high noon. Immediately after taking the oath of office he delivered his inaugural address, and it was decidedly to the point. He stressed economy and, if possible, no new taxes. Undoubtedly the legislature is with him and will do everything possible in the way of reductions in salaries, abolishing of unnecessary offices and consolidating where it is not possible to eliminate entirely. Of course, the message was lengthy and we are not able to publish it in full, but below we are giving the high spots of it. There are twenty-four items and all worth while, as follows:

- 1.—A balanced budget immediately.
2.—Levy of no new taxes.
3.—Immediate revaluation of property.
4.—Relief from the 15-cent state-wide levy for support of schools.
5.—Drastic curtailment in spending.
6.—Economy in general government set-up.
7.—Abolition of entertainment fund for Chief Executive.
8.—Abolition of position of executive counsel and granting to Governor of power to appoint pardon commissioner.
9.—Transfer of Local Government

Commission to Treasury Department.

- 10.—Consolidation of highway and prison departments. Consolidation of all motor vehicle collections.
11.—Elimination of duplications in governmental functions.
12.—No new commitments involving additional State money.
13.—No diversion of highway funds.
14.—No new construction of highways for next biennium.
15.—Broader supervision of local governments.
16.—Consolidation of counties or of counties and towns.
17.—Elimination or consolidation of local government statutory offices.
18.—Interpretation of local salary limitations to allow reductions.
19.—Supervision of local expenditures and tax levies.
20.—Extension of local debt maturity dates.
21.—Reduction in cost of tax foreclosures.
22.—Foreclosure postponement of back taxes.
23.—Discontinuance of unrestrained fee expenditures.
24.—Stimulation of livestock, dairying and poultry industries.

DO THE BEST MINDS KNOW?

Could our dear old gold dollar be a little too dear? London says British finances are now the best and strongest in the world, and greets the new year full of optimism with a balanced budget. Stocks on the London exchange are going up, as they have not done since 1928. The cheaper pound sterling is held responsible.

We have a beautiful gold dollar, combining the gold basis with a deep depression. Our money is so good, so dear, that other nations can't afford to buy from us, using such expensive money.

Do you suppose it distantly possible that our best minds know less about money than they think they know?—Arthur Brisbane.

This community extends sincere congratulations to the citizens of Durham and Durham County on the successful opening of their new bank yesterday. The new institution, beginning business with a thoroughly sound foundation, is in excellent position to, and no doubt will, render an important service to its clientele, and Durham, individually and commercially, will give it a warm welcome.

Balancing the budget is an immediate economic necessity, says Governor Ehringhaus, in order to retain the State's credit integrity. But not, we trust, for the sole purpose of enabling the State to float more bonds. Of them, there is already a sufficiency.

While the town of Sparta was vulnerable, a disastrous fire Saturday made a little slam by wiping out almost the entire business district. But, if there is anything whatever in a name, we look for the Spartans to arise, shake off the ashes and raise the bid again.

Like the poor, the lobbyists are always with the legislators. There are many ladies to be seen in the lobbies of Raleigh hotels; whether they are lobbying or seeking jobs we do not know, but we do know this, many of them are darn good lookers and high steppers.

"Politics Buzz In Raleigh" says a newspaper headline. Well, sawing expenses off with a buzz-saw suits us just as well as lopping them off with the well-known knife.

A BUSINESS MAN'S PHILOSOPHY

By WILLIAM FEATHER
The greatest thing in the world might be said to be a proper attitude of mind.
And what is that? may be asked. We can suggest only a few characteristics. Perhaps the most important thing is tolerance of other people. Without this there is little hope that one can be either comfortable or happy. We must live with others, and to succeed we must get along with others.
Another aspect is this conviction

Turns Now To National Problems



Believed of his duties as governor of the state of New York at the beginning of the new year, President-elect Roosevelt is now giving his full time to national problems, to the selection of men for his cabinet and in conference with Democratic leaders mapping out a definite program to be put into effect when he takes office, March 4. According to plans, Mr. Roosevelt will go again to Warm Springs, Ga., for a short vacation during February.

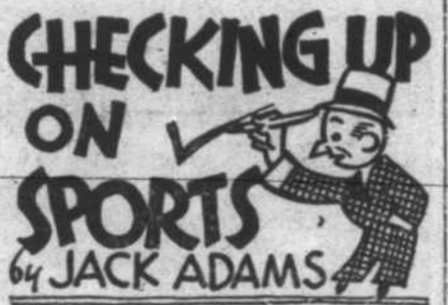
that honesty, temperance, industry and thrift are essential for individual and national progress.

The boy who acquires the notion that wealth and position can be achieved by shoving old-fashioned virtues is moving toward failure and disgrace.

The right attitude of mind compels a man to live within his income, to pay his bills promptly, to save money, to treat others politely, to tame his appetite, to sympathize with those less favored than himself, to improve his skill and mind, to be humble and to give generously of his intelligence and money to affairs that promise to promote the public good.

All such desirable activities flow from a proper attitude of mind.

Probably no man ever had a friend he did not hate a little; we are all so constituted by nature no one can possibly entirely approve of us.



Heige (Bulge) Bostrum, 38-year-old ice hockey defense man of the Chicago Blackhawks, carries 243 surgeon's stitches about his anatomy.

Miami plans a tournament of oranges football game to compete with California's tournament of roses. It will be an annual affair.

