

# Sandwiches popular with students

By NANCY ATKINSON  
Staff Writer

Whether rolled or sliced or pocketed, bread is just bread until someone puts something between it. How and what ingredients are put into a sandwich depends on creativity, and the sandwich restaurants in Chapel Hill each offer unique and delicious variations.

Sadlack's at 203 E. Franklin St. offers yogurt, bagels and sandwiches which range in price from \$1.50-\$4.50. Having specialty sandwiches named the Dr. Frank Special, the John Hill and the Super Sprout, the restaurant has its own following. Manager Don McLellan said, "We just try to serve a good product. I've been eating here 10 years and I still enjoy it."

Open from 11 a.m.-1 a.m., Sadlack's also has a delivery service.

Further west on Franklin Street, Subway offers half-foot and foot-long submarines for \$2.50-\$4. Some sandwiches are filled with exotic things like meatballs and seafood salad, but the favorites are the sandwiches loaded with sliced deli meat.

Subway is convenient for the partier, the tailgater and the late-night snacker too. Tailgate and fraternity parties often find themselves feasting on a six-foot sub from Subway. At \$40, Burke calls them a bargain. She said, "They feed 20-25 people, plus they're a lot of fun." Open until 2 a.m. on weeknights and 3 a.m. on weekends, the shop also caters to those with nocturnal munchies.

For everyone who ever loved delicatessen food, Tripodi's II Uptown can be found downstairs in Franklin Center. Manager Kevin Guyette said, "It's a good location, but tucked away. A lot of people don't know we're down here." The restaurant is open 11 a.m.-10 p.m. on Friday and Saturday and until 9 p.m. on other nights serving a wide variety of sandwiches, bagels, blintzes, pasta salads and pastries. The most popular sandwich is the croissant sandwich which is filled with a different meat salad of sliced meat every day.

Tripodi's has also many special services. For

football Saturdays they sell prepackaged tailgate lunches for two to four people which contain meats, cheeses, bread and condiments. Catering and selling sliced meat and other items by carry out is also a part of Tripodi's. Guyette said, "We're more than just a restaurant, we're a deli too."

Another sandwich restaurant near campus is Molly Maguire's located in the back of the NCNB Plaza on Rosemary Street. Serving food continuously from 11:30 a.m.-10 p.m., the restaurant has soups, sandwiches, Mexican entrees and salads for around \$4. Specialties include shrimp gumbo, vegetarian dishes prepared without monosodium glutamate, bacon cheeseburgers, and a sandwich called a grinder (ham, turkey, salami and Italian dressing). Bartender David Bollinger said, "We have the best chili in town. It'll clear out your sinuses."

Molly's also has an Irish pub atmosphere, and Bollinger said, "What the manager has done is make it real airy and open with a lot of glass." Offering three imported beers on tap, the restaurant/bar attracts many people from other countries.

The Looking Glass Cafe, located in University Square is another sandwich restaurant offering more than sandwiches. Custom-made hamburgers, soups, muffins, tarts and a large salad bar and its specialty, vegetarian sandwiches, can be found here for \$1.50-\$3.95. Open seven days a week from 9 a.m.-midnight.

Opening this week at 416 W. Franklin St., the Coney Express will provide Coney Island hot dogs to Chapel Hill. The 75 cent hot dogs are similar to the original coney dogs from New York: mustard, onions, chili and cole slaw if desired on a hot dog and bun. The menu is not extensive, serving the hot dogs, sloppy joes and chili and beans, but the sauces are made fresh daily. Pat Risk, co-owner with her husband John Risk, said, "We want to specialize in being fast. That's the main reason behind the 'express' in our name." The Coney Express will be open from 10 a.m.-2 a.m. seven days a week.

## A choice for chicken-lovers

By MIKE ALTIERI  
Staff Writer

Q: Why did the chicken cross the road?

A: To get away from Chapel Hill, where the fried fowl is cooked as many ways as anyone could like.

