Says training's worth it

Ireland a winner in the water

By BILL FIELDS Sports Editor

When Ken Ireland walks into Howell Hall's editing lab at 8 every Tuesday and Thursday morning for Journalism 57. he has already had more excercise than most of the class will get that day.

He has also gotten wetter than any of the class will get, in chlorine-laced water at that.

Ireland's daily routine of rising with the roosters and swimming for an hour before most Carolina students have hit the "snooze button" for an extra bit of sleep, is nothing out of the ordinary for serious swimmers.

In Profile: **Ken Ireland**

The discipline required to succeed is what Ireland says high-level swimming is all about. "Basically what swimming teaches you is discipline," he says.

Discipline is a trait Ireland learned early, but not as soon as most competitive swimmers. While most of the top swimmers in his native Fort Lauderdale, Fla., began two-a-day practices at age 12 or 13, Ireland wasn't in the pool, but at the Little League diamond and other places until age 15. He then decided-after seeing his older brother Shawn's swimming

success- he wanted to take on swimming at full speed. The water hasn't been placid since.

Now a junior journalism major, the 20-year-old Ireland is one of the top performers on the North Carolina men's team. He was named Atlantic Coast Conference rookie of the year in '78, won the Most Outstanding Swimmer award in the '79 ACC championships and last month won two events in the ACCs.

Fittingly, for a swimmer, he enrolled at UNC after seriously considering the United States Naval Academy, an institution Ireland felt might have been too structured for him to concentrate as much as he wished on swimming. "I was heavily recruited, but not by too many big swimming powers," he recalls. "The only super swimming power that recruited me was Florida. I came to Chapel Hill in April, and you know how nice April is. I loved the people and the place." Even though he opted against the Naval Academy, Ireland is in UNC's Naval ROTC program, and Naval Flight school is in his post-Carolina plans. Eventually, Ireland want to enter the commercial aviation field and do some freelance reporting as well. But all that is in the future. For now, Ireland is looking towards next week's NCAA championships at Cambridge, Mass., where he'll compete in the 100- and 200-yard backstroke and in a relay.



Ireland's specialties are the 100 and 200 backstroke races

"The backstroke event is so tough that I would like to place in the top six in both backstrokes," he says.

remembers well when a mental ploy failed-and failed badly.

Ireland says he will never shave his

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Heel women tee off in Duke tournament

By LINDA ROBERTSON Staff Writer

The UNC women's golf team, fresh from victories over Michigan State and Cincinnati, heads to Durham to compete in the Duke Spring Invitational tournament this weekend.

In a hurriedly-scheduled match, Michigan State and Cincinnati challenged Carolina to a three-team contest at Southern Pines Tuesday.

"The schools are down here for Spring Break and their coaches called me and asked if we wanted to play." said Coach Dot Gunnells.

The UNC squad responded with a 313 total to defeat MSU (348) and the Bearcats (377). Page Kennedy was medalist as her 77 was just ahead of teammate Carla Daniel's 78. Mareen Long and Cathy Reynolds both carded 79's for the Tar Heels, and Linda Mescan's 83 completed Carolina's top five.

The win was a good tuneup for the tournament this weekend, according to Gunnells. "Everyone broke 80 at Pinehurst last Saturday in a little intrasquad match and we played real well against Michigan State and Cincinnati. I hope our performances this week are a good indication of how we'll do at Duke."

The five UNC women slated to go the three rounds at Duke are Janet Haire, Cathy Reynolds, Jill Nesbitt, Susan Cary and Stephanie Kornegay.

The 17 team field will include national powers Georgia and Ohio State. Carolina finished third last year and was runner-up in 1978.

"It is spring vacation for a lot of schools so there will be a strong contingent from the East and Midwest, including Ohio State, Purdue and Penn State," said Gunnells. "We have a very evenly balanced team and look good going into the Duke Invitational."

....

The first round of the Furman Intercollegiate Golf Tournament for men's teams was rained out Thursday. North Carolina and several other teams will resume play in that tournament today. It is now scheduled to run 27 holes.

Veteran-newcomer mesh keys UNC

No one could have blamed UNC baseball coach Mike Roberts if he had said that he dreaded the 1980 Carolina baseball season.

