

# Taste test

## UNC students try it, like it, praise food service

By KAREN HAYWOOD  
Assistant Managing Editor

On Tuesday afternoon, I sat down to a sumptuous meal of trout almondine, vegetable lasagna, roast beef, Salisbury steak, lima beans, yellow corn, cabbage and fresh, hot rolls. No, I didn't run home for an emergency meal of mom's cooking. Instead, I was tasting the cuisine in the Pine Room, as part of ARA food service's student taste test.

Every day at 4:45 p.m., UNC students will have the opportunity to sample food in the Pine Room and to suggest ways to improve the food.

Howard Southerland, director of ARA, walked through the serving line with freshmen Allyson Geis and Chris Kuhr, sophomores Jonathan Baker and Pam Phifer — and one apprehensive senior reporter. I had not eaten in the Pine Room since my first year at UNC, and wondered what I was getting into.

I was surprised. The rolls, which are baked fresh daily, were light and tasty. The hamburger for the Salisbury steak is ground daily and the students agreed that it was an improvement. The vegetable lasagna was a dish I had not heard of.

Southerland said the lasagna was a response to requests from students for more vegetable dishes. The trout almondine was excellent, up to par with restaurant fare. The roast beef was tough, but good.

Southerland sat with us as we ate and seemed interested in what the student tasters said about the food. "Is it hot enough?" he asked. Everyone nodded, mouths full. "If it's not right, let us know," he added.

The idea for the taste tests evolved during the summer as the ARA staff decided that food service could be improved with student involvement, Southerland said.

"What better way to get feedback than to get students to tell us," he said.

Phifer looked up from her meal and said the food was better this year. "Last year I only ate chicken," she said. "I didn't like anything else. This year I've eaten here two nights and it's been pretty good."

"Last year I got Salisbury steak. I didn't like it — I threw it away. But this is pretty good."

Southerland said other Pine Room changes included free refills on iced tea, in the Fast Break as well as the Pine Room,

and moving the tea and coffee refill table away from the cashier area to avoid congestion.

Southerland said he hoped the Fast Break's Nature's Cove, which serves only natural foods like carrot and apple juice and yogurt-coated nuts, would open today.

Geis, Phifer and Baker asked Southerland about the choice of vegetables in the cafeteria. "This past week there's been a lot of starches," Geis said. "If you wanted something green, you had a choice of collard greens and that was it."

Southerland said the Pine Room needed more facilities to allow for more choices of vegetables.

Phifer said she thought the taste tests were a good idea. "It makes him (Southerland) more aware of what students want," she said.

And I had only one complaint. Very flat Coke. My fellow tasters agreed. Southerland assured it would be easy to fix.

Except for the Coke, the food was much better than I remembered from my freshman days. I'll never confuse the Pine Room with Slug's at the Pines, but at least I'll eat there more often.



DTH/Scott Sharpe

Allyson Geis (right), samples the food at the Pine Room taste-testing Wednesday ... Chris Kuhr (left), another taste-taster, joins in the new dining experience

# Coalition aids battered women

By LYNDA THOMPSON  
Staff Writer

Battered women.

Until recently, the reality that battered women existed was a well-kept secret. But in an age of growing personal independence, many abused females are fighting back—if not physically, at least by refusing to take the punishment from their spouses or lovers.

Aiding battered women in their rebellion against abuse, many public service groups now offer counseling and housing.

The YWCA Coalition for Battered Women provides such services for victims of domestic violence in the Durham-Chapel Hill area.

The local program began in 1977, and the following year received funding from the North Carolina Council on the Status of Women, said coalition director Constance Renz. Since that time the coalition has been funded by the Durham and Orange County United Way agencies,

United Fund agencies of Carrboro, local town and city governments and individual contributions.

People who need advice call the coalition's help line and talk to a trained counselor, who can provide legal advice and help victims find new living arrangements.

The coalition, located at the Durham YWCA and the Shelter in Chapel Hill, also has provided counseling to several men.

"A few battered men have called, but statistics show most cases are men abusing women," Renz said. "There has been a steady rate of women using the service since 1977. Sixty to 65 women call a month. In the past five years, two or three men have called."

Renz also said that a few UNC students have called the coalition for advice. And in some cases, students contacted the center seeking counseling for a roommate or friend.

"Women who call are from all walks

of life," she said. "All races, all educational and economic levels."

Another counseling program, Change, for abusers will begin Monday.

"We have three men planning to come to the Change program," she said. "It is difficult for the abusers to admit their problem."

Currently, the Battered Women's Coalition is looking for men and women interested in volunteering. The 30-hour training course begins Sept. 16. Those interested in volunteering should contact the Durham YWCA at 688-4396 or the Orange County Women's Center at 968-4646.

