## WEEKEND



# Cycling

### Biker Price races to success

By TOM CAMACHO

When Brian Price first came to UNC in August 1982, he felt just as many freshmen feel at a big university — unsure and out-of-place.

In time, though, he learned how to study, how to get around, and how to be himself amid thousands of strangers. He also learned a lot about an interesting sport — cycling — to which he is now dedicated.

In fact, cycling has become a major part of Price's life. Every day he spends hours (an average of more than two and one-half) riding his custom-made racing bike, training for upcoming races. Price rides 30, 50 or as many as 80 miles a day to prepare himself for competition.

"I wouldn't be training this hard if I didn't expect my racing to go somewhere," Price said.

And where might that somewhere be? Well, for this dedicated young biker, the future looks promising. In his first sanctioned race in U.S. Cycling Federation competition, Price placed second out of 30 experienced bikers.

Of the four racing categories, Price is currently in Category IV. The best racers in the nation race in Category I. In this past race Price defeated several Category II racers. His goal for this year is to become a Category II racer.

But Price's aspirations do not stop there. "It's every amateur athlete's dream to go to the Olympics. I'm not saying that I'll make it that far, but I certainly do think about the possibility," he said.

To accomplish a goal as high as the Olympics takes extreme dedication and countless hours of hard work. Price sometimes rides 500 miles a week.

He must also watch what he eats. To keep his body fat percentage at 5 percent, his diet must consist of 60 percent carbohydrates, 30 percent fat, and 10 percent protein.

"I read the labels on everything I eat," he explained. "I have to watch how many calories I eat. If I don't eat right one day, I can feel it the very next time I ride.

"Some days I'll go on a junk-food binge and eat seven or eight hamburgers," Price said. "But I'll burn it off the very next day."

He said he eats very little red meat because of its high fat content. "I eat spaghetti and pizza a whole lot. The noodles have lots of carbohydrates. Plus, I eat all kinds of fruit. I sometimes eat six to eight oranges in one

Price graduated from Ashbrook

High School in Gastonia, where he played basketball and ran cross country and track.

"In my senior year, my shins started to bother me a lot, and I couldn't train properly," he said. His doctor recommended he try cycling because it would be less strenuous on his shins than running.

Once he got to UNC, Price began riding his bike more and more, fixing his bike himself, and learning about racing. "I thought I ought to try (racing), so I got into the racing club," he said

Along with racing, Price has many other interests. He comes from an active family. He and his brother enjoy water skiing, rock climbing and other outdoor sports. He also enjoys playing the guitar — both classical and electric.

Now that he is concentrating on racing, Price said he must put all his other hobbies aside for a while.

"I really enjoy riding," he said. "It gives you a chance each day to be by yourself and work things out in your head. Plus, I enjoy riding much better than running. You see so much more and go so much farther."

He admits, however, that it's not always fun. "Sometimes it seems you have to train former."

## Cyclists enjoy racing, exercise

By CINDY HAGA

Probably, they like the feel of wind rushing through their hair as they bike down a steep hill. They probably like to be outside on sunny days, just to inhale the warmth. And they probably enjoy the sense of freedom that comes with riding a bike along a country road, having no particular destination in mind.

Members of UNC's Cycling Club probably have all these things in common; but, said Cynthia Suggs, president, there are basically two types of members.

Those who enjoy biking mostly for fun, exercise and fresh air constitute one type. These members meet each Sunday at Carr Mill Mall to take about a 40-mile (2½ hour) ride into the surrounding country.

club often rides into scenic country areas, where roads are well-paved but not too heavily traveled. For example, the group sometimes takes Highway 86 to Hillsborough.

"I just want to go out and have a good time," Suggs said. The

Often joining the club on these rides are the second types of members, bike racers, who ride for training.

"I enjoy competing," said Rich Grippo, a research technician in the medical school, who is president of the UNC Cycle Racing club (a club within the UNC Cycling Club).

Bike racing is much more competitive than a lot of other sports, such as running, he said. In a bike race, Grippo said, "if you're not good enough, you fall out of the pack."

Bicycle racers are forced to ride about six inches apart because of wind resistance, Grippo said. Riding in a pack allows each rider to use the person in front of him as a shield. This, in turn, puts all the wind pressure on the foremost rider. To make it fair, during the course of the race, riders alternate positions so that everyone has a turn in front.

Although that might not sound very competitive, Grippo said it really is; only about half of the riders in a given race can keep up with the pack. "If you have to break wind yourself," Grippo said, "you probably can't do it (win the race)."

The ultimate rivalry comes near the end of the race, when tactics become every man for himself. All the racers push as fast as they can, the pack breaks up, and everyone's eye is on that last line.

The element of danger is always involved in a bike race. "Some people are turned on by the danger of it," Grippo said.