Tar Heel Page Kennedy

... UNC in Duke event

OTH/file photo

After all, Roberts lost six players who were good enough to get a shot at playing professional baseball. Among those who finished their Carolina careers last season were Roy Clark, Jim Atkinson, Greg Robinson and Greg Norris. If you want to know how important those guys were to Tar Heel baseball, take a look at the school's hitting and pitching records sometime.

But Roberts, in his typically optimistic manner, actually looked forward to the

The heroes at the plate in that game were Jim Rouse and Pete Kumiega. There are no two players that represent the mixture of youth and experience on the current Carolina team more than Rouse, a senior from Wilmington and Kumiega, a freshman from Longmeadow, Mass.

David Poole

Carolina fans have been chanting "J.R.!, J.R.!" for years now and the lanky left fielder remains a favorite with the suds-quaffing crowds at Boshamer

get him out. He was 8-for-9 with five RBIs last weekend and hit a home run on Saturday that still may be going.

But Kumiega and Rouse are nothing close to a two-man team. It has been the ability of the Tar Heels to come up with a key hit or a good pitching performance at the right time-whether from a veteran or from a newcomer-that has been a big factor all season.

Carolina now moves into a tough stretch in its 1980 schedule, playing 11 games in nine days beginning next Tuesday. That will be followed by games at East Carolina, Clemson, Georgia Tech, South Carolina and Duke. That adds up to 18 games in the next 20 days. That can be murder, especially on the pitching staff, but Roberts has men he can call on to do the job.

"Realistically, I have a shot at third or fourth in the 100. In the 200, anybody could win it; I could win it."

In the NCAAs, Ireland says he faces the most tension of any event he participates in. "There's a lot of tension and pressure. It's unlike anything I've ever experienced in my life. It's so thick. There are so many good swimmers there. It comes down to the mental part and team support."

Ireland says the mental aspect is the edge he holds over his competitors, even though it means being considered a little loony as people watch him psyche himself for a race.

"I've always taken pride in getting mentally tuned for the races and being mentally prepared," he says. I guess I'm what they call a head case." With all the emphasis Ireland places on the emotional phase of the sport, he

head again for a race after the technique-which he said is as much mental as physical-backfired with him at last year's NCAA. "I was the No. I seed in my event, and to put it bluntly, I choked. I'll never shave (my head) again."

Now, with the chance of United States' participation in the summer Olympics almost gone, Ireland is watching a huge dream escape like the splashes out of a pool. But his regrets are few, even if he has been forced to give up choral singing and work in theatrical productions to concentrate on swimming-not to mention going to fewer parties. "I had very little social life in high school," he says.

But for Ireland, the sport has brought more than a dance and a dinner date could. "It's helped me become aware of my potential as a person and as an athlete."

season in the months leading up to the first game. Some might have thought he needed a stay in a rubber room for that attitude, but it looks like Mike Roberts knew something those others did not.

After 21 games, Roberts has his team at 13-8 overall and, more important, 2-0 in the Atlantic Coast Conference. Carolina has two big road games in the ACC this weekend, at Virginia on Saturday and at Maryland Sunday, and two more league wins would put the Tar Heels in a very good position early in the race.

The secret to Carolina's relatively successful first month of the season has been the way that the new players have fit in with the veterans.

Take, for example, Carolina's win over Duke last Saturday. Junior college transfer Mark Ochal pitched a superb game, striking out 12 and leading the Heels to a 4-1 win.

GOOD AT

BOTH LOCATIONS

Stadium.

Kumiega is one of the many new faces on the team who are forcing the veterans to perform well if they are to remain toward the top of UNC's offensive statistics.

Pete Kumiega was on a tear last week and Jim Palmer would have done well to

If Carolina can come out of the next three weeks alive and still be toward the top of the ACC race, it may just be that Mike Roberts never had anything to be afraid of at all.

DID YOU KNOW

Approximately one out of three American males has had a homosexual experience leading to orgasm.

There is no known cure for Herpes Genitalis.

Condoms used in combination with vaginal spermicides have a 99% theoretical effectiveness rate.