## Jellybean color selection tied to personality

The Associated Press

WASHINGTON — Jostle the jar, pick a color, and beware the betrayal of the jellybean. The flavor you choose, says a psychologist, could brand you a shrinking flower.

Or, for that matter, someone of "great personal charm" if you're the woman who reaches for red or the man, like Vice President George Bush, who prefers licorice black.

Dr. Elizabeth M. Bard, a psychologist from Akron, Ohio, put it this way Wednesday in an address to the annual meeting of the American Psychological Association:

"Both initial and final jellybean selections were found to reveal traits commonly associated with generalized adult personality profiles."

In view of the publicity given President Reagan's affection for jellybeans,

Bard decided to look into the matter. Why, she asked, do some people like purples more than pinks?

Not that her findings say much about Reagan, who reached indiscriminately into the jar and has said he likes "em all.

Neither does she suggest that jellybean analysis will make anybody a better person, or for that matter, advance their self-awareness. But she does claim her results could be useful in marketing and advertising strategies of the food industry.

Bard sampled 101 subjects from throughout Ohio — after eliminating three, understandably, who turned out to be color blind. Half of the 60 men and 41 women in the study were fellow psychologists cornered at a state convention, but others included school administrators, business executives, unemployed people and salesmen.

Bard interviewed each subject, with an average age of 40, and crossed their

response with jellybean preferences to put together personality profiles. Generally, results for men differed from those for women.

The study revealed, for instance, a strong love-hate relationship with black jellybeans. More men (19.8 percent) and women (10.9 percent) made black their top choice of all colors. But it also was highest on the last-choice list for men (21.8 percent) and women (17.8 percent).

"The red jellybean was the second most favorite for both genders and was rarely rejected by either group," said her report.

Overall, she said, the white and purple beans were the least preferred, evidence that manufacturers should not equally mix colors in bags. Sales should improve if each bag contains a high proportion of red or black beans, but not both at the same time, she suggested.