Another UNC racer, Barney Wray, who is a research technician in the physiology department, said the possibility of danger brings about a need for mental preparation and alertness. When a rider is moving at 24 to 27 miles per hour, a collision, a bad turn or a flat tire could be serious.

For safety, bike racers are required to wear helmets, and most wear gloves and use toe clips to help keep their legs in place in a fall, so that they won't break as easily.

Wray described different kinds of bike races he had participated in. Road races are long routes, up to 100 miles; they usually offer only one or two prices for the big winners.

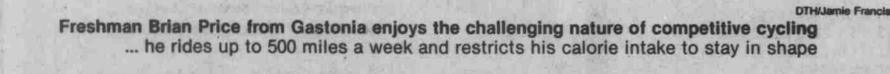
Winners of bike races can make a lot of money. "Bicycle racers can win up to \$1,000 a day and still be considered amateurs,"

Racing is expensive for participants, however, since they have expensive bicycles and a lot of traveling costs.

Criteriums, races that take place on a short (¾ mile) loop, are much better for spectators to watch than road races are, Wray said. At criteriums, judges often give out priems (prizes) at different stages of the race. This keeps excitement both high for spectators and racers. Wray said he enjoys criteriums because the onlookers buoy the racers' spirits.

To prepare for racing season, members of the club ride 150 to 200 miles per week. "It sometimes gets to the point where you don't want to ride any more," Grippo said.

But overall, the club retains its hold on people who like it. Regular members like it because they just like to ride. And racers like it because they like to ride, too. Fast.



## Week's Fare

#### TODAY

24 The Spanish Earth, scenes of the Spanish Civil War written and narrated by Ernest Hemingway, will be shown at 8 p.m. in the Union Auditorium.

Woman of the Year, a battle of the sexes between sportswriter Spencer Tracy and political columnist Katherine Hepburn, will be shown at 7:15 and 9:30 p.m. at the Art School. Call 929-2896 for more information.

Pygmalion, George Bernard Shaw's comic story about a professor of linguistics and his attempts to educate a flower girl from the gutters of Soho, will be presented by the Playmakers Repertory Company at 8 p.m. through April 10 in Playmakers Theatre. Call 962-1121 for more information.

Come Blow Your Horn, a semiautobiographical comedy by Neil Simon, will be presented by the Triangle Dinner Theatre at 8:15 p.m. through Saturday at the Governor's Inn. Call 549-8631 for more information.

Move Over Mrs. Markham, a British sex comedy, will be performed by the Raleigh Little Theatre through Saturday and on Tuesday at 8 p.m. and at 3 p.m. Sunday. Call 821-3111 for more information.

Paintings by Lougtas Sanderson and sculpture by Richard Field, visiting artists in the department of art, will be exhibited in the gallery of the Studio Art Classroom Building through Friday.

Visions of City and Country: Prints and Photographs of 19th-Century France will be on display through April 17 at the Ackland Art Museum.

pencil drawings by Dotty Attie, will be on display in the "Facets" exhibition at the Ackland Art Museum through Sunday. The Cortona Works, paintings and drawings by Richard Kinnaird, will be ex-

J. and Armand Tour the World, 207

the Studio Art Classroom Building.

The Stories From My Homeland —
China, paintings by Grace Chow, will be exhibited through April 8 in the gallery of

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One in the Spirit, sculpture and paper works by Rosie G. Thompson, will be exhibited at Center/Gallery through Sun-

Backseat Photos, an exhibition by Barbara Tyroler, will be on display at Center/Gallery through Sunday. The Durham Arts Council will present

a group exhibition by local artists through April 24 at the Sheraton University Center in Durham.

Works by Edie Cohn, Willie Nash and Joseph Walentiny will be on display through Tuesday at the Durham Arts Guild galleries.

Works by Laura Borden, Pam Shank and Susan Perkinson will be exhibited in the Green Room Gallery of the Raleigh Little Theatre through April 3.

Journey to the Edge of Creation, an exploration of the universe, will be offered at the Morehead Planetarium through May 30. Call 962-1248 for more information.

Laser Floyd, a combination of laser imagery and special effects choreographed to the music of Pink Floyd, will be shown Thursday through Saturday through April 24 at the Morehead Planetarium. Call 962-1248 for more information.

Jazz vocalist Carol Sloane will perform through Sunday at Stephen's . . . after all. Call 929-0217 for more information.

#### FRIDAY

25 Blade Runner, a stylistic cat-andmouse chase between Harrison Ford and superhuman androids, will be shown at 7, 9:30 and midnight in the Union Auditorium. Admission \$1.

The North Carolina Symphony will give a concert at 8 p.m. in Reynolds Coliseum on the N.C. State campus. Call 733-2750 for more information.