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Classified ads may be placed at the DTH Offices or mailed to the

DTH, Carolina Union 065A, Chapel Hill, NC 27514. All ads must be prepaid. Deadline: Ad must be received by 12 (noon) one



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announcements

COMING SOON. Send your favorite bunny a message in an Easter egg. Sponsored by Zeta Tau Alpha sorority. Look for details in the DTH next week

THE MEDICAL STUDENT-FACULTY PICNIC will be Saturday 3/29 at Clearwater Lake. Tickets cost \$3.50 for faculty and spouses,

THE OLDE CAMPUS ROADRACE will be March 22, 1980 at 2 pm. Registration blanks at Union, Campus Y or call 933-1578. Open to everyone!

HOUSING CLOSEOUT INFORMATION PACKETS: Missed the seminars and still need information for your off-campus housing search? Pick up a packet at the Carolina Union desk or at SCAU, Suite B, Carolina Union.

lost & found

LOST: Saturday between Townhouse Apts and Franklin St. (along Hillsborough)—light blue wool sweater I made; with my nametag. Please return. Reward. 933-4297, Mary Piccirillo.

LOST: FOUR KEYS on a white fluorescent key ring shaped like a number '1'. If found, please call 933-4611.

FOUND: ONE PAIR of women's large eyeglasses on deposit box at NCNB. Call 942-3632 and identify. Rewards accepted.

REWARD! for lost puppy. Part Lab-part Golden, last seen Feb. 28 at Phi Delta Theta house. Contact N.T. Long 967-9101 anytime LOST ON COBB TENNIS COURTS: set of keys on tennis-racket key holder. Keys are very much needed! If found, call 933-7328. Thanks!

EARN \$200 to \$300 per week with your own business! Send \$4.95 plus postage to Mystique' Inc., P.O. Box 821, Chapel Hill, NC 27514 NOW!

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OVERSEAS JOBS-Summer/year-round. Europe, S. America, Australia, Asia, ect. All fields. \$500-\$1200 monthly. Expenses paid. Sightseeing. Free info. Write: LJC, Box 52-NL, Corona Del Mar, CA 92625.

THINKING SUMMER - THINK CAMP If you have completed three years of college, or two years and have a special skill, are experienced in a camp-related activity and are sincerely interested in working with children at one of the finest resident summer camps, consider employment as a Camp Counselor at Ken-Mont Camp for boys and its sister camp, Ken-Wood Camp for girls. For information contact John Hasnas at 1-383-4507

WANTED: NON-SMOKING MALES as subjects in paid EPA breathing experiments on the UNC-CH campus. Total time commitment is 5-20 hours, including a free physical examination. Pay is 15 per hour. We need healthy males age 18-40 with no allergies and no hay fever. Call Chapel Hill collect for more information, 966-1253.

for sale

COMPLETELY FURNISHED, two-bedroom Old Well Apartment for subleasing May through August. Rent is \$245 per month. If interested, please call 942-5616 or 967-5155.

Offer expires

March 31, 1980

SUMMER ROOMS FOR RENT: Clean, furnished, kitchen privileges. 90 per session. Coed. For information contact Kappa Psi Fraternity, 208 Finley Golf Rd., 968-9010, 968-9390.

GREENBELT APARTMENTS Jones Ferry Rd. Modern one-bedroom, total electric, Pool, AC, and laundry facilities. Available for immediate occupancy, 929-3821.

roommates

ROOMMATE NEEDED. Mature, non-smoking female needed to share 2-bedroom apt. \$97.50 plus 1/2 utilities. Needed for summer and next school year. Pool, lake, on F route. Prefer someone with dog. Call Elizabeth, 967-1381.

Townhouse Apt., beginning June 1. 191.60/mo. plus 1/3 utilities. Great location! Call 929-7670 after 5 pm.

HUMAN SEXUALITY INFORMATION and Counseling Service offers counseling and referral on contraception, relationships, pregnancy, homosexuality, and venereal disease. Call 933-5505 or drop by Suite B. Union.

pusiness day before ad is to run.

WE TYPE PAPERS, dissertations, theses. Quality typing priced for the student budget. One call gets your paper prepared quickly, without hassle. AARON LITERARY SERVICES. 967-1270. 413 W. Rosemary St. Open 9:00-6:00 weekdays.

miscellaneous

RECORD CONVENTION. 20 dealers, selling, buying, trading 45s, 78s, LPs from '50s, '60s, '70s. Sunday, March 23, 10-6 at Daniel Boone Supper Club, Daniel Boone Complex, Hillsborough

personals

ALL INTERESTED WOMEN: South Campus Gigolo available. I am like a tootsie roll pop-1 last a LONG time. Reply in Personals to N. Durance.

red eye-dead eye, club football and a good game Friday. Cunning Chris and Develish Dan P.S. Bite

BEN: Happy Spring! Winter's over and base a ball's started and you can climb out of my window whenever you like. B.