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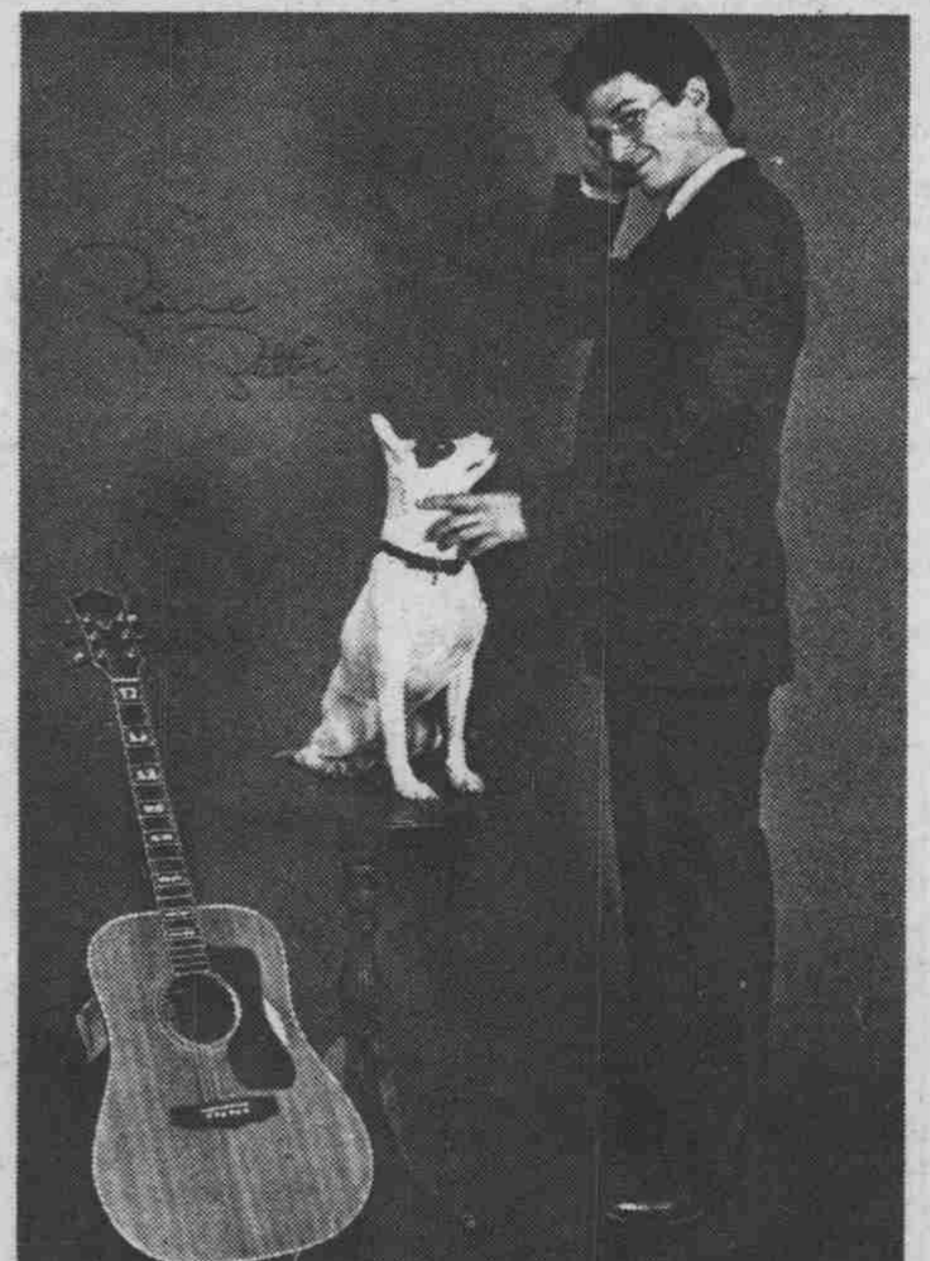
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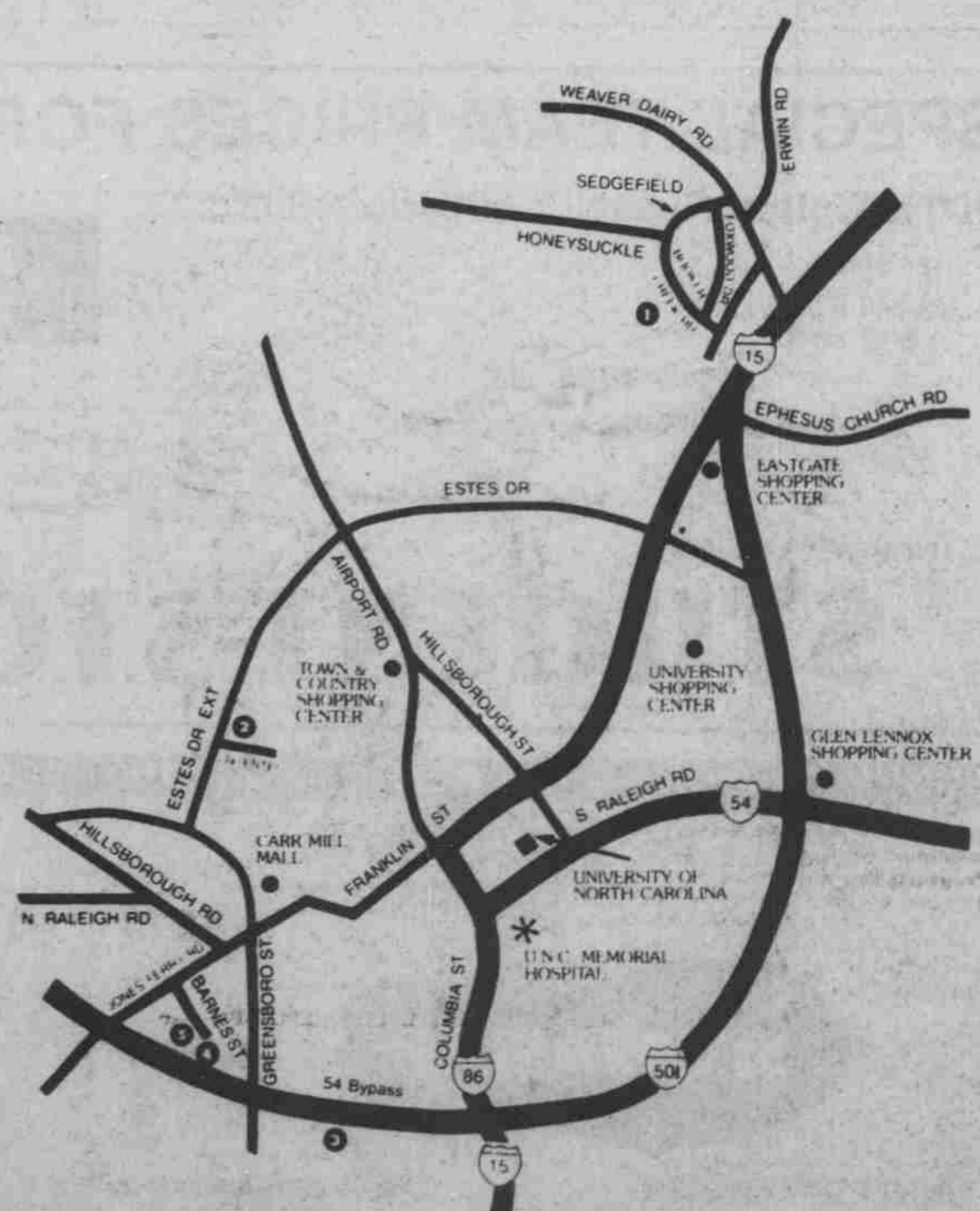
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