

# The Daily Tar Heel SPORTS

## Barnes continues to work out, win medals despite paralysis

By SCOTT FOWLER  
Staff Writer

*Editor's note: When we think of sports, we usually think of big leagues, high salaries, controversy and vicious recruiting. However, there are stories that prove that the human element in sport can outweigh all else. This is the first in a three-part series, continuing Wednesday and Thursday, dealing with the spirit that sport was founded upon.*

Mannel Barnes was sitting on top of his engine, working on his rig in a truck stop in Memphis, Tenn. The cab was jacked up.

Suddenly the hydraulic hose burst, bringing the entire weight of the cab crashing down on Barnes. His back was instantaneously broken, and he was permanently paralyzed from his rib cage down.

That tragic sequence of events occurred four years ago. This summer, the 38-year-old Barnes won one silver medal and three bronze in the National Veteran's Wheelchair Games at Brockton, Mass., as South Carolina's only representative out of 1,500 athletes.

Barnes, who was in the service for eight years and fought in Vietnam, stayed in the Memphis Veterans Administration hospital for six months before he could return home to his wife and three children in Cooley Springs, S.C. He has had a long, painful rehabilitation since that time, spending much of his time in the hospital.

This past February, Barnes had a brush with death again and needed eight pints of blood to recover from a kidney infection. To increase his tolerance, he began working with weights at the Oteen VA hospital in Asheville.

"They saw that I was really trying and progressing pretty well," Barnes said. "So they started encouraging me to try and go to these national games in Massachusetts. I told them I didn't much want to go, at first. But then I surprised myself."

Barnes had never been very athletic prior to his injury, and perhaps that inspired some of the reluctance. But he kept lifting weights under the tutelage of Cater Cornwell, who had partici-

pated in the national games the previous year.

"He knows all about weightlifting," Barnes said. "He was my coach."

With Cornwell's help and a lot of self-determination, Barnes decided to prepare for the games as best he could. He concentrated on weightlifting, which did prove to be his strongest event in the national games. He was virtually without experience in all of the other events, but nevertheless entered eight others, including the javelin, discus and 1,500 meters.

"I hadn't had any practice in any of them, except weightlifting," Barnes admitted. "The first time I threw the shotput in the meet was the first time I had ever thrown it."

Barnes found out that he had a strong arm. He won bronze medals in the shotput, javelin and discus. He also competed in the 111-lb. division of weightlifting and picked up a silver medal with a bench press of 130 pounds. Even in that event Barnes had little experience. "I lifted weights for training, but I had never bench pressed before."

Barnes didn't do as well in the racing events. "In the 1,500, them boys from California had pit crews just like (stock car driver) Richard Petty," Barnes said. "They would go awhile and then something would go wrong and they'd pull over and get these guys to change their wheels. In my heat, there were six guys and I finished last."

But despite his lack of a pit crew, Barnes came away feeling exhilarated about the whole experience. "I had more fun than I've had in a long time," Barnes said. "I got to take my wife and little girl, got to see some country I hadn't seen in four years, and was able to participate in the games. And seeing all those veterans, it was like being in the service again. After I won my silver medal, I went outside and cried with joy."

Next year the games will be held in Miami, and Barnes hopes to participate again. "I'm already in training. I'm going to concentrate on my field events. Maybe if we can get some sponsors we can get us up a whole team from Oteen. I'm sure looking forward to it."

## Winning to be only reward for Clemson players, fans

The Associated Press

CLEMSON, S.C. For Clemson football players and fans, winning this year will be the Tigers' only reward.

"There's nothing else," says head coach Danny Ford. "All we can do is go out and play for ourselves and Clemson."

The Tigers, 9-1-1 last season and 7-0 in the Atlantic Coast Conference, can't claim the ACC title, can't appear on television and can't go to a bowl game.

The 1984 season will be Clemson's third and last on ACC probation for recruiting violations, but this season will be the toughest, said Ford.

As the Tigers prepare for their Sept. 1 opener against Appalachian State, Ford frets about motivation.

"Probation doesn't help us, it makes it a little bit tougher," he said. "It has been a little bit tougher the last two years. A bowl game is a reward if you do well. The last two years we've done well enough to go to a bowl game. We knew that. At times it gets pretty darn rough."

Clemson coaches do "anything they can" to motivate players, he said.

"Sometimes you're harder on them, sometimes you're easier. Anything you can think of to challenge them."

Preseason drills are very important this year because this year's opener is the earliest ever for the Tigers.

"We need to get out of the gate fast," Ford said. "We've lacked motivation in our early games, other things like penalties, turnovers, mistakes."

So far, the drills haven't pleased Ford.

"We've had quite a few people think that we're a good football team," he said. "We're a long way from being a good football team at this point."