IMAGINE MY DISMAY, Anna, when a 3-14 glance revealed prior commitments would preclude our rendezvous. Perhaps we can meet around noon today, where it all started on a rainy Wednesday night, and linger over lunch.

MARTIN(?) in Phil 37: Just a friendly HI and have a nice weekend from a modest Southern girl.

K.R., If the shoe fits, walk it to Memorial Hall porch, 2 pm today.

HAPPY BIRTHDAY MITCH K., Hope you get a hot fudge sundae kiss. Love, the Suite foxes: Puss, Catwoman, Rufus, Lesbian, and Cookie Monster

= COUPON =====

Buy one original thin crust pizza, FRE

get another of equal value

2 FOR 1 PIZZA

on bus line, fully carpeted, drapes, water, included.

GRAD STUDENTS WANTED: Share 3-bedroom

LOOKING FOR one or two female roommates to share a Foxcroft Apt. for the next academic year. If interested, please call 967-1140.

"LUST"-Here's to babbling, wandering drunks who can't figure out Personals: DRS a fine hellraiser

\$2.00 for students and spouses, and \$1.00 for children, and are available in 121 MacNider. Barbecue and beverages will be provided.

AN ARABIAN TALE—An Evening of Middle Eastern Dance Sat., March 22 at 8:00 pm, Community Church. ¹3 at the door. Performed by Banat Bahary.

ANTI-DRAFT BUMPERSTICKERS "Draft Beer-Not Women or Men" \$1 each, 5/\$4 & selfaddressed stamped envelope to: D.P., Box 1147, Chapel Hill, NC 27514.

ARE YOU OUTGOING? Athletic? Concerned about others? Do you like music? Having a good time? Fads? Then join Dave Colescott and Nancy Lee at a Skating Party sponsored by ZTA and WCHL. Roller skates provided by Heels on Wheels. Sunday, March 23rd, 2:00-5:00 in the Great Hall of the Student Union. Admission \$2.75 (\$2.00 if you bring skates). Proceeds go to the Association for Retarded Citizens/Orange County.

UNC's own NORTH TOWER band will be playing your favorite beach, disco and Top-40 dance music Thursday-Sunday (nightly 9-1) at the Hilton Underground on Hillsborough St. in Raleigh. Dance the night away and enjoy the greasiest '50s rock-and-roll show in the area, provided by NORTH TOWER. No cover. TWO BRACELETS FOUND-one is a silver bangle found in Peabody; the other is to "Tina-Carolina Cardinal". Both were found before spring break. Call 933-4076.

help wanted

ACCOUNTANT/NIGHT AUDITOR POSITION-Night auditor to audit records for workshops and conferences at Granville Towers. Compensation includes salary, furnished apartment, and meals while cafeteria open. Forty-hour week, working 1:00 am to 9:00 am, Mon. thru Fri., from mid-May thru mid-August. For an application, call 929-7143 or come by Granville South, University Square. EOE-M/F

PART-TIME. Local motion picture production company desires services of upperclass or grad student in Acct./Bus. Ad field for bookkeeping. Applicant should be residing in Chapel Hill area through summer and up to March 1981. Salary negotiable; hours flexible. If interested, call 942-4761 or write P.O. Box 308, Carrboro.

HELP WANTED: Full-time/part-time. Apply 2-4 pm at Time Out Restaurant, University Square.

BRAND NEW IBANEZ CT-100 and refurbished Fender Musicmaster amp. Also Fuzz and Phaser. 1400. Call Trey Monroe at 967-5043.

KING-SIZE BED with frame. \$50 or best offer. 967-5241

GREAT BIRD-DOGGING CAR for sale. '75 Firebird, very good condition, with air, CB, tape player. Call John 942-2613 and leave your number.

for rent

FURNISHED TWO-BEDROOM Royal Park apartment to sublet May to mid-August. On C-bus route; convenient to L route. Call 942-6665.

SUBLET, May 15-Aug 15: Furnished, two-bedroom Kingswood Apartment on summer L-bus route (pool and laundromat). A good deal! Call 929-9944.