"An open tennis tournament, with

professionals and amateurs meeting on the same basis, is a certainty by 1934." So declares Big Bill Tilden, professional tennis star.

Ralph Greenleaf, the pocket billiard champion, won his ninth straight match in concluding the world's title tournament the other night in New York.

Army will play ten football games next fall. A newcomer to the schedule is the University of Illinois which will be played October 1 in Cleveland.

Mildred (Babe) Didrikson has turned professional. She is regarded by experts as the country's greatest woman athlete.

The University of Wisconsin has dropped rowing as a major sport.

A Lewis, in 1913, chinned himself with two hands 78 times.

Some time ago there was a tug of war between two company teams in India which lasted 2 hours, 41 minutes.

Back in 1912 M. Pauliquen of Paris stayed under water 6 minutes, 29 4-5 seconds.

Malencomas, an ancient boxer, at one time left the arena without having given or received a single blow, a feat which in those days was regarded as the perfection of the art of self-defense.

Amos Alonzo Stagg would rather be actively engaged in coaching the lowest high school football team in the land than accept the retirement the age limit at the University of Chicago forced on him or to take the \$8,000 Chicago was willing to pay him for doing nothing he told his fellow coaches the other night

Your Good Health

A Discussion of the Moot Question of the Causes of Fatness

By CLAUD NORTH CHRISMAN, M.D.

THE cause of overweight is a moot question. Indeed, when almost any fat person will tell you that he (or she) "searcely eats a thing." We are to agree then, that it is not the intake of excess nourishment but some mark of fortune's disfavor that causes some of us to carry about with us an extra burden of weight. Well there is some truth in the statement that food does not always make fat, as witness the skinny folks who long for flesh. The truth is that this simple-looking question opens up the entire field of discussion in the spheres of nutrition, metabolism and food tolerance in general.



IT IS indisputable that certain systems are given to a deposit of fatty tissue—rather, fat globules among the tissues—that has little relation to the intake of food or to activity. In such a case, variation in food consumption makes little difference. Indeed, obesity seems to be established.

THERE are a number of things to be considered—some calculation as to the individual metabolic rate, some measure of the outflow of energy. The composition of the diet is also to be considered and the promptness with which it may be absorbed

into the system or discharged as waste. The activity of the excretory organs is another factor—some folks can sweat off considerable weight in a brisk workout, while with others, the exercise merely tones up the assimilative tract. The type of food again—fat, proteins, carbohydrates, especially the latter—must enter into the problem.

in New York at the annual dinner of the Football Coaches Association.

Home Cured Meats Means Better Diet

Some kind of meat aids the farm housekeeper in preparing more palatable meals and this makes the home curing of pork, lamb and beef an important item in farm life during winter.

Earl H. Hostetler, animal husbandman at State College, says there are three factors to be considered in providing edible and appetizing meat products on the home farm at a minimum cost. First, the meat must be thoroughly chilled but not frozen before curing; second, sufficient salt, with or without other ingredients, must be applied directly to all the exposed surface of the fresh meat, and third, when cured the meat must be protected from flies, rats and other pests.

While pork is the kind of meat almost universally cured on all North Carolina farms, it is possible to cure the "meaty" portions of lamb and beef. Both of these may be cured at home with little trouble if left in cure for the proper length of time.

Mr. Hostetler has used two formulas for curing meat in his work at the college and he says both of these will give good results.

To cure by the brine method, he suggests 12 pounds of salt, 3 pounds of brown sugar, 2 ounces of saltpetre, and six gallons of water to each hundred pounds of the meat.

To cure by the dry method, use 8 pounds of salt, 3 pounds of brown sugar and 3 ounces of saltpetre to each 100 pounds of meat.

These two formulas have been used in a number of meat curing demonstrations conducted over North Carolina in the last two years by R. E. Nance and the results have been gratifying to those who have used the formulas. Now that livestock is selling for a low price, it might be wise to cure more meat at home, using these formulas. Mr. Hostetler believes.

A group of farmers in Richmond County has organized a savings and loan association to aid the farmers in supplying their own financial aid.

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666 SALVE FOR HEAD COLDS.
Most Speedy Remedies Known.

SCRIP . . . the stamp idea

The latest thing in the form of money is called "stamped scrip." The idea originated in Germany and has been adopted in a number of American cities, to make money circulate faster.

In Evanston, Illinois, they work the scheme this way: The local retail merchants association put \$5,000 in a bank. Then it issued 5,000 scrip dollars, each one of them good for a dollar at the bank if presented within a week. But after one week it was only good if it had a special two-cent trading stamp pasted on it. Nobody but the merchants had these stamps. You have to spend the dollar at a store to make it good. The next week another stamp has

to be put on it, and so on for a year.

This makes each of the scrip dollars turn over fifty-two times a year, because anyone who holds one of them has to pay two cents a week for the privilege of holding it, or lose his original dollar.

Our principal money trouble is not a shortage of money but the fact that it is not moving fast enough. This scrip plan is said to be working well in the towns that have tried it.

The beverage grenadine is made from the pomegranate. The juice is boiled with sugar to produce the red-colored liquid.



Financial Worries Relieved Have Money

Many families are wondering how they will get through a "tight" place, because at one time or another they spent their money in foolish extravagance.

If they had a few DOLLARS in reserve their problems would be solved.

START SAYING REGULARLY NOW WE WELCOME YOUR BANKING BUSINESS

THE PEOPLE'S BANK
"Home of the Thrifty"
Roxboro, N. C.