#### SATURDAY

26 I Sent a Letter to My Love, a sentimental story starring Simone Signoret as an aging woman who lives with her middle-aged, wheelchair-bound brother, will be shown at 7 and 9:30 p.m. in the Union Auditorium.

The Mousetrap, a whodunit by Agatha Christie, will be presented at 2:30 and 7 p.m. as part of the Signature Series at Stewart Theatre on the N.C. State campus. Call 737-3104 for more information.

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Rolly Gray and Sunfire will play reggae, calypso and soca at 9 p.m. at the Art
School. Call 929-2896 for more information.

#### SUNDAY

27 Eu Te Amo, an erotic Brazilian movie about a lonely, bankrupt factory owner and a beautiful stranger he meets, will be shown at 7 and 9:30 p.m. in the Union Auditorium.

Bagpipers, drummers and a Scottish dancer will perform for picnickers at 2 p.m. in Forest Theatre. The rain site is Gerrard Hall. Call 929-1157 for more information.

The Duke Wind Symphony will perform its spring concert, featuring a new composition by guest artist Paul Jeffrey, at 4 p.m. in Baldwin Auditorium on the Duke University campus. Call 684-5450 for more information.

UNC visiting professor Peter Mark will give a presentation on African sculpture at 2 p.m. in the Union Auditorium. An open poetry reading will be pre-

An open poetry reading will be presented at 8 p.m. at the Art School. Call 942-2041 for more information.

#### MONDAY

29 Experimental Film Night in the Union Auditorium will feature recent works by video artist Doris Chase, the humanistic Cervaza Bud by Ruby Burchardt, George Griffin's Trikfilm, Stan Brakhage's Thot Fall'n and Phil Hopper's Speed at 8 p.m.

The Spongetones will perform rock music from the '60s at 9 p.m. in Great Hall. Call 962-1157 for more information.

The UNC Chamber Singers will give a concert at 8:15 p.m. in Hill Hall Auditorium. Call 962-1039 for more informa-

Vocalist Odetta will perform at 8:30 and 11 p.m. at Stephen's . . . after all. Call 929-0217 for more information.

#### WEDNESDAY

30 The Atomic Cafe, a compilation of newsreels, government military films, television shows and cartoons produced in America during the Cold War, will be shown at 7 and 10 p.m. in the Union Auditorium.

Gizmo!, a film which attempts to prove, through funny and bizarre newsreel footage, that lunacy may also be the mother of invention, will be shown at 8:30 p.m. in the Union Auditorium.

The Mose Allison Trio, featuring piano and vocals, will perform through April 3 at Stephen's . . . after all. Call 929-0217 for more information.

Evelyn Culton will give an organ recital at 12:30 p.m. in the Chapel of the Cross.

#### MOVIES

Plaza I — The Year of Living Dangerously at 2:45, 5, 7:15 and 9:30 ends today. Max Dugan Returns starts Friday at 3:15, 5:15, 7:15 and 9:20.

Plaza II — Lovesick at 3 and 7:10 and Arthur at 5:05 and 9:15 end today. Tough Enough starts Friday at 3, 5:10, 7:20 and 9:30.

Plaza III — Gandhi at 3:15 and 7:30 ends today. The Black Stallion Returns starts Friday at 3, 5:05, 7:10 and 9:15.

Varsity I — Eating Raoul at 3:20, 5:10, 7 and 8:45. Times change Friday to 3:30, 5:30, 7:30 and 9:30.

Varsity II — The Stationmaster's Wife at 3:05, 5:05, 7:15 and 9:20 ends today. Lianna starts Friday at 3, 5:05, 7:10 and 9:15.

Varsity Lateshow — Taxi zum Klo at midnight Friday and Saturday.

Carolina Blue — Still of the Night at

7:30 and 9:30 ends today. Spring Break starts Friday at 7:15 and 9:15.

Carolina White — The Man From

Snowy River at 2:30, 4:45, 7 and 9:15 ends today. The Outsiders starts Friday at 2:45, 4:45, 7 and 9.

Carolina Classic — A Night at the

Opera starts Friday at 3 and 5:05.

Carolina Lateshows — Lenny at 11:30 and A Hard Day's Night at 11:45 Friday

and Saturday.

Ram I — Sophie's Choice at 8 ends today. Eddie Macon's Run starts Friday at
7 and 9; weekend matinee at 3.

Ram II — High Road to China at 7 and 9:15; weekend matinee at 3.

Ram III — Tootsie at 7:10 and 9:25; weekend matinee at 2:55.

Ram Lateshows — Wizards and Hair at 11:30 Friday and Saturday.

Carolina (Durham) — Time Stands
Still at 7 and 9; Sunday matinees at 1, 3

and 5.

arts editor.

Compiled by David Schmidt, assistant