Ford has called the offense, led by senior quarterback Mike Eppley, "stagnant" during preseason scrimmages.

"In practice they're heavy-legged, they complain about the heat and how tired they are. That concerns us."

But the offense gives Ford the least worry. Nine starters are returning, including Eppley, who completed 99 of 166 passes for 1,410 yards and a school-record 13 touchdown passes last year.

Although the Tigers lost graduating fullback Kevin Mack, who piled up 862 yards last year, tailbacks Stacey Driver and Kenny Flowers return to lead the backfield.

The biggest obstacle to overcome will be to get the offense to play consistently, Ford said.

"We need to hold onto the football, execute, have no penalties, no turnovers and not beat ourselves," Ford said. "You can't go out and hurt yourself and be your worst enemy."

## Andrews confident he will return

The Associated Press

ATLANTA — Atlanta Falcons running back William Andrews, recuperating from knee surgery that ended the 1984 National Football League season for him, said Monday that he will be back in uniform next year.

Andrews, who underwent surgery last week after injuring his knee during practice, met with reporters Monday morning at Piedmont Hospital, where he is expected to be released Wednesday.

"For those who've wondered how

I'm doing, I'm doing great," he said. "I'm relaxed about the situation; I'm totally at ease, and my attitude is great."

Doctors who operated on Andrews last week said he will have to undergo an extensive rehabilitation of the knee because of nerve damage. Dr. John Garrett said it will be six to nine months before Andrews knows for sure whether he will be able to return to action next year.

Andrews, who recently signed a four-year, \$8 million contract, said he is not concerned about the nerve damage.

## SCOREBOARD

### Baseball

American League		National League	
Eastern Division		Western Division	
Detroit	86 45	San Diego	76 53
Toronto	73 56	New York	70 58
Baltimore	70 59	Philadelphia	69 58
New York	69 60	Montreal	64 64
Boston	68 62	St. Louis	64 65
Cleveland	57 74	Pittsburgh	56 74
Milwaukee	55 75		
		Western Division	
Minnesota	68 61	San Diego	76 53
Kansas City	64 65	Houston	67 65
California	63 66	Atlanta	65 65
Chicago	61 67	Los Angeles	63 67
Oakland	60 71	Cincinnati	54 76
Texas	57 73	San Francisco	51 77
Seattle	57 74		

## Sports Briefs

Washburn charged with assault  
**RALEIGH** Christopher Scott Washburn, 6-11 basketball recruit at N.C. State, was charged with misdemeanor assault on his girlfriend Sunday, according to an arrest warrant filed with the Wake County Magistrate's Office.  
 Campus public safety officers were called to South Hall, the new athletic dormitory on the campus, about 5:30 p.m. Sunday, said Teresa Crocker of the N.C. State Public Safety Office.  
 Crocker said student Patricia Peterson was told officers could not arrest Washburn because the incident did not happen in their presence. Crocker said Peterson was taken by campus officers to the magistrate's office, where she filed the complaint.  
 Peterson did not require medical attention, said Sgt. Crocker.  
 According to the warrant filed by Peterson, Washburn was "grabbing and pushing her" slapping her in the face and once jamming his fingers in her face.  
 Crocker said Washburn voluntarily went to the Public Safety Office and was transported to the magistrate's office. He was released on \$200 bond posted by Cosell McQueen, another NCSU basketball player.  
 Washburn, 20, a Hickory native and freshman at NCSU, was a high school standout at Fork Union Military Academy in Virginia and Laurinburg Institute, Washburn, who plays center, was highly recruited before accepting a scholarship at NCSU.  
 He is scheduled to appear in Wake County District Court Sept. 19.

Nesbit wins Falmouth race  
**FALMOUTH, Mass.** Joan Nesbit, a former ACC women's middle-distance champion and now a graduate student at UNC, was a surprise winner Sunday in the 12th annual Falmouth Road Race.  
 Nesbit was not considered a contender in the women's division because of her lack of road-racing experience, but the 22-year-old from Chapel Hill took the lead from pre-race favorites Lorraine Moller of New Zealand and Judi St. Hilaire of Boston at the 4½-mile mark and went on to win in 37:12.  
 Moller came in second with a time of 37:24, followed by Californian Martha Cooksey.  
 Women's Olympic marathon champion and five-time Falmouth champion Joan Benoit, a former distance runner at N.C. State, did not compete because of illness.

The  
**CAROLINA UNION**  
 will hold a meeting  
 for **TECH CREW**  
 sign-up  
 in rooms 208 and 209  
**TODAY**  
 at 5:00 pm


**March of Dimes**  
 BIRTH DEFECTS FOUNDATION

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**TAR HEEL SPORTS SHORTS**  
 THIS WEEK: **TUESDAY: 4 PM**  
**MEN'S SOCCER VS**  
**COLLEGE OF CHARLESTON**

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