



IM-REC's November "Escape"

TV announcer: Ric Flair has Ronnie Garvin by the neck with an arm lock. Garvin is reaching up with his hand, he's pulling Flair's hair. He escapes! Flair knocks Garvin to the mat with a right crossing punch. He's picking Garvin up and lifting him over his head. Here comes the slam! Ohhh... what a show wrestling fans!

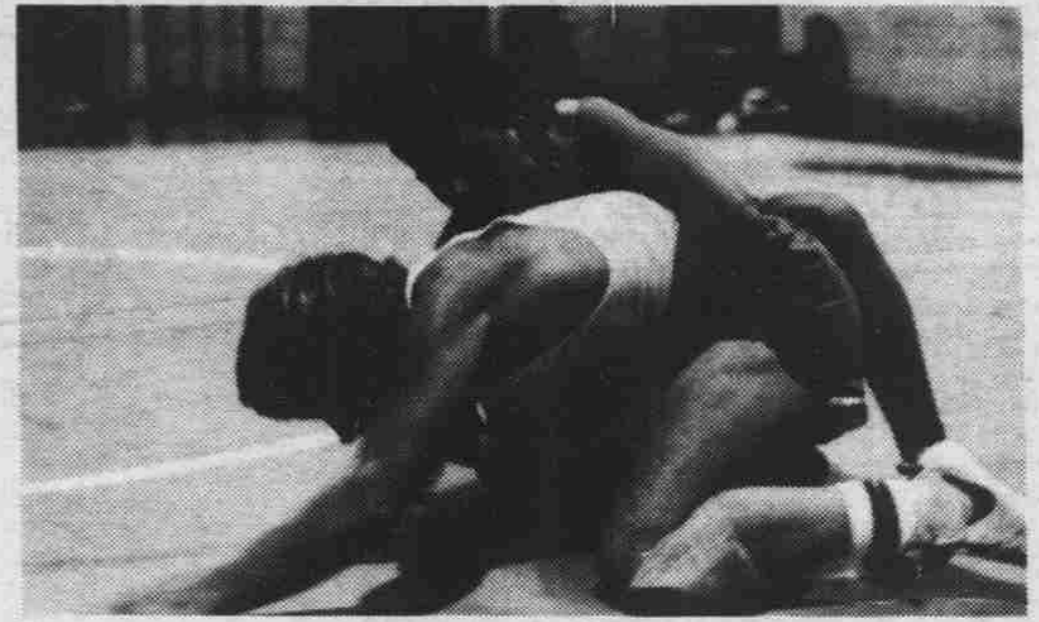
Now for some **REAL** wrestling with less show but lots of action. The IM-REC Wrestling Tournament is scheduled for November 17 and 18 beginning at 4 p.m. each day. Entries are due November 13. This single elimination tournament is a point system activity with points awarded to participating units for a maximum of five wrestlers. Five participation points are awarded plus five points per round advanced (up to the maximum 5 wrestlers). However, units may have more than five entries. Only the top finishers will qualify for the point system.

The tournament follows standard collegiate style format and rules. Wrestlers will be divided into ten common weight classes. There will be no divisions by residence units. All wrestlers will be

placed in one of the following weight classes: 118 lbs., 126 lbs., 134 lbs., 142 lbs., 150 lbs., 158 lbs., 167 lbs., 177 lbs., 190 lbs., and unlimited (over 190 lbs.). Weigh-ins will be conducted at the IM-REC office in 203 Woollen Gym on November 16 from 9 a.m. to 7 p.m. Each match consists of three 1-minute rounds. Substitutions are not allowed. Otherwise, standard rules are in effect. The match time scheduled is also the forfeit time, so be there early! The schedule will be posted by 9 p.m. November 16 after weigh-ins are completed.

"Last year we had 65 participants and we would like to see more from the standpoint of participation and spectators," says Rex Pringle, Sports Director for the wrestling tournament. The tournament provides the novice spectator the opportunity to see collegiate style wrestling, whose season begins very soon. What better way to learn about a new sport than to come out and support your friends!

Flair falls on Garvin for the pin! The referee is beginning the count. One, two, three and Flair has defeated Garvin for the championship!



Two of last year's 65 participants in the **IM-REC Wrestling Tournament** grapple for position.

IMportant Events

Here is the schedule for the months of November and December:

November's **MANAGERS MEETING** will be held November 4 at 6:00 p.m. in 304 Woollen Gym. An extra 25 points are earned by unit who are participating in the points system with at least one manager present.

IM-REC's prelude to the regular basketball season is an open **GRAIL BASKETBALL** tournament using single elimination format. Entries are due November 10 and play begin Saturday, November 14. A Grail Captains' Meeting and Officials' clinic will be held November 9 and 10, at 6:00 and 7:00 p.m., respectively.

The **IM-REC WRESTLING TOURNAMENT** entries are due November 13. This open tournament is a point system activity

offering the ten weight classes used in collegiate wrestling. Weigh-ins will be held from 9:00 a.m. to 7:00 p.m. in the **IM-REC** office (203 Woollen). The tournament will be held November 17 and 18.

The traditional **TURKEY TROT** is a 2 mile cross-country run that will begin at 4:30 p.m. in front of Carmichael Auditorium on November 19. Entries will be turned in to the **IM-REC** office any time up to race time.

The **SPORTS TRIVIA BOWL** is an open activity with single elimination competition based on the College Bowl format. Entries are due November 20 with a practice round and tournament draw beginning Monday, November 23 at 7:30 p.m.

The **POWER LIFTING CONTEST** is an open activity with individuals placed in weight classes for competition in the squat, benchpress and dead lift. Entries are due November 25 for the December 1 contest.

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