FOR SUBLET BOTH SUMMER SESSIONS: Furnished, air-conditioned, near campus (7 minute walk). Call after 7 pm, 942-6039.

SLIMMER SLIBLET: Beautiful condo townhouse with ALL the extras-swimming pool, tennis courts, clubhouse privileges, 2 big bedrooms, 2½ baths, AC, washer-dryer, dishwasher, 5 minutes from campus, on bus line. \$300/month, negotiable. Call Dinata, Pam, Anne-Marie, or Melanie at 933-0245.

NEW TWO-BEDROOM apartment available April to mid-August. Two blocks from campus. \$275/mo. Call 967-6009 or 933-3817.

CLOSED OUT? Need female roomie for summer or next year. Own room, Royal Park, 1/2 rent & utilities Must be liberal, enjoy cooking together, HATE DISCO. Elaine, 967-8475 (afternoons).

services

BIBLIOGRAPHIES DONE. Bibliographic searches of computer data bases (SDC and Lockheed). Thousands of subjects, millions of references from books, journals, government documents, technical reports, corporate information and statistical data. Short searches 115-125. CAROLINA LIBRARY SERVICES, 137 E. Rosemary St., Chapel Hill. Telephone: 919-929-4870.

SPEND EASTER IN THE CAPITAL-leave Friday, April 4 and return Sunday, April 6. Stay in a downtown hotel, see a show, Easter services in the cathedrals, visit museums, and nights in Georgetown. Accommodations and transportation only \$50. Watch for details. Sponsored by Union Special Projects Committee.

TRIANGLE DATING SERVICE New York Experience. Discreet, Intrinsic. PO Box 2142, Chapel Hill, NC 27514.

To "crazy" SBC: Where? The Union U-bus stop. When? Sunday night, 8 pm.

FRIEND: I'm not circulating or on reserve, but I am interested. Call 3-5275 and ask for "Mickey" or reply.

COSMIC LUSCIOUS LULU LUCY LARABEE, Happy 21st on the 21st. We love you and your bod. Have a good party. Don't forget your shades. We'd like to have sex, drugs & rock & roll with you. We love you, Rowdie Ronnie, Cunning Chris and Develish Dan

BOB SCHWARTZNAGEL: How do you like YOUR grits? Affectionately, The Tanqueray Twins

TO L.S. RESPONDERS: I'm interested in the same type and fit N.C.'s requirements too. Can I meet the overflow? Respond. T.G.

LINDA HERBIN'S birthday is today. Call her at 933-2123 and wish her one of her happiest. We'd appreciate it and so would she.

NEED A DYNAMIC, energetic person who's willing to take time next year to REVIVE a potential winner. It's worth it. Call 929-1254.

To the BRUNETTE from CHEM LAB: Sorry, but the North Campus Gigolo is all booked up. THE Satisfied Customer

TO N.C .- Meet me at 11.30 this morning at the sundail for lunch. By the way, the answers are yes, yes, yes, and yes, L.S.

BETH: I was just waiting for the right time. Those youhave the happiest birthday ever. All my love, Bob

JULIE. You don't have to wear a cheerleading uniform to be a number one Tarheel fan. There's no cheerleader or fan with more heart and spirit than you. You are a true Tarheel, born and bred! Love, Mur

HEY GREEKS-get ready! The challenge of the '80s is coming. March 24-27!

JENNIFER JOHNSON wants a birthday Personal before she graduates. The big day is Wed., March 26. Will anyone oblige? Keep those cards and letters coming!!

CLUES? What will help? How about more eye contact? "You know who you are" I found out your first name and I want you to know mine.

HAPPY BIRTHDAY, MESSY. So your 21 and think your something. Well, your right! Happy B-day and Happy Spring. See ya at Roy's Love, Harvey

To the GUY IN THE COWBOY HAT: Wednesday our eyes met. (I never enjoyed the Pine Room more!) Wanna talk? Respond in Personals. The girl in the purple shirt

L.S., It's taken a long time but I finally do know who I am. Are you caring and compassionate? Spring's coming-let's share. D.S.

Dear MBD: Happy Birthday to you and me. CB

To the 81/2 FOOT TALL GIRL in the Arb Tuesday right: Thank for the hug. I loved staring into your bellybutton. The record is 113. Love, Scrully