If a football Saturday picnic of fried chicken sounds good, or if you just plain have an incredible craving, Chapel Hill is more than prepared to serve your needs.

The well-known Time-Out in University Square is a favorite among UNC students.

Time-Out is probably best known for its chicken biscuits, according to manager Walter Winfrey. However, ham, sausage and steak biscuits are also available. Time-Out's menu offers chicken baskets, snack packs and individual pieces as well as french fries, potato salad, coleslaw and gravy. Time-Out also serves ice cream and chocolate chip cookies.

"The big business is late at night, especially after the bars close. People will be lined out the door," Winfrey said. Time-Out is open 24 hours a day and this helps in making it a popular late night spot. The inside is clean and cool, and TV has been added for the customers.

Time-Out has a delivery service.

Brady's located at 1502 E. Franklin St., Brady's is a plain, simple, old-fashioned restaurant that puts its energy into the food and not into a fancy decor.

If you're looking for a chicken dinner, Brady's is one place. They offer barbequed chicken, chicken gizzards, chicken livers and a half golden brown chicken. These entrees come with hushpuppies, cole slaw, French fries and rolls.

The prices are reasonable, \$4.50 to \$5 for chicken entrees. If you are looking for something other than chicken, Brady's also offers steaks, seafood and a variety of sandwiches and salads. Takeout service is available for every item on their menu, as well.

Another well-known chickery is the Golden Skillet, which is found at the end of W. Franklin St. near Carrboro. The Golden Skillet deals in nothing other than fried chicken and is very similar to other fast-food chicken restaurants. Chicken is available in a variety of portions. In addition to chicken pieces, chicken sandwiches and assorted dinners with liver and barbeque are also on the menu.

## Breakfast served at 'eggs'ellent area eateries

By TOM CAMACHO  
Staff Writer

I was still groggy when the alarm woke me up. My head felt like a herd of elephants had gone punking on it. I crawled out of bed, got in the shower and felt the tingle as I turned the water to full-pressure hot. After a couple of minutes under the scalding shower, I flicked the switch so that ice-cold streams shocked my stomach. I dried myself off with a couple of quick movements and realized what I needed: breakfast.

Mothers always tell their kids — a good breakfast is the most important part of a working day. And several shops in Chapel Hill promise to help you get up on the right side every day.

Students can get breakfast at restaurants to fit any price range. Eggs, pancakes and omelettes — you can get them all in completely different atmospheres from 6 a.m. till the wee hours. Prices range from a \$2, no-frills eggs breakfast at Sutton's Drug Store to a \$5.50 specialty of eggs benedict at The Carolina Coffee Shop.

If good food, friendly service and low prices are what you seek for breakfast, Sutton's Drug Store at 159 E. Franklin St. promises

to meet your needs. Willie-Mae Houk, who has cooked at Sutton's for over 28 years, serves quick and simple egg dishes on Sutton's counter from 6 a.m. to 11 a.m. daily.

The Continental Cafe at 106 Henderson St. offers a European dining atmosphere and serves French, Italian, Greek and American breakfasts. The cafe has more seating space than Sutton's and the atmosphere is more relaxed. Breakfast is served from 7:30 to 11 a.m. on weekdays and from 7:30 a.m. to 1 p.m. on weekends.

For a more elite atmosphere, service and food, try the Carolina Coffee Shop at 138 E. Franklin St. The Coffee Shop offers pan-

cakes (strawberry, blueberry and pecan) and breads (whole wheat, sunflower, sourdough and rye breads, English muffins and bagels). Also served are omelettes and specialties such as eggs benedict, eggs sardou and tivolli grill. Prices are higher (on average), but the service and food is usually worth it.

Breadman's at 337 W. Rosemary St. specializes in breakfast food and serves it from 6 a.m. until midnight. The omelette selection here is the one of the best around. Breadman's serves pancakes (regular and blueberry), French toast, eggs made to order and bagels. The home-fried potatoes are a local favorite.

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